

# WHAT'S UP

## FALL 2021

A Roxbury Tenants of Harvard Association publication of Community Events, Services, Family trips, and Upcoming Happenings taking place in your Community!

Chinese, Russian, and Spanish language translation are available. Contact Resident Services if you need assistance.



## **RTH Fall Session Dates (10 week session)**

<u>Weekday</u>	<u>Start Session</u>	<u>End Date</u>
Tuesday	October 12 <sup>th</sup>	December 14 <sup>th</sup>
Wednesday	October 13 <sup>th</sup>	December 15 <sup>th</sup>
Thursday	October 14 <sup>th</sup>	December 16 <sup>th</sup>
Friday	October 15 <sup>th</sup>	December 17 <sup>th</sup>
Saturday	October 16 <sup>th</sup>	December 18 <sup>th</sup>
Sunday	October 17 <sup>th</sup>	December 19 <sup>th</sup>
Monday	October 18 <sup>th</sup>	December 20 <sup>th</sup>

## **RTH Holiday Schedule**

*Please note the following schedule changes for upcoming holidays*

Indigenous People Day	October 11 <sup>th</sup>	Monday	Closed
Veteran's Day	November 11 <sup>th</sup>	Thursday	Closed
Thanksgiving Day	November 25 <sup>th</sup>	Thursday	Closed
Day after Thanksgiving	November 26 <sup>th</sup>	Friday	Closed
Christmas Day Eve	December 24 <sup>th</sup>	Friday	Closed
Christmas Day	December 25 <sup>th</sup>	Saturday	Closed
New Year's Eve	December 31 <sup>st</sup>	Friday	Closed

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**RTH EXECUTIVE OFFICES**

11 New Whitney Street  
617-232-4306 ext. 103  
Hours of Operation: **By Appointment Only**  
Mon-Fri 9:00am - 5:00pm

**RTH COMMUNITY CENTER**

20A Vining Street  
617-232-4306 ext. 200  
Hours of Operation:  
Sunday 10:00am - 3:00pm  
Mon thru Fri 7:00am - 7:00pm  
Friday (Teen Only-Gym) 7:00pm - 9:45pm

**MISSION PARK / TRINITY MANAGEMENT**

835 Huntington Avenue  
617-566-0707  
Hours of Operation:  
Mon-Fri 9:00am - 5:00pm

**RTH PROPERTIES/TRINITY MANAGEMENT**

747 Huntington Avenue  
617-232-5910  
Hours of Operation:  
Mon-Fri 9:00am - 5:00pm

**RESIDENT SERVICES**

Parks Community Building  
2 New Whitney Street 2nd Floor  
617-232-4306 ext. 305  
Hours of Operation: **By Appointment Only**  
Mon, Wed, Fri 9:00am - 5:00pm  
Tue, Thu 10:00am - 6:00pm

**SENIOR SERVICES**

805 Huntington Avenue  
617-232-4306 ext. 700  
Hours of Operation: **By Appointment Only**  
Mon thru Fri 9:00am - 5:00pm

**RTH RESOURCE CENTER LIBRARY /  
COMPUTER CENTER**

25 Mission Park Drive 617-232-4306 ext. 601  
Hours of Operation: **By Appointment Only**  
Mon-Fri 9:00am - 6:00pm  
Sat 9:00am - 5:00pm

**SECURITY OFFICE**

835 Huntington Avenue  
617-731-6972  
Hours of Operation: Daily/24 Hours

**ANONYMOUS CALL TIP LINE**

Telephone: 617-232-0436

*Please call if you have any concerns about health, safety, or security*

*\*\*\* If you see something, say something! \*\*\**

Dear RTH Residents,

Welcome to Fall at RTH **we missed you!** As we prepare to begin Fall 2021 Programs and Events, we find many things are not what we expected! High levels of vaccination in our area had led us to hope we could return to ‘normal’ in-person programming - only to have those hopes dashed by Delta and other rising Covid-variants. We are, however, committed to using technology and creativity to continue our programming as safely as possible.

Where possible, virtual and hybrid programming will be offered. For in-person activities, social distancing, masking, and increased ventilation will allow us to continue more safely. While the CDC has determined there is little-to-no transmission from touch surfaces, we will continue to do extra cleaning and sanitizing.

Pre-registration will continue to be required for most programs and events. This allows us to adjust spaces and programming to ensure social distancing for in-person programming, and help us maintain quality for virtual and hybrid offerings. Please see the registration page for details.

Most of our departments are open by appointment only, or have limited walk-in hours. Please don't be discouraged from reaching out to us! This is only another way we are trying to offer the best service we can, in the safest possible way.

We encourage you to continue to protect yourself, your family, and your community, by following the guidelines from the Center for Disease Control:

- Wear mask or face coverings when indoors, and in common areas such as lobbies and elevators
- Wash your hands often with soap and water for at least 20 seconds, especially if you have been in a public place, or after blowing your nose, coughing, or sneezing. Hand sanitizer is also available in many locations throughout the campus.
- Cough or sneeze into a tissue or your elbow, throw away the tissue and wash your hands.
- Exercise social/physical distancing between yourself and your friends and neighbors and observe class participation ratios.
- If you are experiencing symptoms of illness or are in the same household as someone diagnosed with Covid-19, please do not attend programs.

Thank you for your understanding and patience as we continue to offer programs and events in a format that helps keep you and your family, the staff, and our community healthy and safe.

Sincerely,

*Karen*

Karen T. Gately  
Executive Director

#### ROXBURY TENANTS OF HARVARD ASSOCIATION, INC. (RTH) MISSION STATEMENT

Roxbury Tenants of Harvard (RTH) seeks to develop and maintain safe and affordable housing for low and moderate-income people of diverse backgrounds in the RTH / Mission Hill Neighborhood, and to improve the quality of life for its residents. We achieve this through property management, construction and rehabilitation of properties, provision of social and education services, workforce development and community activism. As one of the oldest grassroots tenant organizations, we dedicate ourselves to defending the right to quality, affordable housing for people of all races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

## **Safety & Sanitation Measures - For Your Protection**

As RTH prepares for the Fall programming cycle, we want to share with you some of the steps we are taking to offer phased in Programs and Services following safety protocols and guidelines outlined by the CDC, the Commonwealth of Massachusetts & local health authorities:

**Mandatory Safety Training** - RTH Staff will attend a Safety Training session before returning to work on-site. This training reviews Daily Health Screening requirements, changes to in-office Practices and Procedures, including enhanced sanitation protocol, social distancing, personal hygiene, and the Travel Policy, along with various other recommendations on how to stay well including managing stress levels.

**Facemasks** - All RTH, Trinity Management, Securitas staff, as well as vendors, will be required to wear mask or cloth face covering while on the campus and in the various common areas. Residents will be required to wear mask or face coverings to participate in RTH programming.

**Cleaning and Sanitation** - Mission Park Facilities will continue with the cleaning and disinfecting of the common spaces; additionally, staff will be assigned to cleaning program spaces between use. Restrooms will also be receiving cleanings throughout the day. RTH Program Staff will clean and disinfect program materials in-between uses, as well as their own personal workspaces, and are being asked to clean common office and breakroom equipment after each use. In addition, RTH offices and designated program spaces are being sprayed disinfected weekly. Mission Park Facilities has also installed extra efficient filters to air handling systems, which will be changed more frequently, which will allow the air conditioning system to bring in fresh air throughout the day.

**Social Distancing** - During this time, all indoor spaces and program spaces will be used at limited capacity, allowing ample social distancing between staff and program participants. Class size capacity is determined using State and local guidelines, as well as CDC recommendations and as such may change as the situation evolves. Programs will be held outdoors whenever possible, and those hosted indoors will have the benefit of small group size and using spaces where fresh air can be introduced. Class sizes are limited to maintain 6-8 feet of distance between participants.

**Hand Sanitizer** - will be made available at all program locations

## RTH Program Safety Guidelines

### At Home Self-Check Required Daily Health Screening Before Attending RTH Programming

An important aspect of keeping program participants and program space safe is required daily health screenings of program participants and staff. These policies are discussed below. Notwithstanding these new procedures, the privacy and confidential health information of all program participants is critically important. Participants should feel comfortable that private health information will not be shared with other employees and will be utilized solely for the purposes of mitigating the spread of COVID-19 in the workplace.

