

# WHAT'S UP

## Summer 2020

A Roxbury Tenants of Harvard Association publication of community events, programs, services, family trips, and upcoming happenings all taking place in your **COMMUNITY!**

Chinese, Russian, and Spanish editions of What's Up are available at the RTH Community Center

請到 2 New Whitney Street 社區大樓二樓索取 What's Up 的中文版本

Копию What's Up на русском языке можете взять в Community Building на 2ом этаже.

What's Up esta disponible en Español en el RTH Edificio de la Comunidad, en el segundo piso.





# WHAT'S UP

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## RTH EXECUTIVE OFFICES

11 New Whitney Street  
617-232-4306 ext. 103  
Hours of Operation:  
Mon-Fri 9:00am-5:00pm

## RTH COMMUNITY CENTER

20A Vining Street  
617-232-4306 ext. 200  
Hours of Operation: **Limited use for Summer, please see schedules**

## MISSION PARK / Trinity Management

835 Huntington Avenue  
617-566-0707  
Hours of Operation:  
Mon-Fri 9:00am-5:00pm

## RTH PROPERTIES OFFICES / Trinity Management

747 Huntington Avenue  
617-232-5910  
Hours of Operation:  
Mon-Fri 9:00am-5:00pm

## RESIDENT SERVICES

Parks Community Building  
2 New Whitney Street 2nd floor  
617-232-4306 ext. 305  
Hours of Operation: **By Appointment Only**  
Mon - Fri 9:00am - 8:00pm  
Sat & Sun 11:00am - 7:00pm

## RTH Resource Center LIBRARY / COMPUTER CENTER

25 Mission Park Drive 617-232-4306 ext. 601  
Hours of Operation: **By Appointment Only**  
Mon-Fri 9:00am-1:00pm  
3:00pm-7:00pm  
Sat 12:00pm-4:00pm

## SECURITY OFFICE

617-731-6972  
Hours of Operation:  
Daily 24 Hours

## ANONYMOUS CALL TIP LINE

Telephone: 617-232-0436

**Please call if you have any concerns about health, safety, or security**

**\*\*\* If you see something, say something! \*\*\***

# WHAT'S UP

Dear RTH Residents,

Welcome back!

Throughout the pandemic RTH and Trinity Management have worked to connect the RTH community to essential services. However, in the last several weeks we have directed our attention to reopening. Following the Center of Disease Control and Prevention (CDC) guidelines and Governor Baker's Phased Reopening Plan, we are preparing to open our programs in phases. You and your family's health and safety continue to be our number-one priority as we develop new procedures around cleaning, sanitation, repurposing of space, designing new layouts for equipment around physical distancing, and creating new policies and procedures.

With our new normal come new expectations. Despite promising statistics, it is important to remain vigilant. We continue to monitor updates about COVID-19, including guidance from the CDC and local, state, and federal officials. As such, we will extend closure of the RTH Community Center, Mary T. Clifford Pool, Summer Enrichment Program, and Community Events through the summer.

Limited programming will be offered in a modified format and will require preregistration for all programs. Additionally, program participants and Seniors 'dropping-in' to roof deck or Seniors Center will be required to complete a brief 'Self-Check' health questionnaire and certify they are not experiencing any Covid-19 related symptoms. See registration procedures and sample Self-Check form on the following pages.

Both the Trinity Management offices and the new RTH Resource Center will be open by Appointment Only. RTH and Trinity staff are also available by phone and email – we are here for you but need to maintain physical distance in order to help keep everyone well. Please see our new Safety & Sanitation Measures and be aware we are doing everything in our power to protect residents and staff. We ask for your cooperation to help us maintain a healthy environment for all.

We encourage you to continue to protect yourself, your children and your friends and neighbors, by following the guidelines from the Center of Disease Control:

- Wear mask or face coverings when out in public, and in common areas such as lobbies and elevators
- Wash your hands often with soap and water for at least 20 seconds, especially if you have been in a public place, or after blowing your nose, coughing, or sneezing. Hand sanitizer is also available in many locations throughout the campus.
- Cough or sneeze into a tissue or your elbow, throw away the tissue and wash your hands.
- Exercise social/physical distancing between yourself and your friends and neighbors and observe class participation ratios.
- If you are experiencing symptoms of illness or are in the same household as someone diagnosed with Covid-19, please do not attend programs.

We are in unprecedented territory in an extraordinary challenging time, and I want to thank you for your understanding and patience as we work to reopen and at the same time keep you, your family, the community and staff healthy and safe.

Sincerely,

*Karen*

Karen T. Gately  
Executive Director

## **ROXBURY TENANTS OF HARVARD ASSOCIATION, INC. (RTH) MISSION STATEMENT**

*Roxbury Tenants of Harvard (RTH) seeks to develop and maintain safe and affordable housing for low and moderate-income people of diverse backgrounds in the RTH / Mission Hill Neighborhood, and to improve the quality of life for its residents. We achieve this through property management, construction and rehabilitation of properties, provision of social and education services, workforce development and community activism. As one of the oldest grassroots tenant organizations, we dedicate ourselves to defending the right to quality, affordable housing for people of all races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.*

# 3 WAYS



## To Reserve a Spot For a Class or Program

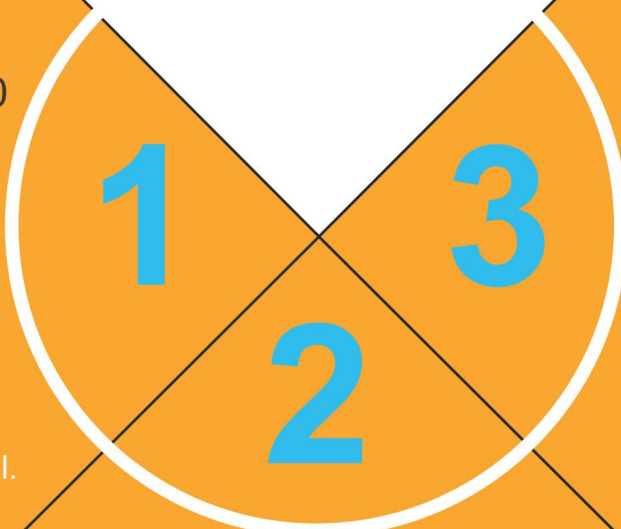
Classes and programs are available to register weekly, on a first-come, first-served basis. Registration is required to attend class. No walk-ins, no exceptions.

Each day of your class, you must complete a 'self-check' before attending your class.

You can complete the self-check in one of three ways:

1. Online at [www.bit.ly/rthsummer2020](http://www.bit.ly/rthsummer2020)
2. In person by stopping by the Help Desk outside the RTHCC entrance to complete the self-check in person.
3. Over the phone by calling (617)232-4306 ext.200

Parent or guardian must complete and sign self-check on behalf of participants under the age of 18.



### Register Online

1. Visit the following link [www.bit.ly/rthsummer2020](http://www.bit.ly/rthsummer2020)
2. Provide your name and phone number (mandatory).
3. Answer the questionnaire and proceed to registering for a class or program.
4. We will call you 24 hrs. in advance if you register for a class or program is already full.

### Register Through Hotline

1. Please call the hotline at (617) 232-4306 ext. 200 to register for a class. Open daily, Sunday-Saturday from 10:00am-7:00pm.

