



# WHAT'S UP

---

## WINTER/SPRING 2022

A Roxbury Tenants of Harvard Association publication of Community Events, Services, Family trips, and Upcoming Happenings taking place in your Community!

### **ROXBURY TENANTS OF HARVARD MISSION STATEMENT**

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

## RTH Winter Session (10 Week Session)

Day	Start Session	End Date
Monday	February 28 <sup>th</sup>	May 9 <sup>th</sup>
Tuesday	February 22 <sup>nd</sup>	April 26 <sup>th</sup>
Wednesday	February 23 <sup>rd</sup>	April 27 <sup>th</sup>
Thursday	February 24 <sup>th</sup>	April 28 <sup>th</sup>
Friday	February 25 <sup>th</sup>	April 29 <sup>th</sup>
Saturday	February 26 <sup>th</sup>	April 30 <sup>th</sup>
Sunday	February 27 <sup>th</sup>	May 8 <sup>th</sup>

## RTH Holiday Schedule

*Please note the following schedule changes for upcoming holidays*

President's Day*	February 21st	Monday	Closed
Easter	April 17 <sup>th</sup>	Sunday	Closed
Patriot's Day*	April 18th	Monday	RTHCC 11:00am - 7:30pm
Memorial Day	May 30th	Monday	Closed

*\* Designated Floating Holiday (do we need to identify as 'floating' – or simply tell them RTHCC status if different from the rest of the departments)*



*Announcements/Community*..... 9  
*Community Education & Job Training*..... 11  
*Education & Resource Center (ERC)*..... 14  
*Youth Education & Workforce Development*..... 16  
*RTHCC Welcome Center* ..... 17  
*Health & Wellness* ..... 18  
*Resident Services* ..... 20  
*Senior Services*..... 22  
*Family Programs* ..... 24  
*Teen Center*..... 25  
*Sports & Enrichment Programs*..... 26  
*Employment Opportunity* ..... 29  
*RTH Directory* ..... 37

**RTH EXECUTIVE OFFICES**

11 New Whitney Street  
617-232-4306 ext. 100  
Hours of Operation: By Appointment Only  
Mon-Fri 9:00am - 5:00pm

**RTH COMMUNITY CENTER**

20A Vining Street  
617-232-4306 ext. 200  
Hours of Operation:  
Sunday 10:00am - 3:00pm  
Mon thru Fri 7:00am - 7:00pm

**MISSION PARK / TRINITY MANAGEMENT**

835 Huntington Avenue  
617-566-0707  
Hours of Operation:  
Mon-Fri 9:00am - 5:00pm

**RTH PROPERTIES / TRINITY MANAGEMENT**

747 Huntington Avenue  
617-232-5910  
Hours of Operation:  
Mon-Fri 9:00am - 5:00pm

**RESIDENT SERVICES**

Parks Community Building  
2 New Whitney Street 2nd Floor  
617-232-4306 ext. 305  
Hours of Operation: **By Appointment**  
Mon, Wed, Fri 9:00am - 5:00pm  
Tue, Thu 10:00am - 6:00pm

**SENIOR SERVICES**

805 Huntington Avenue  
617-232-4306 ext. 700  
Hours of Operation: **By Appointment**  
Mon thru Fri 9:00am - 5:00pm

**EDUCATION & RESOURCE CENTER (ERC)**

25 Mission Park Drive 617-232-4306 ext. 601  
Hours of Operation: **By Appointment**  
Mon-Fri 9:00am - 6:00pm  
Sat 9:00am - 5:00pm

**SECURITY OFFICE**

835 Huntington Avenue  
617-731-6972  
Hours of Operation: Daily/24 Hours

**ANONYMOUS CALL TIP LINE**

Telephone: 617-232-0436  
*Please don't hesitate to call if you have any concerns about health, safety, or security*

Dear RTH Residents,

As we prepare to move forward with RTH's 2022 Programs and Events, we find many things are not what we hoped for. High levels of vaccination in our area had led us to imagine we could return to 'normal' in-person programming - only to have our hopes dashed by Delta, Omicron and other emerging Covid-variants. We are, however, committed to using technology and creativity to continue our programming as safely as possible.

Where possible, virtual and hybrid programming will be offered. For in-person activities, social distancing, masking, and increased ventilation will allow us to continue more safely. While the CDC has determined there is little-to-no transmission from touch surfaces, we will continue to do extra cleaning and sanitizing.

Pre-registration will continue to be required for most programs and events. This allows us to adjust spaces and programming to ensure social distancing for in-person programming, and help us maintain quality for virtual and hybrid offerings. Please see the registration page for details.

Most of our departments are open by appointment only, or have limited walk-in hours. Please don't be discouraged from reaching out to us! This is only another way we are trying to offer the best service we can, in the safest possible way.

As a community, we've ALL been doing our part to keep everyone safe during the pandemic. We once again need your help as we open with safety protocols we believe that will help prevent the spread of Covid-19 in our community.

We encourage and applaud your efforts to protect yourself, your family, and your community by continuing to follow guidelines from the Center for Disease Control and adhering to our safety protocols:

- **Wear a mask:** that covers both nose and mouth when out in public, indoor in person activities, and in common areas such as lobbies and elevators
- **Watch your distance:** Stay at least 6 ft apart and observe class participation ratios
- **Wash your hands:** with soap and water for at least 20 seconds and avoid touching your eyes, nose, and mouth. Hand sanitizer is available in many locations throughout the campus.

Also, please note if you need help notify resident services if you test positive for the coronavirus so that we can assist you

We are in unprecedented territory in an extraordinary challenging time, and I want to thank you for your understanding and patience as we work together to safely reopen and get back to enjoying the RTH way of life.

Be Safe, Be Well!

Sincerely,

*Karen*

Karen T. Gately

Executive Director

## **RTH Safety & Sanitation Measures - For Your Protection**

Here are some safety & sanitation reminders, we wanted to share with you, as well as some of the steps we are taking to offer in-person Programs and Services. All protocols and guidelines have been outlined by the CDC, the Commonwealth of Massachusetts & local health authorities:

**Facemasks** - All RTH, Trinity Management, Securitas staff, as well as vendors, will be required to wear a mask that securely covers the nose and mouth while on the campus, in any indoor common space, and all programming areas. Residents will be required to wear mask or face coverings to participate in RTH programs..

**Cleaning and Sanitation** - Mission Park Facilities will continue with the cleaning and disinfecting of the common spaces; additionally, staff will clean high-touch surfaces in program spaces between use. RTH Program Staff will clean and disinfect program materials in-between uses, as well as their own personal workspaces, and are encouraged to clean common office and breakroom equipment after each use. Mission Park Facilities continues to maintain high efficiency filters for the air handling systems, and fresh-air intakes are set to maximum. Program spaces with operable windows or exterior doors will be opened during or between program uses, depending on the weather.

**Social Distancing** - We continue to limit in-person programs and classes to allow social distancing. Class size capacity is determined using State and local guidelines, as well as CDC recommendations and as such may change as the situation evolves. Programs will be held outdoors whenever possible, and those hosted indoors will have the benefit of small group size and using spaces where fresh air can be introduced. Class sizes are limited to maintain 6-8 feet of distance between participants. Mask wearing is required without exception for in-person programs and classes, and at all times while using RTH transportation.

**Hand Sanitizer** - is available at all program locations

**Vaccinations & Boosters** - The CDC continues to encourage everyone to get vaccinated and boosted in order to protect you, your families, loved ones and our community.

**Covid-19 Resources** - We have put together a Resource Guide, email [covidguide@roxburytenants.org](mailto:covidguide@roxburytenants.org) to request a copy.

## RTH Program Safety Guidelines

### At Home Self-Check Required Daily Health Screening Before Attending RTH Programming

An important aspect of keeping program participants and program spaces safe is required daily health screenings for program participants and staff. **Notwithstanding these procedures, privacy and confidential health information of all program participants is critically important.** Participants should feel comfortable that private health information will not be shared with other employees and will be utilized solely for the purposes of mitigating the spread of COVID-19 in the workplace.

- a. Program Participants who are sick **may not attend programming**. Program participants must review for the following symptoms, **before** attending a program.
  - Cough;
  - Shortness of breath or difficulty breathing;
  - Fever;
  - Chills;
  - Sore throat;
  - Muscle pain; and/or
  - Loss of taste or smell
- b. If the participant has been in close contact in the past 72 hours, either with someone with a confirmed case of COVID-19, or with someone who is awaiting test results for COVID-19, we will also ask that the participant remain away from the programs for 5 days if fully vaccinated and experiencing no symptoms. Unvaccinated participants are asked to remain away from programs for 14 days.

