

WHAT'S UP

**A Roxbury Tenants of Harvard Association
publication of Community Events, Services,
Family trips, and Upcoming Happenings
taking place in your Community!**

ROXBURY TENANTS OF HARVARD MISSION STATEMENT

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

Spring Edition 2023



RTH Spring Session Dates (10 Week Session)

Day	Start Session	End Date
Sunday	April 23 rd	June 25 th
Monday	April 24 th	June 26 th
Tuesday	April 25 th	June 20 th
Wednesday	April 26 th	June 21 st
Thursday	April 27 th	June 22 nd
Friday	April 28 th	June 23 rd
Saturday	April 29 th	June 24 th

RTH Holiday and Event Schedule

Please note the following schedule changes for upcoming holidays

A Day of Remembrance & Reconciliation	May 10 th	Wednesday	Open
Memorial Day	May 29 th	Monday	Closed
Annual Meeting	June 11 th	Sunday	Annual Meeting Activities Only
Juneteenth	June 19 th	Monday	Closed
Independence Day	July 4 th	Tuesday	Closed

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interest would you like to share?

We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issue of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings. For more information call RTH Executive office at (617)232-4306 x100 or email executiveoffice@roxburytenants.org.

Please leave your name, contact information and the committee, program, event, or area you would like to volunteer.



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RTH EXECUTIVE OFFICES

11 New Whitney Street
617-232-4306 ext. 100
Hours of Operation: By Appointment Only
Mon-Fri 9:00am - 5:00pm

RTH COMMUNITY CENTER

20A Vining Street
617-232-4306 ext. 200
Hours of Operation:
Sunday 10:00am - 3:00pm
Monday - Thursday 7:00am - 8:00pm
Friday 7:00am - 9:00pm
Saturday 10:00am - 9:00pm

MISSION PARK / TRINITY MANAGEMENT

835 Huntington Avenue
617-566-0707
Hours of Operation:
Mon-Fri 9:00am - 5:00pm

RTH PROPERTIES / TRINITY MANAGEMENT

747 Huntington Avenue
617-232-5910
Hours of Operation:
Mon-Fri 9:00am - 5:00pm

RESIDENT SERVICES

Parks Community Building
2 New Whitney Street 2nd Floor
617-232-4306 ext. 305
Hours of Operation: **By Appointment**
Mon, Wed, Fri 9:00am - 5:00pm
Tue, Thu 10:00am - 6:00pm

SENIOR SERVICES

805 Huntington Avenue
617-232-4306 ext. 700
Hours of Operation: **By Appointment**
Mon thru Fri 9:00am - 5:00pm

EDUCATION & RESOURCE CENTER (ERC)

25 Mission Park Drive 617-232-4306 ext. 601
Hours of Operation: **By Appointment**
Mon-Fri 9:00am - 6:00pm
Sat 10:00am - 5:00pm

SECURITY OFFICE

835 Huntington Avenue
617-731-6972
Hours of Operation: Daily/24 Hours

Dear RTH Residents,

Spring is in the air! It is a time of renewal and reawakening. After a long winter, we welcome longer days, warmer temperatures, and opportunities to get outside. Refresh, Renew, and Reinvigorate in your community. We hope you will take a few minutes to look through the Spring 2023 edition of the What's Up, and see what opportunities there are to socialize, learn a new skill, or (re)consider joining a fitness activity.

We also want to remind you that the RTH Website is now up and running. The website allows you to access the information contained in the What's Up, and a host of other helpful information. For residents who don't have computers, the Education and Resource Center at the Betty Powers Library offers computer time by reservation at no cost, and introductory classes to learn the basics and beyond. Thinking about getting a smartphone, or hoping to get more out of the one you already have? Smartphone Saturdays, beginning in May, just might be the right class for you.

If those New Year's resolutions fell by the wayside, you can start over. We have many opportunities for our residents, and I hope you will see those as a new beginning and a happier and healthier you. For those of you who are looking to begin a fitness routine or shake up an old one, consider a Fitness Orientation with one of our Health & Wellness staff. These orientations are available at no cost, by appointment, and are a great way to help make your workouts more effective and enjoyable.

The Mary T. Clifford Pool will be opening near the end of June. See the Aquatics section for pre-season opportunities for youth to work on swimming skills by joining the RTH Swim Club! We are also offering a Lifeguard Academy beginning in May for residents who are interested in becoming certified Lifeguards.

These are just a few of the opportunities RTH has to offer. The possibilities are endless. Please let us know if there is anything we can do to help you enjoy your "RTH Experience" even more. Feel free to contact me with your questions, concerns, or suggestions. I look forward to working with you.

Be Safe, Be Well!

Sincerely,

A handwritten signature in black ink that reads "Karen". The script is fluid and cursive, with a large initial 'K'.

Karen T. Gately
Executive Director

RTH Program Safety Guidelines

We continue to encourage all staff and residents who are able, to stay current on Flu and Covid vaccinations. Staff who choose to remain unvaccinated or not fully boosted continue to test weekly.

Residents are asked to refrain from participating in programs or events and contact their healthcare provider if they are experiencing symptom, including: cough, runny nose, fever, chills, muscle aches, sore throat, shortness of breath or difficulty breathing, nausea and/or vomiting, diarrhea, loss of taste or smell.

Mask wearing (at the time of this publication) is voluntary; disposable masks are available at all departments, as is hand sanitizer.

Most programs, classes and events are returned to full in-person participation. Pre-registration is required for most activities and encouraged for ongoing programs and classes.

For the latest information from the CDC regarding Covid-19, go to:

<https://www.cdc.gov/media/releases/2022/p0811-covid-guidance.html>

Or scan the QR code below:



Join the Fun!

New RTH Website – www.Roxburytenants.org

Three Ways to Register for a Programs & Events at RTH

(First Come First Served)

Option 1: Register Online

- Go to www.RoxburyTenants.org and look for programs that interests you
 - Email (welcomedeskstaff@roxburytenants.org)
 - Provide your name and phone number (required)
 - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

Option 2: Register In-Person

(NO same day registration for classes, must be done 24 hours in advance)

Please come to the RTHCC Welcome Desk to register

- Monday thru Thursday 7:00am - 8:00pm
 - Friday 7:00am – 9:00pm
 - Saturday 10:00am – 9:00pm
 - Sunday 10:00am - 3:00pm

Option 3: Register By Phone

Please call the Hotline at 617-232-4306 ext. 200

- Monday thru Thursday 7:00am – 7:00pm
 - Friday 7:00am – 9:45pm
 - Sunday 11:00am - 2:00pm

Announcements/Community

SAVE THE DATE! RTH ANNUAL MEETING!

Date: June 11th

Day: Sunday

Time: Registration opens at 1:00pm, Meeting starts at 2:00pm

Ages: Family (All Ages)

Where: RTHCC Gymnasium

Vote the 2023 Board of Directors! Transportation and ChildWatch available with prior sign-up.
Contact Lori Taylor at ltaylor@roxburytenants.org or call 617-232-4306 x107 with questions.

Francis Street Garden

Hours: Daily 7:00am to Sunset, Weather permitting

The Francis Street Garden, located at 42 Francis Street, is open for the community's quiet enjoyment. The Garden has a keypad to access. If you are visiting the Garden for the first time, please call your Management Office for the code.

Please note the garden will remain locked if weather conditions create a safety hazard.

To ensure a safe and enjoyable experience for all of our guests, please respect our neighbors by following these guidelines:

- All ages are welcome
- Please show common courtesy to fellow guests by not using profanity or engaging in unsafe, illegal, disruptive, or offensive behavior
- This is a smoke free zone. Enjoy the clean air
- Alcoholic drinks and illegal substances are not allowed
- For your safety, please don't bring glass containers into the garden
- Pets, except service animals, are prohibited
- Please leave the Garden as you found it and take all your trash with you



Fresh Truck Mobile Market

Day of the week: Wednesday

Time: 3:00pm - 5:30pm

Location: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most. Fresh truck is now a hybrid market; with online ordering and in person shopping available.

Fresh Truck Online ordering

You order fruits and vegetables online and pick-up on Wednesdays between 3pm and 5:30pm. Please call the Resource Center at (617) 232-4306 ext. 601 to make an appointment if you need assistance ordering online from Fresh Truck.

