



WHAT'S UP

SUMMER 2021

A Roxbury Tenants of Harvard Association publication of Community Events, Services, Family trips, and Upcoming Happenings taking place in your Community!

ROXBURY TENANTS OF HARVARD MISSION STATEMENT

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

RTH Summer Session (10 Week Session)

Day	Start Session	End Date
Monday	June 27 th	September 5 th
Tuesday	June 28 th	September 6 th
Wednesday	June 29 th	September 7 th
Thursday	June 30 th	September 8 th
Friday	July 1 st	September 9 th
Saturday	July 2 nd	September 10 th
Sunday	July 3 rd	September 11 th

RTH Holiday Schedule

Please note the following schedule changes for upcoming holidays

Juneteenth	June 20 th	Monday	Closed
Independence Day	July 4 th	Monday	Closed
Labor Day*	September 5 th	Monday	Closed

* Designated Floating Holiday (do we need to identify as 'floating' – or simply tell them RTHCC status if different from the rest of the departments)



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RTH EXECUTIVE OFFICES

11 New Whitney Street
617-232-4306 ext. 100
Hours of Operation: By Appointment Only
Mon-Fri 9:00am - 5:00pm

RTH COMMUNITY CENTER

20A Vining Street
617-232-4306 ext. 200
Hours of Operation:
Sunday 10:00am - 3:00pm
Mon thru Fri 7:00am - 7:00pm

MISSION PARK / TRINITY MANAGEMENT

835 Huntington Avenue
617-566-0707
Hours of Operation:
Mon-Fri 9:00am - 5:00pm

RTH PROPERTIES / TRINITY MANAGEMENT

747 Huntington Avenue
617-232-5910
Hours of Operation:
Mon-Fri 9:00am - 5:00pm

RESIDENT SERVICES

Parks Community Building
2 New Whitney Street 2nd Floor
617-232-4306 ext. 305
Hours of Operation: **By Appointment**
Mon, Wed, Fri 9:00am - 5:00pm
Tue, Thu 10:00am - 6:00pm

SENIOR SERVICES

805 Huntington Avenue
617-232-4306 ext. 700
Hours of Operation: **By Appointment**
Mon thru Fri 9:00am - 5:00pm

EDUCATION & RESOURCE CENTER (ERC)

25 Mission Park Drive 617-232-4306 ext. 601
Hours of Operation: **By Appointment**
Mon-Fri 9:00am - 6:00pm
Sat 9:00am - 5:00pm

SECURITY OFFICE

835 Huntington Avenue
617-731-6972
Hours of Operation: Daily/24 Hours

ANONYMOUS CALL TIP LINE

Telephone: 617-232-0436
Please don't hesitate to call if you have any concerns about health, safety, or security

Dear RTH Residents,

As we prepare to move forward with RTH's 2022 Programs and Events, we find many things are not what we hoped for. High levels of vaccination in our area had led us to imagine we could return to 'normal' in-person programming - only to have our hopes dashed by Delta, Omicron and other emerging Covid-variants. We are, however, committed to using technology and creativity to continue our programming as safely as possible.

Where possible, virtual and hybrid programming will be offered. For in-person activities, social distancing, masking, and increased ventilation will allow us to continue more safely. While the CDC has determined there is little-to-no transmission from touch surfaces, we will continue to do extra cleaning and sanitizing.

Pre-registration will continue to be required for most programs and events. This allows us to adjust spaces and programming to ensure social distancing for in-person programming, and help us maintain quality for virtual and hybrid offerings. Please see the registration page for details.

Most of our departments are open by appointment only, or have limited walk-in hours. Please don't be discouraged from reaching out to us! This is only another way we are trying to offer the best service we can, in the safest possible way.

As a community, we've ALL been doing our part to keep everyone safe during the pandemic. We once again need your help as we open with safety protocols we believe that will help prevent the spread of Covid-19 in our community.

We encourage and applaud your efforts to protect yourself, your family, and your community by continuing to follow guidelines from the Center for Disease Control and adhering to our safety protocols:

- **Wear a mask:** that covers both nose and mouth when out in public, indoor in person activities, and in common areas such as lobbies and elevators
- **Watch your distance:** Stay at least 6 ft apart and observe class participation ratios
- **Wash your hands:** with soap and water for at least 20 seconds and avoid touching your eyes, nose, and mouth. Hand sanitizer is available in many locations throughout the campus.

Also, please note if you need help notify resident services if you test positive for the coronavirus so that we can assist you

We are in unprecedented territory in an extraordinary challenging time, and I want to thank you for your understanding and patience as we work together to safely reopen and get back to enjoying the RTH way of life.

Be Safe, Be Well!

Sincerely,

Karen

Karen T. Gately

Executive Director

RTH Safety & Sanitation Measures - For Your Protection

Here are some safety & sanitation reminders, we wanted to share with you, as well as some of the steps we are taking to offer in-person Programs and Services. All protocols and guidelines have been outlined by the CDC, the Commonwealth of Massachusetts & local health authorities:

Facemasks - All RTH, Trinity Management, Securitas staff, as well as vendors, will be required to wear a mask that securely covers the nose and mouth while on the campus, in any indoor common space, and all programming areas. Residents will be required to wear mask or face coverings to participate in RTH programs..

Cleaning and Sanitation - Mission Park Facilities will continue with the cleaning and disinfecting of the common spaces; additionally, staff will clean high-touch surfaces in program spaces between use. RTH Program Staff will clean and disinfect program materials in-between uses, as well as their own personal workspaces, and are encouraged to clean common office and breakroom equipment after each use. Mission Park Facilities continues to maintain high efficiency filters for the air handling systems, and fresh-air intakes are set to maximum. Program spaces with operable windows or exterior doors will be opened during or between program uses, depending on the weather.

Social Distancing - We continue to limit in-person programs and classes to allow social distancing. Class size capacity is determined using State and local guidelines, as well as CDC recommendations and as such may change as the situation evolves. Programs will be held outdoors whenever possible, and those hosted indoors will have the benefit of small group size and using spaces where fresh air can be introduced. Class sizes are limited to maintain 6-8 feet of distance between participants. Mask wearing is required without exception for in-person programs and classes, and at all times while using RTH transportation.

Hand Sanitizer - is available at all program locations

Vaccinations & Boosters - The CDC continues to encourage everyone to get vaccinated and boosted in order to protect you, your families, loved ones and our community.

Covid-19 Resources - We have put together a Resource Guide, email covidguide@roxburytenants.org to request a copy.

RTH Program Safety Guidelines

At Home Self-Check Required Daily Health Screening Before Attending RTH Programming

An important aspect of keeping program participants and program spaces safe is required daily health screenings for program participants and staff. **Notwithstanding these procedures, privacy and confidential health information of all program participants is critically important.** Participants should feel comfortable that private health information will not be shared with other employees and will be utilized solely for the purposes of mitigating the spread of COVID-19 in the workplace.

