

# RTH

ROXBURY TENANTS OF HARVARD

2017 - 2018 HIGHLIGHTS





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## MISSION

RTH seeks to develop, preserve and maintain safe and affordable housing for low and moderate income people of diverse backgrounds in the RTH/Mission Hill neighborhood and to improve the quality of life for its residents. We achieve this through property management, construction and rehabilitation of properties, provision of social and educational services, workforce development, and community activism. As one of the oldest grassroots, tenant organizations, we dedicate ourselves to defending the rights to quality, affordable housing for people of all races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

# OPPORTUNITY

Dear RTH Residents and Friends,

**The economic divide is growing, leaving the American dream out of reach for many. However here at Roxbury Tenants of Harvard we believe everyone can succeed when given the opportunity.**

RTH helps people reach their full potential by connecting youth, adults, families and seniors of all backgrounds and abilities with opportunities to learn, grow and thrive. We are dedicated to helping individuals overcome obstacles so that they can accomplish their goals by offering life-changing programs, events, and services. We continue to strengthen our community by concentrating on five critical areas: **Housing, Health & Wellness, Youth, Family and Community Engagement, Education & Workforce Development and Aging Well.** We create opportunities and will continue to blaze a path for moving forward to ensure that RTH remains a special place to live, work and play.

This has been a year of exciting achievements and opportunities for RTH. One has to only read through this report to see all the opportunities that RTH provides.

- We are proud that Mosaic, our latest housing initiative, is helping to strengthen bonds between people with economic advantage and people experiencing severe poverty. RTH was presented with the Urban Land Institute (ULI) Jack Kemp Excellence in Affordable and Workforce Housing award for this unique development project.
- We continue to help a large portion of our residents facing various challenges to access social services and education to stabilize their lives. We serve an average of 912 residents a month through our Resident Services department. We offered access to a wide variety of programs and \$53,000 in financial support for those seeking higher education.
- We are working proactively with our many community supporters and collaboration partners to prevent disease in our community by providing every man, woman, and child in the community with access to programs and services they need to stay healthy and connected right in their own neighborhood. We believe that preventing disease from starting is far more powerful than fighting it once it arrives. That is why we invite people to embark on the path to a healthier lifestyle.
- RTH works to develop the potential of our children, promoting health & wellness and education initiatives that help keep the community safe, strong, connected, and fun.
- Internet availability lets our residents stay connected to their community and the world around them. Our Netblazr high speed internet service to all RTH homes is 75% complete.

Our work is never done because we are an organization committed to our mission, that mission never changes, even if the world around us does. We look forward to building on our existing partnerships and continuing our important work to bring opportunity home for our residents.

We offer our heartfelt appreciation to all the dedicated volunteers, staff, community organizations and institutions who have helped and supported RTH, to bring opportunity to further our mission and impact; and look forward to your continued involvement. We hope you see the impact RTH is making in people's lives and realize how important you are to our mission

Warm Regards,

  
**Karen T. Gately**  
EXECUTIVE DIRECTOR

  
**Carol Menton**  
BOARD PRESIDENT





# HOUSING, BUILDINGS & GROUNDS

RTH DEVELOPS & MAINTAINS HIGH-QUALITY  
WELL MANAGED AFFORDABLE HOUSING.



## **NetBlzar Internet Wiring**

Purpose is to provide and enhance the internet speed to all RTH residents at free or minimal cost. Design for the old neighborhood in progress.

## **Trinity Management Company**

RTH engaged Trinity Management Company as the new Managing Agent for the Old Neighborhood properties and Mosaic. Trinity is working diligently to bring these properties up to the high standards expected by our residents.

## **RTH Community Apartments**

Buildings on Fenwood Road and Francis Street will receive acoustic-grade windows, funded by Brigham & Women's Hospital, negotiated as part of their Helipad Relocation Project.

## **RTH Community Housing**

Davis Square Architects was hired to perform a Capital Needs Assessment to assist with planning for a large-scale renovation of apartments, common areas, and building exteriors.



## Mosaic on the Riverway

Mosaic earned the Urban Land Institute(ULI) Jack Kemp Excellence in Affordable and Workforce Housing Award.

The first Condo Board of Trustees was elected by the unit owners.

The RTH Early Education Center, operated by the YMCA, is fully licensed, staffed, and providing high quality child care for 90 infants, toddlers, and preschool children of all incomes. There are 15 RTH children enrolled.





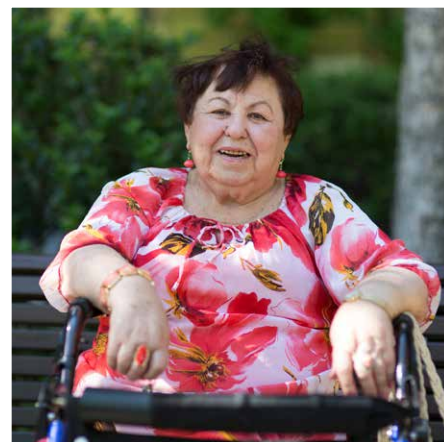
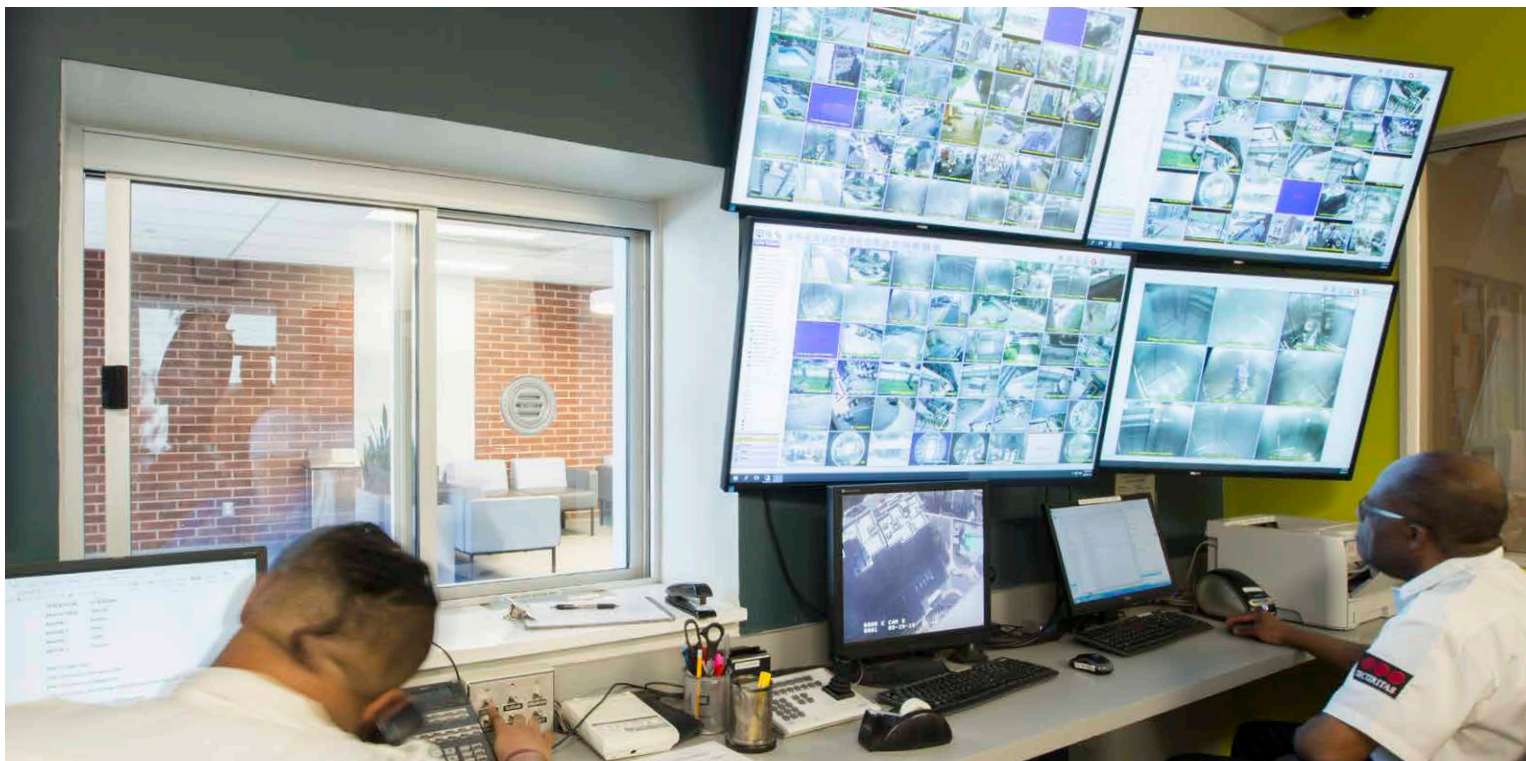


