



Whats Up Fall 2022

A Roxbury Tenants of Harvard Association publication of Community Events, Services, Family trips, and Upcoming Happenings taking place in your Community!



ROXBURY TENANTS OF HARVARD MISSION STATEMENT

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.



RTH Fall Session Dates (10 Week Session)

Day	Start Session	End Date
Sunday	October 9th	December 18th
Monday	October 10th	December 19th
Tuesday	October 11th	December 20th
Wednesday	October 12th	December 21st
Thursday	October 13th	December 22nd
Friday	October 14th	December 23rd
Saturday	October 15th	December 24th

RTH Holiday Schedule

Please note the following schedule changes for upcoming holidays

Indigenous People Day	October 10 th	Monday	RTHCC 11 am – 7:30 pm
Veteran's Day	November 11 th	Friday	RTHCC 11 am – 7:30 pm
Thanksgiving Day	November 24 th	Thursday	RTHCC Closed
Day after Thanksgiving	November 25 th	Friday	RTHCC 11 am – 7:30 pm
Christmas Eve	December 24 th	Saturday	3 pm Early Close
Christmas Day	December 25 th	Sunday	RTHCC Closed
New Year's Eve	December 31 st	Saturday	3 pm Early Close
New Year's Holiday	January 1 st	Sunday	RTHCC Closed

* Floating Holiday – RTHCC Will open modified hours.

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interest would you like to share?

We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issue of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings. For more information call RTH Executive office at (617)232-4306 x103 or email executiveoffice@roxburytenants.org.

Please leave your name, contact information and the committee, program, event, or area you would like to volunteer.



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RTH EXECUTIVE OFFICES

11 New Whitney Street
 617-232-4306 ext. 100
 Hours of Operation: By Appointment Only
 Mon-Fri 9:00am - 5:00pm

RTH COMMUNITY CENTER

20A Vining Street
 617-232-4306 ext. 200
 Hours of Operation:
 Sunday 10:00am - 9:00pm
 Monday - Thursday 7:00am - 7:00pm
 Friday 7:00am - 9:45pm

MISSION PARK / TRINITY MANAGEMENT

835 Huntington Avenue
 617-566-0707
 Hours of Operation:
 Mon-Fri 9:00am - 5:00pm

RTH PROPERTIES / TRINITY MANAGEMENT

747 Huntington Avenue
 617-232-5910
 Hours of Operation:
 Mon-Fri 9:00am - 5:00pm

RESIDENT SERVICES

Parks Community Building
 2 New Whitney Street 2nd Floor
 617-232-4306 ext. 305
 Hours of Operation: **By Appointment**
 Mon, Wed, Fri 9:00am - 5:00pm
 Tue, Thu 10:00am - 6:00pm

SENIOR SERVICES

805 Huntington Avenue
 617-232-4306 ext. 700
 Hours of Operation: **By Appointment**
 Mon thru Fri 9:00am - 5:00pm

EDUCATION & RESOURCE CENTER (ERC)

25 Mission Park Drive 617-232-4306 ext. 601
 Hours of Operation: **By Appointment**
 Mon-Fri 9:00am - 6:00pm
 Sat 9:00am - 5:00pm

SECURITY OFFICE

835 Huntington Avenue
 617-731-6972
 Hours of Operation: Daily/24 Hours

ANONYMOUS CALL TIP LINE

Telephone: 617-232-0436
Please don't hesitate to call if you have any concerns about health, safety, or security

Dear RTH Residents,

As we prepare to move forward with RTH's 2022 Programs and Events, we find many things are not what we hoped for. High levels of vaccination in our area had led us to imagine we could return to 'normal' in-person programming - only to have our hopes dashed by Delta, Omicron and other emerging Covid-variants. We are, however, committed to using technology and creativity to continue our programming as safely as possible.

Where possible, virtual and hybrid programming will be offered. For in-person activities, social distancing, masking, and increased ventilation will allow us to continue more safely. While the CDC has determined there is little-to-no transmission from touch surfaces, we will continue to do extra cleaning and sanitizing.

Pre-registration will continue to be required for most programs and events. This allows us to adjust spaces and programming to ensure social distancing for in-person programming, and help us maintain quality for virtual and hybrid offerings. Please see the registration page for details.

Most of our departments are open by appointment only, or have limited walk-in hours. Please don't be discouraged from reaching out to us! This is only another way we are trying to offer the best service we can, in the safest possible way.

As a community, we've ALL been doing our part to keep everyone safe during the pandemic. We once again need your help as we open with safety protocols we believe that will help prevent the spread of Covid-19 in our community.

We encourage and applaud your efforts to protect yourself, your family, and your community by continuing to follow guidelines from the Center for Disease Control and adhering to our safety protocols:

- **Wear a mask:** that covers both nose and mouth when out in public, indoor in person activities, and in common areas such as lobbies and elevators
- **Watch your distance:** Stay at least 6 ft apart and observe class participation ratios
- **Wash your hands:** with soap and water for at least 20 seconds and avoid touching your eyes, nose, and mouth. Hand sanitizer is available in many locations throughout the campus.

Also, please note if you need help notify resident services if you test positive for the coronavirus so that we can assist you

We are in unprecedented territory in an extraordinary challenging time, and I want to thank you for your understanding and patience as we work together to safely reopen and get back to enjoying the RTH way of life.

Be Safe, Be Well!

Sincerely,

Karen

Karen T. Gately

Executive Director

RTH Safety & Sanitation Measures - For Your Protection

Here are some safety & sanitation reminders, we wanted to share with you, as well as some of the steps we are taking to offer in-person Programs and Services. All protocols and guidelines have been outlined by the CDC, the Commonwealth of Massachusetts & local health authorities:

Facemasks - All RTH, Trinity Management, Securitas staff, as well as vendors, will be required to wear a mask that securely covers the nose and mouth while on the campus, in any indoor common space, and all programming areas. Residents will be required to wear mask or face coverings to participate in RTH programs..

Cleaning and Sanitation - Mission Park Facilities will continue with the cleaning and disinfecting of the common spaces; additionally, staff will clean high-touch surfaces in program spaces between use. RTH Program Staff will clean and disinfect program materials in-between uses, as well as their own personal workspaces, and are encouraged to clean common office and breakroom equipment after each use. Mission Park Facilities continues to maintain high efficiency filters for the air handling systems, and fresh-air intakes are set to maximum. Program spaces with operable windows or exterior doors will be opened during or between program uses, depending on the weather.