Fresh Truck In-person Shopping

Shop on the Fresh Truck to purchase fresh fruits and vegetables for you and your family to enjoy

Fresh Truck Lottery

The lottery will take place in the Parks Building in the Community Room at 2:40pm. Lottery tickets will be available at 2:30 p.m. You must be physically present.

(You cannot get a ticket for another person) To receive a lottery ticket, you must be in the Parks Community room by 2:40pm. If you arrive after 2:40pm, you must wait in the lobby. Once the lottery is completed, the numbers will be given out in the order residents arrive.

The drawing will take place at 2:40 p.m.

Trinity Management
Quick Recertification Tips

Old Neighborhood And Mosaic

avelez@trinitymanagementcompany.com
Office Phone: 617-232-5910



Mission Park

contactus@missionpark.com
Office Phone: 617-566-0707

- All Annual Recertification interviews are conducted by appointment only A staff member will call you to make an appointment.
- All adult members aged 18+ must be present together at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owed, missing documents, status of your certification, Rent Café, please feel free to call or email the office.
- Residents are responsible to provide the necessary documentation to complete their certification.
- Communication with the office is welcomed by walk in, phone, email, or fax.

RTHCC Membership Appreciation Day

Date: Apr 26th – Autism Awareness
May 17th, Jun 21st – Topic Pending

Day of the week: Wednesdays

Time: 5:00pm – 7:00pm

Location: RTHCC

Ages: Family (All Ages)

Come join us for refreshments, prizes, nutritional, and membership information on residents and members by providing healthy snacks and inviting them to participate in the current challenge.

Walk & Talk with Executive Director

Date: May 1st

Day of the week: Monday

Time: 12:00pm

Location: RTHCC

Take a walk around your neighborhood with Executive Director Karen Gately. Ask questions, learn community history, see the neighborhood from a new perspective!
RAIN OR SHINE - Dress for the Weather!

RTHCC Program and Class Pass

Cost: \$25 per pass with 10 classes available

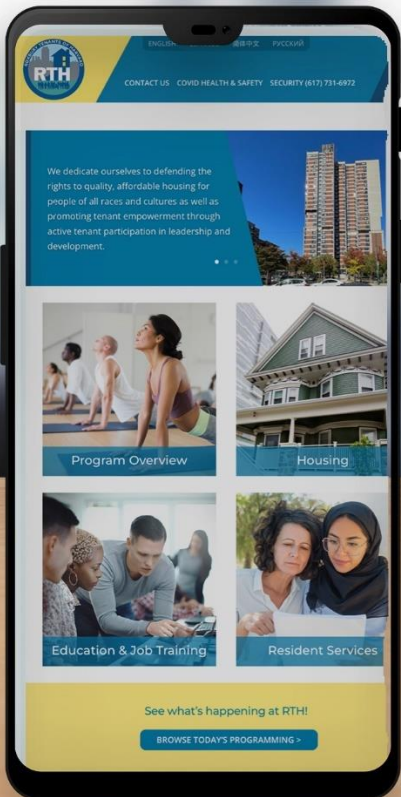
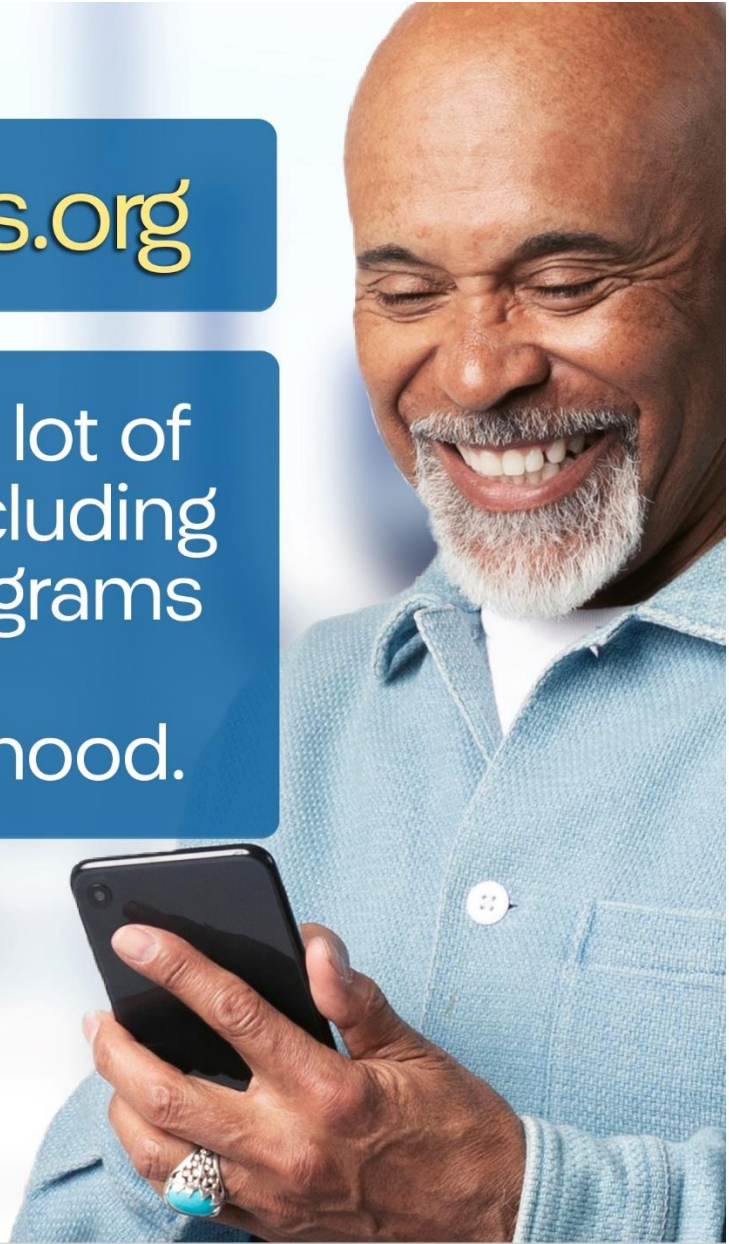
Have a relative or a friend who wants to participate in group-ex classes non-resident? all-access to all group exercise or programs.





RoxburyTenants.org

Our new website has a lot of great info about RTH including its history, services, programs and an overview of our buildings and neighborhood.



Community Education & Job Training

Bean & Veggie Burgers with Heart Healthy Living

Date: May 17th

Day of the week: Wednesday

Time: 6:00pm

Location: Flynn Kitchen

Age: High School (14-17), Adults (18-55),
Seniors (55+)

Capacity: 12

Healthy Heart Living chef demonstrates how to make delicious bean and vegetable burgers your family will love and how to make and freeze burgers ahead of time for easy and quick dinners!

Bike Safety- Free bike lights!

Date: May 20th

Day of the Week: Saturday

Time: 1:00pm – 4:00pm

Location: Kempton Playground

Age: Families (All Ages)

Capacity: 8

Bring your bikes to the Kempton Street Playground to get a set of front and rear bike lights- free! Stay for a hot dog off the grill and to meet other RTH cyclists

Learn to Ride - with League of American Bicyclists Certified Instructor, Laura Smeaton

Date: May 7th – May 28th

Day of the Week: Sunday

Time: 2:00pm – 3:00pm

Location: Kempton Playground

Age: Child (0-5), Youth (6-10), Middle School (11-13)

Capacity: 8 - 12

For ages 6-12. Learn to ride a two wheeled bike! We will practice balancing on your bike, then move on to learning to ride. We will also learn the basic safety rules of riding. We have a small number of bicycles available for children.

United Against Racism: Community Conversation

Date: Apr 26th

Day of the Week: Wednesday

Time: 5:00pm

Location: RTHCC Room 117

Age: High School (14-17), Adults (18-55),
Seniors (55+)

Capacity: 20

Read and view content curated by YW Boston, engage in conversation with community members on the topics, share perspectives.