### Restoration Housing

Completed significant upgrades and improvements to the 17 buildings and completed landscaping including the addition of new grills and picnic table seating.

Opened new handicapped accessible Laundry with large screen tv, comfortable seating, and internet access.





### Mission Park

**Renovated 5 HP units** with new ADA modifications with enhanced features; new kitchen design with a cook top stove and wall oven for easy access, a redesign of roll in shower, and larger Master Bedroom.

**New Variable Frequency Drives (VFD's)** were installed in all townhouses to control fan speeds resulting in Energy Conservation and a large energy savings.

**Completed the New Whitney Loop renovation.** Work included new sidewalks, driveways, landscaping and a new sitting area for our residents.

**Duggan and Levinson Lobbies renovation** project completed with new enhanced look with new lighting, furniture, and plantings. Revolving doors added to improve temperature and conserve energy.

**Completed New security office hub with enhanced safety features increased monitors and package room.**





### Mission Park

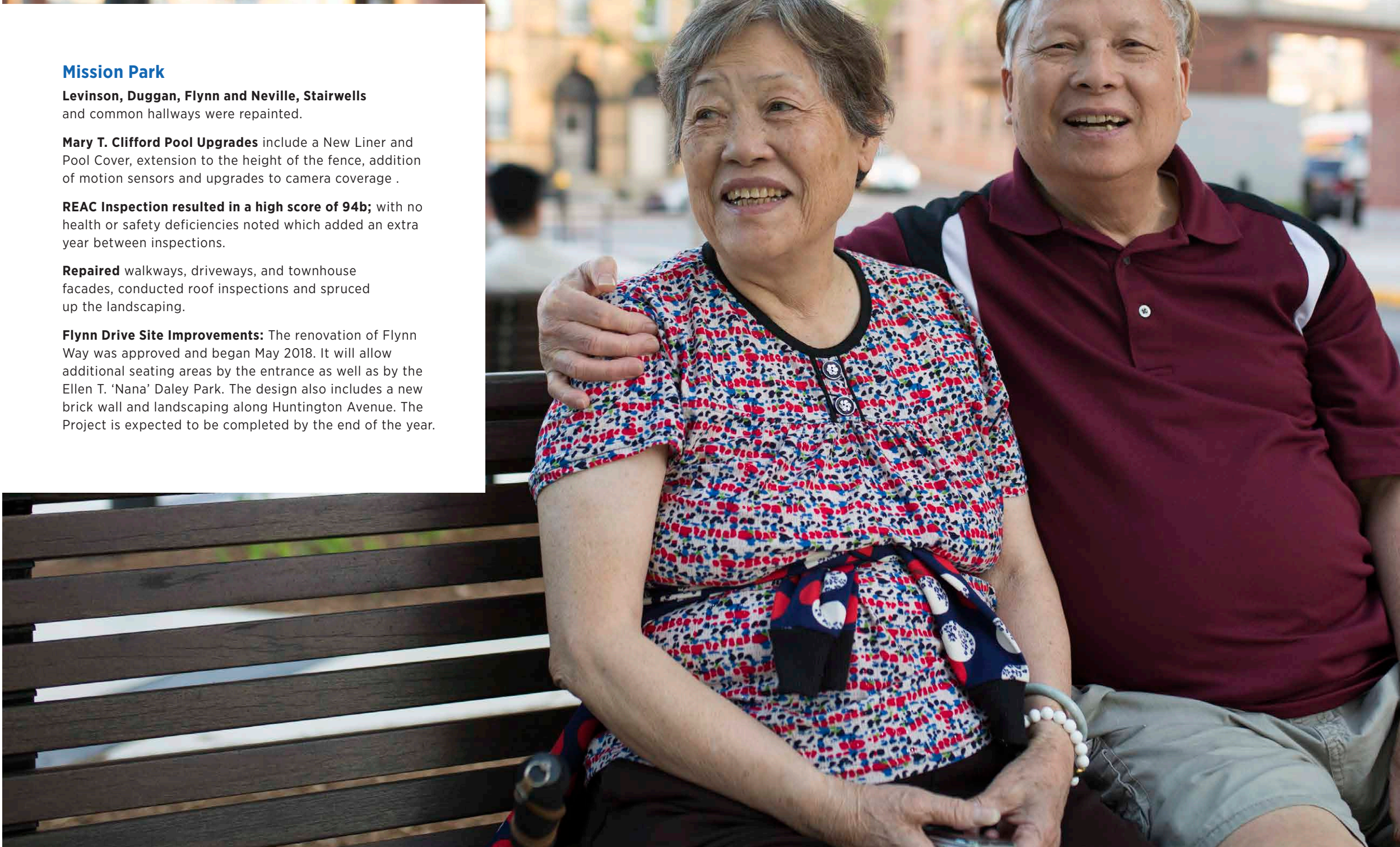
**Levinson, Duggan, Flynn and Neville, Stairwells** and common hallways were repainted.

**Mary T. Clifford Pool Upgrades** include a New Liner and Pool Cover, extension to the height of the fence, addition of motion sensors and upgrades to camera coverage .

**REAC Inspection resulted in a high score of 94b;** with no health or safety deficiencies noted which added an extra year between inspections.

**Repaired** walkways, driveways, and townhouse facades, conducted roof inspections and spruced up the landscaping.

**Flynn Drive Site Improvements:** The renovation of Flynn Way was approved and began May 2018. It will allow additional seating areas by the entrance as well as by the Ellen T. 'Nana' Daley Park. The design also includes a new brick wall and landscaping along Huntington Avenue. The Project is expected to be completed by the end of the year.





# HEALTH & WELLNESS

RTH REINFORCES A CULTURE OF WELLNESS BY OFFERING PROGRAMS AND SERVICES THAT ENCOURAGE RESIDENTS OF ALL AGES, ABILITIES AND FITNESS LEVELS TO LIVE BETTER, HEALTHIER AND MORE ACTIVE LIVES.



## **Nutritional Workshops**

A unique partnership with BWH that provides information on nutrition topics, such as label reading, caloric intake, sugar intake, shopping on a budget and more. 11 workshops were held with 110 participants.

## **Reflexology**

Applies pressure points to reflex zones on the feet that affects your entire body. Provided 300 sessions.

## **Orientations & Health Coaching**

Conducted 480 orientation appointments to help you get started and provided 600 coaching and small group coaching sessions to help you stay on the road to a healthier you.