- a. Program Participants who are sick may not attend programming. Program participants must review for the following symptoms, before attending a program.
  - Cough;
  - Shortness of breath or difficulty breathing;
  - Fever;
  - Chills;
  - Sore throat;
  - Muscle pain; and/or
  - Loss of taste or smell.
  
- b. If the participant has been in close contact in the past 72 hours either with someone with a confirmed case of COVID-19, or with someone that is awaiting test results for COVID-19 we will also ask that the participant remain away from the programs for 14 days.

# Three Ways to Register for a Programs & Events at RTH

*(First Come First Serve)*

## **Option 1: Register Online**

- Email (welcomedeskstaff@roxburytenants.org )
- Provide your name and phone number (mandatory)
  - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

## **Option 2: Register In-Person**

*(NO same day registration for classes, must be done 24 hours in advance)*

Please come to the RTHCC Welcome Desk to register

- Monday thru Friday 7:30am - 6:45pm
  - Sunday 11:00am - 2:00pm

## **Option 3: Register By Phone**

Please call the hotline at 617.232.4306 ext. 200

- Sunday 11:00am - 2:00pm
- Monday thru Friday 8:00am - 6:00pm

***Sign-up to receive Announcements by email!***

*RTH Residents may receive flyers & community information by email.*

*To request to be added send a note to Tara O'Ree at [toree@roxburytenants.org](mailto:toree@roxburytenants.org)*

## *Announcements / Community*

BRIGHAM HEALTH



BRIGHAM AND WOMEN'S  
Center for Community Health and Health Equity



# **Flu Vaccination Clinic for Seniors and Adults**

at

**Roxbury Tenants of Harvard**

**Levinson Plaza**

**Wed. October 20, 2021**

**10am – 12pm Seniors 65 plus**

**12 noon – 2pm Adults**

**\* must have an appointment**

**“The flu vaccine is recommended for everyone 6 months of age and older. The single best way to avoid getting sick with seasonal flu and spreading the virus to others is to get the annual influenza vaccine. Vaccination is particularly important for people who are at higher risk of developing serious flu complications such as adults who are over 65 years old, or have chronic conditions such as asthma, heart disease or diabetes.”**

**First come, first served! Call today!**

**To schedule your appointment, please call the RTHCC  
at (617) 232-4306 ext. 200**

**You must wear a mask and practice social distancing**



You are invited to



# Eye, Ear, Eat

A free event offered by Mass Eye and Ear

Saturday, November 6th  
11:00am - 3:00pm

Mass Eye and Ear  
800 Huntington Ave.

FREE vision, hearing and  
head and neck screenings

**PLUS lunch on us!**

Financial counselors available  
Surprise giveaways for attendees



For more information, contact: Laura Adams  
ladams@roxburytenants.org (617) 232-4306 ext. 700

### **Annual Flu-Shot Clinic**

When: Wednesday, October 20<sup>th</sup>

Time: 10:00am - 12:00pm - **SENIORS**

12:00pm - 2:00pm - **ADULTS**

Where: Levinson Plaza - Rain or Shine!

The flu vaccine is recommended for everyone 6 months of age and older. The single best way to avoid getting sick with seasonal flu and spreading the virus to others is to get the annual influenza vaccine. Vaccination is particularly important for people who are at higher risk of developing serious flu complications such as adults who are over 65 years old, or have chronic conditions such as asthma, heart disease or diabetes.

Call (617) 232-4306 ext. 200 or stop by the RTHCC Welcome Desk to register.

### **Walk & Talk with RTH Executive Director Karen T. Gately**

Date: October 18<sup>th</sup> / November 15<sup>st</sup>

Time: 11:00am - 12:00pm

Where: Meet at RTHCC Lobby

Age: All ages

Cost: Free

Join Karen on a walk around the neighborhood - Learn something new about your community and upcoming opportunities being offered at RTH!

***RAIN OR SHINE - Dress for the Weather!***

### **Francis Street Garden**

Hours: Daily 7:00am to Sunset

The Francis Street Garden, located at 42 Francis Street is reopening! The garden is designed for the community's quiet enjoyment.

The garden now has a keypad to enter a code to access the Garden. If you are visiting the Garden for the first time, please call your Management Office for the code.

To ensure a safe and enjoyable experience for all of our guests, please respect our neighbors by following these guidelines:

- All ages are welcome
- Please show common courtesy to fellow guests by not using profanity or engaging in unsafe, illegal, disruptive, or offensive behavior
- This a smoke free zone. Enjoy the clean air
- Alcoholic drinks and illegal substances are not allowed
- For your safety, please don't bring glass containers into the garden
- Pets, except service animals, are prohibited
- Please leave the garden as you found it and take all your trash with you

Thank you for your cooperation & enjoy the garden!

### **RTH Committees and Volunteer Opportunities**

Looking for an opportunity to become involved in your community? What skills or interest would you like to share? We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work. Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings.

## Fresh Truck Mobile Truck

Date: Wednesday

Time: 3:00pm - 6:00pm

Where: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most. Please stop by our truck to purchase fresh fruits and vegetables for you and your family to enjoy. If you would like to participate in the [Fresh Truck Lottery](#), please stop by Levinson Tower by 1:25pm on Wednesdays.

### NEW Fresh Truck Online ordering

You order fruits and vegetables online and pick up on Wednesdays between 3pm and 6pm. Please call Laura Adams at (617) 232-4306 ext. 700 if you are interested in ordering online from Fresh Truck.



TUESDAY, NOVEMBER 2<sup>ND</sup>  
7:00am to 8:00pm

TO FIND OUT YOUR POLLING LOCATION  
AND FOR MORE INFORMATION, GO TO

<https://www.boston.gov/voting-boston>

**MAKE YOUR VOICE HEARD  
YOUR VOTE COUNTS!**

## Trinity Management Quick Recertification Tips



### *Old Neighborhood And Mosaic*

[cvalencia@trinitymanagementcompany.com](mailto:cvalencia@trinitymanagementcompany.com)

Office Phone: 617-232-5910

### *Mission Park*

[contactus@missionpark.com](mailto:contactus@missionpark.com)

Office Phone: 617-566-0707

- All Annual Recertification interviews will be conducted by phone. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- Appointments in the office are only made for signing the new rents (leases).
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owe, missing documents, status of your certification, Rent Café, please call or email the office.
- Residents are responsible to provide the necessary documentation to complete their certification.
- Communication with the office can be by walk in, phone, email, or fax.

# Community Education and Job Training

## Learn bike mechanics and cycling safety!

**Onsite at RTH - basic bike repair workshops taught by experienced bike mechanics**

For youth and adults who are interested in acquiring basic bike mechanics skills while learning about bike safety, proper helmet fitting, and gaining urban cycling skills and experience while exploring the bike paths of Boston

When: Saturdays 11:00am - 1:00pm **ONGOING Youth Bike Club** and community riders

### Meet at the halfcourt in Mission Park

- Mandatory bike safety checks before rides ABC-air, brakes, chains. All riders must wear helmets.
- All youth must have a signed permission slip from parent or guardian

When: Saturdays 2:00pm - 3:00pm Bike repair workshops

- October 23<sup>rd</sup> - learn to fix a flat
- October 30<sup>th</sup> - learn to adjust bike chain
- November 6<sup>th</sup> - learn to adjust bike brakes
- November 13<sup>th</sup> - learn to true a wheel

**This program is free, space is limited.** Don't have a bike? We have a limited number of bikes to loan out, register early to reserve a bike. We also have a limited selection of new youth helmets available for FREE

## Mandarin Classes for Youth - online ZOOM

When: September 26, 2021 - June 19, 2022

Time: Sundays 2:30pm to 4:00pm

### **Enrollment is still open. Enroll today!**

Two levels - beginners and intermediate/advanced (by permission of instructors)

Grades 1- 7

\$150 tuition plus \$20 class materials fee - RTH residents

\$175 tuition plus \$20 class materials fee - non-residents

All fees paid by check or money order only. Contact [xzhou@roxburytenants.org](mailto:xzhou@roxburytenants.org) to register or pick up application at the RTH Resource Center

## Sewing with Julia

**Learn to Sew! Sewing for Adults & Mature Teens**

Date: Cycles start every 10 weeks. Ongoing.