Southern Salmon Croquettes and Creamy Slaw with Seafood Nutrition Chef

Date: Jun 7th

Day of the week: Wednesday

Time: 6:00pm

Location: Flynn Kitchen

Age: Seniors (55+)

Capacity: 12

Call them salmon burgers, fish cakes, or French influenced Louisiana southern style salmon croquettes- whatever you call them, they are easy to make and delicious. Serve with a creamy slaw side or roasted vegetables for a quick, heart healthy meal.

Apply for Summer Jobs!

Date: Ongoing – Jun 9th

Day of the week: Monday - Friday

Time: By appointment

Location: Half Court

Age: Teens (14-18), young adults (19-24)

Capacity: 6

Learn about what jobs are available for teens during the summer and apply online! Ongoing assistance is provided upon request April - June for applications and onboarding. Websites: roxburytenants.org, youth.boston.gov

RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level).

Applications are accepted year-round; interviews are conducted quarterly- February, May, August, and November

Applications are available at the RTH Resource & Technology Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at rhaecker@roxburytenants.org if you would like an application emailed to you.

Sewing with Julia, Friday Night Workshop for Experienced Sewers

Date: Apr 28th – Jun 16th

Day of the week: Friday

Time: 6:30pm – 8:30pm

Location: Flynn Kitchen

Age: Adults (18-55)

Cost: \$50 Mission Hill Residents, \$150 Non-Residents

Capacity: 8

Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop. Use our machines or bring your own.

Sewing with Julia – Techniques

Date: Apr 25th – Jun 13th

Day of the Week: Tuesday

Time: 6:30pm – 8:30pm

Location: Flynn Kitchen

Age: Adults (18-55)

Cost: \$50 Mission Hill Residents, \$150 Non-Residents

Capacity: 8

Practice and learn how to add a zipper, measure for curtains, make pillows, etc. in part 2-techniques class (must have taken Sewing with Julia for Beginner class)

Kids can sew with Julia!

Date: Apr 28th – Jun 16th

Day of the week: Friday

Time: 4:00pm – 5:30pm

Location: Flynn Kitchen

Age: Youth (6-10), Middle School (11-13)

Cost: \$10 Non-Residents

For ages 8-12. Children 8 and up will learn the basics of machine and hand sewing. Learn how to thread a needle and basic hand sewing stitches, as well as how to operate a sewing machine. Learn a new skill, be creative, and make new friends!

Homework Help

Date: Ongoing – Jun 15th

Day of the week: Monday, Friday

Time: 4:00pm - 6:00pm

Location: ASP

Age: Youth (6-10), Middle School (11-13)

Capacity: 25

For ages 5-13. Tutors from local colleges provide homework help for elementary and middle school students in a supportive environment. Students may also sign up for an IXL account to practice reading, writing, math, & social studies skills online.

Mandarin Chinese

Date: Ongoing – Jun 11th

Day of the Week: Sunday

Time: 2:30pm – 4:00pm

Location: ASP

Age: Youth (6-10), Middle School (11-13)

Cost: \$20 for textbook;

Residents \$15 per month,

Non-residents \$175.

Capacity: 12

Many students choose to learn Mandarin- quickly becoming one of the world's most frequently used languages "to enhance their career options in today" globalized economy. Our instructors are experienced, professional teachers.

Education & Resource Center (ERC) at the Betty Powers Library

The Betty Powers Library & Resource Center

25 Mission Park Drive, Duggan Building

Open Monday-Friday 9:00 am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 5:00 pm

Offering faxing, coping & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.

Resident Services staff are in the center to translate letters and help fill out forms Saturdays

10 am – 11:00 a.m. and in the Flynn Conference Room Tuesdays 10 am – 12 pm.

Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

Intro to Computers in Chinese (8 weeks)

Date: Starts Apr 26th

Day of the week: Wednesday

Time: 11:30am

Location: ERC

Age: Adults (18-55), Seniors (55+)

Language: Chinese

Capacity: 8

Learn how to use and become familiar with using the mouse and keyboard with hands-on practice.

Computer Basics in Chinese (8 weeks)

Date: Apr 25th – Jun 13th

Day of the week: Tuesday

Time: 4:00pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Language: Chinese

Capacity: 8

Become familiar with the different parts of the computer and how they work together, how to set up an email account, send and receive email, send attachments. Learn useful computer terms; introduction to the Internet.

Did you know?

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at Bpl.org/online-resources

Set up an account at BPL.org with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online

Please contact the Betty Powers Library & Resource Center 617-232-4306 x 601 with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

Minecraft EDU

Date: Apr 29th – Jun 17th

Day of the week: Saturdays

Time: Section A: 2:00pm – 3:00pm
Section B- 3:30pm - 4:30pm

Location: ERC

Age: Section A- Grades 2- 4
Section B- Grades 5-8

Capacity: 8

MINECRAFT EDU is a game-based learning platform that promotes creativity, collaboration and problem solving in an immersive digital environment. Kids learn basic coding concepts while building and exploring digital worlds.

Saturday Translation

Date: Apr 29th – Jun 24th

Day of the week: Saturdays

Time: 10:00am – 12:00pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Language: English/Chinese

Bring your letter to get translated!

Smartphone Saturday

Date: May 6th – Jun 17th

Day of the week: Saturdays

Time: 1:00pm – 2:00pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Language: English/Chinese

Capacity: 10

Bi-weekly program designed for people new to the Apple or Android smartphones. Students are introduced to key concepts and technologies behind smartphones and learn to use basic functions and apps on their smartphones. May 6 & 20; June 3 & 17

Caring for Your Vital Records

Date: May 24th – May 31st

Day of the week: Wednesday

Time: 3:00pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

This workshop focuses on identifying what vital records are, why it's important to preserve them and secure them. Documents reviewed include birth certificates, immigration records, marriage certificates, life insurance policies, etc. Two Wednesdays



Youth Education & Community Education

SERV Safe Food Handlers Certificate Classes

Date: Apr 25th – Jun 13th
Day of the week: Tuesday
Time: By Appointment
Age: Adults (18-55), Seniors (55+)
Cost: \$10 refundable upon completion

The SERV Safe Food Handler program covers Basic Food Safety, Personal Hygiene, Cross-contamination & Allergens, Time & Temperature, Cleaning & Sanitation. Online certification course available in English, Spanish, & Chinese. Contact Resource Center.

First Steps to Work Apprenticeships

Date: May 1st
Day of the week: Varies
Time: Varies
Location: Varies
Age: Middle School (12-13)

Learn and practice skills in your first job! Summer options include Health & Wellness Peers, Bike Repair Crew, and Garden Crew. Apply by May 1st, request application link from jlewis@roxburytenants.org

Workforce Development Coaching

Date: Apr 24th - Jun 12th
Day of the week: Monday
Time: 2:30pm – 5:30pm
Location: ERC
Age: High School (14-17), Adults (18-55), Seniors (55+)

By appointment only. Discuss goals for career or work, find resources & training opportunities, get assistance with applications, online onboarding, practice interviewing, and networking.



RTHCC Welcome Center

Reminders

Anti-Harassment:

We strive to provide an environment for our members, program participants and employees free from all forms of harassment. Your membership and participation reflect our commitment to our mission and values.

Access Keycard:

All members aged 10+ years old will get an access key card. All members will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

Check-In:

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes.

Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

Comment Cards:

We welcome comments and suggestions about our programs and facilities.

Comment cards may be obtained and returned to the Welcome Center or at a drop box in the lobby.

Dress Code:

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and bare feet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

Food/Drinks:

Allowed in designated areas only.

Inclement Weather:

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

Information Changes:

Please let our Welcome Center staff know of a change in address, phone number, emergency contact or email address to ensure prompt receipt of program guides and other information.

Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

Valuables:

We encourage members to leave all valuables at home. Do not leave your personal articles unattended. We recommend using a locker and keeping it locked while you're using the facility. RTH is not responsible for lost or stolen items.

Anti-Violence Policy:

RTH strives to eliminate unsafe behavior by anticipating and closely supervising any potentially dangerous situation. We believe all persons and staff have the right to be safe from the threat of physical harm or injury, verbal assault, and intimidation. Any act of verbal or physical violence by a member, program participant or staff will result in disciplinary action, from suspension of membership to termination.

Health & Wellness

Fitness Orientation:

Ages: 13+

Strongly Recommended for all members.

The Fitness orientation includes a series of tests which assess 5 components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information helps to design and implement an exercise program to best meet your needs.