## **CPR/First Aid & AED**

An ongoing quarterly program to keep all staff certified, and is also open to residents. Provided certifications for 80 staff and residents.

## **Spinathon**

Held our first outdoor spinathon on the plaza where residents could rotate in and try spinning to the music.

## **12 Week Transformation & Football Challenge**

80 residents participated in the 2 challenges that were held to motivate members to reach their workout goals in a fun competition.

## **East Steps**

18 seniors participated in Introductory exercise class offered once a week for seniors that are not physically active. At the graduation each participated received a certificate.

## **Wellness Day**

Back by popular demand. 115 residents attended third annual Resident Wellness Day at RTH. Event included blood pressure screening, free haircuts, make your own stress balls, chair massage, reiki, nails, DIY body lotions, refreshments. Provided information on the Aging Well and wellness programs at RTH. Gift bags were distributed to the first 50 residents.



**American Academy Fitness Association**

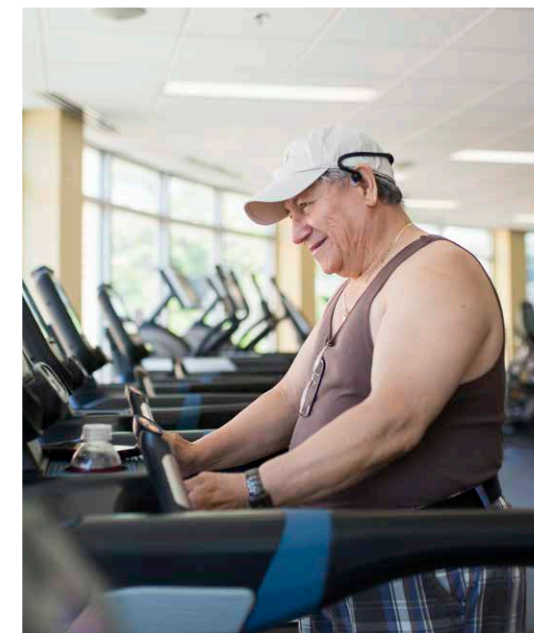
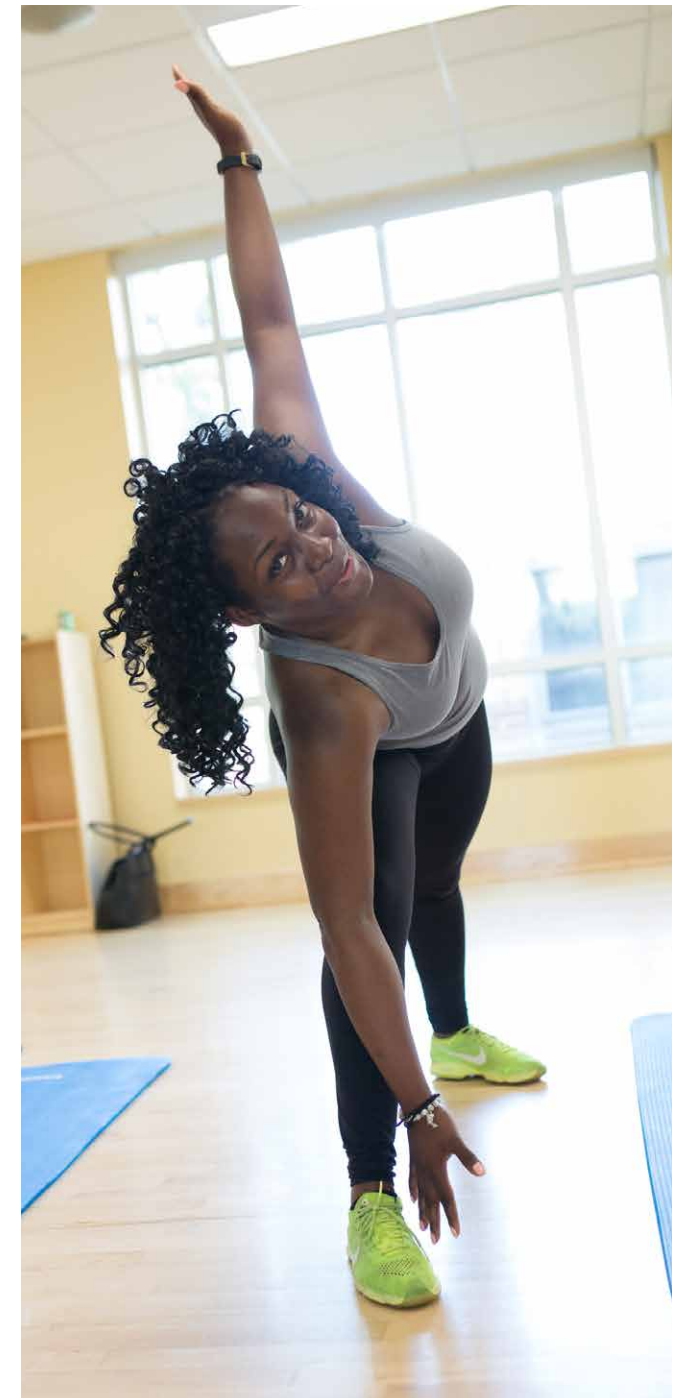
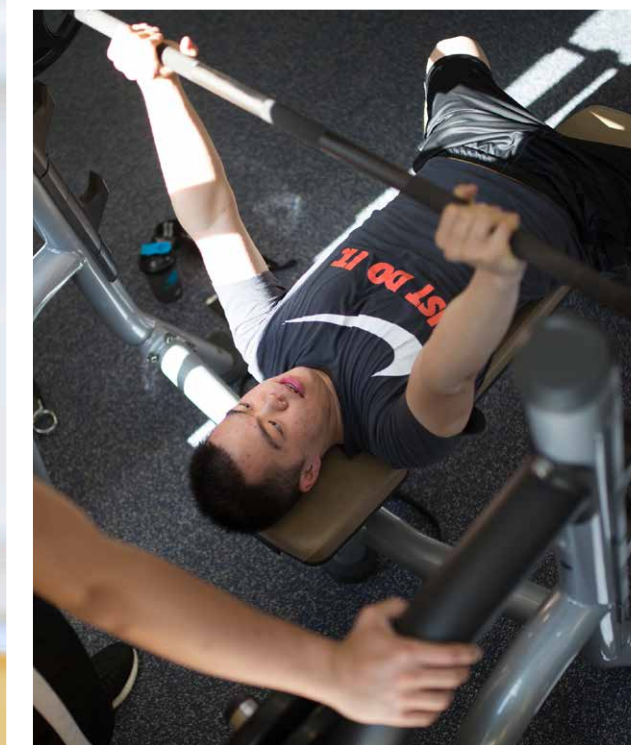
6 RTH CC staff became American Academy Fitness Association (AAFA) certified to teach group exercise.

**ASP & SEP Program**

Continued their 2 times a week workout participating in Yoga and obstacle course training and held an end of year demonstration for parents.

**Group Exercise**

180 classes offered each month with an average of 1064 monthly participants.





### Body Blast

A cardio group exercise event that encouraged summer fitness had 50 participants. Included raffles and door prizes.