Time: 6:30pm - 8:30pm all classes

Where: Flynn Kitchen

Cost: \$25 RTH residents; \$50 Mission Hill residents; \$150 non-residents

Mondays Beginning Sewing Next class starts Oct 18<sup>th</sup>

Tuesdays Techniques (Intermediate) TBA

Fridays Ongoing - *by permission of instructor*

- Learn the basics of how to use a sewing machine, how to read a pattern, and how to create simple garments in our beginner's class.
- Practice and learn how to add a zipper, measure for curtains, make pillows, etc. in part 2-techniques class
- Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop
- Use our machines or bring your own.
- Classes are limited to 6 due to COVID social distancing recommendations
- Fee paid by check or money order at registration

## Learn and Earn Adult Internship

Ages: Adults 18 +

This 12-week program provides a quality work experience that will help you prepare for entry level jobs or gain seats in programs such as Training, Inc, BEST Hospitality, and Jewish Vocational Services.

Interns earn a \$200 stipend per month working 10 hours per week in an RTH program department. Opportunities include package delivery, program and event set up, office help and desk coverage, and more. Program placements are limited during the COVID, but there are still some exciting opportunities! Email Roxanne [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) for an application or more information

*Now is a great time to begin or continue your studies.  
Don't let COVID slow your pursuit of learning and  
practicing new skills!*

### **RTH/BWH Believe and Achieve Scholarship**

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level).

Applications are available at the RTH Resource Center (former Library & Computer Center, Duggan Building), the RTHCC Welcome Desk, or by contacting Roxanne at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) if you would like an application emailed to you.

### **ESOL - English for Daily Living**

Date: October 14<sup>th</sup> - December 30<sup>th</sup>  
Tuesdays Oct 12, 19, 26; Nov 2, 9, 16, 23, 30;  
Dec 7, 14  
Thursdays Oct 14, 21, 28; Nov 4, 18; Dec 2, 9,  
16, 23, 30  
Time: 7:30pm - 9:00pm  
Where: RTH ASP Green Room  
Ages: Adults 18 +  
Cost: FREE, registration required (Class limited to 8)

Learn and practice practical English that will help you navigate doctor's office visits, grocery shopping, calling for appointments, making inquiries or placing work orders, etc.

Email [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) or call RTH Resource Center 617-232-4306 ext. 601 to enroll

### **ServSafe Food Handlers Certification Classes**

Date: Online class. To be arranged individually. Class & test typically take 2- 3 hours to complete.  
Time: Online modules completed at student's convenience

Age: 16 +

Cost: Residents: \$10 refundable fee (upon receiving certificate), Available in English, Spanish, and Chinese

Do you want to work in a restaurant or for a catering service? The ServSafe certification is for you!

The ServSafe Food Handler program covers five key areas:

- Basic food Safety
- Personal Hygiene
- Cross-contamination & Allergens
- Time & Temperature
- Cleaning & Sanitation

RTH requires all staff and volunteers who serve or prepare food for or at community events to have this training. The class and certification is free if you are a volunteer or Community Events Committee member. Note that ServSafe courses are offered online only. If you need computer or internet access, we are happy to arrange computer access time for you at the Resource Center. Email [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) or call the Resource Center 617-232-4306 ext. 601 to enroll.

### **Homework Help**

When: Monday - Friday throughout school year except BPL school vacations

Time: 4:00pm - 6:00pm

Where: ONLINE

Grades: 1- 8

Cost: Free for RTH residents

ZOOM classroom Link is provided upon registration. Registration, which includes basic information about student's academic needs, is required. Register at RTHCC Desk Tutors from local colleges help students complete homework online in a virtual ZOOM classroom Carmen Torres at [ctorres@roxburytenants.org](mailto:ctorres@roxburytenants.org) or (617) 232-4306 ext. 206

# ***Education & Resource Center (ERC) at the Betty Powers Library and Computer Center***

## **The RTH Resource Center**

When: Monday-Friday, Open Access 9:00am - 6:00pm;  
Saturdays 9:00am - 12:00pm; Saturdays 1:00pm -  
5:00pm

Offering faxing, coping & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH residents - all ages.

Resident Services staff are available to translate letters and help fill out forms Saturdays 9:00am - 12:00pm. Computer and internet access 2-hour blocks of time may be reserved by appointment. Patrons must wear a mask and practice social distancing while in the center. Walk-ins will be turned away if the center is at capacity - avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

## **Learn to ZOOM! Everyone is doing it!**

Who: Small classes (6 maximum); Masks required  
Age: 18+  
Morning session - Tuesdays, starting November 9<sup>th</sup> 10:00am - 11:00am  
Afternoon session - Thursdays, starting November 18<sup>th</sup> 1:00pm - 2:00pm

Shop online for groceries (and just about everything else!), visit your doctor via telehealth & telemedicine services, fill prescriptions, visit family & friends, attend classes, committees, and community meetings...and more! Register by calling 617-232-4306 ext. 601 or at Resource Center Desk

## **Saturday is Smartphone Day!**

When: Saturdays Oct 23<sup>rd</sup>, Nov 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, December 11<sup>th</sup>  
Time: 1:30pm  
Age: 18+

**Smartphone Basics.** Learn to set up and maintain your phone, use the most common functions & features

**Learn to Use QR Codes.** What are QR codes? Quick Response codes are the bar code looking blocks you see everywhere- including RTH flyers. Learn to use your smartphone to register for RTH classes, activities, and events quickly and conveniently

## **Need a Smartphone?**

Saturday Oct 23<sup>rd</sup>, Nov 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>; December 11<sup>th</sup>  
Time: 9:00am - 12:00pm  
Age: 18+

We will help you apply for a free smartphone with unlimited talk, text, and data with international calling, and 10g hotspot through SAFELINK - a federal program supported by the Emergency Broadband Benefit (EBB) that provides services to eligible customers.

**Don't let COVID slow your pursuit of learning and practicing new skills!**

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at [Bpl.org/online-resources](http://Bpl.org/online-resources)

***Set up an account at BPL.org with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online***

Please contact the Resource Center with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

# *Youth Education & Workforce Development*

## **Learning in Training (LiT) Clubs**

Who: 10-17 year olds

When: Oct. 18<sup>th</sup> - Dec. 16<sup>th</sup>

Clubs meet once a week and youth earn a monthly stipend for their work, learning skills and taking on leadership in the clubs. School-year calendar of session dates is available when youth apply.

- Cooking Club
- Sewing Club
- Outdoor Adventure Club
- Garden Club
- Bike Club
- Computer/Tech Club
- Other suggestions are welcome!

Applications accepted on a rolling basis, clubs accept 6 youth in each session. Details will be shared in the interview! (schedule may change) Apply by October 15<sup>th</sup> for the fall session at: <https://bit.ly/rthyouthwork2021>

## **F.Y.R.E. Initiative**

Who: 6-9<sup>th</sup> grade girls

When: Oct. 20th - Jan. 14th, Wednesdays 4:30pm - 5:30pm on Zoom

Online weekly Leadership Circle where girls learn about and discuss collective power, conflict resolution, and transformational social change (partner with YW Boston.) Youth who complete the 12-week program will receive a stipend. To apply, contact Jen Lewis at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) by October 15<sup>th</sup>

## **Resume-Refresh for School Year Jobs!**

Who: 14-18 year olds

When: October - November between 3:00pm - 6:00pm

Write or refresh your resume with your latest summer work experience! Sign up for a time to update your resume, find out about school-year job opportunities and how to apply Email for an individual appointment [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org)

Also check partner websites directly for application access:

- [www.youth.boston.gov](http://www.youth.boston.gov)
- [www.abcdyouth.net](http://www.abcdyouth.net)

## **Career Exploration Trips**

Who: 14-18 year olds

Visit work settings and get a taste for different career paths!