### COVID-19 Helpful Tip - Domestic Travel

- Delay non-essential travel until you are fully vaccinated and boosted.
- Check your destination's COVID-19 situation before traveling
- Wearing a mask over your nose and mouth is required to use public transportation
- Do not travel if you have been exposed to COVID-19, are experiencing symptoms or have tested positive for the virus.
- If you are not fully vaccinated and must travel, get tested before and after your trip.

# Three Ways to Register for a Programs & Events at RTH

*(First Come First Served)*

## **Option 1: Register Online**

- Email (welcomedeskstaff@roxburytenants.org )
- Provide your name and phone number (required)
  - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

## **Option 2: Register In-Person**

*(NO same day registration for classes, must be done 24 hours in advance)*

Please come to the RTHCC Welcome Desk to register

- Monday thru Friday 7:00am - 6:45pm
  - Sunday 11:00am - 2:00pm

## **Option 3: Register By Phone**

Please call the Hotline at 617.232.4306 ext. 200

- Sunday 11:00am - 2:00pm
- Monday thru Friday 8:00am - 6:00pm

### **Sign up to receive Announcements by email!**

*RTH Residents may receive flyers and community information by email.*

*To request to be added send a note to Tara O'Ree at [toree@roxburytenants.org](mailto:toree@roxburytenants.org)*



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# PRESCHOOL LEARNING EXPERIENCES

## Boston Universal Pre-Kindergarten And Open Preschool Spaces

The RTH Early Education Center is providing comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Preschool classroom is a warm and nurturing environment where children learn through discovery and routines. The UPK Classroom will use the BPS Focus on K1 Curriculum. Both classrooms use Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with Boston Residency with an option of fee based extended day. Our preschool classroom is open our regular hours: 7:30 am to 5:30 PM

Spaces are limited: Apply today!

### HOW YOU QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1<sup>st</sup>
- Live in the city of Boston

### WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency
- **All Vouchers Accepted for both classrooms.**



### RTH Early Education Center

82 Fenwood Rd. Boston MA. 02115

### Contact:

Program Director – Brenda Powers [bpowers@ymcaboston.org](mailto:bpowers@ymcaboston.org)

617 851 8226



# Announcements/Community

## Booster Shots

The CDC has recommended booster shots for previously vaccinated adults 16-years and older. As new variants circulate, and cold weather drives us indoors, we strongly encourage our Residents, Staff and Vendors to get their booster shot. Vaccines continue to be our best protection against Covid-19.

Boosters – and initial vaccine doses – are available locally and at no cost to you. In addition to CVS and Walgreens, Brigham & Women’s Hospital has appointments available through their Patient Gateway.

If you need assistance scheduling an appointment online, Call Us!

Please contact us at 617-232-4306, and as soon as you hear the recorded greeting, enter your preferred language choice: x300 (**English**), x307 (**Chinese**), x308 (**Russian**) or x309 (**Spanish**) and someone will return your call to help you schedule an appointment.

Don’t wait! The Health of the RTH Community depends on as many of us as possible getting vaccinated and boosted.

---

## Walk & Talk with RTH Executive Director Karen T. Gately

When: March 21<sup>st</sup> 11:00am  
April 25<sup>th</sup> 4:00pm

Where: Meet at RTHCC Lobby

Age: All ages

Join Karen on a walk around the neighborhood - Learn something new about your community and upcoming opportunities being offered at RTH! **RAIN OR SHINE - Dress for the Weather!**

## Francis Street Garden

Hours: Daily 7:00am to Sunset

The Francis Street Garden, located at 42 Francis Street, is open for the community’s quiet enjoyment. The Garden has a keypad to access . If you are visiting the Garden for the first time, please call your Management Office for the code.

*The garden will remain locked when snow/ice create a slippery hazard.*

To ensure a safe and enjoyable experience for all of our guests, please respect our neighbors by following these guidelines:

- All ages are welcome
- Please show common courtesy to fellow guests by not using profanity or engaging in unsafe, illegal, disruptive, or offensive behavior
- This a smoke free zone. Enjoy the clean air
- Alcoholic drinks and illegal substances are not allowed
- For your safety, please don’t bring glass containers into the garden
- Pets, except service animals, are prohibited
- Please leave the Garden as you found it and take all your trash with you

Thank you for your cooperation & enjoy the garden!



## RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interest would you like to share? We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work. Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings.

For more information call the RTH Executive Offices at (617)-232-4306 ext. 100 or email [info@roxburytenants.org](mailto:info@roxburytenants.org). Leave your name, contact information and the committee, program, event or age group you would like to volunteer with.

### Fresh Truck Mobile Truck

Date: Wednesday  
Time: 3:00pm - 6:00pm  
Where: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most.

During the month of February, Fresh Truck will be ONLINE ORDERS ONLY due to the current Covid 19 surge.

### Fresh Truck Online ordering

You order fruits and vegetables online and pick up on Wednesdays between 3pm and 6pm. Please call Laura Adams at (617) 232-4306 ext. 700 if you are interested in ordering online from Fresh Truck <https://fresh-truck.square.site> for online orders only or stop by the Resource Center for assistance with online ordering.

Please stop by our truck to purchase fresh fruits and vegetables for you and your family to enjoy. If you would like to participate in the **Fresh Truck Lottery** please stop by Levinson Tower by 1:25pm on Wednesdays beginning March 2, 2022

## Trinity Management Quick Recertification Tips



### *Old Neighborhood And Mosaic*

[cvalencia@trinitymanagementcompany.com](mailto:cvalencia@trinitymanagementcompany.com)  
Office Phone: 617-232-5910

### *Mission Park*

[contactus@missionpark.com](mailto:contactus@missionpark.com)  
Office Phone: 617-566-0707

- All Annual Recertification interviews will be conducted by phone. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- Appointments in the office are only made for signing the new rents (leases).
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owe, missing documents, status of your certification, Rent Café, please call or email the office.
- Residents are responsible to provide the necessary documentation to complete their certification.
- Communication with the office can be by walk in, phone, email, or fax.



# Community Education & Job Training

## Learn bike mechanics and cycling safety!

**Onsite at RTH - basic bike repair workshops taught by experienced bike mechanics**

For youth and adults who are interested in acquiring basic bike mechanics skills while learning about bike safety, proper helmet fitting, and gaining urban cycling skills and experience while exploring the bike paths of Boston

What: bike rides on the Emerald Necklace bike paths and beyond

Date: March 19<sup>th</sup> - Jun 18<sup>th</sup>

When: Saturdays 11:00am - 1:00pm

## Youth Bike Club and Community Riders

Meet at the halfcourt in Mission Park next to the pool

- Mandatory bike safety checks before rides ABC-air, brakes, chains. All riders must wear helmets.
- All youth must have a signed permission slip from parent or guardian
- All adult riders must have signed waiver

What: Bike repair workshops

When: Saturdays 2:00pm - 3:00pm

- March 19<sup>th</sup> - learn to fix a flat
- April 16<sup>th</sup> - learn to adjust and lube a bike chain
- May 21<sup>st</sup> - learn to adjust bike brakes
- June 18<sup>th</sup> - learn to true a wheel

**This program is free, space is limited.** Don't have a bike? We have a limited number of bikes to loan out, register early to reserve a bike. We also have a limited selection of new youth helmets available for FREE.

## Mandarin Classes for Youth - online ZOOM

When: September 26<sup>th</sup> 2021 - June 19<sup>th</sup> 2022

Time: Sundays 2:30pm to 4:00pm

### ***Enrollment is still open. Enroll today!***

Two levels - beginners and intermediate/advanced (by permission of instructors)

Grades 1- 7

\$150 tuition plus \$20 class materials fee - RTH residents

\$175 tuition plus \$20 class materials fee - non-residents

All fees paid by check or money order only. Contact XingYi Zhou at [xzhou@roxburytenants.org](mailto:xzhou@roxburytenants.org) to register or pick up application at the Education & Resource Center.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)



## Sewing with Julia

### Learn to Sew! Sewing for Adults & Mature Teens

Date: All classes run 10 weeks: 8 weeks of lessons, 2 of group project workshop

Time: 6:30pm - 8:30pm all classes

Where: Flynn Kitchen

Cost: \$25 RTH residents; \$50 Mission Hill residents; \$150 non-residents

Mondays: Intermediate Sewing Techniques  
Next class starts March 7<sup>th</sup>

Tuesdays: Beginners – next class starts March 1<sup>st</sup>

Fridays: Ongoing Advanced Sewing Workshop -  
*by permission of instructor*

- Learn the basics of how to use a sewing machine, how to read a pattern, and how to create simple garments in our beginner's class.
- Practice and learn how to add a zipper, measure for curtains, make pillows, etc. in part 2-techniques class
- Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop
- Use our machines or bring your own.
- Classes are limited to 6 due to COVID social distancing recommendations
- Fee paid by check or money order at registration; register at the RTHCC Welcome Desk

---

## RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level).

Applications are available at the Education & Resource Center, the RTHCC Welcome Desk, or by contacting Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) if you would like an application emailed to you.