Social Distancing - We continue to limit in-person programs and classes to allow social distancing. Class size capacity is determined using State and local guidelines, as well as CDC recommendations and as such may change as the situation evolves. Programs will be held outdoors whenever possible, and those hosted indoors will have the benefit of small group size and using spaces where fresh air can be introduced. Class sizes are limited to maintain 6-8 feet of distance between participants. Mask wearing is required without exception for in-person programs and classes, and at all times while using RTH transportation.

Hand Sanitizer - is available at all program locations

Vaccinations & Boosters - The CDC continues to encourage everyone to get vaccinated and boosted in order to protect you, your families, loved ones and our community.

Covid-19 Resources - We have put together a Resource Guide, email covidguide@roxburytenants.org to request a copy.

RTH Program Safety Guidelines

At Home Self-Check Required Daily Health Screening Before Attending RTH Programming

An important aspect of keeping program participants and program spaces safe is required daily health screenings for program participants and staff. **Notwithstanding these procedures, privacy and confidential health information of all program participants is critically important.** Participants should feel comfortable that private health information will not be shared with other employees and will be utilized solely for the purposes of mitigating the spread of COVID-19 in the workplace.

- a. Program Participants who are sick **may not attend programming**. Program participants must review for the following symptoms, **before** attending a program.
 - Cough;
 - Shortness of breath or difficulty breathing;
 - Fever;
 - Chills;
 - Sore throat;
 - Muscle pain; and/or
 - Loss of taste or smell
- b. If the participant has been in close contact in the past 72 hours, either with someone with a confirmed case of COVID-19, or with someone who is awaiting test results for COVID-19, we will also ask that the participant remain away from the programs for 5 days if fully vaccinated and experiencing no symptoms. Unvaccinated participants are asked to remain away from programs for 14 days.

COVID-19 Helpful Tip - Domestic Travel

- Delay non-essential travel until you are fully vaccinated and boosted.
- Check your destination's COVID-19 situation before traveling
- Wearing a mask over your nose and mouth is required to use public transportation
- Do not travel if you have been exposed to COVID-19, are experiencing symptoms or have tested positive for the virus.
- If you are not fully vaccinated and must travel, get tested before and after your trip.

Three Ways to Register for a Programs & Events at RTH

(First Come First Served)

Option 1: Register Online

- Email (welcomedeskstaff@roxburytenants.org)
- Provide your name and phone number (required)
 - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

Option 2: Register In-Person

(NO same day registration for classes, must be done 24 hours in advance)

Please come to the RTHCC Welcome Desk to register

- Monday thru Thursday 7:00am - 7:00pm
 - Friday 7:00am – 9:45pm
 - Sunday 11:00am - 2:00pm

Option 3: Register By Phone

Please call the Hotline at 617.232.4306 ext. 200

- Monday thru Thursday 7:00am – 7:00pm
 - Friday 7:00am – 9:45pm
 - Sunday 11:00am - 2:00pm

Sign up to receive Announcements by email!

RTH Residents may receive flyers and community information by email.

*To request to be added send a note to **Tara O'Ree** at toree@roxburytenants.org*

Announcements/Community

RTH Fall and Winter Events

October 15 th , 2022	Roger Williams Zoo
October 26 th , 2022	Kids Halloween
October 30 th , 2022	Diwali
November 5 th , 2022	Latin Night
November 19, 2022	Seniors Thanksgiving Lunch
December 3, 2022	Mayor's Trolley Tour
December 9, 2022	Staff Holiday Party
December 14, 2022	Cookies with Santa
December 10, 2022	Adult Holiday Party
December 18, 2022	Kids Holiday Party

Booster Shots

The CDC has recommended booster shots for previously vaccinated adults 16-years and older. As new variants circulate, and cold weather drives us indoors, we strongly encourage our Residents, Staff and Vendors to get their booster shot. Vaccines continue to be our best protection against Covid-19.

Boosters – and initial vaccine doses – are available locally and at no cost to you. In addition to CVS and Walgreens, Brigham & Women’s Hospital has appointments available through their Patient Gateway.

If you need assistance scheduling an appointment online, Call Us!

Please contact us at 617-232-4306, and as soon as you hear the recorded greeting, enter your preferred language choice: x300 (**English**), x307 (**Chinese**), x308 (**Russian**) or x309 (**Spanish**) and someone will return your call to help you schedule an appointment.

Don’t wait! The Health of the RTH Community depends on as many of us as possible getting vaccinated and boosted.

Looking for Website Testers

Roxbury Tenants is building its first public website and we are looking for volunteer testers from our resident population to help us with that effort. The testing process will be a short one-hour session that will have testers review the site and provide feedback on ease of use, look and feel, and the site content. We are looking for volunteers from three age groups - teens / young adults, seniors, and adults - as well as anyone who speaks multiple languages (the site has a translation feature). We want to make the site as friendly and functional as possible and appreciate your help / support in this effort.

**To apply, please email RTH IT Department
it@roxburytenants.org**

Walk & Talk with

RTH Executive Director Karen T. Gately

Date: October 25th and November 14th

Time: 11:00am (Oct.) 4:00pm (Nov.)

Location: Community Center Lobby

Join Karen on a walk around the neighborhood - Learn something new about your community and upcoming opportunities being offered at RTH! Sign up at the Welcome Desk and wear comfortable shoes.

RAIN OR SHINE - Dress for the Weather!

Francis Street Garden

Hours: Daily 7:00am to Sunset

The Francis Street Garden, located at 42 Francis Street, is open for the community's quiet enjoyment. The Garden has a keypad to access. If you are visiting the Garden for the first time, please call your Management Office for the code.

The garden will remain locked when snow/ice create a slippery hazard.

To ensure a safe and enjoyable experience for all of our guests, please respect our neighbors by following these guidelines:

- All ages are welcome
- Please show common courtesy to fellow guests by not using profanity or engaging in unsafe, illegal, disruptive, or offensive behavior
- This a smoke free zone. Enjoy the clean air
- Alcoholic drinks and illegal substances are not allowed
- For your safety, please don't bring glass containers into the garden
- Pets, except service animals, are prohibited
- Please leave the Garden as you found it and take all your trash with you

Thank you for your cooperation & enjoy the garden!