### Healthy Moves

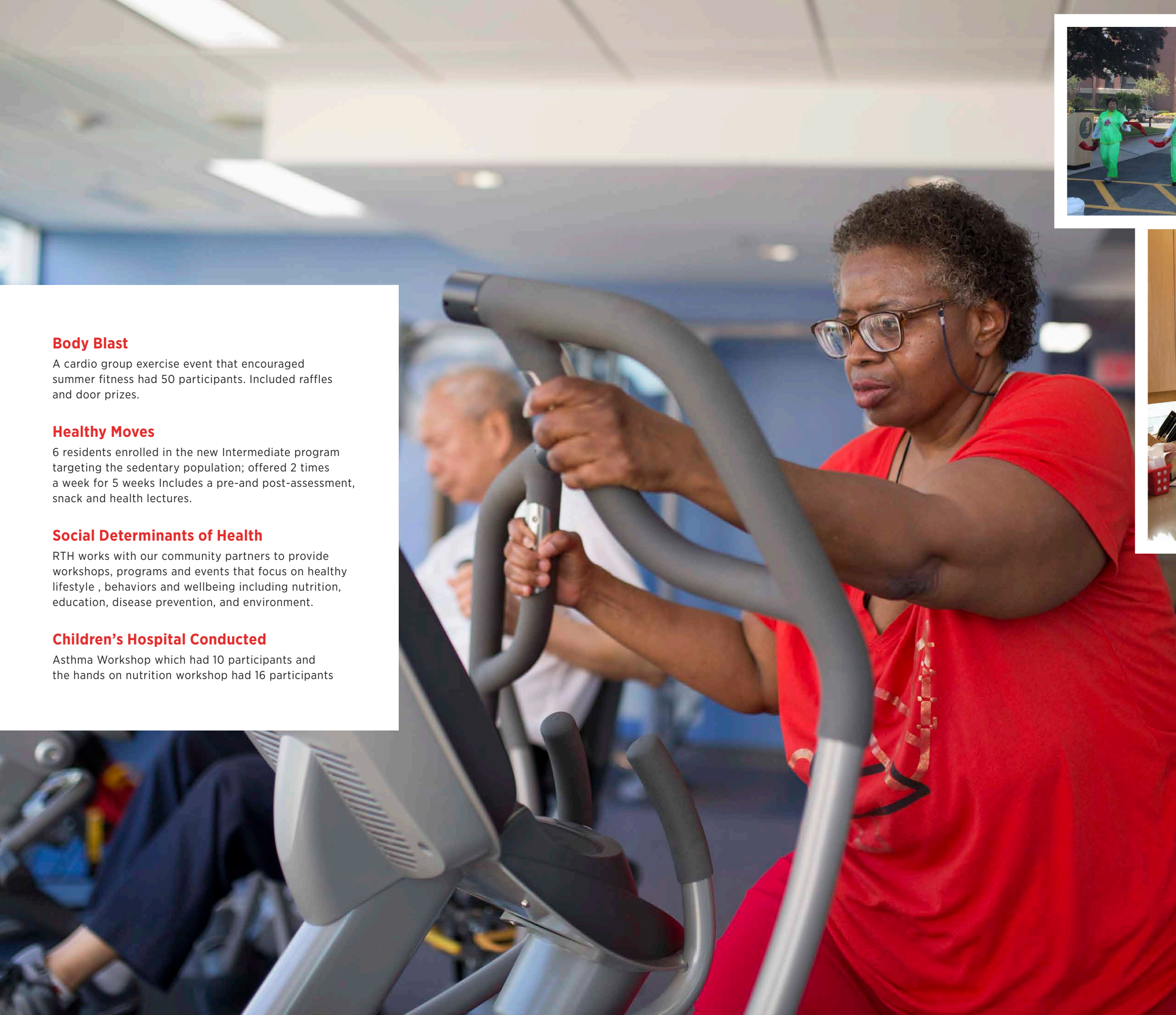
6 residents enrolled in the new Intermediate program targeting the sedentary population; offered 2 times a week for 5 weeks. Includes a pre-and post-assessment, snack and health lectures.

### Social Determinants of Health

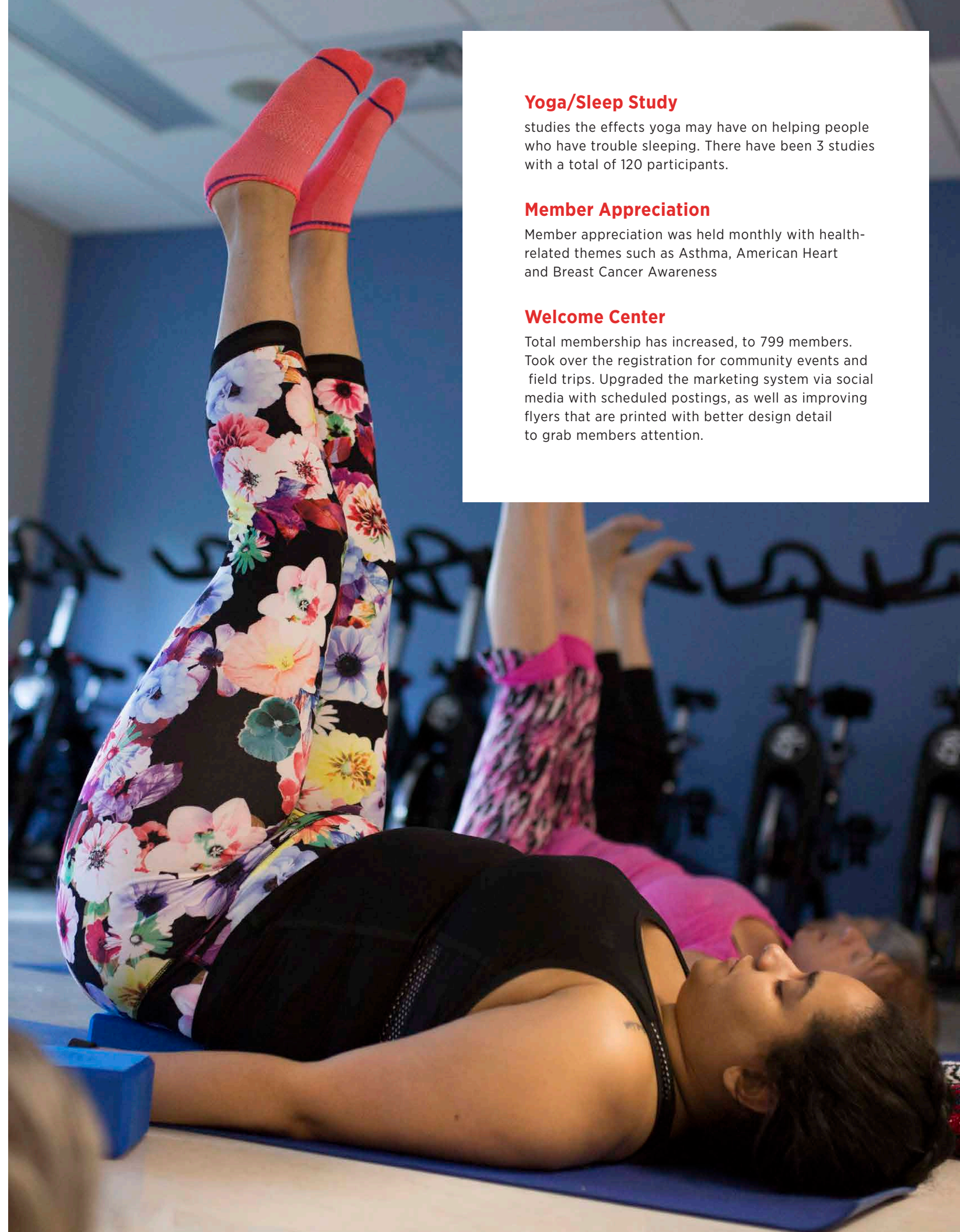
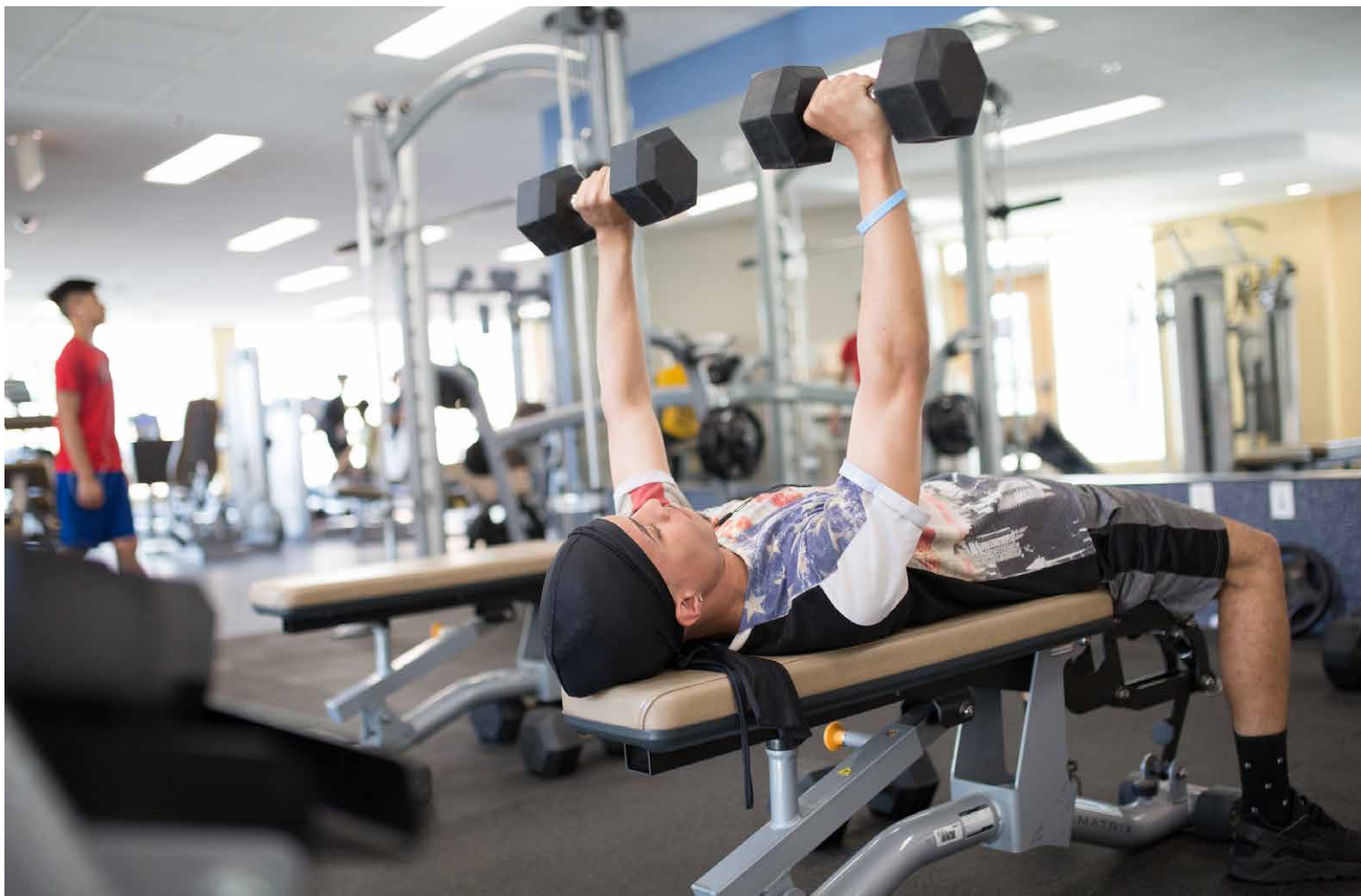
RTH works with our community partners to provide workshops, programs and events that focus on healthy lifestyle, behaviors and wellbeing including nutrition, education, disease prevention, and environment.