## Learn to Earn Adult Internship

Ages: Adults 18 +

This 12-week program provides a quality work experience that will help you prepare for entry level jobs or gain seats in programs such as Training, Inc, BEST Hospitality, and Jewish Vocational Services.

Interns earn a \$200 stipend per month working 10 hours per week in an RTH program department. Opportunities include package delivery, program and event set up, office help and desk coverage, and more. Program placements are limited during COVID, but there are still some exciting opportunities!

Email Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) for an application or more information.

***Now is a great time to begin or continue your studies. Don't let COVID slow your pursuit of learning and practicing new skills!***

---

## ESOL - English for Daily Living

Date: January 11<sup>th</sup> - June 14<sup>th</sup>

Tuesday and Thursday evenings  
(rolling admissions)

Time: 7:30pm - 9:00pm

Where: RTH ASP Green Room

Ages: Adults 18 +

Cost: FREE, registration required (Class limited to 8)  
Register at the RTHCC Welcome Desk

Learn and practice practical English that will help you navigate doctor's office visits, grocery shopping, calling for appointments, making inquiries or placing work orders, etc. Email Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) or call the Education & Resource Center or 617-232-4306 ext. 601 to enroll

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)

### ServSafe Food Handlers Certification Classes

Date: Online class. To be arranged individually.  
Class & test typically take 2-3 hrs  
Time: Online modules completed at student's convenience  
Age: 16 +  
Cost: Residents: \$10 refundable fee (upon receiving certificate), Available in English, Spanish, and Chinese

Do you want to work in a restaurant or for a catering service? The ServSafe certification is for you!

The ServSafe Food Handler program covers five key areas:

- Basic food Safety
- Personal Hygiene
- Cross-contamination & Allergens
- Time & Temperature
- Cleaning & Sanitation

RTH requires all staff and volunteers who serve or prepare food for or at community events to have this training. The class and certification is free if you are a volunteer or Community Events Committee member. Note that ServSafe courses are offered online only. Please contact us if you need computer or internet access, we are happy help.

Email Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) or call the Education & Resource Center or 617-232-4306 ext. 601 to enroll

### Homework Help

When: Monday - Friday throughout school year except BPL school vacations  
Time: 4:00pm - 6:00pm  
Where: ONLINE and in person (Limited Available)  
Please register quickly to reserve a place.  
Grades: 1- 8  
Cost: Free for RTH residents

ZOOM Classroom Link is provided upon registration. Registration, which includes basic information about student's academic needs, is required. Register at RTHCC Welcome Desk. Tutors from local colleges help students complete homework online in a virtual ZOOM classroom. *We are providing limited in-person homework help this coming semester (February through June.) All students must wear masks and follow our COVID classroom guidelines.* Please contact Carmen Torres at [ctorres@roxburytenants.org](mailto:ctorres@roxburytenants.org) or (617) 232-4306 ext. 206

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)



# *Education & Resource Center (ERC) at the Betty Powers Library*

## **The Education & Resource Center**

When: Monday - Friday, 9:00am - 6:00pm , Saturdays, 9:00am - 12:00pm, Saturdays, 1:00pm - 5:00pm

Offering faxing, coping & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH residents - all ages.

Resident Services staff are available to translate letters and help fill out forms Saturdays 9:00am - 12:00pm. Computer and internet access 2-hour blocks of time may be reserved by appointment. Patrons must wear a mask and practice social distancing while in the center. Walk-ins will be turned away if the center is at capacity - avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

## **Saturday is Smartphone Day!**

When: Saturdays

Time: 2:30pm

Age: 18+

**Smartphone Basics.** Learn to set up and maintain your phone, use the most common functions & features

**Learn to Use QR Codes.** What are QR codes? Quick Response codes are the bar code looking blocks you see everywhere - including RTH flyers. Learn to use your smartphone to register for RTH classes, activities, and events quickly and conveniently

---

## **Learn to ZOOM! Everyone is doing it!**

Who: Small classes (6 maximum); Masks required

Age: 18+

Morning session - Tuesdays

10:00am - 11:00am

Afternoon session - Thursdays

1:00pm - 2:00pm

Shop online for groceries (and just about everything else!), visit your doctor via telehealth & telemedicine services, fill prescriptions, visit family & friends, attend classes, committees, and community meetings...and more! Register by calling 617-232-4306 ext. 601 or visit the Education & Resource Center.

## **Tech Goes Home Community Basics Distance Learning Online Courses (Zoom)**

Feb 21<sup>st</sup> for Spanish/English

March 10<sup>th</sup> for the English

Time: Mondays, 6:00pm to 9:00pm,

Each participant must completed 15 hours to earn a new Chromebook. Must be 18+ to qualify.

Online tools to help you live, learn, earn, and play! The curriculum is focused on fundamental digital skills and designed to help you access powerful online resources - shopping online, using Boston Public Library online resources, staying in touch with your child's school and teachers, family and friends, accessing resources, telehealth appointments, and more.

Please register at the Education & Resource Center or email XingYi Zhou at [xzhou@roxburytenants.org](mailto:xzhou@roxburytenants.org) You may also call 617-232-4306 x 601 for more information on Tech Goes Home.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)

### **Bridging the Digital Divide - Silver Techies (Zoom)**

When: Jan 13<sup>th</sup> - Mar 17<sup>th</sup>

Thursday, 6:30pm - 8:30pm

Technology has become an increasingly vital tool to stay connected to each other and to access goods and services, medical care and doctor's visits. Silver Techies is a computing skills class designed especially for seniors, offering a weekly 2-hour ZOOM class for 10 weeks and an optional Silver Techies Computer Club weekly online club meeting. Register at the Education & Resource Center or email Beverly Moss at

[bmooss@roxburytenants.org](mailto:bmooss@roxburytenants.org)

---

### **Technology Clubhouse - STEM Programs**

Who: 8-12 year olds

Cost: Free

MINECRAFT EDU is a game-based learning platform that promotes creativity, collaboration and problem-solving in an immersive digital environment. Kids learn basic coding concepts while building and exploring digital worlds. Used by educators world-wide and taught by award winning EMPOW Studios don't miss out! 10 seats in each 10 week class-**register now**.

Minecraft Exploration – Minecraft isn't just for video gamers! Create your own Minecraft world with fun features like animated characters and collaborate with friends to build together. Kids keep their digital files so they can keep building after class

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)

### **Minecraft Class (10 Weeks)**

When: Jan 14<sup>th</sup> - Mar 18<sup>th</sup>

Fridays, 4:00pm – 5:00pm

Jan 15<sup>th</sup> - Mar 19<sup>th</sup>

Saturdays, 11:00am - 12:00pm

Practice Sessions: Tech Clubhouse open access for to practice Minecraft skills

When: Jan 15<sup>th</sup> - Ongoing

Saturdays, 12:00pm – 1:00pm

Limited Seating available, Please register at the Resource Center desk if interested in participating. Pick up an application at the Education & Resource Center or contact Roxanne Haecker at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) for more information.

### **Don't let COVID slow your pursuit of learning and practicing new skills!**

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at [Bpl.org/online-resources](http://Bpl.org/online-resources)

***Set up an account at BPL.org with your library card number. Don't have a library card? If you are a Massachusetts resident, you can register for an e-card online***

Please contact the Education & Resource Center with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

# Youth Education & Workforce Development

## Learning in Training (LiT) Clubs

When: February 16<sup>th</sup> - June 1<sup>st</sup>

Time: Wednesdays, 4:30pm - 6:00pm

Who: 10-12 year olds: team members  
13-14 year olds: apprentices  
15-17 year olds: team leaders

Clubs meet once a week and youth earn a monthly stipend for their work, learning skills and taking on leadership in the clubs.