- a. Program Participants who are sick **may not attend programming**. Program participants must review for the following symptoms, **before** attending a program.
 - Cough;
 - Shortness of breath or difficulty breathing;
 - Fever;
 - Chills;
 - Sore throat;
 - Muscle pain; and/or
 - Loss of taste or smell
- b. If the participant has been in close contact in the past 72 hours, either with someone with a confirmed case of COVID-19, or with someone who is awaiting test results for COVID-19, we will also ask that the participant remain away from the programs for 5 days if fully vaccinated and experiencing no symptoms. Unvaccinated participants are asked to remain away from programs for 14 days.

COVID-19 Helpful Tip - Domestic Travel

- Delay non-essential travel until you are fully vaccinated and boosted.
- Check your destination's COVID-19 situation before traveling
- Wearing a mask over your nose and mouth is required to use public transportation
- Do not travel if you have been exposed to COVID-19, are experiencing symptoms or have tested positive for the virus.
- If you are not fully vaccinated and must travel, get tested before and after your trip.

Three Ways to Register for a Programs & Events at RTH

(First Come First Served)

Option 1: Register Online

- Email (welcomedeskstaff@roxburytenants.org)
- Provide your name and phone number (required)
 - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

Option 2: Register In-Person

(NO same day registration for classes, must be done 24 hours in advance)

Please come to the RTHCC Welcome Desk to register

- Monday thru Friday 7:00am - 6:45pm
 - Sunday 11:00am - 2:00pm

Option 3: Register By Phone

Please call the Hotline at 617.232.4306 ext. 200

- Sunday 11:00am - 2:00pm
- Monday thru Friday 8:00am - 6:00pm

Sign up to receive Announcements by email!

RTH Residents may receive flyers and community information by email.

To request to be added send a note to Tara O'Ree at toree@roxburytenants.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PRESCHOOL LEARNING EXPERIENCES

Boston Universal Pre-Kindergarten And Open Preschool Spaces

The RTH Early Education Center is providing comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Preschool classroom is a warm and nurturing environment where children learn through discovery and routines. The UPK Classroom will use the BPS Focus on K1 Curriculum. Both classrooms use Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with Boston Residency with an option of fee based extended day. Our preschool classroom is open our regular hours: 7:30 am to 5:30 PM

Spaces are limited: Apply today!

HOW YOU QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1st
- Live in the city of Boston

WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency
- **All Vouchers Accepted for both classrooms.**



RTH Early Education Center

82 Fenwood Rd. Boston MA. 02115

Contact:

Program Director – Brenda Powers bpowers@ymcaboston.org

617 851 8226

Announcements/Community

Booster Shots

The CDC has recommended booster shots for previously vaccinated adults 16-years and older. As new variants circulate, and cold weather drives us indoors, we strongly encourage our Residents, Staff and Vendors to get their booster shot. Vaccines continue to be our best protection against Covid-19.

Boosters – and initial vaccine doses – are available locally and at no cost to you. In addition to CVS and Walgreens, Brigham & Women’s Hospital has appointments available through their Patient Gateway.

If you need assistance scheduling an appointment online, Call Us!

Please contact us at 617-232-4306, and as soon as you hear the recorded greeting, enter your preferred language choice: x300 (**English**), x307 (**Chinese**), x308 (**Russian**) or x309 (**Spanish**) and someone will return your call to help you schedule an appointment.

Don’t wait! The Health of the RTH Community depends on as many of us as possible getting vaccinated and boosted.

Looking for Website Testers

Roxbury Tenants is building its first public website and we are looking for volunteer testers from our resident population to help us with that effort. The testing process will be a short one-hour session that will have testers review the site and provide feedback on ease of use, look and feel, and the site content. We are looking for volunteers from three age groups - teens / young adults, seniors, and adults - as well as anyone who speaks multiple languages (the site has a translation feature). We want to make the site as friendly and functional as possible and appreciate your help / support in this effort.

To apply, please email RTH IT Department it@roxburytenants.org

Francis Street Garden

Hours: Daily 7:00am to Sunset

The Francis Street Garden, located at 42 Francis Street, is open for the community’s quiet enjoyment. The Garden has a keypad to access . If you are visiting the Garden for the first time, please call your Management Office for the code.

The garden will remain locked when snow/ice create a slippery hazard.

To ensure a safe and enjoyable experience for all of our guests, please respect our neighbors by following these guidelines:

- All ages are welcome
- Please show common courtesy to fellow guests by not using profanity or engaging in unsafe, illegal, disruptive, or offensive behavior
- This a smoke free zone. Enjoy the clean air
- Alcoholic drinks and illegal substances are not allowed
- For your safety, please don’t bring glass containers into the garden
- Pets, except service animals, are prohibited
- Please leave the Garden as you found it and take all your trash with you

Thank you for your cooperation & enjoy the garden!

Walk & Talk with RTH Executive Director Karen T. Gately

When: March 21st 11:00am
April 25th 4:00pm

Where: Meet at RTHCC Lobby

Age: All ages

Join Karen on a walk around the neighborhood - Learn something new about your community and upcoming opportunities being offered at RTH! **RAIN OR SHINE - Dress for the Weather!**

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interest would you like to share? We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work. Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings.

For more information call the RTH Executive Offices at (617)-232-4306 ext. 100 or email info@roxburytenants.org. Leave your name, contact information and the committee, program, event or age group you would like to volunteer with.

Fresh Truck Mobile Truck

Date: Wednesday

Time: 3:00pm - 6:00pm

Where: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most.

During the month of February, Fresh Truck will be **ONLINE ORDERS ONLY** due to the current Covid 19 surge.

Fresh Truck Online ordering

You order fruits and vegetables online and pick up on Wednesdays between 3pm and 6pm. Please call Laura Adams at (617) 232-4306 ext. 700 if you are interested in ordering online from Fresh Truck <https://fresh-truck.square.site> for online orders only or stop by the Resource Center for assistance with online ordering.

Please stop by our truck to purchase fresh fruits and vegetables for you and your family to enjoy. If you would like to participate in the **Fresh Truck Lottery** please stop by Levinson Tower by 1:25pm on Wednesdays beginning March 2, 2022

Trinity Management Quick Recertification Tips



Old Neighborhood And Mosaic

cvalencia@trinitymanagementcompany.com

Office Phone: 617-232-5910

Mission Park

contactus@missionpark.com

Office Phone: 617-566-0707

- All Annual Recertification interviews will be conducted by phone. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- Appointments in the office are only made for signing the new rents (leases).
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owe, missing documents, status of your certification, Rent Café, please call or email the office.
- Residents are responsible to provide the necessary documentation to complete their certification.
- Communication with the office can be by walk in, phone, email, or fax.



Community Education & Job Training

RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level). Applications are accepted year-round, interviews are conducted quarterly.

Applications are available at the RTH Resource & Technology Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at rhaecker@roxburytenants.org if you would like an application emailed to you.

ServSafe Food Handlers Certification Classes

Date: Online class. To be arranged individually.
Class & test typically take 2- 3 hours to complete.

Time: Online modules completed at student's convenience

Age: 16+

Cost: Residents: \$10 refundable fee (upon receiving certificate), Available in English, Spanish, and Chinese

Do you want to work in a restaurant or for a catering service? The ServSafe certification is for you! The ServSafe Food Handler program covers five key areas:

- Basic food Safety
- Personal Hygiene
- Cross-contamination & Allergens
- Time & Temperature
- Cleaning & Sanitation

RTH requires all staff and volunteers who serve or prepare food for or at community events to have this training. The class and certification is free if you are a volunteer or Community Events Committee member. Note that ServSafe courses are offered online only. Please contact us if you need computer or internet access, we are happy help.