### Children's Hospital Conducted

Asthma Workshop which had 10 participants and the hands on nutrition workshop had 16 participants







### **Yoga/Sleep Study**

studies the effects yoga may have on helping people who have trouble sleeping. There have been 3 studies with a total of 120 participants.

### **Member Appreciation**

Member appreciation was held monthly with health-related themes such as Asthma, American Heart and Breast Cancer Awareness

### **Welcome Center**

Total membership has increased, to 799 members. Took over the registration for community events and field trips. Upgraded the marketing system via social media with scheduled postings, as well as improving flyers that are printed with better design detail to grab members attention.



# YOUTH, FAMILY, COMMUNITY ENGAGEMENT

RTH BRINGS PEOPLE TOGETHER TO DEVELOP SKILLS, HAVE FUN, AND GROW TOGETHER IN A SAFE SUPPORTIVE ENVIRONMENT WHILE MAKING LASTING FRIENDSHIPS AND MEMORIES.

## Family Programs

**Arts in the Park** 350 families participated in art activities over the summer that took place in the parks

**Summer Food** served an average of 85 lunches and 100 snacks per day.

**Tae Kwon Do** is a Martial arts program serves 25 kids ages 5-12.

### Family Events and Holiday Celebrations:

Family Christmas Party - 80 participants

Cookies with Santa - 80 participants

Visit with the Easter Bunny - 120 participants

Pool Games - 80 participants

Movies on the half court - 200 participants

**Special Needs & Differently Abled Resource Fair** was a huge success with 115 participants. Light dinner while 15 vendors provided information of available resources.

**Our Successful Sensory Resource Fair** served over 100 individuals and offered 15 vendors with information about available resources.

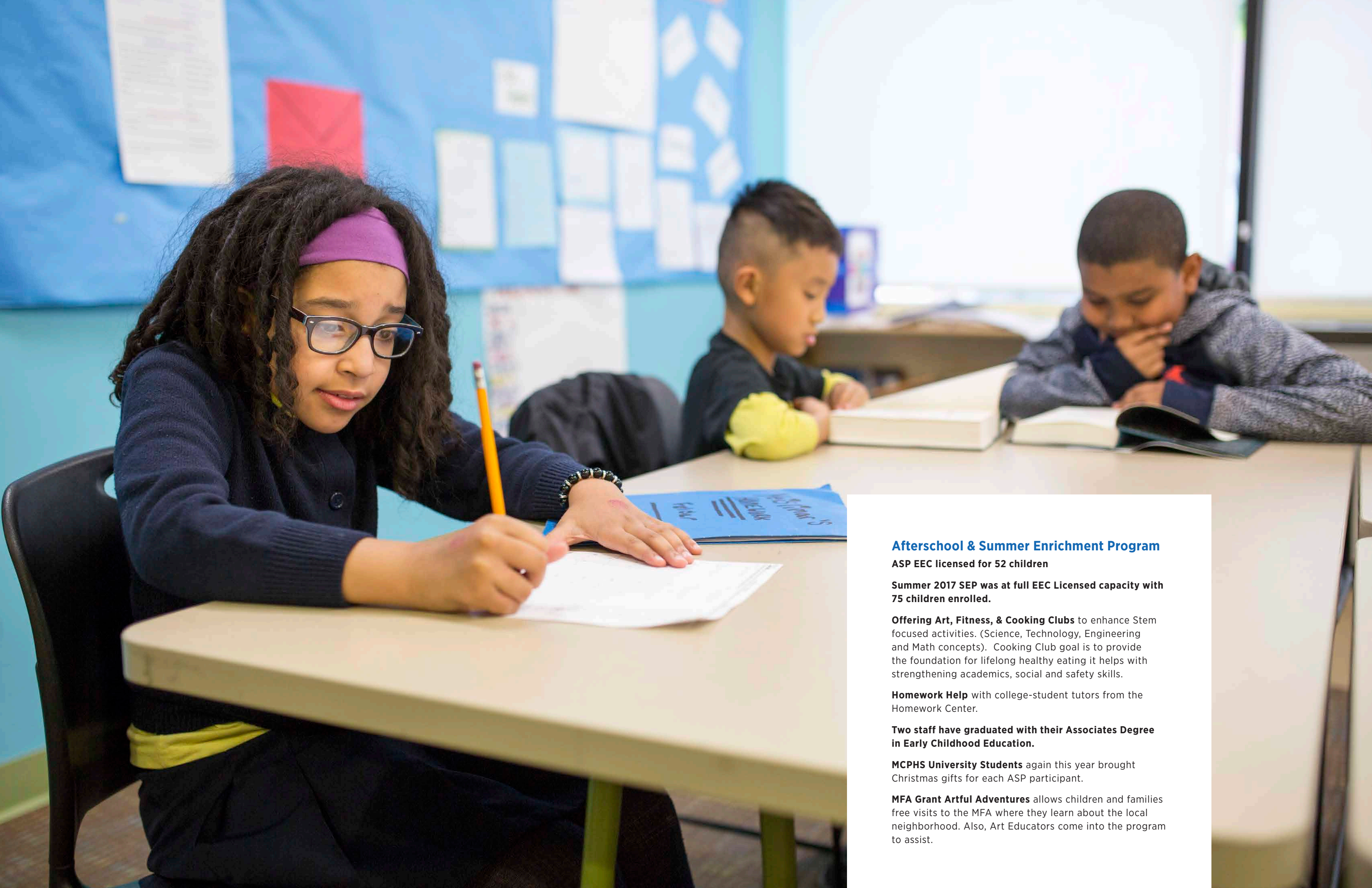
**Family Art Nights:** Arts activities for families during the fall and winter months' totaled 200 participants.