### Register In-Person

(No Same Day Register Class Available,  
Must Be 24 hrs. in Advance)

1. Levinson Plaza  
Monday & Tuesday: 9:00am-12:00pm
2. Mosaic  
Wednesday & Thursday: 1:00pm-5:00pm
3. Kempton Street Gate  
Friday, Saturday, Sunday: 10:00am-2:00pm

# WHAT'S UP

## RTH Program Guidelines

### SELF-CHECK – Required Daily Health Screening

An important aspect of keeping program participants and program space safe is required daily health screenings of program participants and staff. These policies are discussed below. Notwithstanding these new procedures, the privacy and confidential health information of all program participants is critically important. Participants should feel comfortable that private health information will not be shared with other employees and will be utilized solely for the purposes of mitigating the spread of COVID-19 in the workplace.

- a. Program Participants who are sick may not attend programming. Program participants must review for the following symptoms, before attending a program.
  - Cough;
  - Shortness of breath or difficulty breathing;
  - Fever;
  - Chills;
  - Sore throat;
  - Muscle pain; and/or
  - Loss of taste or smell.
- b. If the participant has been in close contact in the past 72 hours either with someone with a confirmed case of COVID-19, or with someone that is awaiting test results for COVID-19 we will also ask that the participant remain away from the programs for 14 days.

**Self-Check prior to program attendance** - Consistent with CDC guidance, and as may be required by state and local law, program participants are required to perform a complete daily wellness survey, or 'Self-Check' prior to attending a program. You may email, call in or complete in person at the Help Desk, located at the entrance of the RTH Community Center. Should Self-Check responses indicate a program participant is at risk, that participant should remain at home. We ask that the participant let someone on the program team know as soon as possible for contact tracing purposes. Please arrive early before the scheduled program so you can complete the health screening sign in.

Your signature below indicates that you have:

Performed a self-check of the program participant (under the age of 18) or performed your own self check (over the age of 18) and that you represent that you are experiencing **none** of the symptoms listed above. Failure to provide accurate health information may result in removal from the programs.

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Signature

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Date

# WHAT'S UP

## Community

Let's Get Social – RTH is Ready to Connect with you!!!

Want to get the latest news and events happening at RTH follow us on:



<https://www.facebook.com/RoxburyTenantsOfHarvard/>



### GRAB & GO Meals for Kids Breakfast and Lunch Program

**When:** July 6th-September 4th  
Monday-Friday 8:30am-10:00am  
**Where:** Parks Community Center  
**Ages:** Family with kids



### RTH Kindness Rock Garden

**When:** Ongoing / Open Daily  
**Where:** Levinson Plaza  
**Ages:** All are welcome to participate



You are all welcome to add your inspirational rock to the RTH Kindness Rock Garden. Leave one to help our garden grow!

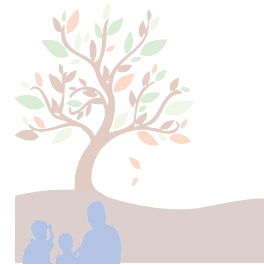
***\*We reserve the right to remove content deemed inappropriate.***

### Standing Strong as a Community How are you Keeping Strong?

**When:** July 6th-August 21st  
Open Daily  
**Where:** RTH Community  
**Ages:** All are welcome to participate

Join the challenge and share how you have kept yourself and your family STRONG during this trying time. You can submit your entry as a Family, Youth, Teen, Adult, or Senior. Top 3 prizes will go to winners selected by an impartial Committee on their originality and message that best captures strength during these difficult times.

For more information, please contact: **Carolyn Robles**  
[crobles@roxburytenants.org](mailto:crobles@roxburytenants.org) or 617-232-4306 ext. 200



### Annual Back to School Supplies Giveaway

**When:** September 10th  
Thu 8:30am-10:00am  
**Where:** Parks  
**Ages:** Supplies to children based on age level

Pick up at Grab & Go, children, must be in attendance to receive school supplies based on age and grade level.

No matter the size of your family, there is a wide range of fun-filled activities for the whole family that will be held outdoors on RTH properties: Below are excellent opportunities for a family to get together, weather permitting



# WHAT'S UP Community

## Farmers Market

### **Looking for fresh produce**

Brigham Circle Farmers Market is open

**When:** Thu 11:00am-6:00pm



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## Fresh Truck Mobile Truck

**When:** July 22nd  
Wed 2:30pm-4:30pm

**Where:** New Whitney Street

Here is our product offering. Specific contents will vary by location.

1. \$10 fruit bag – variety of fruits
2. \$10 vegetables bag – variety of vegetables
3. \$10 fruit and vegetable bag – variety of fruits and vegetables

All payment types include cash, credit cards, debit cards, and SNAP/HIP are accepted.

- Customers must wear face coverings or masks.
- Customer wait in line at least 6 feet apart
- Customer approaches the table to place an order.
- Fresh staff takes customers' orders sheet and hands the order sheet into the bus to be filled.
- Fresh staff process payment and deliver order to customer.
- Customers leave with items
- Fresh staff sanitizes all equipment and surfaces.

For more information, please contact Laura Adams, Director of Senior Services at 617-232-4306 Ext. 700.



# WHAT'S UP

## Welcome Center

### Program Registration

**When:** July 20th- September 4th

**Levinson Plaza**

\*Mon & \*Tue 9:00am-12:00pm

**Mosaic**

Wed, \*Thur 1:00pm-5:00pm

**Kempton Street Gate**

Fri, Sat 10:00am-2:00pm

**Ages:** 18+ yrs old

**\*In person translation available**

Space is limited; please register online 24 hours in advance for all upcoming program offerings. Registration is also available in person on the Levsions plaza and through our hotline at 617-232-4306 ext. 200 from 10:00am-7:00pm. Don't miss out!!!!

### Help Desk

**When:** July 20th-September 4th

Mon-Fri 11:00am-6:00pm

Sat 8:30am-2:00pm

**Where:** Across from Parks Community Center

**Ages:** All are welcome to participate

Have a question? Stop by the help desk located across from Parks Community Center.



### 3 Ways

#### To Reserve a Spot for a Class or Program

Classes/Programs are available to register for weekly. You must register to attend class. No walk-ins available.

#### OPTION 1: Register Online

(FIRST COME FIRST SERVE)

1. Visit [www.bit.ly/rthsummer2020](http://www.bit.ly/rthsummer2020)
2. Provide your name and phone number (mandatory)
3. Answer the questionnaire and proceed to registering for a class
4. We will call you 24 hrs in advance if your register for a class that is already full

#### OPTION 2: Register In-Person

(no same day register class available, must be 24 hrs in advance)

1. Available at:

**Levinson Plaza**

\*Mon & \*Tue 9:00am-12:00pm

**Mosaic**

Wed, \*Thur 1:00pm-5:00pm

**Kempton Street Gate**

Fri, Sat, Sun 10:00am-2:00pm

#### OPTION 3: Register through Hotline

1. Please call the hotline at 617-232-4306 ext. 200 from Sunday-Saturday 10:00am-7:00pm register for a class

Mandatory you must visit [www.bit.ly/rthsummer2020](http://www.bit.ly/rthsummer2020) each day of your class for pre-screening prior to attending your class for that day.

# WHAT'S UP

## Health & Wellness

Check out our RTH Group Exercise Website!  
[www.RTHGroupEx.com](http://www.RTHGroupEx.com)

The RTH Health and Wellness Department is happy to introduce RTHGroupEx.com, an online resource for RTH group exercise classes, personal training, and fitness-related announcements. The website design is to motivate residents and visitors to adopt a healthy lifestyle and engage with friends and neighbors.