DID YOU MISS YOUR CHANCE TO HAVE A FITNESS ORIENTATION WHEN YOU FIRST JOINED US?

Don't worry! Fitness orientations aren't only for new members. If you think you would benefit from an orientation, please don't hesitate to register for an appointment. By Appointment scheduled at the welcome desk or call (617)232-4306 x200

Fitness Testing:

Ages: 14+

All residents are encouraged to schedule fitness testing for strength cardio and flexibility. Testing will help you know where you are in comparison to your fitness goals. It will also give you a snapshot of how successful your current routine has been. You will know what type of adjustments you will need in our current program to help you keep improving. By Appointment scheduled at the welcome desk or call (617)232-4306 x200

Healthy Moves

Date: Starts Apr 23rd

Day of the week: Monday, Wednesday, and Friday

Time: 10:00am – 11:00am

Location: RTHCC Foyer

Age: Seniors (55+)

Cost: Non-Resident \$25

This exercise program was developed for seniors to enable them to stay healthy and fit. We will work on improving strength, endurance, and flexibility. Included is a pre and post assessment. There is a key socialization component as well, which helps enable seniors to remain interactive with their peers.

Tabata

Date: Starts Apr 25th

Day of the week: Tuesday

Time: 6:00pm – 7:00pm

Location: RTHCC Wellness Floor

Age: Youth (6-10), Middle School (11-13),
High School (14-17), Adults (18-55),
Seniors (55+)

Cost: Non-Resident \$25

Capacity: 12

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

Yoga and Mixed Level Flow

Date: Ongoing

Day of the week: Tuesday, Friday

Time: Tuesday 11:00am – 12:00pm

Friday 4:30pm – 5:30pm

Location: RTHCC Main Studio

Age: High School (14-17), Adults (18-55),
Seniors (55+)

Cost: Non-Resident \$25

Capacity: 12

This "Slow-Flow" class is open to all levels of experience, and is a great opportunity to improve strength, balance, and mind-body connection.

Muscle Work

Date: Starts Apr 27th

Day of the week: Thursday

Time: 6:00pm – 7:00pm

Location: RTHCC Main Studio

Age: High School (14-17), Adults (18-55),
Seniors (55+)

Cost: Non-Resident \$25

Capacity: 12

For ages 16+. Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

Zumba

Date: Starts Apr 26th
Day of the week: Wednesday, Thursday, Saturday
Time: 7:00pm - 8:00pm, Saturday 11:00am
Location: RTHCC Main Studio
Age: High School (14-17), Adults (18-55),
Seniors (55+)
Cost: Non-Resident \$25
Capacity: 12

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training - alternating fast and slow rhythms to help improve cardiovascular fitness.

Stretch and Bend

Date: Starts Apr 25th
Day of the week: Tuesday, Thursday
Time: 8:00am – 9:00am
Location: RTHCC Main Studio
Age: High School (14-17), Adults (18-55),
Seniors (55+)
Cost: Non-Resident \$25
Capacity: 12

This class focuses on the benefits associated with stretching and how it helps with stress relief, improving flexibility, developing static strength, as well as full body awareness.

Tai Chi

Date: Starts Apr 24th
Day of the week: Monday
Time: 11:00am – 12:00pm
Location: RTHCC Main Studio
Age: High School (14-17), Adults (18-55),
Seniors (55+)
Cost: Non-Resident \$2

Tai Chi is an art embracing the mind, body and spirit. Originating in ancient China, Tai Chi is one of the most effective exercises for health of mind and body.

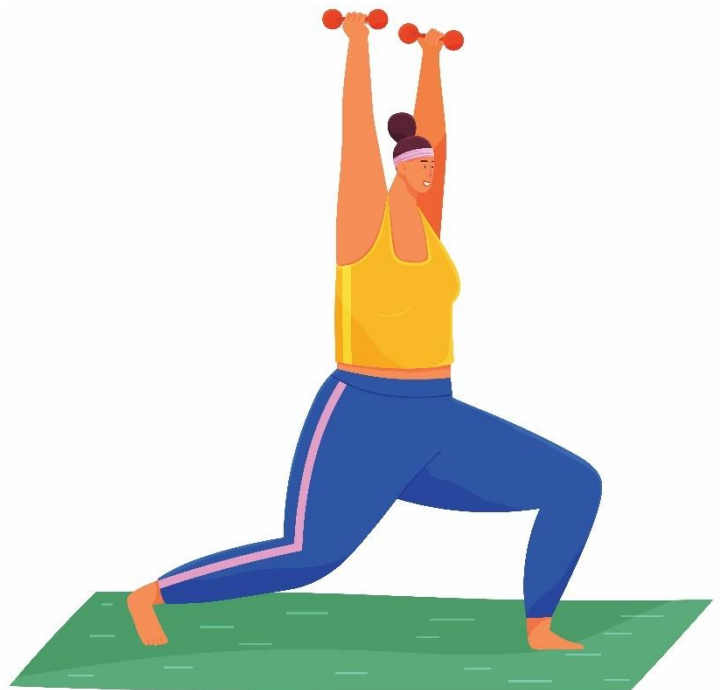
Spin

Date: Starts Apr 24th
Day of the week: Monday
Time: 11:00am – 12:00pm
Location: RTHCC Main Studio
Age: High School (14-17), Adults (18-55),
Seniors (55+)
Cost: Non-Resident \$25
Capacity: 12

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages, Spin offers a challenging 60-minute ride with fun energizing music. It's the perfect opportunity to get your heart pumping while you burn calories.

The InBody Scale

The InBody scale is a machine that measures body composition such as muscle mass, and fat mass, through bioelectrical impedance analysis (BIA), at RTH we will be able to record and monitor our client's fitness journey and help us create better programs that fits their needs. The InBody can help users understand what their weight is made up of. They will be able to see how their weight is broken down into muscle, fat, bone, and body water.



Resident Services

We can assist with a wide range of services and facilitate connection to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

Translation & Interpretation Services

Date: Ongoing

Day of the week: Tuesday and Saturday

Time: 10:00am

Location: Flynn Conference Room

Age: Family (All Ages)

Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

A Day of Remembrance & Reconciliation

Date: May 10th

Day of the week: Wednesday

Time: 5:00pm – 7:00pm

Location: Parks Community Building

Age: Family (All Ages)

In lieu of Victory Day this year, we ask our community to come together and have some healthy conversations focused on peace and healing. Light refreshments will be provided.

Resident Services Coffee Hours

Date: Apr. 27th – Duggan Building

May 17th – Flynn Building

June 15th – Levinson Building

June 28th – Mosaic Building

Day of the week: Thursdays

Time: 3:00pm – 4:00pm

Location: Parks Community Room

Age: Family (All Ages)

Join us for coffee and a treat, meet the Resident Services Staff and learn about programs, benefits and how we can assist you.

Senior Services

Seniors

We want to hear from you! What ideas do you have for daytrips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

Senior's Mystery Trips

Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a new destination. It's a great opportunity to meet new people.

Date: Apr 28th, May 30th
Day of the week: Tuesday, Friday
Time: 11:00am
Location: Outing (Meet in Levinson Tower)
Age: Seniors (55+)
Cost: Apr \$10, May \$20

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

Arts and Crafts Seniors

Date: Apr 26th – Jun 14th
Day of the week: Wednesday
Time: 11:30am – 1:30pm
Location: Flynn Kitchen
Age: Seniors (55+)

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more.

Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

Various Locations:

Joy Luck Club, Chinese language focus

Date: May 5th, Jun 2nd
Day of the week: Friday
Time: 1:00pm
Location: Parks Community Building

Russian Tea Room, Russian language focus

Date: May 10th, Jun 14th
Day of the week: Wednesday
Time: 5:00pm
Location: Flynn Kitchen

Chit Chat Meeting, English language focus

Date: May 9th, June 13th
Day of the week: Friday
Time: 3:00pm
Location: Senior Drop-In Center

Spanish Chat Meeting, Spanish language focus

Date: May 19th, Jun 16th
Day of the week: Friday
Time: 12:00pm
Where: Flynn Kitchen, 1st floor

Senior Taxi Coupons

Date: May 9th – Jun 6th
Day of the week: Tuesday
Time: 12:00pm
Age: Seniors (55+)
Location: Flynn Kitchen, 1st floor
Cost: \$5.00 for \$10.00 worth of coupons. 2 books limit

Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of two books per month.