**Brave Puzzle Pieces:** Group for parents of special needs children with the purpose to provide support, a means to share information, ideas and resources. RTH provides training for parents to increase skills and an opportunity to relieve loneliness and form new friendships. Working together with staff, parents will be able to plan, make recommendations and participate in upcoming events. Sensory Gym has an average of 7 Families participate on a regular basis

**Family Nurturing Support Group (FNP):** program that brings parents and children together who have completed the 15-week RTH FNP to continue learn, have fun and build supportive relationships. The support group meets weekly and includes discussions on topics of interest, sharing information, resources and experiences. There were 3 sessions a total of 154 participants.







### **Afterschool & Summer Enrichment Program**

**ASP EEC licensed for 52 children**

**Summer 2017 SEP was at full EEC Licensed capacity with 75 children enrolled.**

**Offering Art, Fitness, & Cooking Clubs** to enhance Stem focused activities. (Science, Technology, Engineering and Math concepts). Cooking Club goal is to provide the foundation for lifelong healthy eating it helps with strengthening academics, social and safety skills.

**Homework Help** with college-student tutors from the Homework Center.

**Two staff have graduated with their Associates Degree in Early Childhood Education.**

**MCPHS University Students** again this year brought Christmas gifts for each ASP participant.

**MFA Grant Artful Adventures** allows children and families free visits to the MFA where they learn about the local neighborhood. Also, Art Educators come into the program to assist.





## Middle & Teen Program

**Teen Center staff** were available to youth, 7 days per week, 358 days per year.

**Monthly Teen Birthday parties** are organized and hosted by youth and Teen Center staff and average 20 youth per month.

**15 youth in the summer, and 16 during the school year participated in three job training programs:** Events & News Crew, Youth Ambassador Society (Y.A.S.), and First Steps to Work.

**Assisted youth in gaining and maintaining employment** in summer and school year internships and jobs through our youth workforce partners: BWH, NEBH, BIDMC, ABCD, and the city of Boston (DYEE). 10 youth worked with BWH, 4 youth have applied to NEBH and BIDMC for this coming summer and 16 youth worked in various departments at RTH.

**8-10 youth regularly attend RTH Youth Council** monthly meetings, and volunteer with plan and implement community service projects Homelessness Project, Mission Hill Road Race, volunteering at Block Festival, Teen Holiday Party and Teen Pool Party, and to provide youth voice on programming at RTH; 3 Youth Council members are also serving on the Mayor's Youth Council.

**40 youth participated in workshops and presentations designed to educate about life skills,** including; financial literacy, sexual health, safe use of social media, resume development, interviewing skills, leadership development and professionalism at work.

**47 youth went on field trips showcasing educational and athletic opportunities.** Trips included: Snowboarding & skiing with YES, hiking, ziplining, movies, Six Flags, Celtics game, Emerson College, Boston College, MIT, and Tufts University.



## Mary T. Clifford Pool

**Swim Lessons** have averaged 90 participants per week, furthering our effort to help drown proof all RTH youth.

**5th year that Quick Check Safety Checklist** was utilized. We performed 827 Quick Checks. Includes opportunity for resident involvement in ensuring safety.

## Child Watch

**Child Watch serviced 35 families with a total of 675 child visits.** Provided babysitting for families participating in RTH classes, workshops wellness programming and community events.

**Child Watch and Sports Department** staff ran an eight-week program for 12 children ages 10 to 12 on Friday evenings.

## Sports

Sports Department offers year-round basketball leagues, instructional sports classes, and community game nights for all ages and abilities; 144 residents participated in the various leagues; and 55 residents participated in instructional classes.





# COMMUNITY EVENTS AND FIELD TRIPS

RTH PROVIDES A SUPPORT SYSTEM THAT WELCOMES, CELEBRATES, EDUCATES, AND CONNECTS DIVERSE POPULATIONS; CREATING AN ENVIRONMENT WHERE WE CAN LEARN FROM ONE ANOTHER, BUILD CULTURAL UNDERSTANDING, SHARE EXPERIENCES AND HAVE FUN.



## Over the past year, RTH hosted 24 social and cultural events for 3,325 residents:

**National Night Out** 95 participants

**Block Festival** 700 participants

**Music on the Plaza (3 times)** 375 participants

**Ice Cream Social with Trinity/  
Roxbury Jazz Collaboration** 400 participants

**Family Pool Party** 41 participants

**Teen Pool Party** 35 participants

**Adult Pool Party** 200 participants

**Mission Hill Senior Prom** 240 participants

**Latin Night** 75 participants

**Thanksgiving Dinner (seniors)** 112 meals were served

**Christmas Caroling and Trolley tour** 20 participants

**Cookies with Santa** 80 participants

**Holiday party (adult)** 120 participants

**Holiday party (family)** 165 participants

**Chinese New Year Performance  
and Celebration** 200 participants

**Black History Family Night  
and Unity Event** 225 participants

**St. Patrick's Day** 89 participants

**Visit with the Easter Bunny** 120 participants

**Victory Day** 110 participants

**Special Needs and Differently  
Able Resources Fair** 150 participants

**Wellness Day** 115 participants

**Candidate Night** 18 participants

## Field trips included 372 free or reduced tickets to:

**Canobie Lake** 45 tickets

**Disney on Ice** 31 tickets

**Apple Picking** 59 tickets

**Basketball Hall of Fame** 20 tickets

**Paw Patrol** 8 tickets

**Supreme Air Party (at Skyzone)** 35 tickets

**Senior Day Trip to Tanglewood** 11 tickets

**Senior Trip Spirit of Boston** 14 tickets

**Other Senior 'Mystery Trips'** 79 tickets

**Sesame Street Live** 7 tickets

**6 Flags New England** 57 tickets

**Hip Hop Nutcracker** 6 tickets





# COMMUNITY EDUCATION & WORKFORCE DEVELOPMENT

RTH EMPOWERS RESIDENTS BY PROVIDING OPPORTUNITIES, RESOURCES AND SUPPORT TO LEARN, MAKE CHANGES, BRIDGE GAPS AND OVERCOME OBSTACLES.