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interest would you like to share? We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work. Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings.

For more information call the RTH Executive Offices at (617)-232-4306 ext. 100 or email info@roxburytenants.org. Leave your name, contact information and the committee, program, event or age group you would like to volunteer with.

Fresh Truck Mobile Truck **Laura to conf**

Date: Wednesday

Time: 3:00pm - 5:30pm

Where: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most. Fresh truck is now a hybrid market; with online ordering and in person shopping available.

Fresh Truck In-person Shopping

Shop on the Fresh Truck to purchase fresh fruits and vegetables for you and your family to enjoy

Fresh Truck Online ordering

You order fruits and vegetables online and pick up on Wednesdays between 3pm and 5:30pm. Please call the Resource Center at (617) 232-4306 ext. 601 to make an appointment if you need assistance ordering online from Fresh Truck.



Old Neighborhood And Mosaic

cvalencia@trinitymanagementcompany.com

Office Phone: 617-232-5910

Mission Park

contactus@missionpark.com

Office Phone: 617-566-0707

- All Annual Recertification interviews will be conducted by phone. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- Appointments in the office are only made for signing the new rents (leases).
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owe, missing documents, status of your certification, Rent Café, please call or email the office.
- Residents are responsible to provide the necessary documentation to complete their certification.
- Communication with the office can be by walk in, phone, email, or fax.

Community Education & Job Training

SERV Safe Food Handlers Certification Classes

Date: Online class. To be arranged individually.
Time: Your own schedule
Age: 16+
Cost: Residents: \$10 refundable fee (upon receiving certificate),
Language: English, Spanish, and Chinese

Do you want to work in a restaurant or for a catering service? The SERV Safe certification is for you!
The SERV Safe Food Handler program covers five key areas:

- Basic food Safety
- Personal Hygiene
- Cross-contamination & Allergens
- Time & Temperature
- Cleaning & Sanitation

RTH requires all staff and volunteers who serve or prepare food for or at community events to have this training. The class and certification are free if you are a volunteer or Community Events Committee member. Note that SERV Safe courses are offered online only. If you need computer or internet access, we are happy to arrange computer access time for you at the Resource Center.

Email rhaecker@roxburytenants.org for more information

Learn To Ride – with League of American Bicyclists certified instructor, Laura Smeaton

Date: Rolling admissions
Day of the Week: Sunday
Time: 2:00pm
Location: half-court
Age: 4+
Capacity: 6

Learn to ride a two wheeled bike! We will practice balancing on your bike, then move on to learning to ride. We will also learn the basic safety rules of riding and have lots of fun! This class is designed for young children, but we are happy to add another other classes if there are adults who would like to learn or practice riding.
Email rhaecker@roxburytenants.org for more information

Beantown Kitchen returns to RTH!

Chef Diana Goldman of our Jazz Up Your Vegetables classes is back to demonstrate how delicious plant based vegan cooking can be.

Beantown Kitchen returns to RTH!

Date: October 26th

Vegan Thanksgiving Feast

Date: November 16th

Winter Holidays Desserts

Date: December 14th

Day of the week: Wednesday

Time: 6:00pm

Location: Flynn Kitchen

Age: 18+

Capacity: 12

“There are so many compelling reasons to consume a vegan diet. The food can be health-promoting, nutritionally adequate, associated with the prevention and treatment of disease and beneficial for weight management. It is also amazingly delicious!” *Diana Goldman*

Mandarin Chinese Class

Date: Rolling admissions
Day of the week: Sunday
Time: 2:30 pm
Location: ASP Multi-purpose room
Age: 6 – 13
Fees: Residents \$ 170 /Non-residents \$195
Language: English and Mandarin
Capacity: Minimum 8, maximum 12

Many students choose to learn Mandarin- quickly becoming one of the world’s most frequently used languages - to enhance their career options in today’s globalized economy. Our instructors are experienced, professional teachers who love teaching Mandarin and about Chinese culture.

Sewing with Julia

Sewing Workshop for Experienced Sewers

Date: Rolling admissions

Day of the week: Friday

Time: 6:30pm

Location: Flynn Kitchen

Age: 18+ (Adults & Mature Teens)

Fee: \$25 RTH residents; \$50 Mission Hill residents;
\$150 non-residents

Capacity: 8

Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop. Use our machines or bring your own.

Kids Can Sew with Julia!

Date: September 16th - November 18th

Day of the week: Friday

Time: 4:00pm

Location: Flynn Kitchen

Age- 8- 12 years old

Capacity: 8

Children 8 and up will learn the basics of machine and hand sewing. No experience is necessary. You will learn how to thread a needle and basic hand sewing stitches as well as how to operate a sewing machine. Learn a new skill, be creative, and make new friends!

(Class is currently FULL – Sign up for upcoming class in January)

RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level).

Applications are accepted year-round; interviews are conducted quarterly.

Applications are available at the RTH Resource & Technology Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at rhaecker@roxburytenants.org if you would like an application emailed to you.

Education & Resource Center (ERC) at the Betty Powers Library

The Betty Powers Library & Resource Center

25 Mission Park Drive, Duggan Building

Open Monday-Friday 9:00 am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 5:00 pm **need conf**

Offering faxing, coping & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.

Resident Services staff are in the center to translate letters and help fill out forms Saturdays

10 am – 11:00 a.m. and in the Flynn Conference Room Tuesdays 10 am – 12 pm.

Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

Saturday is Smartphone Day!

Date: Rolling admissions

Day of the week: Saturday

Time: 11:00am

Age: 18+

Location: ERC

Language: Chinese and English

Capacity: 10

This program is designed for seniors or people that are new to Apple or Android smartphones. Students will be introduced to key concepts and technologies behind smartphones and learn to use the basic functions and apps of their smartphones. At the end of each class, there will also be individual troubleshooting and Q and A sessions.

Saturday Translation

Date: Ongoing

Day of the week: Saturday

Time: 11:00am

Location: Flynn Conference Room

Language: Chinese and English

Bring your letters to get translated!

Intro to Computers in Chinese (10 weeks)

Date: Rolling admissions by permission of the instructor

Day of the week: Wednesday

Time: 11:30am

Location: ERC

Age: 18+

Language: Chinese

Capacity: 8

Learn how to use and become familiar with using the mouse and keyboard with hands-on practice.