- Allied Health Careers w/ BIDMC  
December 2<sup>nd</sup> 4:00pm (zoom)

Email [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) to sign up by today.

## **Individual Youth Workforce Coaching sessions**

Who: 14-24 year olds

Individual meeting to connect youth with job trainings, opportunities to work in local businesses or with partner programs, refresh resumes with latest work experience, practice interviewing. Email Jen at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) for an appointment.



# *RTHCC Welcome Center*

Come have your questions answered and learn about all the opportunities available at RTHCC.

## **Reminders**

### **Check-In:**

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

### **FOB Scanning:**

All members aged 13 years and older will need to swipe their FOB at the welcome center desk upon arrival. FOBs are not transferable. Loaning an FOB to another person may result in the loss of membership privileges. Program participants and visitors must sign-in on the attendance roster. Children ages 10-12 years old will get an access keycard.

### **Access Keycard 10-12 years old:**

All members aged 10-12 years old will get an access key card instead of an FOB key. All members ages 10-12 years old will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

### **Visitors and Guests:**

RTHCC currently does not allow visitors and guests.

### **Locker Rooms (day use only):**

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

### **Dress Code:**

Appropriate athletic clothing is encouraged. Street clothing, street shoes, open-toe shoes/sandals, and barefoot are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

### **Inclement Weather:**

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

### **Food/Drinks:**

Only allowed in designated areas.

# *Health & Wellness*

## **Fitness Orientation**

Date: By Appointment scheduled at the Welcome Desk or call (617)232-4306 ext. 200  
Ages: 13+

This is a new required safety standard for all those using the Fitness Center. We want to ensure the safe use of equipment as well as identify needs of the participants in order to help us better meet your needs as well as design programs to improve your overall fitness level in the most effective way possible.

The Fitness orientation will include a series of tests which assess the five components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information will be used by staff to design and help you implement an exercise program to best meet your goals. Assessment data will be tracked to help you track your fitness journey.

## **Healthy Moves**

When: October 13<sup>th</sup> - December 20<sup>th</sup>  
Date: Monday, Wednesday, Friday  
Time: 10:00am - 11:00am  
Where: RTHCC Foyer  
Age: 55+

This exercise program was developed for seniors to enable them to stay healthy and fit. We will work on improving strength, endurance and flexibility. Included is a pre and post assessment to help track your progress. There is a key socialization component as well, which helps enable seniors to remain interactive with their peers. At the end of each session, we will have a celebration luncheon. Each participant will receive a certificate and a special prize.

## **Zumba Gold**

Date: Wednesday  
Time: 5:30pm - 6:10pm  
Where: RTHCC Studio  
Age: 55+

Zumba Gold is a lower-intensity version of the typical Zumba class and was designed to meet the anatomical, physiological and psychological needs of seniors. Perhaps Zumba Gold will provide a suitable option for older adults seeking alternative means of reaching their exercise goals.

## **Zumba**

Date: Wednesday  
Time: 6:15pm - 7:00pm  
Where: RTHCC Studio  
Age: 16+

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training - alternating fast and slow rhythms - to help improve cardiovascular fitness.

### **Muscle Work**

When: October 14<sup>th</sup> - December 16<sup>h</sup>  
Date: Thursday  
Time: 6:00pm  
Where: RTHCC Studio  
Age: 16+

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

### **Tabata**

When: October 12<sup>th</sup> - December 14<sup>h</sup>  
Date: Tuesday  
Time: 6:00pm  
Where: RTHCC Studio  
Age: 16+

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

### **Functional Performance**

When: October 12<sup>th</sup> - December 14<sup>h</sup>  
Date: Tuesday and Thursday  
Length: 16 sessions  
Time: 12:15pm - 1:00pm  
Where: RTHCC Wellness Floor  
Age: 55+ (Capacity: 8)

This is an 10-week, twice a week progressive functional training program. Every class will build on the ones before. The goal of this class is to increase performance in activities of daily life. The program focuses on developing stable movement patters, muscular strength, and increased cardiorespiratory fitness. This program encourages seniors to do more than merely workout to live, this program encourages seniors to work out to thrive.

### **G-Squad**

When: October 18<sup>th</sup> - December 20<sup>th</sup>  
Date: Monday and Friday  
Length: 16 sessions  
Time: 10:00am - 11:00am  
Where: RTHCC Wellness Floor  
Age: 16+ Women (Capacity: 8)

This is an 10-week progressive fitness program. It is designed to help kickstart a healthy lifestyle, especially after Covid-19. This program is design to help women reclaim their confidence, build a network, and grow as community through strength training as a team. This program is body positive and inclusive.

### **Ball is Life - Session A&B**

When: October 12<sup>th</sup> - November 4<sup>th</sup> (Session A)  
November 9<sup>th</sup> - December 9<sup>th</sup> (Session B)  
Date: Tuesday and Thursday  
Time: 6:00pm - 6:45pm  
Where: RTHCC Wellness Floor  
Age: Middle School - High School (Capacity: 10)

This is a 4-week strength and conditioning clinic. This clinic is designed for the youth who currently are on their school's basketball team, and for those who desire to make the try out for basketball. The clinic will focus on increasing performance in the areas of speed, power, vertical jump, strength, agility, and fitness. Open to both boys and girls participating in this preseason clinic.



# *Resident Services*

We can assist with a wide range of services and facilitate connection to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

## **Translation & Interpretation Services**

*Flynn Kitchen*

When: Tuesdays, 10:00am - 12:00pm

*Resource Center*

When: Saturdays: 9:00am - 12:00pm

Age: All

Cost: Free

Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

## **Fall 2021 Cleaning Workshops**

Where: Parks Community Building

Cost: Free

Time: 6:00pm - 7:30pm

Dates: Tuesday, December 7<sup>th</sup>: DIY method to clean the oven, refrigerator, and bathtub

Tuesday, December 14<sup>th</sup>: Preparing for unit inspections

Come and shared with other residents about the stress and success you experience with cleaning your units! The series will focus on the task of cleaning the oven, refrigerator, and bathtub. Share tips, ideas, and best kept secrets, while learning to make your own cleaning products. Residents attending two workshops will receive a basket of cleaning supplies! Contact: Marta Franklin, Resident Services Coordinator at 617-232-4306 ext. 304

## **Bed Bug Workshop**

Date: October 30<sup>th</sup> (*Chinese*)

Time: 1:30pm - 2:30pm

Place: Flynn Kitchen

Date: December 4<sup>th</sup> (*English*)

Time: 1:30pm - 2:30pm

Place: Flynn Kitchen

Learn how to identify these pesky hichhikers and what to do if you have get them. You will learn how to prep for a treatment and best practices when delaing with your personal items. Space is limited to the first 15 residents to sign up. For more information, contact: Jingming Feng at [jfeng@roxburytenants.org](mailto:jfeng@roxburytenants.org) or (617) 232-4306 ext. 305

## **Resident Services Coffee Hour**

Age: All

Cost: Free

Dates: *Thursday, October 21<sup>st</sup>*

Francis Street Garden 3:00pm - 4:00pm

*Thursday, October 28<sup>th</sup>*

Levinson Building 3:00pm - 4:00pm

*Thursday, November 4<sup>th</sup>*

Neville Building 3:00pm - 4:00pm

*Thursday, November 18<sup>th</sup>*

Duggan Building 3:00pm - 4:00pm

*Thursday, December 2<sup>nd</sup>*

Mosaic Building 3:00pm - 4:00pm

*Thursday, December 9<sup>nd</sup>*

Flynn Building 3:00pm - 4:00pm

Please come and join us at our coffee hours at our different buildings and meet our Resident Services Staff and learn about new programs and benefits and how we can assist you. We will have information about services at our table.