**Group Exercise Schedule Get [IN](#). Get [FIT](#). Get [FAB](#).**

Register online in advance to reserve your spot . See page 5 for more ways to register. Capacity = 9 per class, first come first served. All classes will take place outdoor. Schedule subject to change.

### SUNDAY

Class	Age	Location	Time	Instructor
Youth TaekwonDo	6-10	Kempton Park	11:00am-11:45am	Ailson
Teen TaekwonDo	11-13	Kempton Park	12:00pm-12:45pm	Ailson

### MONDAY

Class	Age	Location	Time	Instructor
Yoga	18+	Patio G (see map)	10:00am-10:45am	Noreen
Senior Healthy Moves	55+	Flynn Conference	10:00am-10:45am	Elaine
Glutes, Back & Strength	55+	Flynn Conference	11:00am-11:45am	Chavi
Yoga	55+	Flynn Conference	12:00pm-12:45pm	Chavi
Chair Strength & Flexibility	55+	Flynn Conference	1:00pm-1:45pm	Chavi
RTH Walking Club	18+	Meet on the Plaza	4:00pm-5:00pm	Deb
Total Body	18+	Kempton Park	6:00pm-7:00pm	Deb
Spin	18+	RTHCC Vining St. Entrance	7:00pm-8:00pm	Elaine

### TUESDAY

Class	Age	Location	Time	Instructor
Spin	18+	RTHCC	10:00am-11:00am	Elaine
Active Tikes	3-5	Gaga Pit	10:00am-10:45am	Anthony

Active Tikes	3-5	Gaga Pit	11:00am-11:45am	Anthony
Senior Chair	55+	Flynn Conference	12:00pm-12:45pm	Pattie
Youth Bootcamp	11-13	Kempton Park	1:00pm-1:45pm	George
Sports Sampler	3-5	Gaga Pit	1:00pm-1:45pm	Anthony
Sports Sampler	3-5	Gaga Pit	2:00pm-2:45pm	Anthony
Teen Bootcamp	14-17	Kempton Park	2:00pm-2:45pm	George
Penalty Box	18+	Patio G (see map)	5:00pm-6:00pm	Anthony
Bootcamp/Walk Restore	18+	Kempton Park	6:00pm-7:00pm	Sandy

### WEDNESDAY

Class	Age	Location	Time	Instructor
Yoga	18+	Kempton Park	10:00am-11:00am	Chavi
Senior Healthy Moves	55+	Flynn Conference	10:00am-11:00am	Elaine
Chair Yoga	55+	Flynn Conference	11:15am-12:00pm	Chavi
RTH Walking Club	18+	Meet on the Plaza	4:00pm-5:00pm	Stella
Total Body	18+	Kempton Park	6:00pm-7:00pm	Deb
Spin	18+	RTHCC Vining St. Entrance	7:00pm-8:00pm	Elaine

### THURSDAY

Class	Age	Location	Time	Instructor
Spin	18+	RTHCC Vining St. Entrance	10:00am-11:00am	Elaine
Active Tikes	3-5	Kempton Park	10:00am-10:45am	Anthony
Active Tikes	3-5	Kempton Park	11:00am-11:45am	Anthony
Senior Chair	55+	Flynn Conference	12:00pm-1:00pm	Pattie
Youth Bootcamp	11-13	Kempton Park	1:00pm-1:45pm	George
Sports Sampler	3-5	Gaga Pit	1:00pm-1:45pm	Anthony
Sports Sampler	3-5	Gaga Pit	2:00pm-2:45pm	Anthony
Teen Bootcamp	14-17	Kempton Park	2:00pm-2:45pm	George
RTH Walking Club	18+	Meet on the Plaza	2:00pm-3:00pm	Deb
Penalty Box	18+	Patio G (see map)	5:00pm-6:00pm	Anthony

# WHAT'S UP

## Health & Wellness

Total Body	18+	Kempton Park	6:00pm-7:00pm	Deb
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### FRIDAY

Class	Age	Location	Time	Instructor
Yoga	18+	Kempton Park	11:00am-12:00pm	Noreen
Youth Bootcamp	11-13	Kempton Park	1:00pm-1:45pm	George
Teen Bootcamp	14-17	Kempton Park	2:00pm-2:45pm	George
Muscle Work	18+	Kempton Park	6:00pm-7:00pm	Sandy

### SATURDAY

Class	Age	Location	Time	Instructor
Bootcamp	18+	Kempton Park	9:00am-9:45am	George

### Mind and Body:

**Yoga:** A physical, mental and relaxing practice of poses and breathing done on a mat. We offer a variety of styles and classes.

**Chair Class:** We offer Yoga, Fitness, Zumba classes all done in a chair for stability and comfort.

**Strength and Stretch:** A class that combines basic strength training with dumbbells follow by a relaxing stretch.

### Strength and Endurance:

**Bootcamp:** Intense strength and conditioning workouts help manage weight as well as tone the body and build muscle.

**Muscle Work:** Hand held dumbbells are used for muscle function, strength, and endurance.

**Senior Chair Strength:** Class focuses on increasing strength and balance in seniors. Class uses resistance/weight training to improve strength and balance.

### Cardio Workouts:

**Cycle / Spin:** Our Matrix bikes provide a non-impact bicycle ride that is great for improving speed and agility in all fitness activities.

**Bollywood:** A beautiful blend of all Indian dance styles.

**Zumba:** A dance based cardio class that draws moves from all styles of popular hip pop, Latin, and club moves.

**Walking Club:** Great and fun way to expand your workout group and to improve their heart health.

**Total Body:** Program incorporates strength training, cardio, core work and flexibility. It challenges your entire body with high intensity exercises.

**Active Tikes:** Talk about being on the move! At this age, little ones' abilities are exploding: they are communicating, running, showing interest in friends, and can't stop exploring!

**Penalty Box:** Fun full body workout.

### Don't Forget !!!

- Avoid handshakes, high-fives, and hugs
- Bring a water bottle with your name on it
- Bring a small hand towel to wipe off
- Dress in cool clothing and hat
- Apply sunscreen

# WHAT'S UP

## Aquatics

### Splish Splash

**When:** July 27th-September 4th

**Where:** Silver Park / Flynn Spray Park

#### MONDAY-WEDNESDAY-FRIDAY

Age	Time
0-5 yrs. old	11:00am-12:00pm
6-10 yrs. old	12:30pm-1:30pm
11-13 yrs. old	2:00pm-3:00pm

Join us for organize staff led water activities, which includes water tag, water games, water balloon games, water obstacles courses, and slip n' slide.

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### Are You Interest!!!

#### Kayaking at Charles River

Are you interest in joining RTH newly develop kayaking club? Contact Kendall Williams if you interest and with enough sign-ups we will travel by MBTA bus to Charles River for a fun day of kayaking. (Capacity = 6 per trip)  
To Be Eligible: Must be documented that you have passed the RTH Summer 2019 swim test. Options available to take test at parterning pool.

For more information, contact: **Kendall Williams**  
[kwilliams@roxburytenants.org](mailto:kwilliams@roxburytenants.org)



# WHAT'S UP

## Sports

### Ping-Pong

**When:** July 20th-September 4th  
**Where:** Outside of RTHCC  
**Ages:** All Ages  
**Cost:** Free, ping-pong balls \$0.50 each

#### MONDAY-FRIDAY

Time
11:00am-11:45am
12:00pm-12:45pm
1:00pm-1:45pm
2:00pm-2:45pm
3:00pm-3:45pm
5:00pm-7:00pm

#### SATURDAY & SUNDAY

Time
11:00pm-11:45pm
12:00pm-12:45pm
1:00pm-1:45pm

No registration required. 3 ping-pong tables available 2 person per table, first come first serve. Staff will place tables and ping-pong ball container for purchase out in front of RTHCC. Paddles will be available for use and will get disinfected after every use.