Email Roxanne Haecker at rhaecker@roxburytenants.org or call the Education & Resource Center or 617-232-4306 ext. 601 to enroll

Sewing with Julia

Summer Sewing Workshop for Experienced Sewers - Adults & Mature Teens

Date: Friday evenings, July 8th – Sept 9th

Time: 6:30 pm - 8:30 pm all classes

Where: Flynn Kitchen

Cost: \$25 RTH residents; \$50 Mission Hill residents; \$150 non-residents

- Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop
- Use our machines or bring your own.
- Classes are limited to 8 students
- Fee paid by check or money order at registration

Opportunity for immigrant community advocates

Boston immigrants who want to become leaders in the community can now apply for Immigrants Lead Boston, a program by the Mayor's Office for Immigrant Advancement. Through a 12-week course, 20 selected residents will meet key City of Boston officials and learn how to effectively navigate local government. Ideal candidates are emerging leaders committed to advocating for their immigrant community.

- Register for a virtual information session on July 14 from 6-7 pm or July 30 from 10-11 am.

Apply by August 7: boston.gov/immigrants-lead

Education & Resource Center (ERC) at the Betty Powers Library

The Betty Powers Library & Resource Center

When: Monday-Friday, Open Access 9:00am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 5:00 pm

Offering faxing, coping & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.

Resident Services staff are in the center to translate letters and help fill out forms Saturdays 10 am - 12:00pm and in the Flynn Conference Room Tuesdays 10 am – 12 pm. Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

Saturday is Smartphone Day!

When: Saturday July 2, 16, 30; August 12, 26

Time: 2:30pm – 3:30pm

Age: 18+

Smartphone Basics. Learn to set up and maintain your phone, use the most common functions & features

Learn to Use QR Codes. What are QR codes? Quick Response codes are the bar code looking blocks you see everywhere - including RTH flyers. Learn to use your smartphone to register for RTH classes, activities, and events quickly and conveniently

Intro to Computers in Chinese (5 weeks)

When: Wednesdays June 29; July 6, 13, 20, 27

Time: 11:30am – 12:30pm

Learn how to use and become familiar with the mouse and keyboard with hands-on practice.

Computers Basics in Chinese (5 weeks)

When: Tuesdays June 28; July 5, 12, 19, 26

Time: 4pm – 5pm

Become familiar with the different parts of the computer and how they work together, learn to set up an email account, send and receive email.

Computer Basics in Spanish (5 weeks)

When: Mondays, July 18, 25, August 1, 8, 15

Time: 6am – 7pm

Become familiar with the different parts of the computer and how they work together, learn to set up an email account, send and receive email.

EMPOW Studios Tech & Design STEM Program at RTH

Winners of the most STEM awards in Massachusetts for the last six years!

Date: Session 1 for grades 5- 8 August 1st thru August 5th

Session 11 for grades 2- 4 August 8th thru August 12th

Time: Monday through Friday 9 am – 2 pm

Fee: \$25 per camper

Flowlab Minecraft Scratch Tinkercad and More!

Learn fun technologies by completing projects and engaging in the engineering and design process & building new skills. Build relationships and collaborate on projects with other campers.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at welcomedeskstaff@roxburytenants.org

Minecraft Class (10 Weeks)

When: Saturdays through September 3

Class 1- 1 pm- 2 pm

Class 2- 4:30 pm – 5:30 pm

Session 1- July 2, 9, 16, 23, 30

Session 2- August 6, 13, 20, 27; September 3

Max number of students in each class: 10

Parents- Minecraft Educators Edition is a game-based learning platform that promotes creativity, collaboration and problem-solving and is used by educators around the world to engage students across subjects and bring abstract concepts to life.

Kids- Have lots of fun exploring new worlds, going on digital adventures with friends, learning about the environment, coding, art and design, and online safety.

These classes fill up fast! We will keep waitlists and add more classes as we are able, but don't delay- sign up now.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at welcomedeskstaff@roxburytenants.org

Don't let COVID slow your pursuit of learning and practicing new skills!

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at Bpl.org/online-resources

Set up an account at BPL.org with your library card number. Don't have a library card? If you are a Massachusetts resident, you can register for an e-card online

Please contact the Education & Resource Center with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

Youth Education & Workforce Development

First Steps to Work

(application is attached in QR code)

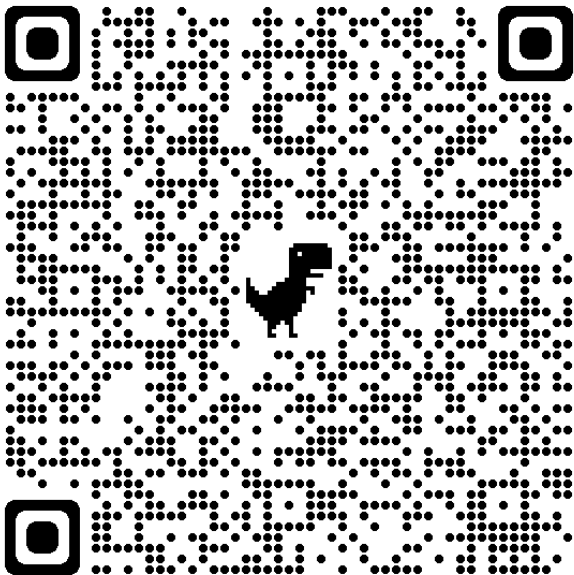
Who: youth 12-14 years old

When: Tuesday and Thursday, 3-6pm,
July 5th – August 25th

To apply: complete application through QR code*

Projects this summer include Garden Crew, and building a Little Free Library, as well as others.

The First Steps to Work program offers youth in 6th-8th grades an opportunity to learn work skills while completing projects in the RTH community. Youth may apply by completing this form*, and then will be scheduled for an interview with Jen Lewis, Youth Workforce Development Specialist (jlewis@roxburytenants.org)



RTHCC Welcome Center

Reminders

Check-In:

Due to the need for safety and security, children 10 and under will need to be accompanied by an adult age 18 years and older unless they are registered for programs or classes. Everyone must check-in at the Welcome Desk. All members and program participants must check-in.

FOB Scanning:

All members aged 13 years and older will need to swipe their FOB at the Welcome Desk upon arrival. FOBs are not transferable. Loaning an FOB to another person may result in the loss of membership privileges. Program participants and visitors must sign-in on the attendance roster. Children ages 10-12 years old will get an access keycard.

Visitors and Guests:

RTHCC currently does not allow visitors and guests.

Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the Ground level for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

Dress Code:

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and barefeet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

Inclement Weather:

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

Food/Drinks:

Allowed in designated areas only.

Health & Wellness

RTH COMMUNITY CENTER

SUMMER-FALL HOURS

Saturday/Sunday: 10:00am – 3:00pm
Monday – Thursday: 7:00am – 8:30pm
Friday: 7:00am – 9:45pm

*Please note that there will be adjustments made for holidays and special events. To participate in a class or a program you will need to register for the class at RTHCC front desk.