- Baking Club (Flynn Kitchen)
- Babysitting Club (online)
- Bike/Repair Club (half court)
- Computer/Tech Club (Resource Ctr.)
- Garden Club (Francis St. garden)
- Sewing Club (RTHCC classroom)

**Applications accepted on a rolling basis, clubs accept 6 youth in each session. Details will be shared in the interview! Apply through this link:**



## Youth Jobs Rally

When: Thursday, February 24<sup>th</sup>

Time: 11:00am-3:00pm

Who: Youth of all ages

March to State House with other youth activists (or join online) and advocate for funding or bills to support youth with your state legislators! Email for more information and to register: Jen Lewis at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org)

## Youth Jobs Info Session

When: Wednesday, February 23<sup>rd</sup>

Time: 1:00pm & 6:00pm

Who: 14-18 year olds

Where: Education & Resource Center.

Find out about opportunities to work and try out different types of jobs with our partners. Update your resume, get interviewing practice and tips, learn about potential employers and apply for summer jobs! Email for more information and to register with Jen Lewis at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org). Zoom link provided upon registration.

Also check partner websites directly for application access:

- [youth.boston.gov](http://youth.boston.gov)
- [abcdyouth.net](http://abcdyouth.net)
- for summer: [summerworks.net](http://summerworks.net)

## Individual Youth Workforce Coaching sessions

Who: 14-24 year olds

Individual meeting to connect youth with job trainings, opportunities to work in local businesses or with partner programs, refresh resumes with latest work experience, and practice interviewing. Email Jen Lewis at [jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) for an appointment.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)



# *RTHCC Welcome Center*

## **Reminders**

### **Check-In:**

Due to the need for safety and security, children 10 and under will need to be accompanied by an adult age 18 years and older unless they are registered for programs or classes. Everyone must check-in at the Welcome Desk. All members and program participants must check-in.

### **FOB Scanning:**

All members aged 13 years and older will need to swipe their FOB at the Welcome Desk upon arrival. FOBs are not transferable. Loaning an FOB to another person may result in the loss of membership privileges. Program participants and visitors must sign-in on the attendance roster. Children ages 10-12 years old will get an access keycard.

### **Visitors and Guests:**

RTHCC currently does not allow visitors and guests.

### **Locker Rooms (day use only):**

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the Ground level for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

### **Dress Code:**

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and barefeet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

### **Inclement Weather:**

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

### **Food/Drinks:**

Allowed in designated areas only.

# Health & Wellness

## Fitness Orientation

Date: By Appointment scheduled at the Welcome Desk or call (617)232-4306 ext. 200

Ages: 13+

This is a new required safety standard for all those using the Fitness Center. We want to ensure the safe use of equipment as well as identify needs of the participants in order to help us better meet the needs as well as design programs to improve your overall fitness level in the most effective way possible.

The Fitness orientation will include a series of assessments of the five components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information will be used by staff to design and help you implement an exercise program to best meet your needs. Assessment data will be collected to help you track your fitness journey.

---

## Healthy Moves

Date: Monday, Wednesday, Friday

Time: 10:00am - 11:00am

Where: RTHCC Gymnasium

Age: 55+

This exercise program was developed for seniors to enable them to stay healthy and fit. We will work on improving strength, endurance and flexibility. Included is a pre and post assessment to help track your progress. There is a key socialization component as well, which helps enable seniors to remain interactive with their peers. At the end of each session, we will have a celebration luncheon. Each participant will receive a certificate and a special prize.

## Tabata

Date: Tuesday

Time: 6:00pm - 7:00pm

Where: RTHCC Studio

Age: 16+

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

---

## Yoga

Date: Tuesday

Time: 11:00am - 12:00pm

Where: RTHCC Studio

Age: 16+

Yoga is a group of physical, mental, and spiritual practices or disciplines that originated in ancient India, aimed at controlling and stilling the mind, and recognizing the detached 'witness-consciousness' as untouched by the activities of the mind and mundane.

---

## Zumba

Date: Wednesday

Time: 6:15pm – 7:00pm

Where: RTHCC Studio

Age: 16+

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training – alternating fast and slow rhythms – to help improve cardiovascular fitness.



### **Muscle Work**

Date: Thursday  
Time: 6:00pm – 7:00pm  
Where: RTHCC Studio  
Age: 16+

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

### **Fall Prevention**

(Phase 1) Jan 11<sup>th</sup>- Mar 15<sup>th</sup>  
(Phase 2) Mar 29<sup>th</sup> – April 29<sup>th</sup>  
Date: Tuesday, Thursday  
Time: 12:15pm – 1:00pm  
Where: RTHCC Gymnasium  
Age: 55+ (Capacity: 10)

This is an 10-week, twice a week progressive functional training program. Every class will build on the ones before. The goal of this class is to increase performance in activities of daily life. The program focuses on developing stable movement patters, muscular strength, and increased cardiorespiratory fitness. This program encourages seniors to do more than merely workout to live, this program encourages seniors to work out to thrive.

### **Tai Chi**

Date: Monday, Tuesday, Thursday, Friday  
Time: 9:00am – 9:45am  
Where: RTHCC Studio  
Age: 16+ (Capacity: 12)

This is an Chinese martial art practice for defense training, meditation, and health benefits. It is sometimes called shadowboxing. Sophia Deng will be conducting this class, she has over a decade of experience in practicing and teaching the art form.

### **Traditional Chinese Umbrella Dancing**

Date: Wednesday  
Time: 9:00am - 9:45am  
Where: RTHCC Studio  
Age: 16+ (Capacity: 15)

This is a very popular folk dance and was very popular during the Han Dynasty in China. The dance originated from a district in China well known for making umbrellas.

### **Child Watch**

Dates: Tuesday - Friday  
Time: 5:00pm - 6:50pm  
Ages: 6 weeks - 12 years  
Where: RTHCC

RTH offers care for your child while adults participate in various RTH programs, events, and activities. Must sign up 12pm day of service.

You can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)



# Resident Services

We can assist with a wide range of services and facilitate connection to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

## Translation & Interpretation Services

Flynn Kitchen

When: Tuesdays, 10:00am - 12:00pm

Resource Center

When: Saturdays: 9:00am - 12:00pm

Age: All

Cost: Free

Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

---

## Fall 2021 Cleaning Workshops

Where: Parks Community Building

Cost: Free

Time: 6:00pm - 7:30pm

Dates: Monday, April 4th : DIY method to clean the oven, refrigerator, and bathtub

Tuesday, April 5th : Preparing for unit inspections

Come and shared with other residents about the stress and success you experience with cleaning your units! The series will focus on the task of cleaning the oven, refrigerator, and bathtub. Share tips, ideas, and best kept secrets, while learning to make your own cleaning products. Residents attending two workshops will receive a basket of cleaning supplies! Contact: Marta Franklin at 617-232-4306 ext. 304 for more information.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)

## Bed Bug Workshop

Date: March 15<sup>th</sup> (Chinese)

Time: 1:30pm - 2:30pm

Place: Flynn Kitchen

Date: May 10<sup>th</sup> (English)

Time: 1:30pm - 2:30pm

Place: Flynn Kitchen

Learn how to identify these pesky hichhikers and what to do if you have get them. You will learn how to prep for a treatment and best practices when delaing with your personal items. Space is limited to the first 15 residents to sign up. For more information, contact: Jingming Feng at [jfeng@roxburytenants.org](mailto:jfeng@roxburytenants.org) or (617) 232-4306 ext. 305

---

## Resident Services Coffee Hour

Age: All

Cost: Free

Dates: Thursday, February 24<sup>th</sup>

Levinson Building 3:00pm - 4:00pm

Thursday, March 10<sup>th</sup>

Neville Building 3:00pm - 4:00pm

Thursday, April 14<sup>th</sup>

Duggan Building 3:00pm - 4:00pm

Thursday, May 12<sup>th</sup>

Mosic Building 3:00pm - 4:00pm

Thursday, May 26<sup>th</sup>

Flynn Building 3:00pm - 4:00pm

Please come and join us at our coffee hours at our different buildings and meet our Resident Services Staff and learn about new programs and benefits and how we can assist you. We will have information about services at our table.