## RESOURCES

**Awarded 35 BWH/RTH “Believe and Achieve” scholarships**, of up to \$4,000 per resident, for a total amount of \$53,000 to RTH resident students pursuing post-secondary education and job training.

**3 residents were hired at area hospitals**; BWH, Beth Israel, and Spalding Rehabilitation.

3 residents are currently working on, or recently completed, their RTH sponsored group exercise fitness training courses and are training to become group exercise leaders.

**32 residents completed Jazz Up Your Vegetables**, a 6-week vegan cooking course provided through from a Harvard Pilgrim grant, part of RTH’s heart healthy nutrition education initiative. 1 teen who was trained as a kitchen assistants and sous chef intern for the 2016 class returned to work in the 2017 Jazz Up Your Vegetables intergenerational class.

Part of the heart healthy nutrition education initiative.

**101 adults attended Anatomy of a Chicken cooking class** learning from professional chefs how to cut up and prepare a whole chicken and make four heart healthy dishes for their families. Classes were held in English, Spanish, Russian, and Chinese.

**112 residents learned to prepare low cost, heart healthy dishes** for their families in a series of cooking demonstrations including Indian Cooking, Family-friendly Seafood Dinner Everyone Will Eat; How to use a pressure Cooker to Make One Pot Meals; Lucky Noodles with Vegetables, and a Taste of Tuscany vegan cooking class.

**15 school aged children participated in “Kids in the Kitchen”** cooking workshop, a school vacation week cooking and nutrition class led by a professional chef.

In support of promoting seafood as a healthy choice, the Seafood Club sold an average of 85 pounds of sustainably sourced seafood, straight from the fish pier, at deeply discounted prices.

**10 teens completed a six-week Financial Literacy.**

38 students in grades 3-6 are learning to use Microsoft Word, Excel. PowerPoint and Photoshop.

Recurring cycles of computer classes include Intro to Computers, Computer Basics (offered in three languages), Word, Excel PowerPoint, and Photoshop.

Assistive Technology in Computer Center: Dragon Speaks speech recognition software; JAWS screen reader for users with vision loss; large print keyboards for the visually impaired.

**35 Residents completed the Tech Goes Home program**, which provides under-served residents access to technology skills required for 21st century. Upon completion of 15-hour course; participants have an opportunity to purchase a new Chromebook computer for a reduced price of \$50, which typically sells for \$350.

**225 Residents participated in Netblazr Info sessions**; a more in depth 4-session training series to optimize the use of the new service, Cut the Cord and Save Money has been designed.



## OPPORTUNITIES

13 students attended RTH's Independent School Entrance Exam preparatory class in upper and lower levels.

**3 middle and high school students attended Summer Math Camp** at the Russian School of Mathematics.

**27 children attended Mandarin** language classes at three levels; beginners, intermediate & advanced, September through June.

**8 residents completed ServSafe food handling courses**, including our first one in Spanish; all received ServSafe certificates.

## SUPPORT

**8 children per day, received homework help** in the homework center. We also provide tutors for homework help 4 days per week throughout the year.

**10 adults attended weekly English for the Workplace** year-round; 22 adults attended beginning ESOL classes; 8 adults worked to improve their English language proficiency level as members of a weekly English Conversation Group.

5 residents were referred to programs through the Boston Career Link; 3 residents attended Jewish Vocational Services orientation, 2 attended Asian American Civic Association CDL training orientation; 1 attended Morgan Memorial's supported work orientation, 1 attended Project Hope orientation.

**2 residents are working towards their Hi-Set** (high school equivalency certificates) online; 1 resident earned High School equivalency and plans to train in the hospitality industry.

Simmons College supplied 2 MSW students as Resident Services Interns; 2 work-study students were hired to assist in the Senior Department. Mass College of Pharmacy and Health Sciences (MCPHS) supplied a total of 11 work-study students; 8 worked in the homework center and 3 worked in the RTH Wellness Center. Notre Dame Education Center of Boston supplied 3 interns; 2 worked in Resident Services and 1 worked in the Executive Office. ABCD placed 1 office assistant.





# AGING WELL

RTH PROVIDES NUMEROUS ON-SITE SUPPORTIVE SERVICES AND SOCIAL ACTIVITIES TO HELP RESIDENTS ESPECIALLY SENIORS AGE WELL IN PLACE AND LIVE INDEPENDENTLY.



## Resident Services

**Referrals** From 2017 to 2018 Resident Services had 92 new referrals from either self-referred residents, management or facilities. Also from 2017 to 2018 we had 2,137 on going referrals.

**Referral Types** Housing 1,704, Health 589, Employment 70, Education 57, and Other 515

**Referral Source** Mission Park 2,403, Restoration 90, FFH 17, 777-779 6, ONRA 66 and Mosaic 14

**One-time intervention** Between 2017-2018 we serviced 1,920

**Count** 912 The average number of individuals served per month

**Touch** 1,816 times any one person was served (a resident can be counted more than once)

**Chit Chat Meeting** Meets the 2nd Tuesday of the month in the Senior-Drop in Center in the Flynn Building on the 7th floor. The primary language focus for this group in English. We held 12 chats with a total of 309 residents attending with an average of 25 residents at each chat.

**Spanish Chat** Meets 3rd Friday of each month from 11:00am to 2:00pm with a nutritious meal followed by a presentation on some months. Topics included: Discussion on the pily Arrabal, Latin Night, Benefits of eating vegetables, Celebrating friendship and Valentine's Day. The presentation is followed by BINGO with prizes. To date we held 13 chats with a total of 390 residents attending with an average of 30 residents at each chat.

**Joy Luck Club** Meets the 1st Friday of the Month. The group will sing Chinese songs together or have a solo. To date we held 13 chats with a total of 632 residents attending with an average of 49 residents at each chat.

**Russian Tea Party** Meets the 2nd Tuesday of each month from 5:00pm to 7:00pm with a performer followed by social time and lite refreshments. Some of the performances included: Lilianna Glik singer, Leonard Lostrichkin singer, Arslan Khaydarov singer and Mikhail Sukharsky Russian romance ballads. To date we held 11 chats with a total of 179 residents attending with an average of 14 residents at each chat.

**Da Jia Le** A drop-in group for the Chinese community, known as Da Jia Le (Happy Together). It is held twice a week on Tuesdays and Thursdays, 6:30pm-8:30pm, on the seventh floor of Flynn Building (Senior Center). The residents play Mah Jong and chess, and/or simply socialized there. To date we held 44 gathering times with a total of 690 residents attending with an average of 53 residents at the weekly gatherings.

**Tuesday Translation Service** Held every Tuesday, from 9:00am to 11:00am. Translation is offered in Russian, Spanish, and Chinese in Cantonese Mandarin and Taiwanese. We served a total of 478 residents, Chinese Cantonese 454, Mandarin 22, Taiwanese 0, Russian 1, Spanish 0 and English 1.

**Department Translation Services** Residents Services documents translation of RTH's main publications monthly Senior Calendar and the quarterly What's Up. Translations were also provided to Trinity Management. Other translations were provided for Community Events and program flyers. We currently have the ability to translate documents in Spanish, Chinese and Russian.

**Coffee Hours** Continues to run our coffee hour at different locations throughout RTH. This an opportunity for residents to meet the Resident Services staff, ask questions and pick up information about services.