Computer Basics in Chinese (10 weeks)

Date: Rolling admissions by permission of the instructor

Day of the week: Tuesday

Time: 4:00pm

Location: ERC

Age: 18+

Language: Chinese

Capacity: 8

Become familiar with the different parts of the computer and how they work together, how to set up an email account, send and receive email.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



EARLY LEARNING EXPERIENCES

Boston Universal Pre-Kindergarten and Preschool And Infant and Toddler Programming!

The RTH Early Education Center provides comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Universal Pre K and Preschool classrooms use the BPS Focus Curriculums and the Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten and Preschool Programs run from 8:30 -3 with no cost to the families with an option of fee based extended day.

Our Center Hours are 7:30 am to 5:30 pm Monday-Friday
We accept vouchers and have limited EEC Subsidized slots.

Please contact:
Nicole Lavargna @
nlavargna@ymcaboston.org
Brenda Powers@
bpowers@ymcaboston.org
617.851.8226



Youth Education & Community Education

FYRE (Fierce Youth Reigniting Excellence)

Date: October 13th
Day of the week: Thursday
Time: 4:30pm
Location: Teen Center Computer Room
Age: Middle Schoolers

“The F.Y.R.E. Initiative is YW Boston’s leadership and empowerment program for middle school girls in the Greater Boston area. The program’s curriculum incorporates social justice education, positive identity development, and civic engagement. Each weekly session is designed to promote dialogue and experiential learning to cultivate empathy and increase social-emotional learning.”

Civics in Action

Date: October 12th, November 9th, December 14th
Day of the week: Wednesdays
Time: 4:00pm
Location: Teen Center Computer Room
Age: Middle and High School Student

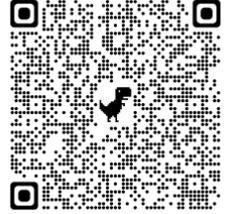
Contact Jen for an appointment:

jlewis@roxburytenants.org

Learn about basics of civic engagement, how voice and vote happen at RTH and in the city of Boston. Design and implement projects to engage the RTH community in action and engage in citywide civic engagement projects with partners.

The 84, RTH Chapter

Date: October 5th – Spring 2023
Day of the week: Wednesdays
Time: 4:00pm
Location: Teen Center Computer Room
Age: Middle and High School Students
Capacity: 6



Learn to advocate for issues affecting teen’s health and bring your voice out in our community and in statewide forums (topics could include vaping, tobacco use, racial equity, and more).

Homework Help

Date: Rolling admission
Day of the week: Monday - Friday
Time: 4:00pm
Location: ASP Multipurpose room
Age: K2 – 8th
Capacity: 25

RTH Homework Help provides homework assistance for elementary and middle school students in a supportive environment with the help of tutors from local colleges.

Please note: ***Homework Help is not an afterschool program; when your child has finished his or her homework, they must leave. If you need care for your child after school until you get home, please register for the RTH After School program.***

RTHCC Welcome Center

Reminders

Check-In:

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

Access Keycard:

All members aged 10+ years old will get an access key card. All members will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

Visitors and Guests:

RTHCC currently does not allow visitors and guests.

Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

Dress Code:

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and bare feet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

Inclement Weather:

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

Food/Drinks:

Allowed in designated areas only.

Health & Wellness

Fitness Orientation:

Ages: 13+

The Fitness orientation includes a series of tests which assess 5 components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information helps to design and implement an exercise program to best meet your needs.

By Appointment scheduled at the welcome desk or call (617)232-4306 x200

Fitness Testing:

Ages: 14+

All residents are encouraged to schedule fitness testing for strength cardio and flexibility. Testing will help you know where you are in comparison to your fitness goals. It will also give you a snapshot of how successful your current routine has been. You will know what type of adjustments you will need in our current program to help you keep improving.

By Appointment scheduled at the welcome desk or call (617)232-4306 x200

Membership Appreciation Day: move to welcome section

Breast Cancer Awareness Month

Date: October 11th

Day of the week: Tuesday

Time: 5:00pm

Location: CC Welcome Center

The RTH Community Center will honor residents by inviting all to participate in the current challenge and provide information about the monthly theme.

Membership Appreciation Day:

National Diabetes Month

Date: November 3rd

Day of the week: Thursday

Location: CC Welcome Center

The RTH Community Center will honor residents by inviting all to participate in the current challenge and provide information about the monthly theme.

Membership Appreciation Day:

Pulmonary Health Month

Date: December 6th

Day of the week: Tuesday

Location: CC Welcome Center

The RTH Community Center will honor residents by inviting all to participate in the current challenge and provide information about the monthly theme.

Healthy Moves

Day of the week: Monday, Wednesday, and Friday

Time: 10:00am

Location: RTH Community Center Foyer

Age: Senior, 55+

This exercise program was developed for seniors to enable them to stay healthy and fit. We will work on improving strength, endurance, and flexibility. Included is a pre and post assessment. There is a key socialization component as well.

Meditative Stretch

Day of the week: Friday

Time: 11:00am

Location: RTH Community Center Foyer

Age: 14+

Capacity: 12

This 10-week program aims to help you become more connected with your body. This class helps to identify areas of tension in the body. This class is good for stress relief, improved flexibility, as well as full body awareness.

Youth Strength and Conditioning Program

Day of the week: Tuesday and Thursday

Time: 3:30pm

Where: RTHCC Main Studio

Age: 13-17

Strength and conditioning training involve exercises developed to build a variety of skills with a focus on mind, mobility, stability, strength, endurance, power, speed, agility, and performance. The goal of this class is to foster an environment of exploration and improvement.

Power Hour

Date: Ongoing
Day of the week: Monday and Wednesday
Time: 3:00pm
Where: RTH Community Center Wellness Floor
Age: 16+
Capacity: 12

This circuit training allows you to exercise from 30 seconds to 5 minutes and then move to another exercise. This will give attention to all major postural muscles and trigger a Tabata-like effect activating both fast and slow-twitch muscle fibers.

Senior Resistance Training Program

Date: Ongoing
Day of the week: Tuesday and Thursday
Time: 12:00pm
Location: Community Center
Age: Seniors 55+

This 8-week program will increase your activities of daily living. Residents will perform an assortment of exercises focused on increasing bone mineral density, and decreasing the possibility of a slip and fall, while simultaneously becoming more independent.