## RTH Teen Groups

### Boys

February 24<sup>th</sup> - April 28<sup>th</sup>

Thursday: 5:00pm - 6:00pm

Where: Parks Community Room

Age: 13-17 yrs old

Cost: Free

A fun and supportive teen group for teens to focus on social and emotional development. Teens will begin to learn and practice age-appropriate life skills including but not limited to:

- Job Readiness
- Leadership
- Advocacy and Community Agency
- Self-Care / Sexual Health
- Problem-Solving and Much More!

Setup for group will comply with all state mandated COVID standards issued by the Commonwealth. For more information, contact: Korrey Lacey-Buggs at [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or (617) 232-4306 ext. 310.

## Join Us at Parent Café

Dates: Tuesday, February 22<sup>nd</sup> - April 26<sup>th</sup>

Time: 5:30pm - 6:30pm

Place: Flynn Conference Room

Age: Adults

Cost: Free

An evening with parents and caregivers to talk about the challenges and victories of raising a family. Small meal & childcare provided. For more information, contact: Korrey Lacey-Buggs at [klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) or (617) 232-4306 ext. 310

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)



# Senior Services

## Seniors

We want to hear from you! What ideas do you have for daytrips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

## Senior's Mystery Trips

Mystery Trips are exciting adventures! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a novel destination. It's a great opportunity to meet people and have fun with the ones you already know. The destination might be a mystery, but we promise, it will be worth the trip.

Date: **Wednesday, March 23<sup>rd</sup>**  
Time: 11:00am  
Hint: Adventure awaits  
Cost: \$15.00

For more information, contact: Laura Adams at (617) 232-4306 ext. 700

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)

## Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. The deadline to sign up is 2 days in advance of the chat. ***DUE TO CURRENT COVID SITUATION, CHATS WILL BEGIN IN MARCH 2022***

### Various Locations:

*Joy Luck Club, Chinese language focus*

Date: 1<sup>st</sup> and 2<sup>nd</sup> Friday of the month

Time: 1:00pm & 3:00pm

Where: Flynn kitchen, 1<sup>st</sup> floor

*Russian Tea Room, Russian language focus*

Date: 2<sup>nd</sup> Thursday of the month

Time: 5:00pm

Where: Parks Community building

*Chit Chat Meeting, English language focus*

Date: 2<sup>nd</sup> Tuesday of the month

Time: 1:00pm

Where: Senior Drop-In Center

*Spanish Chat Meeting, Spanish language focus*

Date: 3<sup>rd</sup> Friday of the month

Time: 12:00pm

Where: Flynn Kitchen, 1<sup>st</sup> floor

## Taxi Coupons

Date: 1<sup>st</sup> Tuesday of the Month

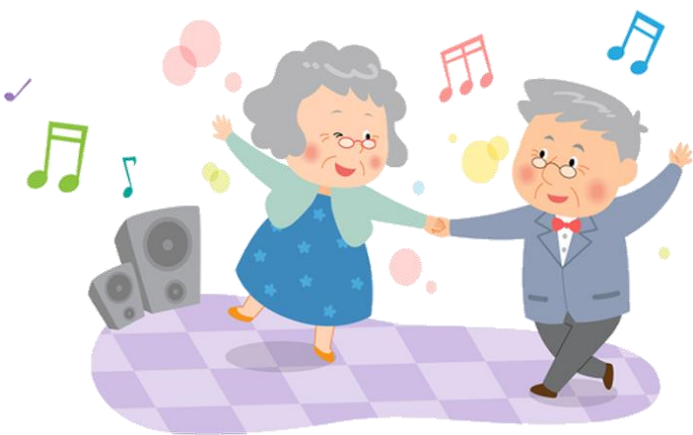
Time: 12:00pm

Where: Flynn Kitchen, 1<sup>st</sup> floor

Age: Seniors, 60 +

Cost: \$5.00 for \$10.00 worth of coupons. 2 book limit

Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of two books of taxi coupons per month. It is a great idea to have a few books handy in case of an emergency.



### Senior Monthly Shopping Trips

Preregistration is required for shopping trips, and a self-check health assessment will be performed before boarding the bus. Contact the Welcome Desk to register!

#### Market Basket

When: 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month  
Time: 9:30am  
Where: Meet in Levinson Tower lobby at 9:20am  
Cost: Free

#### Chinatown Shopping

When: 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month  
Time: 10:00am  
Where: Meet in Levinson Tower lobby  
Cost: Free

#### Kam Man Supermarket Quincy, Ma

When: 3<sup>rd</sup> Thursday of the month  
Time: 10:30am  
Where: Meet in Levinson Tower lobby  
Cost: Free

---

### Monthly Shopping Trip to Mall

When: 2<sup>nd</sup> Tuesday of the month  
Time: 9:30am  
Where: Meet in Levinson Tower lobby at 9:20am  
Cost: Free

---

### Bingo

Monday	2:00pm	Senior Drop-In Center
Thursday	2:00pm	Senior Drop-In Center

Come early buy your Bingo cards grab a good seat and hang out with your friends. *No admittance into Bingo after 2:15 pm*

### Arts and Crafts

Date: Wednesdays  
Time: 11:30am - 1:30pm  
Where: Flynn Kitchen, 1<sup>st</sup> floor

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more. These classes are effective ways to reduce stress and maintain a healthy brain

---

### ST. PATRICK'S DAY CELEBRATIONS

#### Bake Irish Soda Bread with Scott Amaral

When: Tuesday, March 15<sup>th</sup>  
Time: 10:30am to 11:30am  
Where: Flynn Kitchen

Join our baking class/presentation on Tuesday, March 15<sup>th</sup> at 10:30am in the Flynn Kitchen. Space is limited to 10 residents.

The baking class will be interactive. You will be given a chance to participate a question/answer session regarding the baking process. Residents attending will receive a bag of Soda Bread ingredients.

---

#### Irish Musical Interlude with Martin Joyve

When: Tuesday, March 15<sup>th</sup>  
Time: 4:00pm to 5:00pm  
Where: Zoom

Join us for “*What’s the Craic*” immerse your self in the St. Patrick’s spirit by listening to great Irish tunes. Please register by **Wednesday, March 9<sup>th</sup>**. A Zoom link will be emailed to you by Monday, March 14<sup>th</sup>. A luck of the Irish raffle will be held for participants.

You can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at [welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org)

# Family Programs

## Family Fun Afternoon \*\*

Date: Saturdays  
Time: 4:00pm - 5:30pm  
Where: RTHCC  
Ages: Families with children

A family-centered program is offered that encourages and supports family interactions with their children, dinner is offered.

---

## Family Art Night \*\*

Date: Wednesdays  
Time: 5:30pm - 7:00pm  
Where: RTHCC  
Ages: Families with children

Families are allowed to take part in arts under the guidance of professional artists, the individuals can discover talents and develop skills that will provide them with lifelong enjoyment

---

## Family Resource Fair

Date: March 19th  
Time: 11:00am - 1:00pm  
Where: RTHCC  
Ages: Families with children

Families come and enjoy a fun-filled evening of activities while learning about resources that are available for children and families at RTH and the greater Boston area.

---

## Family Fun Gym Time

Date: Saturdays 3:00pm - 5:00pm  
Date: M-W-F 1:00pm - 4:00pm  
Where: RTHCC Gymnasium  
Ages: Families with children

Families come and enjoy weekly play program that promotes physical activity for children ages 3-8.

## Family Movie Nights \*\*

Date: February 26<sup>th</sup>, March 19<sup>th</sup>, April 30<sup>th</sup>  
Time: 3:00pm - 5:00pm  
Where: RTHCC  
Ages: Families with children

Winter calls for taking your activities inside, forget the at-home movie nights and cramped-couch sitting this winter. Families can switch up their film-viewing experience by taking them indoors to RTHCC basketball court. It's a chance to sprawl out on sleeping bags, and hopefully get some giggles in with friends.

---

## Child Watch

Dates: Tuesday - Friday  
Time: 5:00pm - 6:50pm  
Ages: 6 weeks - 12 years  
Where: RTHCC

RTH offers care for your child while adults participate in various RTH programs, events, and activities. Must sign up 12pm day of service.

---

## RTH Kids Night Out \*\*

Date: Saturdays, January 29<sup>th</sup> - February 26<sup>th</sup>  
Time: 4:00pm - 5:30pm  
Where: RTHCC  
Ages: Families with children 6-12

Sign-up your kids to be dropped off for an evening of fun while parents get a little peace and quiet! Kids get active with group games, and plenty of fun and dinner.