### Ping-Pong Under the Stars

**When:** July 20th-September 4th  
**Where:** Outside of RTHCC  
**Cost:** Free, ping-pong balls \$0.50 each

#### THURSDAY

Age	Time
14-17 yrs. old	7:00pm-8:00pm

#### FRIDAY

Age	Time
18+ yrs. old	7:00pm-8:00pm

Staff will place tables out in front of RTHCC and will also place the ball purchase container. Paddles will be available for use and will get disinfected after every use, and lighting will get used due to evening outdoor setting.

### Family Half Court

**When:** July 27th-September 4th  
 Mon-Fri 12:00pm-6:00pm  
 Sat-Sun 11:30am-2:00pm

**Where:** RTHCC Gymnasium  
**Ages:** Families residing in the same household

The gymnasium will be divided into two halves; families will be able to utilize space and equipment for up 45-minute increments and will get disinfected after every use. Reserve at the RTHCC desk or call.

### Basketball Skills & Drills

**When:** July 20th-September 4th  
**Where:** Half Court

#### SATURDAY

Age	Time	Capacity
6-10 yrs. Old	10:00am-11:30am	8
11-13 yrs. Old	11:30am-1:00pm	8

Focus on individual skill building versus competition; there will be no shared equipment. The session will be no more than six children, one with an instructor to maintain 6 feet of social distancing.

### Rollerblading & Roller Skating

**When:** July 27th-September 4th  
**Where:** Meet on the plaza  
**Cost:** \$15 purchasing fee for blades

#### SATURDAY & SUNDAY

Age	Time	Capacity
6-10 yrs. Old	1:00pm-1:45pm	8
11-13 yrs. Old	3:00pm-3:45pm	8

*Master your skills or learn for the very first time.* Youth will get placed on level and abilities. Everyone learns and has fun!!! Limited to 8 participants.

# WHAT'S UP

## Sports

### Double Dutch, Hula hoop and Hopscotch

**When:** July 20th-September 4th

**Where:** Kempton Park

#### MONDAY, WEDNESDAY, FRIDAY

Age	Time
6-10 yrs. old	5:00pm-5:45pm
11-13 yrs. old	6:00pm-6:45pm



RTH brings back the lost art of Double Dutch Hula hoop and Hopscotch. This urban tradition is fun a learn or polish off your skills open to all levels.

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### RTH Adventurers: Bike Club

**When:** July 27th-September 4th

**Where:** Meet on the Plaza

#### MONDAY – CLOSE TO THE PROPERTY

Age	Time	Capacity
6-10 yrs. old	2:45pm-4:00pm	6

#### WEDNESDAY – THROUGHOUT BOSTON

Age	Time	Capacity
11-13 yrs. old	2:45pm-4:00pm	6

#### FRIDAY – THROUGHOUT BOSTON

Age	Time	Capacity
14-17 yrs. old	2:45pm-4:00pm	6

A fun bike-riding group that will dedicate itself to building relationships, getting healthy outdoor exercise, and just having fun. All RTH youth invited to ride with as long as you have a helmet. Trips will be on bike paths throughout Boston. Club will be limited to 6 participants and 2 leaders.



### Scavenger Hunt

Weekly RTH staff will prepare a list defining specific items children will work in small teams, although the rules may allow individuals to participate as well.

**When:** July 20th-September 4th

Sat 5:00pm-6:00pm

**Where:** Kempton Park

**Ages:** 6-10 yrs. Old



# WHAT'S UP

## Teen Center

### Teen Movie Nights

**When:** July 20th-September 4th  
Fri 7:30pm-9:00pm  
**Where:** Grassy Knoll  
**Ages:** 14-17 yrs. old



Bring your blanket or your chair watching a teen movie under the stars with friends under CDC guidelines.

### Teen Council

**When:** July 20th-September 4th  
Wed 5:00pm-6:00pm  
**Where:** Patio G  
**Ages:** 14-17 yrs. old

RTH Council is a model of youth inclusion with a focus on civic engagement. The council is recruiting of high school students that come from every area of the RTH campus they are charged with representing their peers, community members, and youth. They work with the community leaders, and staff. The goal of the program is to find and put in place positive solutions through civic engagement and project management.

### Summer Painting Series

**When:** July 20th-September 4th  
**Where:** Grassy Knoll

#### SATURDAY

Age	Time	Capacity
11-13 yrs. old	4:00pm-5:00pm	4
14-17 yrs. old	5:30pm-6:30pm	4

Weekly a different subject or exercise to work from painting in an impressionistic style, doing master copies, etc. Youth are encouraged to bring their images as well. We'll work mainly with acrylic paint and spend the last three classes learning with oil paints. Topics will include Getting started and life painting impressionism style such as Van Gogh, Monet Abstraction (Kandinsky, Hilma Af Klint) Copying an existing painting, Land, sea, or cloudscape Paint a friend working with a ground (portrait) / Scumbling (portrait).

### Woodblock Printmaking

**When:** July 20th-September 4th  
Mon 5:30pm-6:30pm  
**Where:** Grassy Knoll  
**Ages:** 14-17 yrs. old

An introduction to relief printmaking with woodblocks, we'll create prints in black and white, color, and layering.

### Book Arts

**When:** July 20th-September 4th  
**Where:** Patio G

#### TUESDAY

Age	Time	Capacity
11-13 yrs. old	12:00pm-2:00pm	4
14-17 yrs. old	2:30pm-4:30pm	4

Learn simple booking techniques to assemble a book of your own. We'll learn to make Coptic, saddle stitches, and folding books.

### Beginner's Knitting / Crochet

**When:** July 20th-September 4th  
**Where:** Outside Half Court (Grassy Area)

#### FRIDAY

Age	Time	Capacity
11-13 yrs. old	12:00pm-1:00pm	4
14-17 yrs. old	1:30pm-2:30pm	4

Simple projects mainly focused on amigurumi dolls and other simple projects like scarves, hats, etc.

***\*Working projects will be stored in separate labeled plastic bags for each person.***

# WHAT'S UP

## Teen Center

### Beautification Volunteers

**When:** July 24th

**Where:** Patio G

#### FRIDAY

Age	Time	Capacity
11-13 yrs. old	3:30pm-5:00pm	4
14-17 yrs. old	5:30pm-7:30pm	4

Volunteer to paint and make are a welcome for future RTH summer events.

### Painting Class

**When:** July 20th-September 4th

**Where:** Grassy Knoll

#### SATUDAY

Age	Time	Capacity
11-13 yrs. old	12:00pm-2:00pm	4
14-17 yrs. old	2:30pm-4:30pm	4

Each class will have a different focus on the subject matter.

### A Night of Fun Teen Night Out Trip

**When:** July 20th-September 4th

**Where:** A mystery

**Cost:** Varies

#### TUESDAY

Age	Time
11-13 yrs. old	5:30pm-8:00pm

#### SATURDAY

Age	Time
14-17 yrs. Old	5:30pm-8:00pm

A fun weekly night out of RTH property within walking distance. Trips will include dinner movies and other activities.