Senior Monthly Shopping Trips

Market Basket

Date: May 2nd, May 18th, Jun 6th

Day of the week: Tuesday

Time: 9:30am

Location: Outing

Meet in Levinson Tower lobby at 9:20am

Chinatown Shopping

Date: Apr 27th, May 11th, May 25th, Jun 8th

Day of the week: Thursday

Time: 10:00am

Location: Outing

Meet at Levinson Lobby 9:40am

Kam Man Supermarket Quincy, Ma

Date: May 4th, May 18th, Jun 1st, Jun 15th

Day of the week: Thursday

Time: 10:00am

Where: Outing

Meet at Levinson Lobby 9:40am

Monthly Shopping trip to Mall

Date: May 9th, May 21st, Jun 13th

Day of the week: Wednesday, Thursday, Friday

Time: 9:30am

Where: Outing

Meet in Levinson Tower lobby at 9:20am

Coffee & Conversation

Date: Apr 26th – Jun 14th

Day of the week: Wednesday

Time: 11:00am

Age: Seniors (55+)

Location: Senior Drop-In Center

Join us for coffee or tea and conversation. Feel free to share your favorite conversation topics.

Bilingual Bingo – English/Spanish

Date: Apr 23rd – Jun 25th

Day of the week: Monday, Thursday, and Sunday

Time: 2:00pm, Sundays at 1pm

Location: Senior Drop-In Center

Age: Seniors (55+)

Come early buy your Bingo cards, grab a good seat, and hang out with your friends. No admittance into Bingo after 15 minutes of the start time.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PRESCHOOL LEARNING EXPERIENCES

RTH EARLY EDUCATION CENTER

BOSTON UNIVERSAL PRE-KINDERGARTEN, PRESCHOOL, AND INFANT AND TODDLER CARE

The RTH Early Education Center is providing comprehensive school readiness and high-quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Preschool classroom is a warm and nurturing environment where children learn through discovery and routines. The UPK Classroom will use the BPS Focus on K1 Curriculum. Both classrooms use Pyramid Model for Social Emotional Development.

The Universal Pre-Kindergarten Program runs from 8:30am -3pm and is offered at no cost to families with Boston Residency, with an option of fee-based extended day.

OUR CENTER HOURS : 7:30AM - 5:30PM

OUR OPTIONAL FOOD PROGRAM INCLUDES NUTRITIOUS MEALS AND WEEKLY MENUS!

SPACES ARE LIMITED, ENROLL TODAY!

HOW TO QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1
- Live in the City of Boston

WHAT YOU WILL NEED TO APPLY

- Documentation of your child's age
- Proof of Boston Residency

ALL VOUCHERS ACCEPTED FOR BOTH CLASSROOMS



Family Programs

Arts and Crafts Club

Date: Apr 19th, 26th, May 3rd, 10th, 17th

Day of the week: Wednesday

Time: 7:00pm – 8:00pm

Location: RTHCC Room 117

Ages: Child (0-5), Youth (6-10), Middle School (11-13)

Capacity: Minimum 3, Max 12 Children

Parents remain with children. Sign up @ Welcome desk. Come join our arts and crafts club in which children will learn in a fun way and create thought provoking crafts.

Family Spring Arts and Crafts

Date: Apr 20th, 27th, May 4th, 11th, 18th, Jun 1st, 8th

Day of the week: Thursday

Time: 7:00pm – 8:00pm

Location: RTHCC Room 117

Ages: Child (0-5), Youth (6-10), Middle School (11-13)

Capacity: 12 Children

Spring Arts and Crafts. Parents remain with children. Sign up @ Welcome desk register 24 hrs in advance. Children will learn about spring by making arts and crafts that will be related to spring.

Family Spring Movies

Date: Apr 29th, May 20th, Jun 17th

Day of the week: Saturday

Time: 1:30pm – 4:30pm

Location: RTHCC Room 117

Ages: Child (0-5), Youth (6-10), Middle School (11-13)

Capacity: 12 Children

Parents remain with children. Sign up @ Welcome desk. The spring movies that will gear your child towards thinking of spring will be Peter Rabbit, A Bugs Life, The Bee Movie, Puss N Boots the last Wish popcorn will be served

Uno Card Club

Date: May 24th, 31st, Jun 7th, 14th

Day of the week: Wednesday

Time: 7:00pm – 8:00pm

Location: RTHCC Room 117

Ages: Child (0-5), Youth (6-10), Middle School (11-13)

Capacity: Minimum 3, Max 12 Children

Uno Game be the first player to get rid of all of your cards. Children will be able to strategize as teams and work together.

Seasonal Job Opportunities

Date: Apr 5th – July 1st

Day of the week: By appointment

Time: 12:00pm – 3:00pm

Age: Adults (18-55)

Seasonal: Teen Counselor 19-24, Group Leader, Food Coordinator you will be able to gain experience working as a Food Coordinator receiving food serving children, working with seasoned Group Leaders and teens will gain experience and meet others.

Spring Camp Information Session

Date: May 20th

Day of the week: Saturday

Time: 12:00pm – 3:00pm

Location: RTHCC Room 117

Ages: Youth (6-10), Middle School (11-13)

Capacity: 77

Parents must remain with children. Sign up at Welcome desk. Families will be able to obtain information about summer programs. Camp Joy, YMCA Northwoods, YMCA Summer Learning & Summer Enrichment Program and RTH SEP will have information.

Child Watch

Date: Apr 5th - Jun 15th

Day of the week: Wednesday, Thursday

Time: 7:00pm – 8:00pm

Location: RTHCC

Ages: Child (0-5), Youth (6-10), Middle School (11-13)

Capacity: 8

Sign up at RTH Welcome Desk at least 24 hrs. prior. Event is for residents only. Min. 3 children Children will be going for walks, gym time, participating in arts and crafts, games and other fun activities.

Games Club

Date: May 2nd, 9th, 16th

Day of the week: Tuesday

Time: 7:00am – 8:00am

Location: RTHCC Room 117

Ages: Child (0-5), Youth (6-10), Middle School (11-13)

Min of 3 children. Children will be able to participate in various types of science activities and learn new ones. The children will play the following games, candyland, Bingo and Mancala. May the best Player win!

Science Club

Date: Jun 1st, 8th, 15th

Day of the week: Thursday

Time: 7:00am – 8:00am

Location: RTHCC Room 117

Ages: Child (0-5), Youth (6-10), Middle School (11-13)

Children will learn about the plant cycle, planting seeds and charting the growth of their plants. Children will have some basic understanding of the plant cycle and be able to take their plants home at the end of the class.

Family Day at Northwoods Virtual Event

Date: TBD

Day of the week: TBD

Time: TBD

Location: TBD

Ages: Youth (6-10), Middle School (11-13)

This event is for families who are unable to make the in person visit to Northwoods this is an on-line virtual event. If you are interested in attending the event virtually please email:

dwatson@roxburytenants.org

Home Depot

Date: May 6th, Jun 3rd

Day of the week: Saturday

Time: 7:00am – 8:00am

Location: Outing

Ages: Youth (6-10), Middle School (11-13)

Vans travel to Home Depot-South Bay. Children will be making crafts. Certificate and aprons will be given. Send children with snacks and a drink; no nuts.

Women's Day

Date: May 6th

Day of the week: Saturday

Time: 12:30pm – 3:30pm

Location: RTHCC Room 117

Ages: Youth (6-10), Middle School (11-13), Adults (18-55)

Women & children enjoy a meal together. This is women's day so you will not need to cook just relax and enjoy your meal. Parents must remain with the children. Register @ Welcome Desk.

Men and Child Family Brunch

Date: Jun 3rd

Day of the week: Saturday

Time: 12:30pm – 4:00pm

Location: Flynn Kitchen

Ages: Youth (6-10), Middle School (11-13), Adults (18-55)

Men along with their children will have the opportunity to prepare and cook a family style meal together and enjoy their creation thereafter. Please sign up at Welcome Desk 24 hrs in advance.