Fitness Orientation

Date: By Appointment scheduled at the Welcome Desk or call (617)232-4306 ext. 200
Ages: 13+

This is a new required safety standard for all those using the Fitness Center. We want to ensure the safe use of equipment as well as identify needs of the participants in order to help us better meet the needs as well as design programs to improve your overall fitness level in the most effective way possible.

The Fitness orientation will include a series of assessments of the five components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information will be used by staff to design and help you implement an exercise program to best meet your needs. Assessment data will be collected to help you track your fitness journey.

Healthy Moves

Date: Monday, Wednesday, Friday (7/1 – 9/12)
Time: 10:00am - 11:00am
Where: RTHCC Foyer
Age: 55+

This exercise program was developed for seniors to enable them to stay healthy and fit. We will work on improving strength, endurance and flexibility. Included is a pre and post assessment to help track your progress. There is a key socialization component as well, which helps enable seniors to remain interactive with their peers. At the end of each session, we will have a celebration luncheon. Each participant will receive a certificate and a special prize.

Tabata

Date: Tuesday (7/1 – 9/12)
Time: 6:00pm - 6:45pm
Where: RTHCC Main Studio
Age: 16+

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

Zumba

Date: Wednesday TBD (7/1 – 9/12)
Time: 11:00am - 12:00pm
Where: RTHCC Main Studio
Age: 16+

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness.

* We will be adding a few other formats over the summer, including Zumba Gold, Toning & Aqua Zumba. Please follow up with the front desk at RTHCC.

Spin

Date: Thursday (7/1 – 9/12)
Time: 10:00am – 11:00am
Where: RTHCC Foyer
Age: 16+

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride with fun energizing music. It's the perfect opportunity to get your heart pumping while you burn some serious calories.

Muscle Work

Date: Thursday (7/1 – 9/12)
Time: 6:00pm
Where: RTHCC Main Studio
Age: 16+

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

NEW PROGRAMS BELOW – THINGS TO NOTE:

Fitness Orientation required prior to the start of the following programs. Sign up for fitness orientation at the Welcome desk or call 617-232-4306x 200.

Attendance and participation are very important. Missing 2 classes will result in forfeiture of your spot.

If you have an underlying condition, please let us know, we would love to have you.

In our efforts to guide you on your fitness journey, in establishing a healthier lifestyle as such participation in 70% or more of the new programs will earn you rewards.

The Resistance

Date: Tuesday (9/13 – 10/11)
Time: 12:00pm – 1:00pm
Where: RTHCC Wellness Floor
Age: 16+ (Capacity: 10)

This functional resistance band circuits workout is broken up into three sections. There is no jumping or other plyometric movements involved. The goal of this class is to increase strength, stability, and muscle tone. This class is for all age groups and abilities.

Meditative Stretch

Date: Friday (7/1 – 9/12)
Time: 11:00am – 11:45am
Where: RTHCC Wellness Floor
Age: 16+ (Capacity: 12)

This is a 10-week program. The goal of this class is to become more connected with your body. This is not yoga; this is a stretching and breathing class. We will help you identify the areas in your body that you carry tension. This class is good for stress relief, improved flexibility, as well as body awareness.

Power Hour

Date: Monday & Wednesday (7/1 – 9/12)
Time: 3:00pm - 3:45pm
Where: RTHCC Wellness Floor
Age: 16+ (Capacity: 12)

This circuit training class is a fast-paced class in which you do one exercise for 30 seconds to 5 minutes and then move on to another exercise. This will give attention to all major postural muscles and trigger a tabata-like effect activating both fast and slow-twitch muscle fibers.

Youth & the LAW 101

Dates: Wednesday (7/6 – 9/12)
Time: 1:00pm - 2:00pm
Where: RTHCC Room 117
Ages: 14 - 17

This program is geared towards youthful understanding of the rule of the law and those laws most commonly affecting our youth, as well as legal situations encountered by our youth and how much law might be applied.

Blood Pressure Reading

Dates: Thursday (7/6 – 9/12)
Time: 1:00pm - 2:00pm
Where: RTHCC Room 117
Ages: 16+

It's important to get an accurate blood pressure reading so that you have a clearer picture of your risk for heart disease and stroke. A reading that says your blood pressure is lower than it usually may give you a false sense of security about your health. Stay in the know, with your health.

You can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at welcomedeskstaff@roxburytenants.org

Resident Services

We can assist with a wide range of services and facilitate connection to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

New Mosaic Office Hours

Thursdays 3:00pm – 5:30pm

Translation & Interpretation Services

Flynn Kitchen

When: Tuesdays, 10:00am - 12:00pm

Resource Center

When: Saturdays: 9:00am - 12:00pm

Age: All

Cost: Free

Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

Summer 2022 Cleaning Workshop

Where: Parks Community Building

Cost: Free

Time: 6:00pm - 7:30pm

Dates: Tuesday, June 21st: DIY method to organize, clean the oven, refrigerator, bathtub

Tuesday, June 22nd: Preparing for unit inspection

Come and shared with other residents about the stress and success you experience with cleaning your units! The series will focus on the task of cleaning the oven, refrigerator, and bathtub. Share tips, ideas, and best kept secrets, while learning to make your own cleaning products. Residents attending two workshops will receive a basket of cleaning supplies! Contact: Marta Franklin at 617-232-4306 ext. 304 for more information.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at welcomedeskstaff@roxburytenants.org

Bed Bug Workshop

Date: June 14th (English)

Time: 1:30pm - 2:30pm

Place: Flynn Kitchen

Learn how to identify these pesky hichhikers and what to do if you have get them. You will learn how to prep for a treatment and best practices when delaing with your personal items. Space is limited to the first 15 residents to sign up.

For more information, contact: Jingming Feng at jfeng@roxburytenants.org or (617) 232-4306 ext. 305; Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk, or email us at welcomedeskstaff@roxburytenants.org

Resident Services Coffee Hour

Age: All

Dates: Thursday, June 9th

Levinson Building 2:00pm - 3:00pm

Thursday, July 14th

Neville Building 3:00pm - 4:00pm

Thursday, August 11th

Duggan Building 3:00pm - 4:00pm

Please come and join us at our coffee hours at our different buildings and meet our Resident Services Staff and learn about new programs and benefits and how we can assist you. We will have information about services at our table.

National Night Out

When: Tuesday, August 2nd 6:30pm to 8:00pm

Where: Levinson Plaza

Get to know your neighbors, listen to music, make an ice-cream sundae. Parents can get a Children's safety ID card and learn simple actions we can take to deter crime and build community. We will also have bike tune ups for children.

RTH Teen Groups

Boys

June 2nd to August 25th

Thursday: 5:00pm - 6:00pm

Where: Parks Community Room

Age: 13-17 yrs. old

Cost: Free

A fun and supportive teen group for teens to focus on social and emotional development. Teens will begin to learn and practice age-appropriate life skills including but not limited to:

- Job Readiness
- Leadership
- Advocacy and Community Agency
- Self-Care / Sexual Health
- Problem-Solving and Much More!