### Lives Matter Mural

**When:** July 20th-September 4th

**Where:** Back of RTHCC Stairs

#### FRIDAY

Age	Time	Capacity
11-13 yrs. old	5:30pm-6:30pm	4
14-17 yrs. old	7:00pm-8:00pm	4

#### SATUDAY

Age	Time	Capacity
14-17 yrs. old	7:00pm-8:00pm	4

An RTH mural project with youth, Is In alignment with the community's commitment to uplift racial healing and communal reconciliation, along with other community groups and leaders, the purpose of this activity is to galvanize solidarity and celebrate our collective movement towards addressing systemic issues locally. The painting will get created on pieces of plywood, and later transferred onto a wall.

### Video Gaming Outdoor

**When:** July 20th-September 4th

**Where:** Vining Street Entrance

#### TUESDAY

Age	Time
11-13 yrs. Old	7:00pm-8:00pm

#### THURSDAY

Age	Time
14-17 yrs. Old	7:00pm-8:00pm

#### SATURDAY & SUNDAY

Age	Time
14-17 yrs. old	8:00pm-9:00pm

Gaming under the stars with big screens, come show off your skills





# WHAT'S UP

## Youth & Family

### Summertime Stories

**When:** July 27th-September 4th  
Tue & Thu 10:30am-12:00pm

**Where:** 42 Francis Street

**Ages:** 0-5 with parents / Tue 10:30am-12:00pm  
6-10 / Thu 10:30am-12:00pm

Storytime is a 45-minute program for children and families. Join us as we share stories, songs, fun, and movement activities. Open to 8 participants.

### RTH Summer Learning Resources for Families

**When:** July 7th-August 7th  
Mon-Fri 10:00am-12:00pm / 2:00pm-4:00pm

**Where:** Online

**Ages:** All School ages 6-17

Boston Public Schools' summer programs will begin on July 6. It will be a virtual summer school program. You need to contact your child's school and speak with your child's teacher, principal, or counselor and tell them you are interested in having your child or children attend the virtual summer school program.

**Online Summer Program for children in grades 5-8**  
[Registration@iconnectEBH.com](mailto:Registration@iconnectEBH.com)

- **Facebook Live:** Story and Craft time for young children
- **Boston Public Library remote services:** Visit [bpl.org](http://bpl.org), browse through to see offers the library has.
- **Edutopia:** Visit [edutopia.org](http://edutopia.org) it offers a variety of activities, some free and some have a fee. There is a great variety of things for you to pick from.
- **Commonsense:** Visit [commonsense.org](http://commonsense.org) gives some lessons that are fun and fast and different activities for different age groups.

Some apps are free, and some have a low fee for children in grades 1-5 to boost their math skills.

- ✓ DragonBox Big Numbers: basic addition and subtraction
- ✓ Marble Math: use mazes to do math problems. Good for children in upper grades

For more information, please contact: Carmen Torres, Enrichment Coordinator and Homework Center  
[ctorres@roxburytenants.org](mailto:ctorres@roxburytenants.org) or 617-232-4306 ext. 206.

### Summer Reading Challenge

**When:** August 1st-September 4th

**Where:** RTH Community

**Ages:** All ages



Weekly books can be picked up at the Grab & Go or pick your own. Each time you finish a book, log it online. Look for flyers for more details.

Participants must write a paragraph about the book or draw a picture. Each book counts write as one credit towards prizes at the end of summer. The more you read, the better the reward.

### Summertime Stories

**When:** July 27th-September 4th  
Tue & Thu 10:30am-12:00pm

**Where:** 42 Francis Street

**Ages:** 0-5 with parents / Tue 10:30am-12:00pm  
0-5 with parents / Thu 10:30am-12:00pm

Storytime is a 45-minute program for children and families. Join us as we share stories, songs, fun, and movement activities. Open to 8 participants.

### Family Fun with Gimp

**When:** July 20th-September 4th  
Sat & Sun 5:00pm-5:45pm / 6:00pm-6:45pm

**Where:** Kempton Park

**Ages:** Families residing in the same household /  
Capacity = 4 family units

Come have fun and making memories while creating crafts with gimp.

### Family Arts in the Park

**When:** July 27th-September 4th  
Wed 5:30pm-7:00pm

**Where:** Kempton Park

# WHAT'S UP

## Youth & Family

**Ages:** Families residing in the same household /  
Capacity = 4 family units

Families are allowed to take part in arts under the guidance of professional artist, the individuals can discover talents and develop skills which will provide them with lifelong enjoyment

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### Family Trips

**When:** July 20th-September 4th  
**Ages:** Families residing in the same household  
**Cost:** Varies / For sale online and in-person at registrations area

RTH will purchase discount tickets for families to encourage families to go out on outings as a family off RTH property. See flyers for updates. Transportation on your own.

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### Explore More Pass at Hale Reservation

**When:** July 20th-September 4th  
**Ages:** Families residing in the same household  
**Cost:** 75.00 per families / For sale online and in-person at registrations area

Outdoor activities that are safe, socially distant, and open to kids and grownups alike. Bask in the sun, go for a paddle, or climb through the trees. It's still summer. Purchase your pass with RTH.




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### Family Painting

**When:** July 20th-September 4th  
Mon 12:00pm-2:00pm / 2:30pm-4:30pm  
**Where:** Kempton Park  
**Ages:** All ages

Painting event available to all residents, have fun painting a canvas to take home with you! Open to 8 participants.

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### Family Fun Bingo

**When:** July 27th-September 4th  
Fri 6:00pm-7:00pm  
**Where:** Patio G  
**Ages:** Families residing in the same household /  
Capacity = 4 family units

Turn off the electronics and join us for some old-fashioned family bingo. RTH families are invited to for an afternoon to remember. Lots of fun and laughs! Game winners will win candy, cookies, and other prizes a great way to spend time with family doing something fun on a Friday night.

# BINGO

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# WHAT'S UP

## Youth & Family

### Girls Scouts Camps Outside the Box

**When:** July 20<sup>th</sup>-August 15<sup>th</sup>

One Zoom Session and two sessions in-person meeting per group.

1. Outdoor Adventure (July 20-July 24)
2. She Creates (July 27-July 31)
3. Day at the Museum (August 3-August 7)
4. Summer Magic (August 10-August 14)

**Where:** 42 Francis Street

**Ages:** 6-10 yrs. old and 11-13 yrs. old

Camp Outside the Box brings the fun of Girl Scouts summer camp to your doorstep! Weekly themed boxes of fun, age-appropriate, and meaningful camp activities for kids get them exploring the outdoors and their creativity. Think nature exploration, tie-dye, knot tying, rocket launches, friendship bracelets, scavenger hunts, and more! We'll gather virtually and in-person by age level once a week to participate in an activity together

For more information, contact: **Carmen Torres**,  
Enrichment Coordinator and Homework Center  
[ctorres@roxburytenants.org](mailto:ctorres@roxburytenants.org) or 617-232-4306 ext. 206



### Did You Know!!!

**Pools Open within 5 miles of RTHCC (FREE)**

***\*Transportation is on your own.***

	Location	Time
Mission Hill Spray Deck	1 Scroeder Plaza Boston, MA 02120	Sun-Sat 9:30am- 6:45pm
Melnea A. Cass Memorial Swimming Pool and Spray Deck	120 Martin Luther King Blvd. Roxbury, MA 02119	Sun-Sat 11:15am- 6:45pm
Veterans Memorail Swimming Pool	719 Memorail Dr. Cambridge, MA 02139	Sun-Sat 11:15am- 6:45pm
Alfond Memorail Spray Deck	Alfond Memorial Spray Deck Boston, MA 02114	Sun-Sat 9:30am- 6:45pm

# WHAT'S UP

## Community Education

### Gardening for Seniors

Senior visit the RTH Resilience Gardens –guided by RTH teen Health and Wellness Peers to our garden plots where we will plant, nurture, weed and harvest fresh vegetables to take home with you.