Family Day at Northwoods at YMCA Camp

Date: May 7th

Day of the week: Saturday

Time: 11:00pm – 5:00pm

Location: RTHCC Room 117

Ages: Youth (6-10), Middle School (11-13)

Vans transport families to Northwoods in N.H. Families will be visit Northwoods where their children will spend some time enjoying the outdoors with new friends. Contact dwatson@roxburytenants.org for more info.

Aquatics

Lifeguard Academy

Date: May 6th – Jun 3rd
Day of the week: Saturday
Time: 12:00pm – 5:00pm
Location: Holmes Sports Center
Age: High School (14-17), Adults (18-55)

Step 1: Take the lifeguard challenge at Simmons University. Step 2: Take the certified lifeguard course offered through RTH on Saturdays at Simmons University Holmes Sports Aqua Center.

Huntington YMCA Swim Lessons

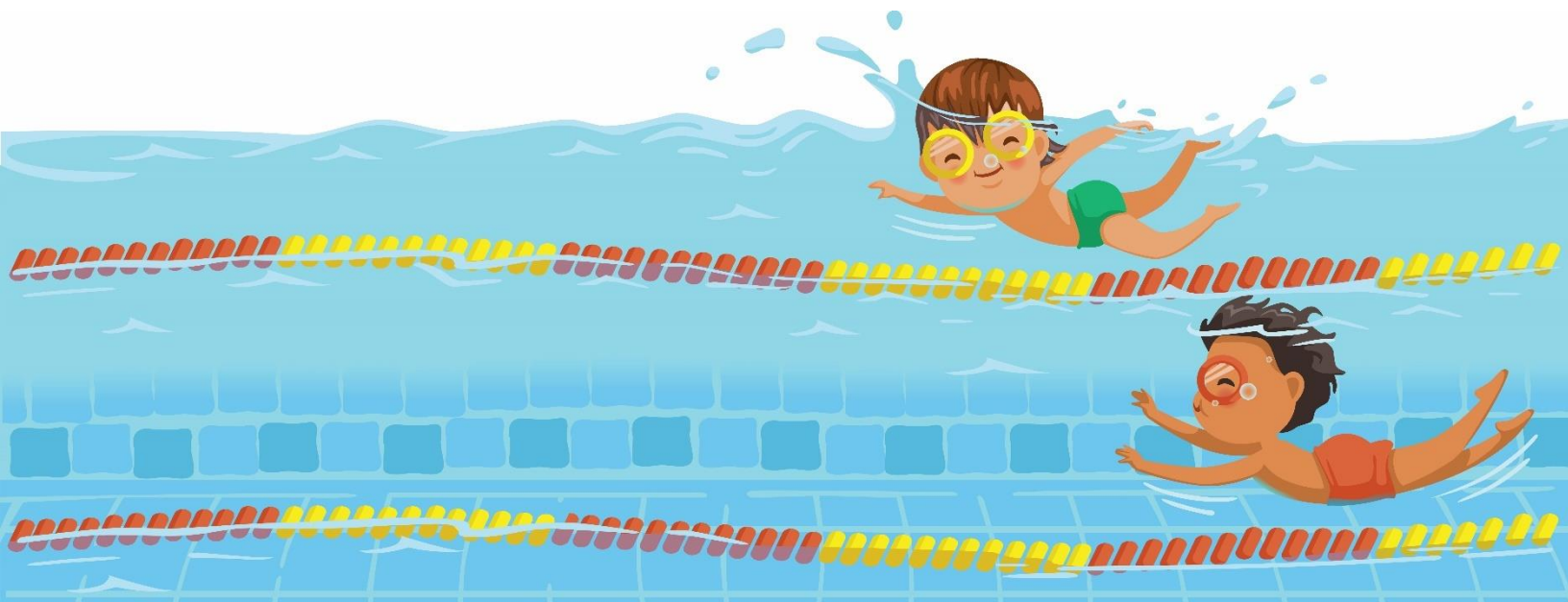
Date: Apr 24th – Jun 25th
Day of the week: check YMCA Schedule
Time: check YMCA schedule
Location: Outing
Age: 6 Months old +
Cost: \$25

Sign up at RTHCC for stamped voucher that must be given to YMCA on the first day of lessons. Resident will be given a swim schedule and contact information for the YMCA Front Desk to arrange lesson desired.

RTH Swim Club

Date: Apr 29th – Jun 17th
Day of the week: Saturday
Time: 3:30pm – 4:30pm
Location: Holmes Sports Center
Age: Youth (6-10), Middle School (11-13), High School (14-17)
Cost: Non-Resident \$25.00

During training, swimmers will work on developing all 4 major strokes including freestyle, backstroke, breaststroke, and butterfly. Coaches will instruct on refining basic swim skills, stroke technique, diving starts, as well as conditioning both on land and in the water.



RTH Lifeguard Bonuses and Incentives:

with Up to \$1,250 in Bonuses

Early Sign on Bonus: Applicants who submit a complete application packet including all required documents: (e.g. copies of certifications, work permits, I-9 documentation, voided check, etc.) by Monday, May 15th, 2023 will be eligible for a \$500 sign on bonus.

Applicants who submit a complete application packet including all required documents by Saturday, July 1st, 2023, will be eligible for a \$250 sign on bonus.

Sign on bonuses will be deposited along with the employee's first paycheck.

Retention Bonus: Pool Staff who (1) remain in good standing throughout the course of their employment (i.e. who meet or exceed performance expectations and will be recommended for rehire) and (2) who have not missed or taken more than 5 days off of the schedule over the course of the summer, shall be eligible for one retention bonus as follows:

- All staff who meet the retention bonus qualifications and who work through

August 26th 2023, will receive a \$500 retention bonus in their final paycheck.

- Additionally, staff members who meet the retention bonus qualifications and who continue to work through September 10th, 2023, may be eligible for an additional \$250 retention bonus to be paid in their final paycheck.

RTH is offering a free lifeguard training certification course on May 6th -June 10th.

To register contact RTHCC: welcomedeskstaff@roxburytenants.org or call 617-232-0571 ext. 200

For More Information contact: 617-232-0571 ext. 205 or email BRounds@roxburytenants.org

Teen Center

Teen Center Drop-in Hours

Monday - Thursday	3:30pm - 8:00pm
Friday	3:30pm - 9:00pm
Saturday	3:30pm - 9:00pm

Drop by and hang out and have fun with your friends. Note we will be offering some new programs and activities for you! Middle School will be welcomed in the teen center beginning May 8th, 4-6:30pm. Staff will be available to help with homework. Check the board for new activities and schedule.

Middle School “Game Show”

Date:	Starting Apr 24 th
Day of the week:	Monday
Time:	Middle School (11-13 yrs.) 5:00pm - 6:15pm
	High School (14-17 yrs.) 6:30pm – 7:45pm
Location:	RTH Teen Center

The Teen center will be hosting games/challenges for the teens. Each Monday there will be a different challenge and a different prize.

Middle School Cafe

Date:	Starting May 5 th
Day of the week:	Friday
Time:	Middle School (11-13 yrs.) 4:00pm – 6:30pm
Location:	RTH Teen Center
Capacity:	10

Middleschool youth will participate in a hands-on course learning how to make quick and easy, healthy food options! Middle School Café is a time for middle schoolers to build strong relationships, learn different recipe, eat and hang out.

Co Ed Middle School African Dance

Date:	Starting Apr 28 th
Day of the week:	Friday
Time:	Middle School (11-13) 7:15pm - 8:15pm
Location:	RTHCC Studio
Capacity:	12

African dance is an expression of celebration. Many African tribes performed “dance” at Weddings, Birthdays, Anniversaries, and many other Ceremonies.

Teen Cafe

Date:	Starting May 4 th
Day of the week:	Thursday
Time:	High School (14-17 yrs.) 5:30pm – 8:00pm
Location:	RTH Teen Center
Capacity:	10

Teens will participate in a hands-on course learning how to make quick and easy, healthy food options! Teens will review and choose recipes based on budget, and accompany staff to the grocery store to purchase what’s needed. Teen Café is a time for teens to hangout and enjoy a meal with friends.