Spin

Date: Ongoing
Day of the week: Thursday and Friday
Time: Thu 10:00am, Fri 6:00pm
Location: RTH Community Center Foyer
Age: 14+

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride energizing music. It's opportunity to get your heart pumping while you burn some serious calories.

Zumba Strong

Date: Ongoing
Day of the week: Saturdays
Time: 11:00am
Location: RTH Community Center Main Studio
Age: 16+

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness.

Strength & Bend

Date: Ongoing
Day of the week: Tuesday & Thursday
Time: 8:00am
Location: RTH Community Center Studio
Age: 16+
Capacity: 12

There are strength benefits associated with stretching. This class is good for stress relief, improved flexibility, developing static strength, as well as full body awareness.

Muscle Work

Date: Ongoing
Day of the week: Monday and Thursday
Time: Mon 8:00am, Thu 6:00pm
Location: Community Center Main Studio
Age: 14+

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

Tabata

Date: Ongoing
Day of the week: Tuesday
Time: 6:00pm
Location: RTH Community Center Main Studio
Ages: 14+

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

Flex and Stretch

Date: Sunday

Day of the week: Sunday

Time: 12:00pm

Location: Community Center Main Studio

Ages: 13 - 17

Are you sore after workouts, long day, or do you really need to improve your flexibility? Have a tight feeling in the muscles and body? Join this class to help yourself recover from a very demanding daily routine. This class will help you decompress.

Power Hour

Date: Ongoing

Day of the week: Monday & Wednesday

Time: 3:00pm

Location: RTH Community Center Wellness Floor

Ages: 14+

Capacity: 12

This circuit training allows you to exercise from 30 seconds to 5 minutes and then move to another exercise. This will give attention to all major postural muscles and trigger a Tabata-like effect activating both fast and slow-twitch muscle fibers.

Tai Chi

Date: Ongoing

Day of the week: Monday & Wednesday

Time: 11:00am

Location: RTH Community Center Studio

Ages: 16+

Capacity: 12

Tai chi is an art embracing the mind, body and spirit. Originating in ancient China, tai chi is one of the most effective exercises for health of mind and body. Although an art with great depth of knowledge and skill, it can be easy to learn and soon delivers its health benefits.

Yoga

Date: Ongoing

Day of the week: Tuesday

Time: 11:00am

Location: RTH Community Center Studio

Ages: 16+

Capacity: 12

This class incorporates yoga postures, gentle movements sequences, silent meditation, guided relaxation, and breath work to improve awareness, mindfulness and quieting the nervous system.

New Programs!

Senior Resistance Training Program

Date: October 11th

Day of the week: Tuesday & Thursday

Time: 12:00pm

Ages: 55+

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between. Program length is 10 weeks.

Nutrition Program: Food for Fuel

Date: October 11th

Day of the week: Tuesday

Time: 6:00pm

Ages: 16+

This program will create a healthy eating lifestyle by looking at food as fuel. This class will also help participants learn how to make health meal replacements. This 10-week program serves to demonstrate how a healthy diet, along with exercise can significantly improve health.

YouthStrength and Conditioning Program

Date: October 11th

Day of the week: Monday & Wednesday

Time: 5:00pm

Location: RTH Community Center Studio

Ages: 13-17

Capacity:12

Strength and conditioning training involve exercises developed to build a variety of skills with a focus on mind, mobility, stability, strength, endurance, power, speed, agility, and performance. The goal of this 10 week program is to foster an environment of exploration and improvement.



Resident Services

We can assist with a wide range of services and facilitate connection to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