Setup for group will comply with all state mandated COVID standards issued by the Commonwealth. For more information, contact: Korrey Lacey-Buggs at klacey@roxburytenants.org or (617) 232-4306 ext. 310.

Join Us at Parent Café

Dates: Tuesday, June 7th - August 30th

Time: 5:30pm - 6:30pm

Place: Flynn Conference Room

Age: Adults

Cost: Free

An evening with parents and caregivers to talk about the challenges and victories of raising a family. Small meal & childcare provided. For more information, contact: Korrey Lacey-Buggs at klacey@roxburytenants.org or (617) 232-4306 ext. 310

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at welcomedeskstaff@roxburytenants.org



Senior Services

Seniors

We want to hear from you! What ideas do you have for daytrips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

Senior's Mystery Trips

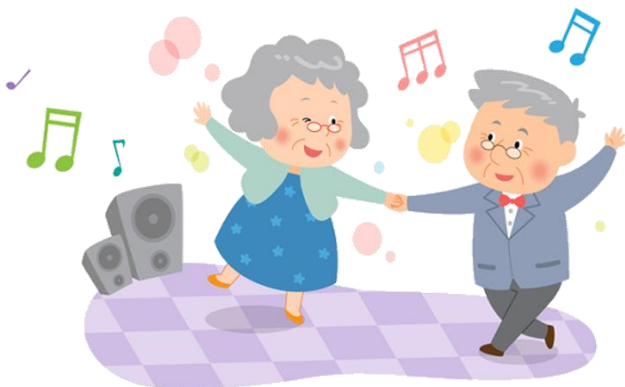
Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a new destination. It is a fantastic opportunity to meet new people and have fun with the ones you already know. The destination might be a mystery, but we promise, it will be worth the trip.

Date: **Wednesday, July 13th**
Time: 3:00pm
Hint: Summertime fun
Cost: \$5.00

Date: **Friday, August 12th**
Time: 11:00am
Hint: Water
Cost: \$30.00

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700
Please call the RTHCC at (617) 232-4306 ext. 200 to register.

Or you can register by calling 617-232-4306 ext. 200, visit RTH Welcome Desk or email us at welcomedeskstaff@roxburytenants.org



Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

Various Locations:

Joy Luck Club, Chinese language focus
Date: 1st and 2nd Friday of the month
Time: 1:00pm
Where: Room 117

Russian Tea Room, Russian language focus
Date: 2nd Thursday of the month
Time: 5:00pm
Where: Parks Community building

Chit Chat Meeting, English language focus
Date: 2nd Tuesday of the month
Time: 1:00pm
Where: Senior Drop-In Center

Spanish Chat Meeting, Spanish language focus
Date: 3rd Friday of the month
Time: 12:00pm
Where: Flynn Kitchen, 1st floor

Please call the RTHCC at (617) 232-4306 ext. 200 to register for Senior Chat. The deadline to sign up is 2 days in advance of the chat.

Taxi Coupons

Date: 1st Tuesday of the Month
Time: 12:00pm
Where: Flynn Kitchen, 1st floor
Age: Seniors, 60 +
Cost: \$5.00 for \$10.00 worth of coupons. 2 book limit

Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of two books of taxi coupons per month. It is a great idea to have a few books handy in case of an emergency.

Senior Monthly Shopping Trips

Preregistration is required for shopping trips, and a self-check health assessment will be performed before boarding the bus. Contact the Welcome Desk to register!

Market Basket

When: 1st and 3rd Tuesday of the month

Time: 9:30am

Where: Meet in Levinson Tower lobby at 9:20am

Cost: Free

Mall Shopping trip

When: 2nd & 4th Tuesday of the month

Time: 9:30am

Where: Meet in Levinson Tower lobby at 9:20am

Cost: Free

Chinatown Shopping

When: 2nd and 4th Thursday of the month

Time: 10:00am

Where: Meet in Levinson Tower lobby

Cost: Free

Kam Man Supermarket Quincy, Ma

When: 1st and 3rd Thursday of the month

Time: 10:00am

Where: Meet in Levinson Tower lobby

Cost: Free

Please register with the Welcome Desk
(617) 232-4306 ext. 200.

Senior Day Trip - Hampton Beach

Date: Tuesday, August 16th

Time: 9:00am

Cost: Free

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

Please call the RTHCC at (617) 232-4306 ext. 200 to register.

Bingo

Monday 2:00pm Senior Drop-In Center

Thursday 2:00pm Senior Drop-In Center

Come early buy your Bingo cards grab a good seat and hang out with your friends. *No admittance into Bingo after 2:15 pm*

Please register with the Welcome Desk (617) 232-4306 ext. 200.

Arts and Crafts

Date: Wednesdays

Time: 11:30am - 1:30pm

Where: Flynn Kitchen, 1st floor

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes are effective ways to reduce stress and maintain a healthy brain

Please register with the Welcome Desk
(617) 232-4306 ext. 200.

Family Programs

AMC Movie Night

Date: Thursday, July 21st

Where: TBD

Ages: 13 – 17 yrs. Old

The teens will experience a night out at AMC

Canobie Lake (Teens)

Date: Saturday, July 9th

Time: 9:00am - 7:00pm

Age: 13-17 yrs. old

Fee: Resident \$25/ Non-Resident \$30

The teenagers will be exploring the many attractions and rides. They will be able to explore the water park and play carnival games. Food vouchers will be offered to enjoy the park food.

Six Flags (Teens)

Date: Saturday, August 6th

Time: 9:00am - 7:00pm

Age: 13-17 yrs. old

Cost: Resident \$25/ Non-Resident \$30

The teenagers will be exploring the many attractions and rides. They will be able to explore the water park and play carnival games.

Trip to NYC (Teen Girls Only)

Date: August 19th – 21st

Age: 13-17 yrs. old

The girls will experience the wrap up of Harlem Week. We will be visiting museums, restaurants and many activities throughout the weekend.

Teen Center

Teen Center Drop-in Hours

Monday - Thursday 3:30pm - 8:30pm

Friday – Saturday 5:45pm – 9:45pm

The teen center is a safe place for the teenagers to gather with their peers. The teen center offers different activities, field trips and events. Teens are also able to explore the computer lab, video games, board games and much more.

Friendship Bracelets & Gimp

Date: Friday, July 8th

Where: RTHCC Teen Center

Ages: 13 – 17 yrs. old

The teens will come together and get to know each other more and Enjoy snacks and drinks while making Friendship bracelets and making gimp.

Game Night

Date: Tuesday, July 12th

Where: RTHCC Teen Center

Ages: 13 – 17 yrs. old

Each room in the teen center will have several different games for the teens to choose from. We will provide food and drinks.

Karaoke Night

Date: Tuesday, July 14th

Where: RTHCC Teen Center

Ages: 13 – 17 yrs. old

The teens will be able to enjoy music and refreshments.

Rock Climbing

Date: Tuesday, July 19th

Time: TBD

Age: 13-17 yrs. old

Fee: Free

The teens will explore different climbing obstacles & will build leadership skills by learning to work together.