**Who:** Seniors in small groups (limit 5 per group)

**When:** Thu 10am-12pm

**\*sign up for a one-hour slot**

**Where:** Meet on the Levinson Plaza at your designated time, where your group will be escorted to the Tobin Community Center garden plots.

For more info, please contact Jen Lewis at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) and/or ( 617) 504-8634.

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### Free College Access Program

Online program for high school students taught by accomplished Tufts University students (*They did it, so can you!*)

**When:** July 16<sup>th</sup>-August 20<sup>th</sup>, via (ZOOM)

Thu 5:00pm-7:00pm

**Age:** 14-17

Writing personal statements, creating a college list, applying for financial aid, and more!

Information, practice, and coaching

For additional info, Kaman Hau (857) 415-7777 or Emily Lew 617-877-3070.

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### Summer Ink at Simmons 2020 online writer's camp grades 5-9

Learn and practice core writing skills to improve your ability communicate your ideas clearly and persuasively.

Writing is for everyone. Summer Ink uses the proven Writer's Express Method (WEX) method, and their sessions are delivered by experienced and engaging counselors via ZOOM and Google Classroom. Young writers improve their writing skills through the daily practice of responding to activities in online workbooks and in-hand adventure boxes that each camper receives before the start of camp.

**When:** Session 1-July 6th – 10th

Session 2-July 13th – 17th

Session 3-July 20th – 24th

Session 4-July 27th – 31st

**Hours:**

**Camp A** - for rising 5th and 6th graders / 8:30am-10:30am

**Camp B** - for rising 7th-9th graders / 11:00am-1:00pm

Afternoon Writing Center daily session of either the Global Nomads or the Writer's Nook (optional)

Seats are limited apply today, please contact Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org).

# WHAT'S UP

## Community Education

### Engaging Outdoor Activities for Children utilizing CDC Guidelines

**When:** July 27th- September 5<sup>th</sup>  
10:00am-7:00pm, \*Varies see schedule

6-10 yrs. Old meet **Kempton Park**

11-13 yrs old meet **Grassy Knoll**

Contact: Stephanie Ellis, [sellis@roxburytenants.org](mailto:sellis@roxburytenants.org), (617)232-4306 ext. 402

- Class limited to 10 people total, including staff/instructors
- No contact activities
- All individuals must be at least 6 feet apart and wear face coverings at all times

#### MONDAY-FRIDAY

Time	Story Time	Great Outdoors	Explore the Great Boston	Mad Science	Weird Science	Sports Sample	Get Ready Set Go
10:00am-10:45am	6-10 yrs. old				11-13 yrs. Old	6-10 yrs. Old	
11:00am-11:45am		6-10 yrs. old	11-13 yrs. old	6-10 yrs. old			11-13 yrs. old
2:00pm-2:45pm	6-10 yrs. old				11-13 yrs. Old	6-10 yrs. Old	
3:00pm-3:45pm		6-10 yrs. old	11-13 yrs. old	6-10 yrs. old			11-13 yrs. old
4:00pm-4:45pm	6-10 yrs. old				11-13 yrs. Old	6-10 yrs. Old	
5:00pm-5:00pm		6-10 yrs. old	11-13 yrs. old	6-10 yrs. old			11-13 yrs. old
6:00pm-6:45pm	6-10 yrs. old				11-13 yrs. Old	6-10 yrs. Old	

#### SATURDAY

Time	Story Time	Great Outdoors	Explore the Great Boston	Mad Science	Weird Science	Sports Sample	Get Ready Set Go
2:00pm-2:45pm		6-10 yrs. old		6-10 yrs. old	11-13 yrs. old	6-10 yrs. old	
3:00pm-3:45pm	6-10 yrs. old		11-13 yrs. old				11-13 yrs. old
4:00pm-4:45pm		6-10 yrs. old		6-10 yrs. old	11-13 yrs. old	6-10 yrs. old	
5:00pm-5:00pm	6-10 yrs. old		11-13 yrs. old				11-13 yrs. old
6:00pm-6:45pm		6-10 yrs. old		6-10 yrs. old	11-13 yrs. old	6-10 yrs. old	

# ***WHAT'S UP***

## ***Community Education***

### **Fun activities outside for RTH children**

Geared towards children ages 6-13. Throughout the summer, children will learn valuable leadership skills as members of their community, allowing them to grow an appreciation for the environment, develop self-esteem share their spirit for empathy, and experience teamwork, friendship, and community through memorable experiences.

RTH will provide activities such as nature walks, sports, sciences, crafts, and other events. Sprinkler fun for families and movie nights, Family tickets for outings, and a Rock Project for kids, storytelling Dancing activities, and Fun Activities on Zoom weekly. Group size ratios will be eight children and one staff practicing social distancing and wearing a mask.

**Our Staff:** Professional instructors and RTH Community Leaders are dedicated, energetic, and talented with experience working with children. All our instructors are certified in First aid and CPR, trained in water safety, have strong skills, and qualified in the Coronavirus Pandemic guidelines by the CDC on social distancing. They come from a wide variety of backgrounds and life experiences. They are committed to providing fun and educational enrichment in the outdoors while maximizing all participants' safety.

# WHAT'S UP

## Workforce Development

### Career Exploration Workshops

Hear about different career paths from those in the field and learn what is required to get started on these career paths. Guest speakers will be available to answer questions!

**When:** July 22nd-August 19th  
Wed 3:30pm-5:00pm

**Where:** Levinson Multi-purpose Room

**Ages:** 14-17 years old

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### PhotoVoice Research or Documentary Projects

Learn to use PhotoVoice research tools to examine, bring awareness and discussions to issues through your choice of photos. Learn and practice several ways of documenting issue, developing your unique perspective, and sharing these learning with others.

Orientation and training for these self-guided projects will be provided as well as on-going support.

**When:** July 21st – August 20th  
Tue 11:00am-12:30pm  
Thu 3:00pm – 5:00pm

**Where:** Levinson Multi-purpose Room

**Ages:** 14-17 years old

**Cost:** Free, earn a stipend upon completion of projects.

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### Enrichment Apprentices

Learn job readiness skills by providing additional assistance to our family programs, assist the RTH specialists with setting-up events/functions, activities, cleaning areas, and other general tasks.

**When:** July 20th-August 21st  
Mon – Thu 2:30pm-4:30pm

**Where:** Various location on RTH property

**Ages:** 14-17 years old

**Cost:** Free, stipends provided once per month upon completion of required hours.

**\*\* Application and interview required \*\***

### Resilience Garden Club

Learn to grow your own food by working with us in our garden plots in the Tobin Community Center Yard! Small family groups will be led by our Health and Wellness Peers walking to and from the garden plots, learning about growing food, taking care of the gardens and harvesting vegetables.

**Who:** Small family groups of up to 4

**When:** Thu, Fri 1:00pm – 3:00pm

**Where:** Meet on Levinson Plaza and walk to Tobin Community Center Yard

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### F.Y.R.E. Initiative

This online youth leadership program will be hosted virtually by our partner YW Boston. Learn about social justice, identity, and join small group civics projects, share community action projects at end of program.