### **RTH Boys Youth Groups**

When: October 5<sup>th</sup> - November 9<sup>th</sup>

When: Tuesday, 5:00pm - 6:30pm

Where: Parks Community Room

Age: 8-12 yrs old

Cost: Free

A fun and supportive youth group for teenage boys focusing on social and emotional development. Youth will begin to learn and practice age-appropriate life skills in a safe space which include:

- Job Readiness
- Leadership
- Advocacy and Community Agency
- Self-Care / Sexual Health
- Health & Wellness Awareness
- Problem-Solving
- Health & Wellness

Setup for group will comply with all state mandated COVID standards issued by the Commonwealth. For more information, contact: Korrey Lacey-Buggs, Life Skills Specialist at [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or (617) 232-4306 ext. 310

### **RTH Teen Groups**

#### **Boys**

October 7<sup>th</sup> - November 18<sup>th</sup>

Thursday: 5:00pm - 6:30pm

Where: Parks Community Room

Age: 13-17 yrs old

Cost: Free

#### **Girls**

October 4<sup>th</sup> - November 8<sup>th</sup>

Monday: 5:00pm - 6:30pm

Where: Parks Community Room

Age: 13-17 yrs old

Cost: Free

A fun and supportive teen group for teens to focus on social and emotional development. Teens will begin to learn and practice age-appropriate life skills including but not limited to:

- Job Readiness
- Leadership
- Advocacy and Community Agency
- Self-Care and Health Awareness
- Problem-Solving and Much More!

Setup for group will comply with all state mandated COVID standards issued by the Commonwealth. For more information, contact: Korrey Lacey-Buggs, Life Skills Specialist at [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or (617) 232-4306 ext. 310

### **Join Us at Parent Café**

Age: Adults

Cost: Free

Dates: Tuesday, October 19<sup>th</sup> - December 14<sup>th</sup>

Time: 5:30pm - 6:30pm

Place: Flynn Conference Room

An evening with parents and caregivers to talk about the challenges and victories of raising a family. Small meal & childcare provided. For more information, contact: Korrey Lacey-Buggs, Life Skills Specialist at [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or (617) 232-4306 ext. 310

# Senior Services

## Seniors

We want to hear from you! What ideas do you have for daytrips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700 or drop by the Senior Drop-in Center, Flynn 7<sup>th</sup> floor.

## Annual Flu-Shot Clinic

When: Wednesday, October 20<sup>th</sup>  
Time: 10:00am - 12:00pm - **SENIORS**  
Where: Levinson Plaza - Rain or Shine!

The flu vaccine is recommended for everyone 6 months of age and older. The single best way to avoid getting sick with seasonal flu and spreading the virus to others is to get the annual influenza vaccine. Vaccination is particularly important for people who are at higher risk of developing serious flu complications such as adults who are over 65 years old, or have chronic conditions such as asthma, heart disease or diabetes. Appointments are scheduled in 15-minute blocks.

Please call the RTHCC at (617) 232-4306 ext. 200 to book your appointment.

## Senior's Mystery Trips

Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a new destination. It's a great opportunity to meet new people and have fun with the ones you already know. The destination might be a mystery, but we promise, it will be worth the trip.

## October

Date: Wednesday, October 13<sup>th</sup>  
Time: 11:00am  
Hint: Water  
Cost: \$12.00

## November

Date: Wednesday, November 17<sup>th</sup>  
Time: 9:30am  
Hint: Thankfulness  
Cost: \$25.00

## December

Date: Wednesday, December 8<sup>th</sup>  
Time: 11:00am  
Hint: Holiday Spirit  
Cost: \$15.00

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

## Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

## Various Locations:

### *Joy Luck Club, Chinese language focus*

Date: 1<sup>st</sup> and 2<sup>nd</sup> Friday of the month  
Time: 1:00pm & 3:00pm  
Where: Flynn kitchen, 1<sup>st</sup> floor

Please call the RTHCC at (617) 232-4306 ext. 200 to register for Joy Luck Club chat. The deadline to sign up is 2 days in advance of the chat.

### *Russian Tea Room, Russian language focus*

Date: 2<sup>nd</sup> Thursday of the month  
Time: 5:00pm  
Where: Parks Community building

Please call the RTHCC at (617) 232-4306 ext. 200 to register for Russian Tea. The deadline to sign up is 2 days in advance of the chat.

### *Chit Chat Meeting, English language focus*

Date: 2<sup>nd</sup> Tuesday of the month  
Time: 1:00pm  
Where: Senior Drop-In Center

Please call the RTHCC at (617) 232-4306 ext. 200 to register for Chit Chat. The deadline to sign up is 2 days in advance of the chat.

### *Spanish Chat Meeting, Spanish language focus*

Date: 3<sup>rd</sup> Friday of the month  
Time: 12:00pm  
Where: Flynn Kitchen, 1<sup>st</sup> floor

Please call the RTHCC at (617) 232-4306 ext. 200 to register for Spanish chat. The deadline to sign up is 2 days in advance of the chat.

### **Taxi Coupons**

Date: 1<sup>st</sup> Tuesday of the Month

Time: 12:00pm

Where: Flynn Kitchen, 1<sup>st</sup> floor

Age: Seniors, 60 +

Cost: \$5.00 for \$10.00 worth of coupons. 2 book limit

Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of two books of taxi coupons per month. It is a great idea to have a few books handy in case of an emergency.

### **Senior Monthly Shopping Trips**

#### *Market Basket*

When: Monday, October 18<sup>th</sup>, November 1<sup>st</sup> and 15<sup>th</sup>,  
December 6<sup>th</sup> and 20<sup>th</sup>

Time: 9:30am

Where: Meet in Levinson Tower lobby at 9:20am

Cost: Free

#### *Chinatown Shopping*

When: Thursdays, October 14<sup>th</sup> & 28<sup>th</sup>; Wednesdays  
November 10<sup>th</sup> & 24<sup>th</sup>; Thursday, December 9<sup>th</sup>, 23<sup>rd</sup>

Time: 10:00am

Where: Meet in Levinson Tower lobby

Cost: Free

#### *Kam Man Supermarket Quincy, Ma*

When: Thursdays, October 21<sup>st</sup>, November 18<sup>th</sup>, and  
December 16<sup>th</sup>

Time: 10:30am

Where: Meet in Levinson Tower lobby

Cost: Free



### **Bingo**

Monday 2:00pm Senior Drop-In Center

Thursday 2:00pm Senior Drop-In Center

Come early buy your Bingo cards grab a good seat and hang out with your friends. *No admittance into Bingo after 2:15 pm*

### **Arts and Crafts**

Date: Wednesdays

Time: 11:30am - 1:30pm

Where: Flynn kitchen, 1<sup>st</sup> floor

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes are effective ways to reduce stress and maintain a healthy brain.

### **Halloween Crafts Workshop**

Date: Wednesday, October 20<sup>th</sup>

Time: 11:30am

Where: Flynn kitchen, 1<sup>st</sup> floor

Cost: Free

Limit: 10 people

***Do you love Halloween?*** Are you feeling creative and festive? Come join us in making a Halloween Craft! Please register by Wednesday, **October 13<sup>th</sup>**.

### **Senior Thanksgiving Luncheon**

Date: Tuesday, November 23<sup>rd</sup>

Time: Delivery begins at 12:00pm

Cost: Free for seniors

Due to the pandemic, festivities will be different this year, but RTH still wants to celebrate Thanksgiving with you. To ensure you have a more joyful holiday, RTH will deliver a traditional Thanksgiving meal to seniors who request one. Meals will be delivered on Tuesday, November 23<sup>rd</sup>, between 12:00pm - 3:00pm. ***You must be home to receive your holiday meal. To sign up, please register by Wednesday, November 17<sup>th</sup> at 4:00pm.***

**Holiday Craft Workshop**

Date: Wednesday, December 15<sup>th</sup>

Time: 11:30am

Where: Flynn 1<sup>st</sup> floor

Let's get into the holiday spirit together making crafts. Lots of good cheer will be spread while making your masterpiece.

Keep for yourself or give as a gift. Please register with the Welcome Desk (617) 232-4306 ext. 200 by Wednesday, December 7<sup>th</sup>

**Holiday Treats**

On Tuesday, December 21<sup>st</sup>, the Resident Services and Senior Services Departments will be delivering holiday treats to the Senior households. We miss not being able to celebrate in person with you, and this is our way of letting you know, we are here for you. You and your families are in our thoughts and wanted to remind you we are in this together.