Apex Entertainment

Date: Wednesday, August 17th

Time: 1:00pm - 6:00pm

Age: 13-17 yrs. old

Apex entertainment has many attractions and games for the teens to explore.

Super Charged Entertainment

Date: Wednesday, July 15th

Time: TBD

Age: 13-17 yrs. old

Supercharged entertainment is much like apex with many attractions and activities such as Go Kart racing.

Tik Tok Theme Party

Date: Wednesday, August 17th

Time: TBD

Age: 13-17 yrs. old

End of the summer party. A time to come together and Laugh, Dance and there will be a Dance competition with prizes. There will be refreshments offered.

Girl Self Defense Class

Date: Tuesday & Thursday, July 12th – August 11th

Time: 4:00pm - 6:00pm

Age: 13-17 yrs. old

Fee: Free

Teen girls will learn to defend themselves in any situation.

Spa Night (Girls only)

Date: Wednesday, August 3rd

Time: TBD

Age: 13-17 yrs. old

Fee: Free

Teen girls will learn about self-care and enjoy a night being taken care of and learning different routines.

Sports & Enrichment Programs

Gym Hours of Operation Starting June 28th, 2022

Monday – Thursday: 7:00am – 8:30pm
Friday: 7:00am -10pm
Saturday: 10:00am – 3:00pm and 5pm – 10pm
Sunday: 10:00am – 4:00pm

RTH MSI (Monday Sports Intro)

Date: Session 1: July 11th – August 5th
Session 2: August 6th – September 10th
Where: RTHCC Gymnasium Full Court
Time: 4:00pm – 8:00pm
Age: 6 – 18 yrs. old
Cost: RTH Resident - Free/Non-Resident - \$20.00 *

This is a six-week program that will introduce a variety of different sports activities such as track and field, floor hockey, baseball/wiffleball/softball, flag football, and a host of other sports. Athletes who get 100 percent attendance will receive a prize.

RTH All Sports Summer Group

Date: Session 1: July 5th – July 15th (Registration Due July 1st)
Session 2: August 15th – August 26th
Where: RTH Gymnasium; Field Trip Destination TBD
Age: 9 – 13 yrs. old
Cost: RTH Residents - \$20.00, Non-residents - \$40.00 *

The RTH All Sports Summer group is designed for youth to learn about various sports that kids have never or rarely participated in. Example: dodgeball, football, and many other sports. Field trip Friday will be included at the end of each session.

RTH Soccer Skills and Drills

Date: Tuesday, Thursday; July 5th – August 5th
(Registration due by July 1st)
Time: 2:00pm - 4:00pm
Where: RTH Gymnasium ½ Court
Age: Children under 6 yrs. Old
Cost: RTH Residents – Free/Non-Residents - \$20.00 *

This is a XXX six-week skills and drills program that will develop players' basic skills needed to play high school or rec league soccer games. Conditioning exercises will be included daily to increase speed and endurance, and improve fitness.

RTH Friday Night Showdown

Teen Basketball League

Game Date: Every Friday night, July 8th – September 2nd
Game Schedule: Ages 15 under: 3:30pm, 4:30pm, 5:30pm
Ages 18 under: 6:30pm, 7:30pm, 8:30pm
Game Time: 3:00pm – 9:00pm
Where: RTHCC Gymnasium Full Court
Age: 12 – 15 yrs. Old and 16-19 yrs. Old
Cost: RTH Residents – Free/Non-Residents - \$20.00 *

This teen basketball league is geared towards keeping kids busy on Friday nights during the summer and keeping them off the streets and safe. The league will run from July 8th and finish up in the summer right before school starts. The league will be for ages 12-15 and 16-19. The league is a competitive teen youth league that will focus on developing skills and character in each player and team. We invite teams from other community centers and local leagues. All teams are welcome to join. AAU, BNBL, and any other teams who want to participate are welcomed.



RTH Basketball/Sports Conditioning individual/Small Group

Date: July 5th – August 28th (Registration Due July 1st)
Time: Tuesday, Wednesday, and Thursday
5:00pm - 7:00pm
Where: RTHCC Gymnasium Full Court
Age: 10-17 yrs. old
Cost: RTH Resident - Free/Non-Resident - \$20.00 *

The RTH Basketball/Sports group was designed to help players of all levels and all sports to come to improve their conditioning with a series of various conditioning exercises and drills to increase stamina, and speed, and improve other areas of conditioning. The sports group starts with an hour of exercises and the next hour is basketball skills and drills for small groups of 6 youth or individuals to improve their basketball skills.

RTH Volleyball Skills and Drills

Date: August 5th – September 10th (Registration Due July 5th)
Time: Wednesday and Friday
2:00pm – 4:00pm
Where: RTH Gymnasium
Age: 12 yrs. Old +
Cost: RTH Resident - Free/Non-Resident - \$20.00 *

The Volleyball program is six-week Volleyball skills and drills where players from 12 and older can learn basic volleyball skills to be able to play a game.

RTH Youth Tennis Program

Date: Session 1: June 7th – July 12th
Session 2: TBD
Time: Tuesday and Thursdays
2:30pm – 3:30pm for Ages 8 – 11
3:30pm – 4:30pm for Ages 12 - 14
Where: Northeastern Tennis Courts
Cost: RTH Resident - Free/Non-Resident - \$20.00 *

The RTH youth tennis program welcomes everyone to sign up and participate. The fundamentals and basic tennis motor skills will be drilled into the athletes through fun and semi-competitive gameplay.

RTH Flag Football Skills and Drills

Date: June 28th – August 5th
Time: Tuesday and Thursday
6:00pm - 8:00pm
Where: RTHCC Gymnasium
Age: 6-18 yrs. old
Cost: RTH Resident - Free/Non-Resident - \$20.00 *

This program is geared towards teaching kids the fundamentals of flag football. To learn the rules and regulations of flag football and learning how to play the game of flag football. Which lead to potentially starting/partnering with the NFL to start a flag football league.

After School Program, K2 – 5th grades

Accepting Enrollments for Children ages 5-12 years

The RTH After School Program (ASP) is licensed as a School-Age Child Care program through the Massachusetts Department of Early Education and Care (EEC) and serves the needs of children 5-12 years. Our Program provides a safe, fun, friendly place for children with a wide variety of age-appropriate activities that promote learning and fun in an atmosphere where respect, teamwork, and a sense of community are valued. The mission of the RTH After School Program is to strengthen the academic achievement, social skills, and leadership development of school-age children from our diverse community. Our Program challenges the imagination, creativity, self-directed initiative in all children through activities that allow them to express their talents through exciting enrichment activities in science, computer, literacy, and math. Arts and crafts, cooking, sports and games, special guests, and field trips are all part of the fun. **In addition, a healthy snack, dinner, and homework assistance is offered daily.** A full-day program for school vacation is available for students. Children must be enrolled in K2-5th grades and ages of 5-12-year-old to participate.

RTH Resident Fees	\$33.00 weekly fee**
Sibling rate for Residents only/half price for a second child	\$12.00 weekly fee **

Vacation Fee: RTH Residents Fee: \$55.00/half price for sibling \$30.00**

Middle After School Program

The Middle School Program allows students to meet and engage with like peers and participate in enrichment programs that develop social and emotional learning. The program's primary goal is to continue inspiring a love of learning for students during the school year. Students receive homework assistance, tutoring as needed, and exciting hands-on workshops. The program also operates full-time during the summer months providing field trips and other enrichment opportunities.