**When:** July 14th-August 19th  
Tue, Wed 3:00pm – 4:00pm

**Where:** Hosted by partner YW Boston

**Ages:** 6th-9th grade girls (12-15 years old)

**Cost:** Free, earn a stipend upon completion of sessions.

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### Odd Jobs Crew

Help with odd jobs such as delivering flyers, newsletters, packing bags/boxes, setting up or cleaning up with a department's guidance. Youth must be available on short notice for jobs on the property

**When:** July 13th-Ongoing  
Mon, Wed, Fri 3:00pm – 5:00pm

**Where:** Various locations on RTH property

**Ages:** 14-17 years old

**Cost:** Free, earn a stipend once a month upon completion of projects.

**\*\* Application and interview required \*\***

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**For application and more information, please contact Jen Lewis at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org), 617-504-8634.**

# WHAT'S UP

## Workforce Development

### Apprentice Gardeners

Learn and practice planting and gardening skills, help maintain garden plots in the Tobin Yard under RTH staff supervision, harvest and package food for donation to those in need of healthy food resources.

**When:** July 22nd-Ongoing  
Wed, Fri 2:00pm – 4:00pm

**Where:** Tobin Community Center Yard, meet on Levinson Plaza and walk up with Health and Wellness peers

**Ages:** 14-17 years old

**Cost:** Free, earn a stipend once a month upon completion of projects.

**\*\* Application and interview required \*\***

For application and more information contact Jen Lewis at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org), 617-504-8634

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### Ready, Set, Roll Bike Club

Gather to bike the many miles of Boston's beautiful bike paths, while learning to do basic bike maintenance, in addition to earning a stipend!

**When:** July 27th – August 15th  
Mon & Wed 1:00pm – 4:00pm

**Where:** 42 Francis Street garden

**Ages:** 14-17 years old

**\*\*Must register in advance and must wear shoes and helmets\*\***

For more information, please contact: Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) and/or text 617-678-2184.

*Please see the Health & Wellness listings pages for Bike Club and casual rides with RTH staff members and group leaders.*

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### Bike to Market with the Boston Cyclist Union

**What:** Bike Safety Demonstration

**When:** Saturday, August 1<sup>st</sup> 1:30 to 4:30 pm

**Ages:** 6-10

**What:** Bike Repair

**Ages:** All

**Where:** Mission Park ½ Court

**Pre-registration at the RTHCC Welcome desk.**

For more information, please contact: Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) and/or text 617-678-2184



# WHAT'S UP

## Resource Center at the Betty Powers Library & Computer Center

### Tech Goes Home Distance Learning Course (Online via Zoom!)

Students must attend at least 15 hours live online course with the trainer. The curriculum is focused on fundamental digital skills and designed to help you access powerful online resources. You will earn a brand-new Chromebook for FREE Pre-requisite: Must be familiar using the keyboard and mouse. Limited number of space available

**When:** July – August, July 23rd – September 10th  
Thu 6:00pm-8:00pm

**Ages:** 18+

For more information, please contact: Beverly Moss at [bmooss@roxburytenants.org](mailto:bmooss@roxburytenants.org)

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### Don't let COVID slow your pursuit of learning and practicing new skills!

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download ebooks, audio books, stream movies, TV shows, and/or comics via various platforms (Overdrive, Kindle, Hoopla, etc.) to download to your mobile device. **More information available at [Bpl.org/online-resources](http://Bpl.org/online-resources).**

Set up an account at [BPL.org](http://BPL.org) with your library card number.

Don't have a library card? If you are a MA resident, you can register for an e-card online

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### The RTH Resource Center

The RTH Resource Center offers copying, faxing, printing services for RTH residents

**When:** July 20th-Ongoing  
 Mon-Fri 9:00am-1:00pm  
 3:00pm-7:00pm  
 Sat, Sun 12:00pm-4:00pm

All patrons must wear a mask and practice social distancing while in the center.

Beginning August 3<sup>rd</sup>. Computer and internet access 2-hr blocks of time may be reserved by appointment only.

**By Appointment Only**, please contact 617-232-4306 x 601

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### Believe and Achieve Scholarship

RTH Residents enrolled in an accredited college/university or a training/vocational program are eligible for up to \$ 8000.

Applications quarterly are reviewed in January, April, July, and October. Please contact Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org), if you would like an application emailed to you.

# WHAT'S UP

## Resident Services

### Resident Services

Resident Service staff are meeting with residents One on One by appointment only.

Please call the Resident Services Department at 617-232-4306 ext.305 to schedule an appointment and see how we can assist you.

**Ages:** All

We can assist with programs and benefits like:

- Social Security SSI & SSDI
- SANP Benefits
- MassHealth
- Medicare
- Mental Health Needs
- Prescription Drug Programs
- Homemaking
- Home health aide
- Budgeting
- Food Insecurity
- Getting Tested
- Rental Assistance

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### RTH Youth Boys Group

**When:** July 20th-August 31st  
Mon 3:00pm-4:00pm

**Where:** Teen Center & Outdoor space

**Ages:** 11-13 years. old

A fun and supportive, youth teen group for teens to focus on social and emotional development. Groups will meet once per week for approximately one hour.

Each session will be designed to help youth improve their understanding of living thru COVID 19 and social / political change, while building upon their coping skills, and providing them with local community resources.

Curriculum will be based upon research from the Children's Defense Fund, Common Sense Education, as well as resources from the Department of Public Health and the Department of Mental Health. We believe this work will help to empower young boys to make informed, educated, and well thought out decisions and take appropriate actions to improve their overall sense social and emotional well-being. Groups will be open to all youth boys of RTH ages 11-13.

Boys will begin to learn and practice age appropriate life skills including but not limited to: Team Building

- Empowerment
- Self-Esteem
- Problem-Solving and Much More!

For more information, contact: Korrey Lacey Buggs, Resident Service Coordinator & Life Skills Specialist [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or 617-232-4306 ext. 310

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### RTH Teen Boys Group

**When:** July 21<sup>st</sup>-September 1<sup>st</sup>  
Tue 3:00pm-4:00pm

**Where:** Teen Center & Outdoor space

**Ages:** 14-18 years. old

A fun and supportive teen group for teens to focus on social and emotional development. Groups will meet once per week for approximately one hour.

Each session will be designed to help teen boys improve their understanding of living thru COVID 19 and social / political change, while building upon their coping skills, and providing them with local community resources.

Curriculum will be based upon research from the Children's Defense Fund, Common Sense Education, as well as resources from the Department of Public Health and the Department of Mental Health. We believe this work will help to empower teen boys to make informed, educated, and well thought out decisions and take appropriate actions to improve their overall sense social and emotional well-being. Groups will be open to all teen boys of RTH ages 14-18.

Teens will begin to learn and practice age appropriate life skills including but not limited to:

- Job Readiness
- Leadership
- Advocacy and Community Agency
- Self-Care and Health Awareness
- Problem-Solving and Much More

For more information, contact: Korrey Lacey Buggs, Resident Service Coordinator & Life Skills Specialist [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or 617-232-4306 ext. 310

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# WHAT'S UP

## Resident Services

### RTH Youth Girls Group

**When:** July 23<sup>rd</sup>-September 6<sup>th</sup>  
Thursday 3:00pm-4:00pm

**Where:** Teen Center & Outdoor space

**Ages:** 11-13 years. old

A fun and supportive, youth girls' group for teens to focus on social and emotional development. Groups will meet once per week for approximately one hour.

Each session will be designed to help youth improve their understanding of living thru COVID 19 and social / political change, while building upon their coping skills, and providing them with local community resources.