Teen Hall Meetings

Date:	Starting Apr 23 rd
Day of the week:	Tuesday
Time:	Middle School (11-13 yrs.) 5:30pm – 6:30pm
	High School (14-17 yrs.) 6:45pm – 7:45pm
Location:	RTH Teen Center

Meetings will be held weekly. Everyone’s opinion matters! Meetings will help Teens to have a voice in the planning and of activities, trips, speakers, parties and events.

Inter-Generational Chess Club

Date:	Ongoing
Day of the week:	Saturday
Time:	5:30pm – 6:30pm
Age:	Middle School (11-13 yrs.), High School (14-17 yrs.)
Location:	RTH Teen Center

To encourage our community to engage in healthy competitions of minds while learning strategies that can be applied to everyday life.

Parent Meeting

Date:	May 4 th
Day of the week:	Thursday
Time:	7:00pm
Age:	Middle School (11-13 yrs.),
Location:	RTH Teen Center

Please join us to review the Teen Center Middle School Program offerings, Teen Center rules/expectations and meet the staff. We also want to answer your questions, concerns, and suggestions.

Sports & Enrichment Programs

Please See Gymnasium Schedule at RTHCC Front Desk for program updates

Ping Pong for Adults

Date: Starts Apr 24th
Day of the week: Monday - Sunday
Time: M-F 7:30am – 10:00am
Sat & Sun 10:30am – 2:00pm
Age: Adults (18-55) and Seniors (55+)
Location: RTHCC Foyer

Come with a friend and play pickup Ping Pong. It is a multi-skilled sport in which players must beat their opponents using various tactics. Involves fast thinking and quicker actions to be taken to score points.

Adult & Senior Open Gym

Date: Starts Apr 24th
Day of the week: Monday - Friday
Time: 8:00am – 3:00pm
Age: Adults (18-55) and Seniors (55+)
Location: RTHCC Gymnasium

Recreational open basketball gym time. Come shoot hoops and get in on a pick-up game with your friends.

Youth Open Gym

Date: Starts Apr 24th
Day of the week: Monday, Tuesday, Thursday, Saturday
Time: 4:00pm – 5:15pm
Location: RTHCC Gymnasium
Age: Youth (6-10)

Open gym time for youth. Staff supervision provided.

Taekwondo

Date: Starts Apr 23rd
Day of the week: Sunday
Time: 11:30am – 1:15pm
Location: Youth (6-10)
Cost: Non-Resident \$25.00

Whether your kid is bursting with energy or shy in most social situations, martial arts can go a long way toward developing qualities and habits in your young ones that can last a lifetime.

Youth and Middle School Basketball League

Date: May 27th
Day of the week: Saturday
Time: 4:30pm – 6:30pm
Age: Middle School (11-13)
Location: RTHCC Gymnasium
Cost: Non-Resident \$15.00

The Middle School Basketball League helps those interested in Basketball to get a chance to show their skills at the best level within the league. Outside teams must register both players and coaches prior to entering the league.

Youth Basketball Skills and Drills

Date: Starts Apr 25th
Day of the week: Tuesday
Time: 5:20pm – 6:20pm
Age: Youth (6-10)
Location: RTHCC Gymnasium
Cost: Non-Resident \$15.00

RTH Youth Basketball is designed to help players of all levels come and improve their conditioning with a series of various exercises and drills. It starts with exercises and moves to basketball for groups or individuals to improve their skills.

Indoor/Outdoor Track (Speed Building)

Date: Starts Apr 24th
Day of the week: Monday
Time: 5:15pm – 6:00pm
Age: Youth (6-10) and Middle School (11-13) and High School (14-17)
Location: RTHCC Gymnasium
Cost: Non-Resident \$15.00

Indoor Track is a discipline that involves covering various distances and speeds inside. The sport involves races like the 100m, 400m, and 800m which test runners' ability. Athletes will build up their distances.

Family Open Gym

Date: Starts Apr 24th

Day of the week: Monday - Sunday

Time: varies, check description

Location: RTHCC Gymnasium

For all ages. **Sunday 10am, Monday 2pm, Tuesday 1pm, Wednesday 3pm, Friday 2pm, Saturday 12:30.**

Come enjoy an open safe space to run, play and enjoy free play of your choice with your children.

The focus will be on shared space and collaborative play and lots of fun!

Middle School Soccer Skills and Drills

Date: Starts Apr 26th

Day of the week: Monday, Friday

Time: 5:20pm – 6:20pm

Age: Middle School (11-13)

Location: RTHCC Gymnasium

Cost: Non-Resident \$15.00

This introductory class will establish the fundamental rules and skills in soccer. In this group setting we will include both drill work and pickup games to better learn and gain respect for this sport.

Youth Soccer Skills and Drills

Date: Starts Apr 26th

Day of the week: Monday, Friday

Time: 6:15pm – 7:15pm

Age: Youth (6-10)

Location: RTHCC Gymnasium

Cost: Non-Residents \$15

This introductory class will establish the fundamental rules and skills in soccer. In this group setting we will include both drill work and pickup games to better learn and gain respect for this sport.

Middle School Open Gym

Date: Starts Apr 23rd

Day of the week: Monday

Time: 4:00pm – 5:15pm

Age: Middle School (11-13)

Location: RTHCC Gymnasium

Open Gym time for middle school students .

Middle School Basketball Skills and Drills

Date: Starts Apr 24th

Day of the week: Thursday

Time: 5:20pm - 6:20pm

Age: Middle School (11-13)

Location: RTHCC Gymnasium

Cost: Non-Residents \$15

For those who want to learn the fundamentals of basketball, as well as those who want to refine their skills.

Adult Basketball

Date: Starts Apr 25th

Day of the week: Tuesday, Thursday

Time: 6:30pm – 8:00pm

Age: Adult (18-55)

Location: RTHCC Gymnasium

Cost: Non-Residents \$15

Dedicated gym time available for adults. Staff supervision provided.

Youth Bike Club (indoor/outdoor)

Date: Starts Apr 28th

Day of the week: Friday

Time: 5:00pm – 6:00pm

Location: RTHCC Foyer

Cost: Non-Residents \$15

Indoor and outdoor biking is a great discovery that involves covering various distances and speeds. Biking involves riding around the community with a supervisor. Athletes will build up their distances.

Pick Up Basketball

Date: Starts Apr 28th

Day of the week: Friday

Time: 7:00pm – 9:00pm

Age: Middle School (11-13), High School (14-17)

Location: RTHCC Gymnasium

Friday night pick up basketball opens the gym for half pick-up and half shooting courts. Staff supervision provided.

Middle School Flag Football

Date: Starts Apr 29th
Day of the week: Saturday
Time: 11:00am – 12:30pm
Age: Youth (6-10), Middle School (11-14)
Location: RTHCC Gymnasium
Cost: Non-Residents \$15

This program is geared towards teaching kids the fundamentals of flag football. Learn the rules, regulations, and how to play the game of flag football.

Teen Night Program

Date: Starts Apr 29th
Day of the week: Saturday
Time: 6:30pm – 9:00pm
Age: High School (14-17)
Location: RTHCC Gymnasium

Gym time for teen programs on friday evenings.

Mission Hill Spring Baseball

Date: Apr 29th – Jun 24th
Day of the week: Saturday
Time: TBD
Age: Youth (6-10), Middle School (11-14)
Location: Outing
Cost: Residents only \$25
Capacity:12

Partnering with Mission Hill Little League to learn the sport of Baseball. For more information see www.missionhill-littleleague.org Register through RTH and receive a discount for Baseball. Ages 4-12 (May need birth certificate)

Soccer Skills and Drills

Date: Starts Apr 28th
Day of the week: Friday
Time: 6:00pm – 7:00pm
Age: Youth (6-10), Middle School (11-13)
Location: RTHCC Gymnasium
Cost: Non-Residents \$15

Skills and drills program that will develop players basic skills needed to play soccer. their conditioning with a series of various exercises and drills to increase stamina, speed, and endurance. It starts with an hour of exercises and the next hour is basketball skills and drills for small groups or individuals to improve their basketball skills.