# *Family Programs*

## **Halloween**

Date: Saturday, October 30<sup>th</sup>

Time: 5:30pm - 7:30pm

Where: Levinston Plaza

Grab your costumes and get ready for a fang-tastic night at RTH! trick-or-treating & a kids costume contest - complete with candy, mini pumpkins and prizes for the best costumes to celebrate this spooky season.

***Pre-Registration required.***

## **Cookies With Santa**

Date: December 8<sup>th</sup>

Time: 5:00pm - 7:00pm

Where: Kempton Park

Ages: 0-12 with an adult over 18

This exclusive event is the chance of a lifetime for little ones to spend some holiday quality time with the jolly guy himself. Children will enjoy delicious fresh baked cookies and hot cocoa while visiting with Santa. Garden “elves” will be on hand to help children create a special gift for someone on their list. A photographer will be available to capture this precious moment.

***Pre-Registration required.***

## **Disney On Ice: Dream Big at Agganis Arena**

Date: December 2021 TBA

Where: Boston University Agganis Arena

Ages: 12 & under with an adult over 18

Cost: Residents \$20.00/Non-Residents \$40.00

Transportation on your own. Tickets go on sale **November 1<sup>st</sup>** At RTHCC Front Desk.



# *Teen Center*

## **Teen Center Drop-in Hours**

The Teen Center offers drop-in recreation to RTH teens during our daily operational hours. Drop-in activities include the use of our game room, (open gym times vary as well as our computer lab which has high-speed internet and is open and staffed during designated hours. We encourage ALL teens to stop by and enjoy our outstanding facility. **See details below**

## **Academic Homework Support**

Monday-Thursday 4:00pm - 6:00pm

## **Teen Center Computer Lab Hours**

Monday-Thursday 3:30pm - 6:00pm

## **Game Room Hours**

Monday-Thursday 5:00pm - 6:00pm

## **Middle School Program**

Parent and Youth Info and Registration meeting:  
Tuesday, October 26<sup>th</sup> at 5:00pm  
Where: RTH Teen Center  
Ages: Youth in 6, 7, or 8<sup>th</sup> grades  
Cost: N/A

Open to middle school youth, this program provides homework support, workshops, relationship-building, and vacation week activities during the school year, 3:00pm - 6:00pm, Monday-Friday.

## **Teen Half Court**

Date: Mondays and Wednesdays  
6:00pm - 6:45pm  
Date: Tuesday and Thursday  
5:30pm - 6:45pm

Where: RTHCC Gymnasium  
Age: 13-17 yrs. old

Attention teenagers, are you looking for something to do? Get together with your friends for pick-up games of basketball.

## **RTH Teen ONLY Night Out**

Date: Fridays  
Time: 5:30pm - 9:45pm  
Where: RTHCC Gymnasium  
Age: 13-17 yrs. old  
Cost: Free

Come hear about resources, shoot around on the basketball court, play games, listen to music, and hang out with friends, and eat tasty, yummy healthy food!

# *Sport Programs*

## **Fun Fit Kids**

Date: Sundays  
Time: 10:30am - 11:15am  
Age: 6-12 yrs. old

Fun movement-based class, there will be exercises, challenges, relays, and games.

## **Taekwondo**

Date: Ongoing, Sundays  
Where: RTHCC Gym  
Age: 4-6 yrs. old - 11:30am - 12:15pm  
7+ yrs. old - 12:30pm - 1:15pm  
Cost: RTH Resident - Free/Non-Resident - \$25.00

Whether your kid is bursting with energy or shy in most social situations, martial arts can go a long way toward developing qualities and habits in your young ones that can last a lifetime.

## **Learn to Swim Program**

Date: October 28<sup>th</sup> - December 22<sup>nd</sup>  
Where: YMCA (Huntington Ave.)  
Age: All ages  
Cost: RTH Resident - \$15.00

Safety first! Learn to swim lessons for all at one of the partnering pools. Contact Welcome desk to register.

## **Ping Pong**

Date: Monday, Wednesday and Friday  
Time: 7:30am - 9:00am  
Where: RTHCC FOYER  
Age: 18+

Play pick-up Ping-Pong anytime with your friends or family

## **Pee Wee Skills & Drills Basketball**

Date: Mondays  
Time: 5:00pm - 5:45pm  
Where: RTHCC Gymnasium  
Age: 3-5 yrs. old (parent/guardian must attend)  
Cost: RTH Resident - Free/Non-Resident - \$10.00

Dribbling, passing, shooting rebounding, and defensive skills will be taught while having fun.

## **Youth Skills & Drills Basketball**

Date: Mondays and Wednesdays  
Time: 6:00pm - 6:45pm  
Where: RTHCC Gymnasium  
Age: 6-12 yrs. old  
Cost: RTH Resident - Free/Non-Resident - \$10.00

Dribbling, passing, shooting, rebounding, and defensive skills will be taught will have fun along with an actual game.

## **Traditional Chinese Dance (TCD) for Children**

Date: Sundays, October 17<sup>th</sup> - December 19<sup>th</sup>  
Time: 10:30am - 12:00pm  
Where: RTHCC Studio  
Age: 6-12 yrs. old  
Cost: RTH Resident - \$5.00/Non-Resident - \$10.00

A cultural art that expresses harmony, elegance, and fluidity through movement. It is for everyone that wants to work on flexibility and learn traditional Chinese dance techniques. Youths will learn to work together to create performances that show the beauty of this cultural dance.

## **Adult Moonlight Pickup Basketball Games**

Dates: November: 5<sup>th</sup>, 22<sup>nd</sup> / December: 3<sup>rd</sup>, 17<sup>th</sup>  
Times: 10:00pm-11:45pm

Must register 24 hours before program start date, requires 12 participant minimum.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PRESCHOOL LEARNING EXPERIENCES

## Boston Universal Pre-Kindergarten

The RTH Early Education Center is providing comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. This Classroom will use the BPS Focus on K1 Curriculum and the Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with an option of fee based extended day.

Spaces are limited: Apply today!

### HOW YOU QUALIFY:

- Children must be 4 years old prior to September 1<sup>st</sup>
- Live in the city of Boston

### WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency

- **All Vouchers Accepted**



### RTH Early Education Center

82 Fenwood Rd. Boston MA. 02115

### Contact:

Program Director – Brenda Powers [bpowers@ymcaboston.org](mailto:bpowers@ymcaboston.org)  
617 851 8226

YMCA OF GREATER BOSTON  
[ymcaboston.org](http://ymcaboston.org)

## The RTH After School Program ASP 2021-2022

*Accepting Enrollments for Children ages 5-12, K2-5th grades*

The RTH After School Program (ASP) is licensed as a School-Age Child Care program through the Massachusetts Department of Early Education and Care (EEC) and serves the needs of children 5-12 years. Our Program provides a safe, fun, friendly place for children with a wide variety of age-appropriate activities that promote learning and fun in an atmosphere where respect, teamwork, and a sense of community are valued. The mission of the RTH After School Program is to strengthen the academic achievement, social skills, and leadership development of school-age children from our diverse community.

Our program challenges the imagination, creativity, self-directed initiative in all children through activities that allow them to express their talents through exciting enrichment activities, in science, computer, literacy, and math. Arts and crafts, cooking, sports and games, special guests, and field trips are all part of the fun. A healthy snack, dinner, and homework assistance are offered each day. Committed to promoting positive values, the RTH Afterschool program will provide a safe environment for your child and give you peace of mind during those after-school hours or vacation weeks when you need quality care for your child.

A full-day program for school vacation is available for students.

Priority enrollment is given to RTH residents. Children must be enrolled in K2-5th grades and ages of 5-12-year-old to participate.