Afterschool - 3:00pm - 6:00pm

Location; RTHCC Teen Center

Grades: 6th - 8th

Cost: Free

Vacation Weeks:

February: Closed: Monday, **Feb 21st (President's Day)** Program Date: February 22nd - 25th

Application available on Monday, January 31st, 2022

April: Closed: Monday, **April 18th (Patriots Day)** Program Date: April 19th - April 22nd

Application available on Monday, March 14th, 2022

For more information or to sign up, contact: Afterschool Program Site Coordinator, Ms. Xue at xwu@roxburytenants.org or (617)232-4306 ext. 402

** *New rates effective 2022*



Employment Opportunity

Gym Monitors

Position Summary: Gym Monitors are expected to oversee athletic facilities, including participants and equipment, and assist with sports classes. Ensuring that emphasis in RTH sports programs is always on safety, participation, inclusion, fun, and fair play. Our gym monitors will exhibit a positive and helping attitude, promote exercise and health, and instill values that will lead to a positive experience in sports and games.

Essential Duties & Responsibilities:

- Welcome members, guide them to the appropriate equipment, and share expectations regarding equipment usage, physical distancing, masks, and cleaning.
- Be visible & supervise the gym area to ensure the safety of our members' and ready to assist them as needed.

Qualifications:

- Minimum age of 18 with High School Diploma or GED
- CPR, AED, and Basic First Aid
- General Knowledge of sport-specific rules and regulations and how they should be applied according to gameplay
- Maintains records as required (i.e., attendance, equipment, etc.)
- Help create and ensure a safe environment, including program set up, clean up, and sweeps gym floors before games and activities.
- Attends staff meetings and training as scheduled
- Organizes and puts away needed class equipment. Reports damaged equipment
- Willingness to accept responsibilities and duties other than those assigned
- Flexible Schedule with availability afternoons, early evenings, and weekends

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Nichelle Jenkins, Welcome Desk Coordinator at njenkins@roxburytenats.org or 617-232-4306 ext. 200

Afterschool Group Leaders



Position Summary: The After School Group Leader was established for the purpose(s) of helping students develop and strengthen academic, physical, and social skills by aiding and tutoring to students in the afterschool program. Incumbents will be responsible for providing academic tutoring and enrichment programming (i.e., poetry, art, drama, music, dance etc.) for designated groups of up to twenty students: and organizing and providing recreation activities. Incumbents will work under the direction of the site designee.

Essential Duties & Responsibilities: Develop and lead varied, multi-subject activities for youth that are enriching and age appropriate (e.g., arts education, STEM, community engagement, physical education, etc.).

- Provide supervisory care for a group of 5-12 youth during remote learning and activities. Groups are currently staffed with 2 Group Leaders per 13 children due to increased individualized attention.
- Attend professional development training and meetings that occur during non-program hours, as required.
- Ensure safety of all participants during structured and unstructured time.
- Assist with preparation of snacks and other program functions (e.g. clean-up, meal time, transitions, etc.).
- Provide positive role-modeling, reinforcement and behavior modification when necessary.

Education/Experience:

- Must be at least 18 years old and meet one of the following:
- Have a Bachelor's or Associate's degree and have three months of experience working with school age children.
- Have a high school diploma or equivalent and six months of experience working with school age children including three months of supervised experience at a school age child care program.
- Have nine months of experience with school age children including three months of supervised experience at a school age child care program.

Language Ability: Bilingual a plus

Math Ability: Proficient in basic math skills that involve making calculations of amounts, sizes, or other measurements. Competent in Core concepts like addition, subtraction, multiplication, and division.

Computer Skills: Knowledge and ability to use computers and related technology.

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: May Vaughn, Director of Youth & Family Services at mvaughn@roxburytenants.org or 617-232-4306 ext. 201

Group Exercise Instructor



Position Summary: The Group Exercise Instructor will model and teach RTH core values. Builds relationships with class participants and gym members. Provide staff with feedback, coaching, guidance, and support. Demonstrates passion to work with youth, families, team, and staff. Agrees to a flexible work schedule. Self-starts; can initiate and carry out diverse duties with minimal supervision. Provide safe, secure, and educational experiences for participants.

Essential Duties & Responsibilities:

- Promote knowledge of proper group fitness components.
- Monthly program designs. Perform monthly demo/classes based on that month's theme
- Ensures all programs are safe, properly staffed, and equipped. Ensures that RTH program standards are met, and safety procedures are followed.
- Build and maintain a high standard of customer service and serves as a role model for residents, program participants, staff, and volunteers.

Qualifications:

- Experience in group and/or personal training, and health and wellness programming
- Experience in working with youth, adults, families, and older adults.
- Must hold a national certification or will acquire on within 60 days of employment
- Knowledge of and previous experience with diverse populations.
- Current CPR, AED, and First Aid certifications are required.

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Chris Mitchell, Director of Health & Wellness at cmitchell@roxburytenants.org or (617)-232-4306 ext.203



Fitness Coach

Position Summary: The certified Fitness Coach will provide safe, secure, and educational experiences to gym members. The fitness coach will orient members to the use of all the equipment on the fitness floor. They will have the ability to run small group session, as well as group exercise, and personal training sessions.

Essential Duties & Responsibilities:

- Welcome members, guiding them to the appropriate equipment, and sharing expectations and information regarding equipment usage, physical distancing, masks, and cleaning.
- Supervise the wellness floor to ensure the safety of our members, as well as being visible and ready to assist them as needed.

Qualifications:

- Knowledge in the fitness industry, preferably having experience in the field, and or, studying the subject.
- Knowledge and ability to bring members through orientations, tours of the facility, and create a fitness plan suitable for individual goals and needs.
- Knowledge of and previous experience with diverse populations.
- Must be CPR/AED certified
- Personal training certification is required upon hire, or within 90 days of being hired.

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Chris Mitchell, Director of Health & Wellness at cmitchell@roxburytenants.org or (617)-232-4306 ext.203

Lifeguard



Position Summary: Under the supervision of the Aquatics Operations Manager, the Lifeguard is responsible for the safety and well-being of all aquatic facility patrons and may be called to respond to non-aquatic emergencies. The lifeguard will ensure facility rules are adhered to, the pool deck is safe, clean, and organized, the water chemistry is balanced, and water temperature is maintained.

Essential Duties & Responsibilities:

- Supervises swimming activities at the aquatics facility and ensures that policies, guidelines, and safety procedures are followed.
- Administers first aid in the event of injury, rescues swimmers in distress or danger of drowning, and administers CPR and/or artificial respiration, if necessary.
- Evaluates conditions for safety and initiates aquatics emergency action plan as required.
- Inspects pool facilities, equipment, and water to ensure that they are safe and usable.
- Supervises and assists in cleaning the pool and related facilities and equipment.
- Assists with chlorine residual water tests and with records and charts of water tests and records of accidents and adds chemicals to pool water as directed.
- Instructs or assists classes in fundamentals of swimming as needed.