Curriculum will be based upon research from the Children's Defense Fund, Common Sense Education, as well as resources from the Department of Public Health and the Department of Mental Health. We believe this work will help to empower young girls to make informed, educated, and well thought out decisions and take appropriate actions to improve their overall sense social and emotional well-being. Groups will be open to all youth girls of RTH ages 11-13.

Boys will begin to learn and practice age appropriate life skills including but not limited to: Team Building

- Empowerment
- Self-Esteem
- Problem-Solving and Much More!

For more information, contact: Korrey Lacey Buggs, Resident Service Coordinator & Life Skills Specialist [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or 617-232-4306 ext. 310

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### RTH Teen Girls Group

**When:** July 22<sup>nd</sup>-September 2<sup>nd</sup>  
Wed 3:00pm-4:00pm

**Where:** Teen Center & Outdoor space

**Ages:** 14-18 years. old

A fun and supportive teen group for teens to focus on social and emotional development. Groups will meet once per week for approximately one hour.

Each session will be designed to help youth improve their understanding of living thru COVID 19 and social / political change, while building upon their coping skills, and providing them with local community resources.

Curriculum will be based upon research from the Children's Defense Fund, Common Sense Education, as well as resources from the Department of Public Health and the Department of Mental Health. We believe this work will help to empower teen girls to make informed, educated, and well thought out decisions and take appropriate actions to improve their overall sense social and emotional well-being. Groups will be open to all teen girls of RTH ages 14-18.

Girls will begin to learn and practice age appropriate life skills including but not limited to: Team Building

- Empowerment
- Self-Esteem
- Problem-Solving and Much More!

For more information, contact: Korrey Lacey Buggs, Resident Service Coordinator & Life Skills Specialist [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or 617-232-4306 ext. 310

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# WHAT'S UP

## Senior News

### Seniors

Welcome Back to the Senior Center, Roof deck and some seniors' programming. We are gradually re-opening and will limit the number of participants in the center and roof deck at one time. Protocols are in place to provide a safer experience for everyone. All safety precautions will be updated as the pandemic evolves.

Please note other events will be added soon as social distancing guideline allow. (i.e. Ice Cream day, Movie night)

If you have any questions, suggestions for activities, or to make an appointment, please contact Laura Adams, Director of Senior Services 617-232-4306 Ext. 700. **I want to hear from you!**

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### SENIOR DROP-IN CENTER

#### NEW Location/Hours

**When:** Mon, Tue, Wed & Thu

**Hours:** 1:00 to 4:00pm

**Where:** The Flynn kitchen, 1st floor is the NEW Senior Drop-in Center space.

The Senior Drop-in center will be open with limited capacity. Maximum capacity is 10 seniors. As usage and demand grows, we will increase hours.

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### Flynn Roof Deck

**When:** Wed 12:00pm-3:00pm

Fri 4:00pm-7:00pm

Sat 12:00pm-3:00pm

Sun 12:00pm-3:00pm

The Roof Deck will be open with limited capacity. Maximum capacity is 10 adults. As usage and demand grows, we will increase hours.

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### Senior Chat Programs

**What:** In August, we will hold chit chat with limited capacity. Maximum capacity is 10. We will host chit several times to accommodate all seniors interested. You must call the hotline at 617-232-

4306 ext. 200 to reserve your spot in advance so we can plan accordingly.

#### Joy Luck Club, Chinese language focus

**When:** August 7<sup>th</sup>, Friday

Starting at 11:00am

Starting at 1:00pm

Starting at 3:00pm

You must register in advance. To register please call 617-232-4306 ext. 200. by July 28<sup>th</sup>.

#### Chit Chat Meeting, English language focus

**When:** August 11<sup>th</sup>, Tuesday

Starting at 12:00pm

Starting at 2:00pm

You must register in advance. To register please call 617-232-4306 Ext. 200 by Wednesday, August 5<sup>th</sup>.

#### Russian Tea Room, Russian language focus

**When:** August 13<sup>th</sup>, Thursday

Starting at 5:00pm

Starting at 6:30pm

You must register in advance. To register please call 617-232-4306 Ext. 200. by Thursday, August 6<sup>th</sup>.

#### Spanish chat meeting, Spanish language focus

**When:** August 21<sup>st</sup>, Friday

Starting at 12:30pm

Starting at 2:30pm

For more information, or to sign up, please call RTHCC at 617-232-4306 Ext. 200 By Friday, August 14<sup>th</sup>.

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### Arts and Crafts

**When:** July 22<sup>nd</sup>

Wed 1:00pm-4:45pm

**Where:** Flynn Kitchen, 1st floor

Space is limited to 8 participants; you must sign up in advance. To register, please call 617-232-4306 Ext. 200.

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# WHAT'S UP

## RTH Directory

### Executive Office-Neville House 11 New Whitney Street, 1st Floor

**Karen T. Gately**, *Executive Director*  
[kgately@roxburytenants.org](mailto:kgately@roxburytenants.org) / 617-232-4306 ext. 104

**Gayle Lacroix**, *Chief Financial Officer*  
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**Latoya Cromartie**, *Payroll Specialist*  
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**Lori Taylor**, *Senior Administration*  
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**Patricia Haran**, *Controller*  
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**Tara O'Ree**, *Executive Coordinator*  
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**Juan Castillo-Then**, *Technology Specialist*  
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**Jun J. Xu**, *Technology Assistant*  
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### Resource Center at the Betty Powers Library & Computer Center 25 Mission Park Drive

**Roxanne Haecker**  
*Director of Community Educ. & Workforce Development*  
[Rhaecker@roxburytenants.org](mailto:Rhaecker@roxburytenants.org) / 617-232-4306 ext. 603

**Jennifer Lewis**, *Youth Educational Service & Workforce  
Development Specialist*  
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**Beverly Moss**: *Technology Director*  
[bmoss@roxburytenants.org](mailto:bmoss@roxburytenants.org) / 617-232-4306 ext. 600

**Front Desk**: 617-232-4306 ext. 601

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### RTH After School Program Recreation Exploration Center 835 Huntington Avenue

**Stephanie Ellis**, *After School Program Director*  
[sellis@roxburytenants.org](mailto:sellis@roxburytenants.org) / 617-232-4306 ext. 402

### RTH Community Center 20A Vining Street

**May Vaughn**, *Director of Youth & Family Services*  
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**Curtis William**, *Welcome Desk Administrator*  
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**Carolyn Robles**, *Welcome Desk Administrator*  
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**Deborah Zanellato**, *Wellness Director*  
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**Carmen Torres**, *After School Staff, CCR MOD*  
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**George Russell**, *Sports / ASP*  
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**Kendall William**, *Specialty*  
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**Ciara Neil**, *Teens*  
[cneal@roxburytenants.org](mailto:cneal@roxburytenants.org) / 617-232-4306 ext. 200

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### Resident Services Parks Community Building 2 New Whitney Street 2nd Floor

**Scott Amaral**, *Director of Resident Services*  
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**Yelena Piliavsky**, *Resident Services Staff*  
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**Nora O'Farrell**, *Resident Services Manager*  
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**Korrey Lacey-Buggs**: *Coordinator & Life Skills Specialist*  
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**Maria Fernandes**: *Administrative Office Assistant*  
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**Marta Franklin**: *Resident Service Staff*  
[mfranklin@roxburytenants.org](mailto:mfranklin@roxburytenants.org) / 617-232-4306 ext. 304

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### Senior Services, Flynn House 805 Huntington Avenue, 1st Floor

**Laura Adams**, *Director of Senior Services*  
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