RTH Resident Fees	\$30.00 weekly fee
Sibling rate for Residents only/half price for a second child	\$15.00 weekly fee

### **Vacation Weeks:**

#### **December:**

Closed: Friday, Dec 24<sup>th</sup> and Friday, Dec. 31<sup>st</sup>

Program Date: December 27<sup>th</sup> - 30<sup>th</sup>

*Application available on Monday, November 29<sup>th</sup>*

#### **February:**

Closed: Monday, Feb 21<sup>st</sup> (President's Day)

Program Date: February 22<sup>nd</sup> - 25<sup>th</sup>, 2022

*Application available on Monday, January 31<sup>st</sup>, 2022*

Vacation Fee: RTH Residents Fee: \$50.00/half price for sibling \$25.00

For more information or to sign up, contact: Afterschool Program Site Coordinator, Ms. Xue at [xwu@roxburytenants.org](mailto:xwu@roxburytenants.org) or (617)232-4306 ext. 402

# *Employment Opportunity - Part Time*

## **Community Liaison**

### **General Duties**

Responsible for RTH community outreach: raising resident awareness of RTH programs and opportunities, working to increase positive changes, building relationships and community. Opportunities will be available in Aging Well at RTH, Civic Engagement, Education, and Job Training program.

### **Qualifications**

- Strong communication skills
- Willingness to work on a flexible schedule
- Good organization and time management skills
- CPR/AED & First Aid certified within 6 months of hire

### **Confidentiality**

All information obtained by the Community Liaison while on assignment shall remain confidential. A Community Liaison must not divulge any information obtained during his/her services, including access to documentation or reports. He/she should not disclose/discuss or offer opinions on any information accessed through the course of work unless required by law. Furthermore, he/she must not use information obtained in the course of his/her work for personal, professional or financial advantage.

### **Professional Courtesy**

The Community Liaison shall provide excellent customer service at all times. He/she shall uphold a professional demeanor, be courteous and use the tone of voice appropriate to the situation. A Community Liaison may not engage in any service or activity without the permission of their supervisor.

**Wage:** \$15 per hour

Employment applications are available in the Resident Services office or email: Scott Amaral, Director of Resident Services [samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) or 617-232-4306 ext. 306

# *Employment Opportunity - Part Time*

## **RTH Community Center**

- **Welcome Center Attendant**
  - Performs customer service functions; greets visitors and ascertains nature of visit; provide visitors with directions to various destinations; and conduct tours.
- **Basketball Court Monitors**
  - Oversee athletic facilities, including participants and equipment, as well as assisting with sports classes. ensuring the emphasis in RTH sports programs is always on participation, inclusion, fun and fair play.
- **Teen Center Counselors**
  - Helps develop, plan, and implement high-quality youth leadership programming for 13 to 17-year-old youth that promotes community-building, and teamwork.
- **Wellness Floor Staff**
  - Personal training certification, and/or have exercise physiology Physical Therapist background, FA/CPR/AED certification through Red Cross or American Heart Association.
- **Group Exercise Instructors**
  - Current certification through a national certifying organization FA/CPR/AED certification through Red Cross or American Heart Association.

## **RTH Afterschool Program and Summer Enrichment Program (ASP/SEP)**

- **Afterschool Counselors, EEC**
  - Help develop, plan, and implement high-quality educational and enrichment programming for children 5-12; monitor students to ensure safety and well-being.

### **Employment Application:**

Submit resume and cover letter by **October 31<sup>st</sup>** to Nichelle Jenkins, Welcome Desk Coordinator, [njenkins@roxburytenants.org](mailto:njenkins@roxburytenants.org) or 617-232-4306 ext. 200

# *Employment Opportunity - Part Time*

## **Mailroom Assistant**

Roxbury Tenants of Harvard (RTH) is seeking motivated and energetic persons 16 plus years old to assist Securitas with mailroom duties. Mailroom Assistants will work in the fast-paced Security mail center, providing security personnel assistance in the receiving, processing, storing and delivering of packages to residents. Hours are available Monday through Friday 3:00 pm to 6:00 pm and weekends. On the job training is provided.

### **Responsibilities**

- Receiving packages from delivery personnel
- Verifying packages are for Mission Park residents
- Recording packages into Easy Lobby system
- Printing labels and storing the packages in the appropriate location within package room
- Delivering package notification notices as required
- Delivering packages as directed by the Security Shift supervisor

### **Qualifications**

- Attention to Detail
- Good communication skills
- Positive and welcoming attitude with good customer service skills
- Ability to work in a fast-paced environment
- Possess organizational, time management and problem-solving skills
- Basic computer and data entry skills
- Ability to lift up to 50 lbs. as required
- CPR/AED & First Aid certified within 6 months of hire

**Wage:** \$15 per hour

Employment applications are available in the RTH Resource Center or email [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) or more info. Interested parties should submit a completed application to:

RTH Jobs & Workforce Development Department  
RTH Resource Center  
25 Mission Park Drive  
Boston, MA 02115  
Phone: (617) 232-4306 x 600



# *Employment Opportunity - Per Diem*

## **Senior Services Department - Liaison**

The Senior Services liaison responsibilities include, but are not limited to:

- Coordinating Senior Trips
- Assisting with Senior Services events
- Assisting in and leading Senior programs and activities
- Greeting and assisting residents and others when arriving to the office
- Delivering letters, packages, and other various items to residents
- Filing and other office related duties

This position requires flexibility, excellent time, management skills and the ability to work independently and be a team member.

### **Employment Application:**

If interested in this position, please submit resume to: Laura Adams, Director of Senior Services, 805 Huntington Avenue, Boston, MA 02115 or email her @ [ladams@roxburytenants.org](mailto:ladams@roxburytenants.org)

# *Employment Opportunity - Full-Time*

## **Aging Well Manager**

### **General Job Description:**

The Aging Well Manager oversees the programs that take place for the senior residents. The goal of this position is to provide and make accessible the services that reflect the desires and needs of older residents that want to age in place.

### **Typical Duties / Responsibilities:**

- Develop, implement, and oversee new and current programs and activities for seniors.
- Prepare promotional materials and correspondence for events/programs.
- Prepare and provide post-activity evaluation data, as appropriate.
- Market events by developing, designing, and distributing flyers, mailing, posters, flyers, newsletters, brochures, and other promotional materials.
- Maintain and updates documentation in a database.
- Remains flexible and completes extra duties as assigned.

### **Requirements:**

- Bachelor of Arts or Science degree; at least 1 year of experience in aging services of similar field.
- Excellent oral and written communication, organization.
- Knowledge of issues concerning older adults.
- Strong written and verbal communication skills.
- Basic computer skills, including Microsoft office suite and excel.
- Ability to gather data, compile information, and prepare reports.
- Serious commitment to healthy aging, community building, affordable housing, and community service.
- Ability to work successfully in a racially and ethnically diverse community environment.

### **Work Schedule:**

Fulltime; Must be able to work nights and evenings Bicultural, bilingual speakers are encouraged to apply.

### **Employment Application:**

If interested in this position, please submit resume to: Laura Adams, Director of Senior Services, 805 Huntington Avenue, Boston, MA 02115 or email her @ [ladams@roxburytenants.org](mailto:ladams@roxburytenants.org)

# *Employment Opportunity - Full-Time*

## **Resident Services Manager**

### **Mission:**

The Resident Service Manager's (RSM) mission is to enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary. The RSM is committed to working with people in a way that is nonjudgmental, non-intrusive, confidential and that promotes resident empowerment autonomy and dignity. The RSM promotes safe living environments and encourages the growth of community to better meet the needs of individual residents in housing communities. The RSM is an intricate part of the housing and property team and plays a critical role in the overall positive maintenance of the property for the enjoyment of its residents and the respect of its neighbors.

### **Goals:**

Following established professional standards of practice and code of ethics, the RSM works to:

- Increase the ability of residents to uphold lease obligations (timely rent payments, proper unit maintenance and quiet and peaceful enjoyment of the property for residents and neighbors).
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents.
- Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.
- Recruits, trains and supervise the Resident Services Coordinators, Community Liaisons, interns, and volunteers.