Qualifications:

- High school diploma or equivalent
- Minimum of 6 months of related work experience
- Certified Red Cross Lifeguard Training Certificate, or equivalent
- American Red Cross CPR for the Professional Rescuer, or equivalent
- American Red Cross Standard First Aid, or equivalent
- Willingness to accept responsibilities and duties other than those assigned
- Flexible Schedule with availability afternoons, early evenings, and weekends

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Byron Rounds, Physical Education and Aquatics at brounds@roxburytenants.org or (617)-232-4306 ext.203



Resident Services Manager

Position Summary: The Resident Service Manager's (RSM) mission is to enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary. The RSM is committed to working with people in a way that is nonjudgmental, non-intrusive, confidential and that promotes resident empowerment autonomy and dignity.

Essential Duties & Responsibilities: Following established professional standards of practice and code of ethics, the RSM works to:

- Increase the ability of residents to uphold lease obligations.
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents. Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.

Qualifications: MSW required, LCSW preferred.

- Preferred candidate will be bilingual (Spanish, Russian or Cantonese/Mandarin and English)
- Excellent oral and written communication, organization, and time management skills.
- Experience working in an urban, community setting; preferably in housing Experience working with families of diverse ages, races, and abilities. Strong leadership and community building skills
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Possess organizational, time management and problem-solving skills Knowledge of relevant state, federal and local resources, and agencies

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Scott Amaral, Director of Resident Services at samaral@roxburytenants.org or 617-232-4306 ext. 306

Resident Services - Administrative Assistant



Position Summary: Administrative Assistant duties and responsibilities include providing administrative support to ensure efficient operation of the office. Providing support to the director, manager, and coordinators through a variety of tasks related to organization and communication. Ability to effectively communicate ensuring that all administrative assistant duties are completed accurately and delivered with high quality and in a timely manner.

Qualifications: Excellent time management skills and ability to multi-task and prioritize work. Attention to detail and problem-solving skills. Excellent written and verbal communication skills.

- Strong organizational and planning skills and working knowledge of MS Office.
- High school diploma or equivalent. Ability to work in a fast-paced environment.
- Possess organizational, time management and problem-solving skills.
- Current CPR, AED, and First Aid certifications required.

Responsibilities: Welcome new residents and explains the RSC program as well as appropriate and available community resources, programs, and services.

- Welcome new residents and explains the RSC program as well as appropriate and available community resources, programs, and services.
- Provide general support to residents and visitors.
- Carry out administrative duties such as filing, typing, copying, binding, scanning and maintain and departmental filing systems
- Maintain supplies inventory by checking stock to determine inventory level; placing and expediting orders for supplies; verifying receipt of supplies
- Attend and participate in staff, programs, events and inter department meetings as directed.

Bilingual applicants preferred.

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Scott Amaral, Director of Resident Services at samaral@roxburytenants.org or 617-232-4306 ext. 306

Bi-lingual English/Cantonese Resident Service Coordinator



Position Summary: The Resident Service Coordinator's (RSC) will help enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary.

Essential Duties & Responsibilities: Following established professional standards of practice and code of ethics, the RSC works to:

- Increase the ability of residents to uphold lease obligations (timely rent payments, proper unit maintenance and quiet and peaceful enjoyment of the property for residents and neighbors).
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents.
- Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.

Qualifications:

- Minimum 2 years Human Services or related experience, MSW preferred
- Excellent oral and written communication, organization, and time management skills
- Experience working in an urban, community setting; preferably in housing
- Experience working with families of diverse ages, races, and abilities Strong leadership and community building skills.
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Knowledgeable about services available to assist people with a disability, housing, drug or alcohol abuse, domestic violence, or mental health issues. Some supervisory experience

Must be a bilingual Chinese Cantonese speaker

Employment Application:

If interested in learning more about this position, submit cover letter and resume to: Scott Amaral, Director of Resident Services at samaral@roxburytenants.org or 617-232-4306 ext. 306

RTH Directory

Executive Office - Neville House

11 New Whitney Street, 1st Floor

Karen T. Gately, Executive Director

kgately@roxburytenants.org 617-232-4306 ext. 104

Amanda Pelcher, Chief Financial Officer

apelcher@roxburytenants.org 617-232-4306 ext. 102

Irving Burday, Chief Operating Officer

iburday@roxburytenants.org 617-232-4306 ext. 102

Latoya Cromartie, Payroll Specialist

lcromartie@roxburytenants.org 617-232-4306 ext. 101

Lori Taylor, Senior Administration

ltaylor@roxburytenants.org 617-232-4306 ext. 107

Patricia Haran, Controller

pharan@roxburytenants.org 617-232-4306 ext. 106

Juan Castillo-Then, Technology Specialist

jcastillo-then@roxburytenants.org 617-232-4306 ext. 103

Jun J. Xu, Technology Assistant

junx@roxburytenants.org 617-232-4306 ext. 105

Education & Resource Center at the Betty Powers Library 25 Mission Park Drive (Front Desk ext. 601)

Roxanne Haecker, Director of Community Education & Workforce Development

rhaecker@roxburytenants.org (617) 232-4306 ext. 603

Beverly Moss,

bmoss@roxburytenants.org (617) 232-4306 ext. 601

Jennifer Lewis, Youth Educational Services & Workforce Development Specialist

jlewis@roxburytenants.org (617) 232-4306 ext. 600

RTH After School Program Recreation Exploration Center

835 Huntington Avenue

Denise Watson, Director of Youth and Family Programs

dwatson@roxburytenants.org (617) 232-4306 ext. 401

Carmen Torres, Literacy Coordinator

ctorres@roxburytenants.org 617-232-4306 ext. 401

RTH Community Center

20A Vining Street (Welcome Desk ext. 200)

May Vaughn, Director of Youth & Family Services

mvaughn@roxburytenants.org 617-232-4306 ext. 201

Chris Mitchell, Health & Wellness Director

cmitchell@roxburytenants.org 617-232-4306 ext. 203

Curtis Williams, Welcome Desk Administrator

cwilliams@roxburytenants.org 617-232-4306 ext. 202

Kendall William, Program Specialist

kwilliams@roxburytenants.org 617-232-4306 ext. 200

Nichelle Jenkins, Welcome Desk Coordinator

njenkins@roxburytenants.org 617-232-4306 ext. 200

Resident Services Parks Community Building

2 New Whitney Street 2nd Floor

Scott Amaral, Director of Resident Services

samaral@roxburytenants.org / 617-232-4306 ext. 306

Marta Franklin, Resident Service Coordinator

mfranklin@roxburytenants.org / 617-232-4306 ext. 304

Korrey Lacey-Buggs, Resident Service Coordinator & Life Skills Specialist

klacey@roxburytenants.org / 617-232-4306 ext. 310

Jingming Feng, Assistant Program support

jfeng@roxburytenants.org / 617-232-4306 ext.305

Senior Services, Flynn House

805 Huntington Avenue, 1st Floor

Laura Adams, Director of Senior Services

ladams@roxburytenants.org / 617-232-4306 ext. 700