**Workshops** Cleaning Workshop Series: Back by popular demand, workshops are designed to take some of the stress and confusion out of the cleaning process. Topics included, how to clean on a budget, how to identify the best products, how to prepare your home for an upcoming inspection, how to involve the whole family. Last year we had 45 participants.







### Seniors/Aging Well At RTH

**Senior Drop-in Center:** We continue to have over 300 visits per month to the Senior Center to socialize, play bingo, watch a movie, show off their creativity in the Arts and Crafts class, attend workshops, get their blood pressure check, discuss current events, and to have a cup of coffee among friends.

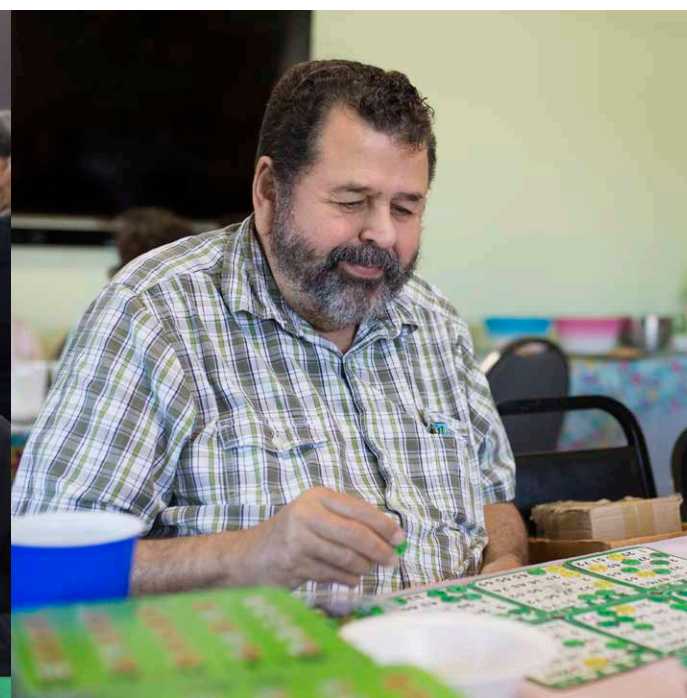
**Senior Dept. Evening Activities:** Evening activities becoming more popular with Bingo Nights, Game Nights and Live entertainment.

**Fall Safety Presentation:** 78 seniors attended this Workshop presented NEBH

**Food Dollar Program:** 12 Seniors attended this 6-week ABCD program focused on the benefits of healthy eating habits on a modest budget.

**Mystery Trips:** Mystery trips add adventure to the offerings in the Senior Department. Seniors are given clues and told how to dress, but they do not know where they are going. 115 seniors have gone on 7 Trips (Hampton Beach, Spirit of Boston, Tanglewood, Lunch in Gloucester, play at Huntington Theatre, Bruch at Inn at Bay Pointe, and buffet at Flaming in Roslindale.)

**Senior Celtic Program:** In collaboration with New England Baptist Hospital, the proud sponsor of the Senior Celtics exercise program. There were 2 events 95 seniors attended RTH Community Center with on Halloween with current player, Aron Baynes, Legend Satch Sanders and Lucky, Celtic mascot. The Celtic players and therapist from NEBH showed our seniors exercises they can do at home to be more active. 50 RTH seniors participated at the event at Tobin Gym.







### Seniors/Aging Well At RTH

**Mission Hill Birthday Parties:** As a partner of the Mission Hill Senior Legacy Project, New England Baptist Hospital sponsors birthday celebrations quarterly for seniors living in Mission Hill Lunch, cake and gifts are provided for birthday honorees. 97 RTH seniors participated

**City of Boston Elderly Affairs:** 31 Seniors attended the City of Boston New Years Eve party at the Seaport Hotel. 25 seniors attended Picnic in the Park at Malcolm X Park in Roxbury, MA.

**Fair foods; \$2.00 a bag program:** The Fair food program at RTH enables residents to purchase fresh fruits and vegetables for \$2.00. It is held every fourth Friday in the Parks Community Building. There were 1,532 bags of fresh fruits and vegetables were purchased this year

**Mission Nutrition:** A monthly nutrition class brought to us by Jewish Family and Children Services. Chef Reva Haselkorn demonstrates how to prepare the healthy dish at home. An average of 7 seniors attend monthly.

**Mission Hill Senior Prom:** 225 Seniors attended the prom hosted by Harvard T.C. Chan Public Health. They got dressed up, had a delicious sit-down meal, dancing and had their picture taken. It was a night that the seniors will remember for a very long time. This prom was a collaboration of several Mission Hill Community partners: Brigham and Women's Hospital, Harvard T.H. School of Public Health, Massachusetts Eye and Ear, Mission Hill Health Movement, Mission Hill Legacy Project, Northeastern University, New England Baptist Hospital, Roxbury Tenants of Harvard, Trinity Management, Wentworth Institute of Technology, Wingate Management and the Tobin Community Center.





# OUR VALUED COMMUNITY SUPPORTERS & COLLABORATION PARTNERS

*In addition to providing safe affordable housing, we establish collaborative partnerships to expand & support the programs and services we offer residents*

ABCD	Department of Mental Health (DMH)	Mission Hill Health Movement
Agassi Village Camp	Enhance Asian Community on Health	Mission Hill Senior Legacy Project
Asian Women for Health	ETHOS	Mission Hill Youth Collaborative
Autism Eats	Fair Foods	Museum of Fine Arts
Bank of America	Family First	National Afterschool Association
Beth Israel Deaconess Medical Center	Family Nurturing Center	New England Baptist Hospital
Big Sister Association of Greater Boston	Global Health Services	Northeastern University
Boston Asthma Initiative	Greater Boston Legal Services	Notre Dame Education Center of Boston
Boston College EMS	Harvard Pilgrim Foundation	Read Boston
Boston Department of Neighborhood Development	Harvard School of Public Health	Salvation Army Camp Wonderland
Boston Housing Authority (BHA)	Huntington Theatre	Samaritans
Boston Medical Center	Isabella Stewart Gardner Museum	SHINE (Serving the Health & Information Needs of the Elderly)
Boston Public Health Commission-Emergency Preparedness,	Jewish Family & Children's Service	Simmons College
Boston Public Library, Parker Hill Library	Little Brothers Friends of the Elderly	Sociedad Latina
Boston Youth Collaborative	Mass Art	Southern Jamaica Plain Health Center
Brigham & Women's Hospital	Mass College of Pharmacy and Health Sciences (MCPHS)	TILL Services (Autism Support Center)
Central Boston Elder Services	Mass Department of Housing and Community Development	Tobin Community Center
City of Boston Camp Joy	Massachusetts Eye and Ear	Trinity Management
Children Hospital	Mass Housing Investment Corp.	UMass Boston
Department of Children and Family Services (DFC)	Mass Housing Partnership	United Health Care
	Metropolitan Boston Housing Partnership (MBHP)	Wentworth Institute of Technology
		YMCA of Greater Boston

## OUR CONSULTANTS

*During the year, we have been greatly assisted by several consultants in the implementation of the work of the organization.*

American Association of Service Coordinators	Munkenbeck Consulting	Rebecca Lee, Mintz Levin
Beverly Pacheco	Massachusetts Association of Resident Service Coordinators (MARSCH)	Teresa Santalucia, Klein Horning
Boehm Architecture	Netblazr	Terminal Exchange
Core Communications	Sara Schnorr, Locke, Lord	Traggorth Companies
Diane Gordon Consulting	Simmons College School of Social Work	



**ROXBURY TENANTS OF HARVARD**

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