### **Qualifications:**

- MSW required, LCSW preferred
- Preferred candidate will be bilingual (Spanish, Russian or Cantonese/Mandarin and English)
- Excellent oral and written communication, organization, and time management skills
- Experience working in an urban, community setting; preferably in housing Experience working with families of diverse ages, races, and abilities
- Strong leadership and community building skills
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Knowledgeable about services available to assist people with a disability, housing, drug or alcohol abuse, domestic violence, or mental health issues.
- Some supervisory experience
- Ability to work in a fast-paced environment
- Possess organizational, time management and problem-solving skills Knowledge of relevant state, federal and local resources, and agencies

### **Employment Application:**

If interested in learning more about this position, submit resume to: Scott Amaral, Director of Resident Services [samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) or 617-232-4306 ext. 306

# *Employment Opportunity - Full-Time*

## **Resident Services - Administrative Assistant**

### **Mission:**

Administrative Assistant duties and responsibilities include providing administrative support to ensure efficient operation of the office. Providing support to the director, manager, and coordinators through a variety of tasks related to organization and communication. Ability to effectively communicate ensuring that all administrative assistant duties are completed accurately and delivered with high quality and in a timely manner. Have the experience and judgment to plan and accomplish goals utilizing a wide degree of creativity and latitude.

Status: Full-time, exempt

### **Qualifications:**

- Excellent time management skills and ability to multi-task and prioritize work. Attention to detail and problem-solving skills. Excellent written and verbal communication skills.
- Strong organizational and planning skills and working knowledge of MS Office.
- High school diploma or equivalent. Ability to work in a fast-paced environment.
- Possess organizational, time management and problem-solving skills.
- Current CPR, AED, and First Aid certifications required.

### **Responsibilities:**

- Answer and direct phone calls in addition to maintaining resident contact lists
- Produce and distribute correspondence memos, letters, faxes, and forms
- Provide general support to residents and visitors
- Ensure operation of general equipment by completing preventive maintenance requirements
- Maintain supplies inventory by checking stock to determine inventory level; placing and expediting orders for supplies; verifying receipt of supplies
- Carry out administrative duties such as filing, typing, copying, binding, scanning and maintain and departmental filing systems
- Welcome new residents and explains the RSC program as well as appropriate and available community resources, programs, and services.
- Attend and participate in staff, programs, events and inter department meetings as directed.

Bilingual applicants preferred. Please forward cover letter and resumes to the contact listed below.

### **Employment Application:**

If interested in learning more about this position, submit resume to: Scott Amaral, Director of Resident Services [samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) or 617-232-4306 ext. 306

# *Employment Opportunity - Full-Time*

## **Bi-lingual English/Cantonese Resident Service Coordinator**

### **Mission:**

The Resident Service Coordinator's (RSC) mission is to enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary. The RSC is committed to working with people in a way that is nonjudgmental, non-intrusive, confidential and that promotes resident empowerment autonomy and dignity. The RSC promotes safe living environments and encourages the growth of community to better meet the needs of individual residents in housing communities.

### **Goals:**

Following established professional standards of practice and code of ethics, the RSC works to:

- Increase the ability of residents to uphold lease obligations (timely rent payments, proper unit maintenance and quiet and peaceful enjoyment of the property for residents and neighbors).
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents.
- Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.

### **Qualifications:**

- Minimum 2 years Human Services or related experience, MSW preferred
- Must be a bilingual Chinese Cantonese speaker
- Excellent oral and written communication, organization, and time management skills
- Experience working in an urban, community setting; preferably in housing
- Experience working with families of diverse ages, races, and abilities Strong leadership and community building skills
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Knowledgeable about services available to assist people with a disability, housing, drug or alcohol abuse, domestic violence, or mental health issues. Some supervisory experience
- Ability to work in a fast-paced environment
- Possess organizational, time management and problem-solving skills
- Knowledge of relevant state, federal and local resources, and agencies

### **Employment Application:**

If interested in learning more about this position, submit resume to: Scott Amaral, Director of Resident Services [samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) or 617-232-4306 ext. 306

# RTH Directory

## Executive Office - Neville House

11 New Whitney Street, 1st Floor

**Karen T. Gately, Executive Director**  
[kgately@roxburytenants.org](mailto:kgately@roxburytenants.org) 617-232-4306 ext. 104

**Gayle Lacroix, Chief Financial Officer**  
[ghlacroix@roxburytenants.org](mailto:ghlacroix@roxburytenants.org) 617-232-4306 ext. 108

**Latoya Cromartie, Payroll Specialist**  
[lcromartie@roxburytenants.org](mailto:lcromartie@roxburytenants.org) 617-232-4306 ext. 101

**Lori Taylor, Senior Administration**  
[ltaylor@roxburytenants.org](mailto:ltaylor@roxburytenants.org) 617-232-4306 ext. 107

**Patricia Haran, Controller**  
[pharan@roxburytenants.org](mailto:pharan@roxburytenants.org) 617-232-4306 ext. 106

**Tara O'Ree, Executive Coordinator**  
[toree@roxburytenants.org](mailto:toree@roxburytenants.org) 617-232-4306 ext. 100

**Juan Castillo-Then, Technology Specialist**  
[jcastillo-then@roxburytenants.org](mailto:jcastillo-then@roxburytenants.org) 617-232-4306 ext. 103

**Jun J. Xu, Technology Assistant**  
[junx@roxburytenants.org](mailto:junx@roxburytenants.org) 617-232-4306 ext. 105

## Resource Center

25 Mission Park Drive

**Front Desk:** (617) 232-4306 ext. 601

**Roxanne Haecker, Director of Community Education & Workforce Development**  
[rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) (617) 232-4306 ext. 603

**Beverly Moss,**  
[bmooss@roxburytenants.org](mailto:bmooss@roxburytenants.org) (617) 232-4306 ext. 601

**Jennifer Lewis, Youth Educational Services & Workforce Development Specialist**  
[jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) (617) 232-4306 ext. 600

## RTH After School Program Recreation Exploration Center

835 Huntington Avenue

**Carmen Torres, Literacy Coordinator**  
[ctorres@roxburytenants.org](mailto:ctorres@roxburytenants.org) 617-232-4306 ext. 401

## RTH Community Center

20A Vining Street

**Welcome Desk:** (617) 232-4306 ext. 200

**May Vaughn, Director of Youth & Family Services**  
[mvaughn@roxburytenants.org](mailto:mvaughn@roxburytenants.org) 617-232-4306 ext. 201

**Chris Mitchell, Health & Wellness Director**  
[cmitchell@roxburytenants.org](mailto:cmitchell@roxburytenants.org) 617-232-4306 ext. 203

**Curtis William, Welcome Desk Administrator**  
[cwilliams@roxburytenants.org](mailto:cwilliams@roxburytenants.org) 617-232-4306 ext. 202

**Kendall William, Program Specialist**  
[kwilliams@roxburytenants.org](mailto:kwilliams@roxburytenants.org) 617-232-4306 ext. 200

**Nichelle Jenkins, Welcome Desk Coordinator**  
[njenkins@roxburytenants.org](mailto:njenkins@roxburytenants.org) 617-232-4306 ext. 200

## Resident Services Parks Community Building

2 New Whitney Street 2nd Floor

**Scott Amaral, Director of Resident Services**  
[samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) / 617-232-4306 ext. 306

**Yelena Piliavsky, Resident Services Coordinator**  
[ypiliavsky@roxburytenants.org](mailto:ypiliavsky@roxburytenants.org) / 617-232-4306 ext. 303

**Marta Franklin, Resident Service Coordinator**  
[mfranklin@roxburytenants.org](mailto:mfranklin@roxburytenants.org) / 617-232-4306 ext. 304

**David Chen, Resident Services Coordinator**  
[dchen@roxburytenants.org](mailto:dchen@roxburytenants.org) / 617-232-4306 ext. 302

**Korrey Lacey-Buggs, Resident Service Coordinator & Life Skills Specialist**  
[klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) / 617-232-4306 ext. 310

## Senior Services, Flynn House

805 Huntington Avenue, 1st Floor

**Laura Adams, Director of Senior Services**  
[ladams@roxburytenants.org](mailto:ladams@roxburytenants.org) / 617-232-4306 ext. 700