**\*\*Pre-Registration required 72 hours prior to program start time.**



# Teen Center

## Teen Center Drop-in Hours

### Tuesday & Thursday 3:30pm - 6:45pm

The Teen Center offers drop-in recreation to RTH teens during our daily operational hours. Drop-in activities include the use of our game room, (see schedule for availability) as well as our computer lab which has high-speed internet and is open and staffed during designated hours. We encourage ALL teens to stop by and enjoy our outstanding facility. **See details below**

## Academic Homework Support

Tuesday - Thursday 4:00pm - 6:00pm

## Teen Center Computer Lab Hours

Monday - Thursday 3:30pm - 6:45pm

## Game Room Hours

Tuesday - Thursday 5:00pm - 6:00pm

---

## Middle School Program

### Parent and Youth Info and Registration meeting

Tuesday, March 8<sup>th</sup> at 5:30pm

Where: Teen Center

Ages: Youth in 6<sup>th</sup>, 7<sup>th</sup>, or 8<sup>th</sup> grades

Open to middle school youth, this program provides homework support, workshops, relationship-building, and vacation week activities during the school year, 3:00pm - 6:00pm, Monday-Friday.



## Teen Half Court

Date: Mondays and Wednesdays  
5:00pm - 6:45pm

Date: Tuesday and Thursday  
5:30pm - 6:45pm

Where: RTHCC Gymnasium

Age: 13-17 yrs. old

Attention teenagers, are you looking for something to do? Get together with your friends for pick-up games of basketball.

---

## RTH Teen ONLY Night Out

Date: Fridays - Saturdays

Time: 5:45pm - 9:45pm

Where: RTHCC Gymnasium

Age: 13-17 yrs. old

Cost: Free

Come hear about resources, shoot around on the basketball court, play games, listen to music, and hang out with friends, and eat tasty, yummy healthy food!

---

## RTH Teen ONLY Dinner

February 23<sup>rd</sup>, March 2<sup>nd</sup>, 9<sup>th</sup>

Time: 4:30pm - 6:00pm

Where: Teen Center

Age: 13-17 yrs. old

Join us for dinner, conversation, and community!

Must pre-register at welcome center

# *Sports & Enrichment Programs*

## **Creative Builders**

Date: Saturdays, Feb 26<sup>th</sup> - Mar 19<sup>th</sup>  
Time: 11:00am - 12:00pm  
Where: RTHCC  
Age: 3-5 yrs. old

Calling all inventors, builders, and designers, come and build some awesome creations with us! We will create our own designs and make structures using building blocks, recyclable materials, and many other interesting items. Healthy Snack provided.

---

## **Taekwondo**

Date: Ongoing, Sundays  
Where: RTHCC Gymnasium  
Age: 4-6 yrs. old - 11:30am - 12:15pm  
7+ yrs. old - 12:30pm - 1:15pm  
Cost: RTH Resident - Free/Non-Resident - \$25.00 \*

Whether your kid is bursting with energy or shy in most social situations, martial arts can go a long way toward developing qualities and habits in your young ones that can last a lifetime.

---

## **Learn to Swim Program**

Date: February 28<sup>th</sup> - April 17<sup>th</sup>  
Where: YMCA (Huntington Ave.)  
Age: All ages  
Cost: RTH Residents - \$20.00

Safety first! Learn to swim lessons for all at one of the partnering pools. Contact the Welcome Desk to register.

---

## **Ping Pong for Adults**

Date: Monday - Friday  
Time: 7:30am - 9:00am  
Where: RTHCC Foyer  
Age: 18+

Come with a friend and play pickup Ping Pong.

## **Ping Pong for Families**

Date: Saturdays 3:00pm - 5:00pm  
Date: Sundays 1:30pm - 2:45pm  
Date: T-TH 4:00pm - 6:00pm  
Where: RTHCC Foyer  
Age: Families with children

Ping Pong is a fun way to build skills and endurance for the entire family.

---

## **Operation Snowsports/Ski lessons**

Date: Sundays February 27<sup>th</sup> - March 13<sup>th</sup>  
Time: 10:45am - 6:30pm  
Where: RTHCC  
Age: 6-12 yrs. old  
Cost: RTH Resident - \$10.00

In partnership with YES, RTH youth(s) get the opportunity to experience downhill skiing and snowboarding. The program includes equipment rental, a lift ticket, and a bus ride to one of New England's best skiing locations, and a ski/snowboard lesson.

---

## **Soccer Little Stars**

Date: Saturdays  
Time: 10:30am - 11:15am  
Where: RTHCC Gymnasium  
Age: 3-5 yrs. old

Preschoolers will have fun while learning fundamentals of the game of soccer.

---

## **Youth Skills & Drills Basketball**

Date: Mondays and Wednesdays  
Time: 5:00pm - 5:45pm  
Where: RTHCC Gymnasium  
Age: 6-12 yrs. old  
Cost: RTH Resident - Free/Non-Resident - \$10.00 \*

Dribbling, passing, shooting, rebounding, and defensive skills will be taught will have fun along with an actual game.

### **Traditional Chinese Dance (TCD) for Children**

Date: Ongoing Sundays  
Time: 10:30am - 12:00pm  
Where: RTHCC Studio  
Age: 6-12 yrs. old  
Cost: RTH Resident - \$5.00/Non-Resident - \$20.00 \*

A cultural art that expresses harmony, elegance, and fluidity through movement. It is for everyone that wants to work on flexibility and learn traditional Chinese dance techniques. Youth will learn to work together to create performances that show the beauty of this cultural dance.

---

### **RTH Youth Basketball League**

Date: February 28<sup>th</sup> - May 14<sup>th</sup>  
Mondays and Wednesdays - Practice  
Time: 6:00pm - 6:45pm  
Where: RTHCC Gymnasium  
Age: 6-12 yrs. old  
Cost: RTH Resident - Free/Non-Resident - \$20.00 \*

This 12-week season will have practice/scrimmages mixed in throughout the season to allow greater development and continuous teaching! Games will be played on Saturday's at RTHCC. Registration opens February 21<sup>st</sup> for residents and February 28<sup>th</sup> for non-residents. This 12-week season will have practice/scrimmages mixed in throughout the season to allow greater development and continuous teaching! Games will be played on Saturday's at RTHCC.

---

### **Adult Open Gym**

Date: Monday-Friday  
Time: 11:00am - 4:00pm  
Date: Sundays  
Time: 1:30am - 2:45pm  
Where: RTHCC Gymnasium  
Age: 18+

Recreational open basketball gym time. Come shoot hoops and get in on a pick-up game with your friends

### **Youth Open Gym**

Date: Monday-Friday  
Time: 4:00pm - 5:00pm  
Where: RTHCC Gymnasium  
Ages: 6-12

Open gym time for youth. Staff supervision provided.

---

### **Teen Open Gym**

Date: Monday and Wednesday 5:00pm-6:45pm  
Time: Tuesday and Thursday 5:30-6:45pm  
Where: RTHCC Gymnasium  
Age: 13-17

Recreational open basketball gym time. Come shoot hoops and get in on a pick-up game with your friends

*\*proof of vaccination required for non-residents*

*\*\* See teen page for additional offerings*



# After School Program, K2 – 5<sup>th</sup> grades

## Accepting Enrollments for Children ages 5-12 years

The RTH After School Program (ASP) is licensed as a School-Age Child Care program through the Massachusetts Department of Early Education and Care (EEC) and serves the needs of children 5-12 years. Our Program provides a safe, fun, friendly place for children with a wide variety of age-appropriate activities that promote learning and fun in an atmosphere where respect, teamwork, and a sense of community are valued. The mission of the RTH After School Program is to strengthen the academic achievement, social skills, and leadership development of school-age children from our diverse community. Our Program challenges the imagination, creativity, self-directed initiative in all children through activities that allow them to express their talents through exciting enrichment activities in science, computer, literacy, and math. Arts and crafts, cooking, sports and games, special guests, and field trips are all part of the fun. **In addition, a healthy snack, dinner, and homework assistance is offered daily.** A full-day program for school vacation is available for students. Children must be enrolled in K2-5th grades and ages of 5-12-year-old to participate.