Translation & Interpretation Services

Date: Ongoing

Day of the week: Tuesday and Saturday

Time: 10:00am

Location: Flynn Conference Room

Age: All

Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

Fall 2022 Cleaning Workshop

Date: November 15th and 16th

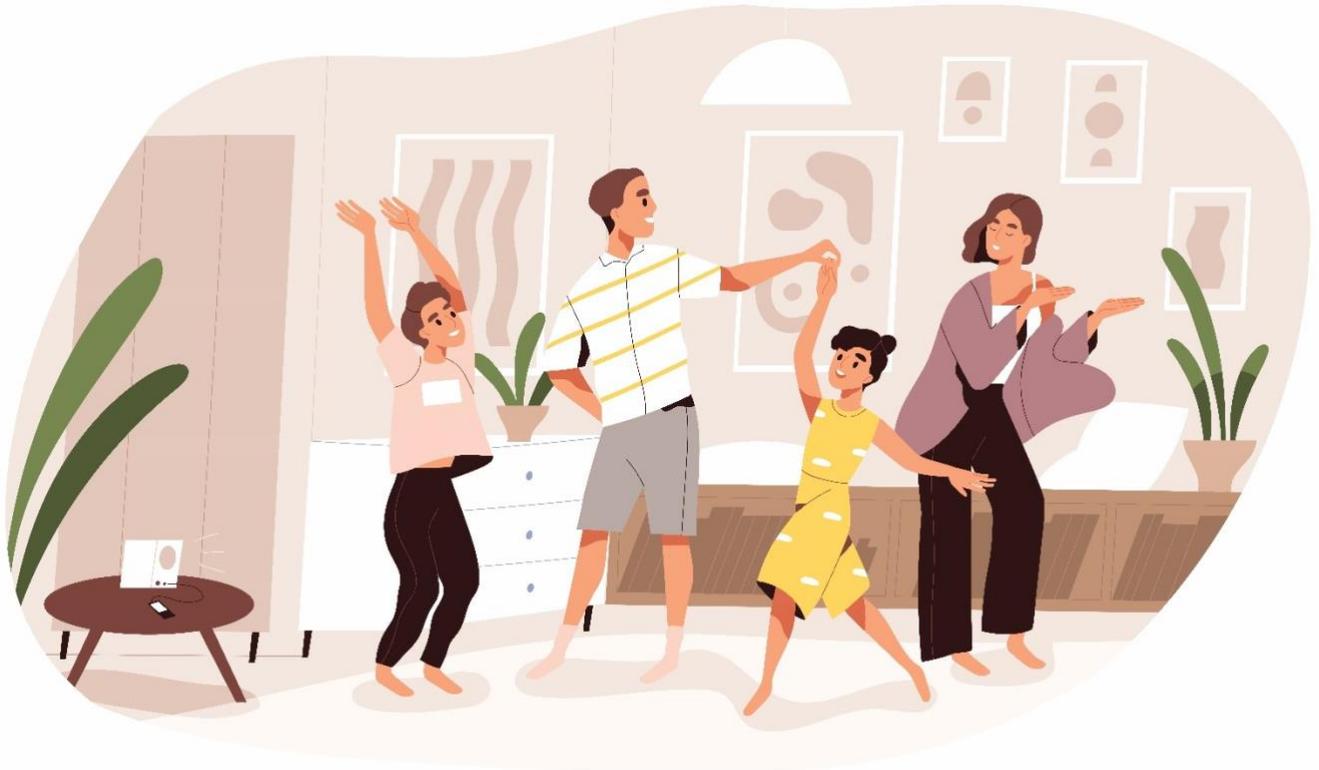
Day of the week: Tuesday and Wednesday

Time: 5:30pm

Location: Parks Community Building

Age: All

Come and shared with other residents about the stress and success you experience with cleaning your units! The series will focus on the task of cleaning the oven, refrigerator, and bathtub. Share tips, ideas, and best kept secrets, while learning to make your own cleaning products. Residents attending two workshops will receive a basket of cleaning supplies! Contact: Marta Franklin at 617-232-4306 ext. 304 for more information.



Senior Services

Seniors

We want to hear from you! What ideas do you have for daytrips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

Senior's Mystery Trips

Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a new destination. It is a fantastic opportunity to meet new people and have fun with the ones you already know. The destination might be a mystery, but we promise, it will be worth the trip.

Date: **October 26th**
Day of the week: **Wednesday**
Time: 11:00am
Cost: \$15.00
Hint is "Halloween treats"

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at welcomedeskstaff@roxburytenants.org



Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

Various Locations:

Joy Luck Club, Chinese language focus
Day of the week: 1st and 2nd Friday of the month
Time: 1:00pm
Location: Community Center Room 117

Russian Tea Room, Russian language focus
Day of the week: 2nd Thursday of the month
Time: 5:00pm
Location: Flynn Kitchen

Chit Chat Meeting, English language focus
Day of the week: 2nd Tuesday of the month
Time: 1:00pm
Location: Senior Drop-In Center

Spanish Chat Meeting, Spanish language focus
Day of the week: 3rd Friday of the month
Time: 12:00pm
Where: Flynn Kitchen, 1st floor

Please call the RTHCC at (617) 232-4306 ext. 200 to register for Senior Chat. The deadline to sign up is 2 days in advance of the chat.

Taxi Coupons

Day of the week: 1st Tuesday of the Month
Time: 12:00pm
Age: Seniors 60 +
Location: Flynn Kitchen, 1st floor
Cost: \$5.00 for \$10.00 worth of coupons. 2 book limit

Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of two books of taxi coupons per month. It is a great idea to have a few books handy in case of an emergency.

Senior Monthly Shopping Trips

Preregistration is required for shopping trips, and a self-check health assessment will be performed before boarding the bus. Contact the Welcome Desk to register!

Market Basket

Day of the week: 1st and 3rd Tuesday of the month
Time: 9:30am
Location: Outing
Meet in Levinson Tower lobby at 9:20am

Mall Shopping trip

Day of the week: 2nd & 4th Tuesday of the month
Time: 9:30am
Location: Outing
Meet in Levinson Tower lobby at 9:20am

Chinatown Shopping

Day of the week: 2nd and 4th Thursday of the month
Time: 10:00am
Location: Outing
Meet in Levinson Tower lobby

Kam Man Supermarket Quincy, Ma

Day of the week: 1st and 3rd Thursday of the month
Time: 10:00am
Where: Outing
Meet in Levinson Tower lobby

Bingo

Day of the week: Monday, Thursday, and Sunday
Time: 2:00pm (1:00pm on Sunday)
Age: Seniors
Location: Senior Drop-In Center

Come early buy your Bingo cards grab a good seat and hang out with your friends. *No admittance into Bingo after 2:15 pm*

Arts and Crafts

Day of the week: Wednesdays
Time: 11:30am - 1:30pm
Age: Seniors
Location: Flynn Kitchen, 1st floor

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes are effective ways to reduce stress and maintain a healthy brain

Senior Celtics Event

Date: October 31st
Day of the week: Monday
Time: 12:00pm
Age: Seniors
Location: Tobin Community Center

Bus transportation will be provided. The bus will pick up seniors at **11 New Whitney street** at 11:25am.



Family Programs

RTHCC Annual Open House and Holiday Bazaar

Date: December 10th
Day of the week: Saturday
Time: 11:00am
Location: CC Welcome Center
Cost: Table Fee Residents \$5.00 Non-Residents \$10.00

Come and discover the programs RTHCC has to offer for you and your family! We will be showcasing new programs for the new year. Get a head start on your holiday shopping with us bazaar area.

Roger Williams Zoo in Rhode Island

Date: October 15th
Day of the week: Thursday
Time: 9:00am
Ages: 0-12 with an adult over 18
Location: Roger Williams Zoo
Cost: Resident \$10/Non-Resident \$20

Ticket are on sale at Community Center.

Cookies with Santa

Date: December 14th
Day of the week: Wednesday
Time: 5:30pm
Ages: 3-10
Location: Community Center Room 117

Sit down with Santa and enjoy coco and cookies! This is a magical experience for children to spend time with Santa and tell him what they want under the Christmas Tree.

Thanksgiving Families Turkey Dinner

With the holidays approaching, we are asking families in need of turkeys this year to sign up at the RTHCC front desk, in the likelihood that RTH would be able to obtain some turkeys.

Please call (617) 232-4306 ext. 200 or sign up at the RTHCC Welcome Desk by Wednesday, November 9th.

Family Resource Fair

Date: February 4th
Day of the week: Saturday
Time: 10:00am
Ages: Families with children
Location: RTH Community Center

Families come and enjoy a fun-filled evening of activities while learning about resources that are available for children and families at RTH and the greater Boston area.

Winter Family Movie Night

Date: February 18th
Day of the week: Saturday
Time: 3:00pm
Ages: Families with children
Location: RTH Community Center

Families can switch up their film-viewing experience by taking them indoors to RTHCC basketball court. It's a chance to sprawl out on sleeping bags, and hopefully get some giggles in with friends.