**Please See Gymnasium Schedule at RTHCC
Front Desk for program updates**

After School Program, K2 – 5th grades

Accepting Enrollments for Children ages 5-12 years

The RTH After School Program (ASP) is licensed as a School-Age Child Care program through the Massachusetts Department of Early Education and Care (EEC) and serves the needs of children 5-12 years. Our Program provides a safe, fun, friendly place for children with a wide variety of age-appropriate activities that promote learning and fun in an atmosphere where respect, teamwork, and a sense of community are valued. The mission of the RTH After School Program is to strengthen the academic achievement, social skills, and leadership development of school-age children from our diverse community. Our Program challenges the imagination, creativity, self-directed initiative in all children through activities that allow them to express their talents through exciting enrichment activities in science, computer, literacy, and math. Arts and crafts, cooking, sports and games, special guests, and field trips are all part of the fun. In addition, a healthy snack, dinner, and homework assistance is offered daily. A full-day program for school vacation is available for students – 8:00am – 6:00pm. Children must be enrolled in K2-5th grades and ages of 5-12-year-old to participate.

RTH Resident Fees	\$33.00 weekly fee**
Sibling rate for Residents only/half price for a second child	\$16.50 weekly fee **
Staff	\$66.00 weekly fee **
Non-Resident	\$100.00 weekly fee **

Vacation Fee: RTH Residents Fee: \$55.00/half price for sibling \$27.50**

Vacation Weeks:

April 2023 Closed Monday April 17, 2023, **Marathon Monday**

Open 8:00am - 6:00 Tuesday April 18th-Friday April 21st.

For more information or to sign up, contact: Afterschool Program Site Coordinator, Denise Watson

Dwatson@roxburytenants.org or (617)232-4306 ext. 402

** *New rates effective 2023*



RTH SUMMER 2023 Job Opportunities

Seasonal part-time and full-time employment available during the summer of 2023. Potential for further growth in coming seasons.

Some hire bonuses may apply for certain positions, see hiring manager for further details!

AQUATICS

(\$16-\$30 DEPENDING ON POSITION AND ASSOCIATE CERTIFICATIONS)

Life-guard/Swim Instructor Lead/Head Lifeguard
Junior Lifeguard/Swim Aid Pool Manager
Swim Lesson Coordinator Aqua Fitness Instructor

GYM / SPORTS

(HIRE IMMEDIATELY)

Summer Gym/Sports Coordinator Referee
P.T. Gym Monitors/Coach Specialist Sport Coach

TEEN / YOUTH CENTER

(HIRE IMMEDIATELY)

Teen Director Part Time Teen Specialist
Teen Coordinator

Please submit your resume at RTH Community Center.

RTHCC # (617)232-4306 ext.200

Byron Rounds - Physical Edu. / Sports & Aquatics Director

Office # (617)232-4306 ext.205

E-mail: brounds@roxburytenants.org





JOIN US!

RTH IS HIRING

VIEW OPEN POSITIONS ONLINE AT
www.roxburytenants.org

SUBMIT YOUR RESUME

online or at RTHCC Welcome Desk



- Life-guard/Swim Instructor
- Pool Manager
- Swim Lesson Coordinator
- Aqua Fitness Instructor
- Summer Gym Coordinator
- P.T. Gym Monitors/Coach
- Specialist Sport Coach
- Teen Director
- Part Time Teen Specialist
- Teen Coordinator
- Senior Coordinator
- Resident Service Coordinator
- Social Worker
- Front Desk & Data Coordinator
- Paid Internship with Hospital Partners
- Summer Teen Jobs at RTH

You can also contact us at jobs@roxburytenants.org if you are interested - resume/cover letter welcome, but not required. We look forward to hearing from you!



WHERE A CAREER BECOMES A CALLING



NURTURE THE POTENTIAL OF LITTLE LEARNERS!

Join our talented team of experts in our RTH Early Education Center, with the YMCA of Greater Boston.

As a valued member of our early education team, whether a teacher or a manager, you will have the exciting honor and opportunity to provide a safe and nurturing environment for our youngest learners as you guide their exploration, discovery and learning through love and play. The difference you make in this important work will impact a child's life and yours! Find your passion for youth development at the Y!

The YMCA of Greater Boston is an incredible place to have a fulfilling career or enjoy part-time employment — all while we are supporting and strengthening our communities, because our community is our cause .

Work for the Y, where a career becomes a calling.

When you join us in your career here, you can look forward to:

- Developing your leadership skills in a caring, challenging & diverse working environment
- Exploring a wide range of opportunities as you learn new skills and functions
- Shaping the future of young children while making a difference each day for our communities and each another
- Engaging in YMCA career training programs and work alongside of those who have the same passion
- A healthy work/life balance

Comprehensive benefits including:

- Quarterly Professional Development
- FREE YMCA Membership
- Robust Retirement Plan
- Health, Dental, and Vision Benefit Package
- Vacation and Sick Time



LEARN MORE & APPLY AT [YMCABOSTON.ORG/CAREERS](https://ymcaboston.org/careers)

YMCA OF GREATER BOSTON | [YMCABOSTON.ORG](https://ymcaboston.org)

RTH Directory

Executive Office - Neville House

11 New Whitney Street, 1st Floor

Karen T. Gately, Executive Director

kgately@roxburytenants.org 617-232-4306 ext. 104

Amanda Pelcher, Chief Financial Officer

apelcher@roxburytenants.org 617-232-4306 ext. 108

Irving Burday, Chief Operating Officer

iburday@roxburytenants.org 617-232-4306 ext. 102

Latoya Cromartie, Payroll Specialist

lcromartie@roxburytenants.org 617-232-4306 ext. 101

Lori Taylor, Senior Administration

ltaylor@roxburytenants.org 617-232-4306 ext. 107

Patricia Haran, Controller

pharan@roxburytenants.org 617-232-4306 ext. 106

Juan Castillo-Then, Technology Specialist

jcastillo-then@roxburytenants.org 617-232-4306 ext. 103

Tanya Garnett, Office Coordinator

tgarnett@roxburytenants.org 617-232-4306 ext. 100

Education & Resource Center at the Betty Powers Library 25 Mission Park Drive (Front Desk ext. 601)

Roxanne Haecker, Director of Community Education & Workforce Development

rhaecker@roxburytenants.org (617) 232-4306 ext. 603

Xing Zhou, Instructor

xzhou@roxburytenants.org (617) 232-4306 ext. 601

Jennifer Lewis, Youth Educational Services & Workforce Development Specialist

jlewis@roxburytenants.org (617) 232-4306 ext. 600

Senior Services, Flynn House

805 Huntington Avenue, 1st Floor

Laura Adams, Director of Senior Services

ladams@roxburytenants.org / 617-232-4306 ext. 700

RTH Community Center

20A Vining Street (Welcome Desk ext. 200)

Chris Mitchell, Health & Wellness Director

cmitchell@roxburytenants.org 617-232-4306 ext. 203

Curtis Williams, Welcome Desk Administrator

cwilliams@roxburytenants.org 617-232-4306 ext. 202

Byron Rounds, Physical Education/ Sports & Aquatics Director

brounds@roxburytenants.org 617-232-4306 ext. 205

Nichelle Jenkins, Welcome Desk Coordinator

njenkins@roxburytenants.org 617-232-4306 ext. 200

Brianna Gonzalez, Teen Coordinator

bgonzalez@roxburytenants.org 617-232-4306 ext.207

Resident Services Parks Community Building

2 New Whitney Street 2nd Floor

Scott Amaral, Director of Resident Services

samaral@roxburytenants.org / 617-232-4306 ext. 306

Terry Parson, Resident Service Coordinator

tparson@roxburytenants.org / 617-232-4306 ext. 302

Lillia Lototska, Resident Service Coordinator

llototska@roxburytenants.org / 617-232-4306 ext.304

Jia Yao Chen, Resident Service Coordinator

jchen@roxburytenants.org / 617-232-4306 ext.310

Jingming Feng, Assistant Program support

jfeng@roxburytenants.org / 617-232-4306 ext.305

RTH After School Program Recreation Exploration Center

835 Huntington Avenue

Denise Watson, Director of Youth and Family Programs

dwatson@roxburytenants.org (617) 232-4306 ext. 401

Carmen Torres, Literacy Coordinator

ctorres@roxburytenants.org 617-232-4306 ext. 401