RTH Resident Fees	\$33.00 weekly fee**
Sibling rate for Residents only/half price for a second child	\$12.00 weekly fee **

Vacation Fee: RTH Residents Fee: \$55.00/half price for sibling \$30.00\*\*

## Middle After School Program

The Middle School Program allows students to meet and engage with like peers and participate in enrichment programs that develop social and emotional learning. The program's primary goal is to continue inspiring a love of learning for students during the school year. Students receive homework assistance, tutoring as needed, and exciting hands-on workshops. The program also operates full-time during the summer months providing field trips and other enrichment opportunities.

Afterschool - 3:00pm - 6:00pm

Location; RTHCC Teen Center

Grades: 6<sup>th</sup> - 8<sup>th</sup>

Cost: Free

## Vacation Weeks:

**February:** Closed: Monday, **Feb 21st (President's Day)** Program Date: February 22nd - 25th

Application available on Monday, January 31st, 2022

**April:** Closed: Monday, **April 18th (Patriots Day)** Program Date: April 19th - April 22nd

Application available on Monday, March 14th, 2022

For more information or to sign up, contact: Afterschool Program Site Coordinator, Ms. Xue at [xwu@roxburytenants.org](mailto:xwu@roxburytenants.org) or (617)232-4306 ext. 402

\*\* *New rates effective 2022*



# *Employment Opportunity*

## **Gym Monitors**

**Position Summary:** Gym Monitors are expected to oversee athletic facilities, including participants and equipment, and assist with sports classes. Ensuring that emphasis in RTH sports programs is always on safety, participation, inclusion, fun, and fair play. Our gym monitors will exhibit a positive and helping attitude, promote exercise and health, and instill values that will lead to a positive experience in sports and games.

### **Essential Duties & Responsibilities:**

- Welcome members, guide them to the appropriate equipment, and share expectations regarding equipment usage, physical distancing, masks, and cleaning.
- Be visible & supervise the gym area to ensure the safety of our members' and ready to assist them as needed.

### **Qualifications:**

- Minimum age of 18 with High School Diploma or GED
- CPR, AED, and Basic First Aid
- General Knowledge of sport-specific rules and regulations and how they should be applied according to gameplay
- Maintains records as required (i.e., attendance, equipment, etc.)
- Help create and ensure a safe environment, including program set up, clean up, and sweeps gym floors before games and activities.
- Attends staff meetings and training as scheduled
- Organizes and puts away needed class equipment. Reports damaged equipment
- Willingness to accept responsibilities and duties other than those assigned
- Flexible Schedule with availability afternoons, early evenings, and weekends

### **Employment Application:**

If interested in learning more about this position, submit cover letter and resume to: Nichelle Jenkins, Welcome Desk Coordinator at [njenkins@roxburytenats.org](mailto:njenkins@roxburytenats.org) or 617-232-4306 ext. 200

# Afterschool Group Leaders



**Position Summary:** The After School Group Leader was established for the purpose(s) of helping students develop and strengthen academic, physical, and social skills by aiding and tutoring to students in the afterschool program. Incumbents will be responsible for providing academic tutoring and enrichment programming (i.e., poetry, art, drama, music, dance etc.) for designated groups of up to twenty students: and organizing and providing recreation activities. Incumbents will work under the direction of the site designee.

**Essential Duties & Responsibilities:** Develop and lead varied, multi-subject activities for youth that are enriching and age appropriate (e.g., arts education, STEM, community engagement, physical education, etc.).

- Provide supervisory care for a group of 5-12 youth during remote learning and activities. Groups are currently staffed with 2 Group Leaders per 13 children due to increased individualized attention.
- Attend professional development training and meetings that occur during non-program hours, as required.
- Ensure safety of all participants during structured and unstructured time.
- Assist with preparation of snacks and other program functions (e.g. clean-up, meal time, transitions, etc.).
- Provide positive role-modeling, reinforcement and behavior modification when necessary.

## Education/Experience:

- Must be at least 18 years old and meet one of the following:
- Have a Bachelor's or Associate's degree and have three months of experience working with school age children.
- Have a high school diploma or equivalent and six months of experience working with school age children including three months of supervised experience at a school age child care program.
- Have nine months of experience with school age children including three months of supervised experience at a school age child care program.

**Language Ability:** Bilingual a plus

**Math Ability:** Proficient in basic math skills that involve making calculations of amounts, sizes, or other measurements. Competent in Core concepts like addition, subtraction, multiplication, and division.

**Computer Skills:** Knowledge and ability to use computers and related technology.

## Employment Application:

If interested in learning more about this position, submit cover letter and resume to: May Vaughn, Director of Youth & Family Services at [mvaughn@roxburytenants.org](mailto:mvaughn@roxburytenants.org) or 617-232-4306 ext. 201

# Group Exercise Instructor



**Position Summary:** The Group Exercise Instructor will model and teach RTH core values. Builds relationships with class participants and gym members. Provide staff with feedback, coaching, guidance, and support. Demonstrates passion to work with youth, families, team, and staff. Agrees to a flexible work schedule. Self-starts; can initiate and carry out diverse duties with minimal supervision. Provide safe, secure, and educational experiences for participants.

## **Essential Duties & Responsibilities:**

- Promote knowledge of proper group fitness components.
- Monthly program designs. Perform monthly demo/classes based on that month's theme
- Ensures all programs are safe, properly staffed, and equipped. Ensures that RTH program standards are met, and safety procedures are followed.
- Build and maintain a high standard of customer service and serves as a role model for residents, program participants, staff, and volunteers.

## **Qualifications:**

- Experience in group and/or personal training, and health and wellness programming
- Experience in working with youth, adults, families, and older adults.
- Must hold a national certification or will acquire on within 60 days of employment
- Knowledge of and previous experience with diverse populations.
- Current CPR, AED, and First Aid certifications are required.

## **Employment Application:**

If interested in learning more about this position, submit cover letter and resume to: Chris Mitchell, Director of Health & Wellness at [cmitchell@roxburytenants.org](mailto:cmitchell@roxburytenants.org) or (617)-232-4306 ext.203



## Fitness Coach

**Position Summary:** The certified Fitness Coach will provide safe, secure, and educational experiences to gym members. The fitness coach will orient members to the use of all the equipment on the fitness floor. They will have the ability to run small group session, as well as group exercise, and personal training sessions.

### Essential Duties & Responsibilities:

- Welcome members, guiding them to the appropriate equipment, and sharing expectations and information regarding equipment usage, physical distancing, masks, and cleaning.
- Supervise the wellness floor to ensure the safety of our members, as well as being visible and ready to assist them as needed.

### Qualifications:

- Knowledge in the fitness industry, preferably having experience in the field, and or, studying the subject.
- Knowledge and ability to bring members through orientations, tours of the facility, and create a fitness plan suitable for individual goals and needs.
- Knowledge of and previous experience with diverse populations.
- Must be CPR/AED certified
- Personal training certification is required upon hire, or within 90 days of being hired.

### Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Chris Mitchell, Director of Health & Wellness at [cmitchell@roxburytenants.org](mailto:cmitchell@roxburytenants.org) or (617)-232-4306 ext.203



# Lifeguard



**Position Summary:** Under the supervision of the Aquatics Operations Manager, the Lifeguard is responsible for the safety and well-being of all aquatic facility patrons and may be called to respond to non-aquatic emergencies. The lifeguard will ensure facility rules are adhered to, the pool deck is safe, clean, and organized, the water chemistry is balanced, and water temperature is maintained.

## **Essential Duties & Responsibilities:**

- Supervises swimming activities at the aquatics facility and ensures that policies, guidelines, and safety procedures are followed.
- Administers first aid in the event of injury, rescues swimmers in distress or danger of drowning, and administers CPR and/or artificial respiration, if necessary.
- Evaluates conditions for safety and initiates aquatics emergency action plan as required.
- Inspects pool facilities, equipment, and water to ensure that they are safe and usable.
- Supervises and assists in cleaning the pool and related facilities and equipment.
- Assists with chlorine residual water tests and with records and charts of water tests and records of accidents and adds chemicals to pool water as directed.
- Instructs or assists classes in fundamentals of swimming as needed.

## **Qualifications:**

- High school diploma or equivalent
- Minimum of 6 months of related work experience
- Certified Red Cross Lifeguard Training Certificate, or equivalent
- American Red Cross CPR for the Professional Rescuer, or equivalent
- American Red Cross Standard First Aid, or equivalent
- Willingness to accept responsibilities and duties other than those assigned
- Flexible Schedule with availability afternoons, early evenings, and weekends

## **Employment Application:**

If interested in learning more about this position, submit cover letter and resume to: Byron Rounds, Physical Education and Aquatics at [brounds@roxburytenants.org](mailto:brounds@roxburytenants.org) or (617)-232-4306 ext.203

# Resident Services Manager



**Position Summary:** The Resident Service Manager's (RSM) mission is to enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary. The RSM is committed to working with people in a way that is nonjudgmental, non-intrusive, confidential and that promotes resident empowerment autonomy and dignity.