RTH Kids Night Out

Date: January 28th and February 25th
Day of the week: Saturday
Time: 4:00pm
Ages: Families with children 6-12
Location: RTH Community Center

Sign-up your kids to be dropped off for an evening of fun while parents get a little peace and quiet! Kids get active with group games, and plenty of fun and dinner.

Child Watch

Dates: September 9th – December 17th
Day of the week: Monday, Wednesday
Time: 5:00pm
Ages: 6 weeks - 12 years
Location: Community Center

RTH offers care for your child while adults participate in various RTH programs, events, and activities. **Must sign up 24 hours in advance.**

October Fall Harvest Family Events

Family Fun Night

Date: October 12th

Day of the week: Wednesday

Time: 6:00pm

Location: RTH Community Center Room 117

Spooky Science, glow in the dark slime, storytelling with big joe bi-weekly.

Family Fun Night Face Painting

Date: October 19th

Day of the week: Wednesday

Time: 6:00pm

Location: RTH Community Center Room 117

Harvest Dance Movie Night

Date: October 29th

Day of the week: Saturday

Time: 12:00pm

Location: RTH Community Center Gymnasium

Harvest Dance, music, games, and candy giveaway.

Pizza and Face painter



Teen Center

Teen Center Drop-in Hours

Monday - Thursday **4:00pm - 8:00pm**
Friday **4:00pm - 9:45pm**
Saturday **3:00pm - 8:45pm**

The Teen Center offers drop-in recreation to RTH teens during our daily operational hours. Drop-in activities include the use of our game room, (open gym times vary as well as our computer lab which has high-speed internet and is open and staffed during designated hours. We encourage ALL teens to stop by and enjoy our outstanding facility. **See details below**

Academic Homework Support

Monday-Thursday 4:00pm - 6:00pm

Teen Center Computer Lab Hours

Monday-Thursday 3:00pm - 6:00pm

Game Room Hours

Monday-Friday 6pm -9pm

Teen Cafe

Tuesdays & Thursdays 6:30pm – 7:30pm

Teen Halloween Party/Haunted House

October 21st 7:00pm – 10:30pm

Teen Full Court

Date: Ongoing
Day of the week: Monday – Friday
Time: 7:00pm (Closes 9:45pm on Friday)
Ages: 13 – 17 yrs. Old
Where: Community Center Gymnasium

Attention teenagers, are you looking for something to do? Get together with your friends for pick-up games of basketball.

RTH Teen Only Night Out

Date: Ongoing
Day of the week: Fridays
Time: 8:00pm
Ages: 13 – 17 yrs. Old
Where: RTH Community Center Gymnasium

Come here about resources, shoot around on the basketball court, play games, listen to music, and hang out with friends, and eat tasty, yummy healthy food!

Monthly Birthday Party

Date: Ongoing
Day of the week: Fridays
Time: 5:30pm
Age: 13-17 yrs. Old
Where: RTH Community Center Teen Center

Each month we celebrate all teens with birthdays in that month. Help the Events Crew plan the parties on Tuesdays at 5pm in the Teen Center

Field trips: Travel with the Teen Center!

Date: Varies
Day of the week: Varies
Time: Varies
Age: 13-17 yrs. Old youth in Middle School Program
Location: Varies

Look for our monthly flyer in your mailbox or get one at the RTH Teen Center
Cost & fees varies.

Sports & Enrichment Programs

Taekwondo

Date: Starts October 9th
Day of the week: Sunday
Time: 11:30am
Age: 5+
Location: RTH Community Center Gymnasium

Whether your child is bursting with energy or shy in most social situations, martial arts can go a long way toward developing qualities and habits in your young ones that can last a lifetime.

Youth Basketball (Skills and drills)

Date: Starts October 10th
Day of the week: Monday
Time: 6:00pm
Age: 6 - 12 yrs. Old
Location: RTH Community Center Gymnasium
Fee: Non-Residents \$15

RTH Youth Basketball is designed to help players of all levels come and improve their conditioning with a series of various exercises and drills to increase stamina, speed, and endurance. It starts with an hour of exercises and the next hour is basketball skills and drills for small groups or individuals to improve their basketball skills.

Chinese Cultural Dance

Date: Starts October 9th
Day of the week: Sunday
Time: 10:30am
Location: RTH Community Center Studio
Age: 5+
Fees: Varies

Traditional Chinese Dance is a cultural art that expresses harmony, elegance, and fluidity through movement. It is for everyone that wants to work on flexibility and learn traditional Chinese dance techniques.

Soccer

Date: Starts October 11th
Day of the week: Tuesday, Thursday
Time: 5:15 pm
Location: CC Gymnasium and Soccer Field
Age: 6-12 & 13+
Fee: Non-Residents \$15

This introductory class will establish the fundamental rules and skills in soccer. In this group setting we will include both drill work and pickup games to better learn and gain respect for this sport.

Volley Ball

Date: Starts November 7th
Day of the week: Monday, Wednesday
Time: 5:00pm
Age: 7+
Location: Community Center Gymnasium
Fee: Non-Residents \$15

This introductory class will establish the fundamental rules and skills for indoor volleyball. In this team setting, instructors will include drill work and pickup games to learn and gain respect for volleyball.

Holistic Wellness & Mindfulness

Date: Starts October 15th
Time: Saturdays 5:00pm
Location: RTH Community Center Foyer
Fee: Non-Residents \$15

This introductory class will establish the fundamental rules and skills for indoor volleyball. In this team setting, instructors will include drill work and pickup games to learn and gain respect for volleyball.

Football Skills and Drills

Date: Starts October 15th
Day of the week: Friday and Saturday
Time: Fri 5:00pm & Sat 12:00pm
Location: RTH Community Center Gymnasium
Fee: Non-Residents \$35
Age: 5-14

This program is geared towards teaching kids the fundamentals of flag football. To learn the rules and regulations of flag football and learning how to play the game of flag football in partnerships, as a team and with coaches.

Fall Camping & Hiking Overnight

Date: November 18th
Day of the week: Friday - Saturday
Time: To be announced
Location: Camping Trip

Come camp with RTH! Leaving RTH on Friday and returning on Saturday. Camping at a cabin and tent camp site.