**Essential Duties & Responsibilities:** Following established professional standards of practice and code of ethics, the RSM works to:

- Increase the ability of residents to uphold lease obligations.
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents. Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.

**Qualifications:** MSW required, LCSW preferred.

- Preferred candidate will be bilingual (Spanish, Russian or Cantonese/Mandarin and English)
- Excellent oral and written communication, organization, and time management skills.
- Experience working in an urban, community setting; preferably in housing Experience working with families of diverse ages, races, and abilities. Strong leadership and community building skills
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Possess organizational, time management and problem-solving skills Knowledge of relevant state, federal and local resources, and agencies

## **Employment Application:**

If interested in learning more about this position, submit cover letter and resume to: Scott Amaral, Director of Resident Services at [samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) or 617-232-4306 ext. 306

## Resident Services - Administrative Assistant



**Position Summary:** Administrative Assistant duties and responsibilities include providing administrative support to ensure efficient operation of the office. Providing support to the director, manager, and coordinators through a variety of tasks related to organization and communication. Ability to effectively communicate ensuring that all administrative assistant duties are completed accurately and delivered with high quality and in a timely manner.

**Qualifications:** Excellent time management skills and ability to multi-task and prioritize work. Attention to detail and problem-solving skills. Excellent written and verbal communication skills.

- Strong organizational and planning skills and working knowledge of MS Office.
- High school diploma or equivalent. Ability to work in a fast-paced environment.
- Possess organizational, time management and problem-solving skills.
- Current CPR, AED, and First Aid certifications required.

**Responsibilities:** Welcome new residents and explains the RSC program as well as appropriate and available community resources, programs, and services.

- Welcome new residents and explains the RSC program as well as appropriate and available community resources, programs, and services.
- Provide general support to residents and visitors.
- Carry out administrative duties such as filing, typing, copying, binding, scanning and maintain and departmental filing systems
- Maintain supplies inventory by checking stock to determine inventory level; placing and expediting orders for supplies; verifying receipt of supplies
- Attend and participate in staff, programs, events and inter department meetings as directed.

***Bilingual applicants preferred.***

### **Employment Application:**

If interested in learning more about this position, submit cover letter and resume to: Scott Amaral, Director of Resident Services at [samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) or 617-232-4306 ext. 306

# Bi-lingual English/Cantonese Resident Service Coordinator



**Position Summary:** The Resident Service Coordinator's (RSC) will help enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary.

**Essential Duties & Responsibilities:** Following established professional standards of practice and code of ethics, the RSC works to:

- Increase the ability of residents to uphold lease obligations (timely rent payments, proper unit maintenance and quiet and peaceful enjoyment of the property for residents and neighbors).
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents.
- Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.

## **Qualifications:**

- Minimum 2 years Human Services or related experience, MSW preferred
- Excellent oral and written communication, organization, and time management skills
- Experience working in an urban, community setting; preferably in housing
- Experience working with families of diverse ages, races, and abilities Strong leadership and community building skills.
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Knowledgeable about services available to assist people with a disability, housing, drug or alcohol abuse, domestic violence, or mental health issues. Some supervisory experience

*Must be a bilingual Chinese Cantonese speaker*

## **Employment Application:**

If interested in learning more about this position, submit cover letter and resume to: Scott Amaral, Director of Resident Services at [samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) or 617-232-4306 ext. 306

# ***RTH Directory***

## **Executive Office - Neville House**

*11 New Whitney Street, 1st Floor*

**Karen T. Gately**, *Executive Director*

[kgately@roxburytenants.org](mailto:kgately@roxburytenants.org) 617-232-4306 ext. 104

**Latoya Cromartie**, *Payroll Specialist*

[lcromartie@roxburytenants.org](mailto:lcromartie@roxburytenants.org) 617-232-4306 ext. 101

**Lori Taylor**, *Senior Administration*

[ltaylor@roxburytenants.org](mailto:ltaylor@roxburytenants.org) 617-232-4306 ext. 107

**Patricia Haran**, *Controller*

[pharan@roxburytenants.org](mailto:pharan@roxburytenants.org) 617-232-4306 ext. 106

**Tara O'Ree**, *Executive Coordinator*

[toree@roxburytenants.org](mailto:toree@roxburytenants.org) 617-232-4306 ext. 100

**Juan Castillo-Then**, *Technology Specialist*

[jcastillo-then@roxburytenants.org](mailto:jcastillo-then@roxburytenants.org) 617-232-4306 ext. 103

**Jun J. Xu**, *Technology Assistant*

[junx@roxburytenants.org](mailto:junx@roxburytenants.org) 617-232-4306 ext. 105

## **Education & Resource Center at the Betty Powers Library** *25 Mission Park Drive (Front Desk ext. 601)*

**Roxanne Haecker**, *Director of Community Education & Workforce Development*

[rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) (617) 232-4306 ext. 603

**Beverly Moss**,

[bmoss@roxburytenants.org](mailto:bmoss@roxburytenants.org) (617) 232-4306 ext. 601

**Jennifer Lewis**, *Youth Educational Services & Workforce Development Specialist*

[jlewis@roxburytenants.org](mailto:jlewis@roxburytenants.org) (617) 232-4306 ext. 600

## **RTH After School Program Recreation Exploration Center**

*835 Huntington Avenue*

**Denise Watson**, *Director of Youth and Family Programs*

[dwatson@roxburytenants.org](mailto:dwatson@roxburytenants.org) (617) 232-4306 ext. 401

**Carmen Torres**, *Literacy Coordinator*

[ctorres@roxburytenants.org](mailto:ctorres@roxburytenants.org) 617-232-4306 ext. 401

## **RTH Community Center**

*20A Vining Street (Welcome Desk ext. 200)*

**May Vaughn**, *Director of Youth & Family Services*

[mvaughn@roxburytenants.org](mailto:mvaughn@roxburytenants.org) 617-232-4306 ext. 201

**Chris Mitchell**, *Health & Wellness Director*

[cmitchell@roxburytenants.org](mailto:cmitchell@roxburytenants.org) 617-232-4306 ext. 203

**Curtis Williams**, *Welcome Desk Administrator*

[cwilliams@roxburytenants.org](mailto:cwilliams@roxburytenants.org) 617-232-4306 ext. 202

**Kendall William**, *Program Specialist*

[kwilliams@roxburytenants.org](mailto:kwilliams@roxburytenants.org) 617-232-4306 ext. 200

**Nichelle Jenkins**, *Welcome Desk Coordinator*

[njenkins@roxburytenants.org](mailto:njenkins@roxburytenants.org) 617-232-4306 ext. 200

## **Resident Services Parks Community Building**

*2 New Whitney Street 2nd Floor*

**Scott Amaral**, *Director of Resident Services*

[samaral@roxburytenants.org](mailto:samaral@roxburytenants.org) / 617-232-4306 ext. 306

**Yelena Piliavsky**, *Resident Services Coordinator*

[ypiliavsky@roxburytenants.org](mailto:ypiliavsky@roxburytenants.org) / 617-232-4306 ext. 303

**Marta Franklin**, *Resident Service Coordinator*

[mfranklin@roxburytenants.org](mailto:mfranklin@roxburytenants.org) / 617-232-4306 ext. 304

**David Chen**, *Resident Services Coordinator*

[dchen@roxburytenants.org](mailto:dchen@roxburytenants.org) / 617-232-4306 ext. 302

**Korrey Lacey-Buggs**, *Resident Service Coordinator & Life Skills Specialist*

[klacey@roxburytenants.org](mailto:klacey@roxburytenants.org) / 617-232-4306 ext. 310

**Jingming Feng**, *Assistant Program support*

[jfeng@roxburytenants.org](mailto:jfeng@roxburytenants.org) / 617-232-4306 ext.305

## **Senior Services, Flynn House**

*805 Huntington Avenue, 1st Floor*

**Laura Adams**, *Director of Senior Services*

[ladams@roxburytenants.org](mailto:ladams@roxburytenants.org) / 617-232-4306 ext. 700