Huntington YMCA Swim Lessons

Date: October 31st – December 23rd
Time: See huntington YMCA fall schedule for times
Location: Huntington YMCA
Fee: Residents only \$25

Swim lessons offered through RTH and held at the Huntington YMCA. To redeem discount please register at the RTH Community Center or contact kbragdon@roxburytenants.org



Men's Basketball Tournament

Date: Starts November 19th
Day of the week: Saturday
Time: 1:00 pm
Location: RTH Community Center Gymnasium
Age: 18+

The RTH summer men's basketball tournament is a competitive basketball tournament, that will run each Saturday

Teens Basketball (Skills & Drills)

Date: Starts October 12th
Day of the week: Wednesday and Friday
Time: Wed 6:00pm & Fri 5:00pm
Location: RTH Community Center Gymnasium
Fee: Non-Residents \$15
Age: 13+

RTH teen Basketball is designed to help players of all levels come and improve their conditioning with a series of various exercises and drills to increase stamina, speed, and endurance. It starts with an hour of exercises and the next hour is basketball skills and drills for small groups or individuals to improve their basketball skills.

Cross Country

Date: Starts September 19th
Time: Monday 5:15pm & Saturday 2:00pm
Day of the week: Monday, Saturday
Location: RTH Community Center & Jamaica Pond
Fee: Non-Residents \$15
Age: 7 and Up

Cross Country running is a discipline that involves covering various distances in the natural environment. This sport is very special because, unlike other running disciplines, athletes cannot predict what obstacles they will face. Athletes will build up on their distances.

After School Program, K2 – 5th grades

Accepting Enrollments for Children ages 5-12 years

The RTH After School Program (ASP) is licensed as a School-Age Child Care program through the Massachusetts Department of Early Education and Care (EEC) and serves the needs of children 5-12 years. Our Program provides a safe, fun, friendly place for children with a wide variety of age-appropriate activities that promote learning and fun in an atmosphere where respect, teamwork, and a sense of community are valued. The mission of the RTH After School Program is to strengthen the academic achievement, social skills, and leadership development of school-age children from our diverse community. Our Program challenges the imagination, creativity, self-directed initiative in all children through activities that allow them to express their talents through exciting enrichment activities in science, computer, literacy, and math. Arts and crafts, cooking, sports and games, special guests, and field trips are all part of the fun. In addition, a healthy snack, dinner, and homework assistance is offered daily. A full-day program for school vacation is available for students. Children must be enrolled in K2-5th grades and ages of 5-12-year-old to participate.

RTH Resident Fees	\$33.00 weekly fee**
Sibling rate for Residents only/half price for a second child	\$12.00 weekly fee **
Staff	\$66.00 weekly fee **
Non-Resident	\$100.00 weekly fee **

Vacation Fee: RTH Residents Fee: \$55.00/half price for sibling \$30.00**

Vacation Weeks: NEED EDITING SEE DENISE

February: Closed: Monday, Feb XX (President's Day) Program Date: February XXXXX

Application available on Monday, January 4th, 2023

April: Closed: Monday, April XX (Patriots Day) Program Date: April XXX

Application available on Monday, March 4th, 2023

For more information or to sign up, contact: Afterschool Program Site Coordinator, Denise Watson

Dwatson@roxburytenants.org or (617)232-4306 ext. 402

** New rates effective 2023



RTH Directory

Executive Office - Neville House

11 New Whitney Street, 1st Floor

Karen T. Gately, Executive Director
kgately@roxburytenants.org 617-232-4306 ext. 104

Amanda Pelcher, Chief Financial Officer
apelcher@roxburytenants.org 617-232-4306 ext. 108

Irving Burday, Chief Operating Officer
iburday@roxburytenants.org 617-232-4306 ext. 102

Latoya Cromartie, Payroll Specialist
lcromartie@roxburytenants.org 617-232-4306 ext. 101

Lori Taylor, Senior Administration
ltaylor@roxburytenants.org 617-232-4306 ext. 107

Patricia Haran, Controller
pharan@roxburytenants.org 617-232-4306 ext. 106

Juan Castillo-Then, Technology Specialist
jcastillo-then@roxburytenants.org 617-232-4306 ext. 103

Jun J. Xu, Technology Assistant
junx@roxburytenants.org 617-232-4306 ext. 105

Education & Resource Center at the Betty Powers Library

25 Mission Park Drive (Front Desk ext. 601)

Roxanne Haecker, Director of Community Education & Workforce Development
rhaecker@roxburytenants.org (617) 232-4306 ext. 603

Xing Zhou, Instructor
xzhou@roxburytenants.org (617) 232-4306 ext. 601

Jennifer Lewis, Youth Educational Services & Workforce Development Specialist
jlewis@roxburytenants.org (617) 232-4306 ext. 600

Senior Services, Flynn House

805 Huntington Avenue, 1st Floor

Laura Adams, Director of Senior Services
ladams@roxburytenants.org / 617-232-4306 ext. 700

RTH Community Center

20A Vining Street (Welcome Desk ext. 200)

Chris Mitchell, Health & Wellness Director
cmitchell@roxburytenants.org 617-232-4306 ext. 203

Curtis Williams, Welcome Desk Administrator
cwilliams@roxburytenants.org 617-232-4306 ext. 202

Byron Rounds, Physical Education/ Sports & Aquatics Director
brounds@roxburytenants.org 617-232-4306 ext. 205

Nichelle Jenkins, Welcome Desk Coordinator
njenkins@roxburytenants.org 617-232-4306 ext. 200

Resident Services Parks Community Building

2 New Whitney Street 2nd Floor

Scott Amaral, Director of Resident Services
samaral@roxburytenants.org / 617-232-4306 ext. 306

Marta Franklin, Resident Service Coordinator
mfranklin@roxburytenants.org / 617-232-4306 ext. 304

Terry Parson, Resident Service Coordinator
tparson@roxburytenants.org / 617-232-4306 ext. 302

Jingming Feng, Assistant Program support
jfeng@roxburytenants.org / 617-232-4306 ext.305

RTH After School Program Recreation Exploration Center

835 Huntington Avenue

Denise Watson, Director of Youth and Family Programs
dwatson@roxburytenants.org (617) 232-4306 ext. 401

Carmen Torres, Literacy Coordinator
ctorres@roxburytenants.org 617-232-4306 ext. 401